

Week Commencing 21<sup>st</sup> November

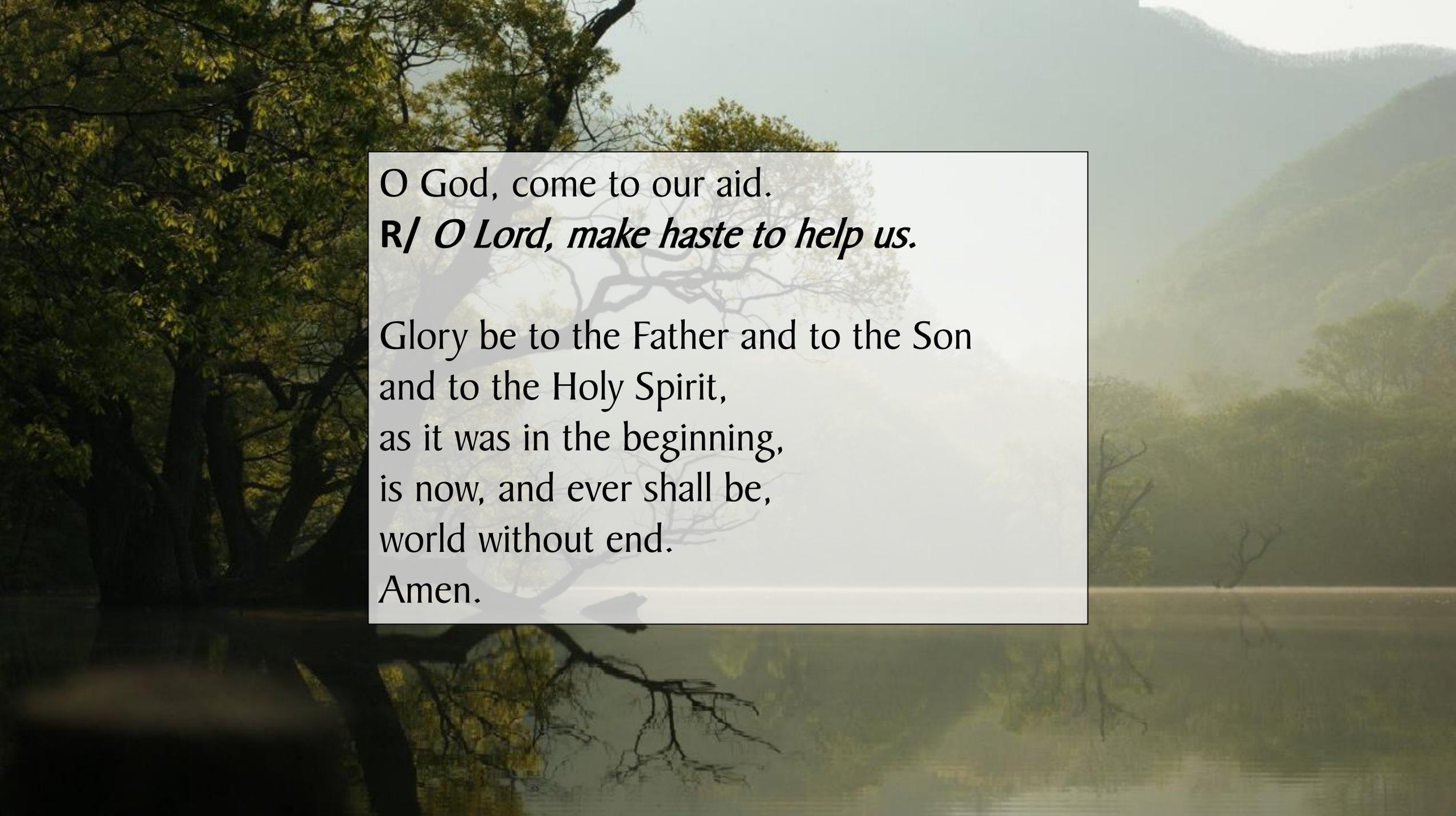
34<sup>th</sup> Week of Ordinary Time, Year C



Begin with the Sign  
of the Cross



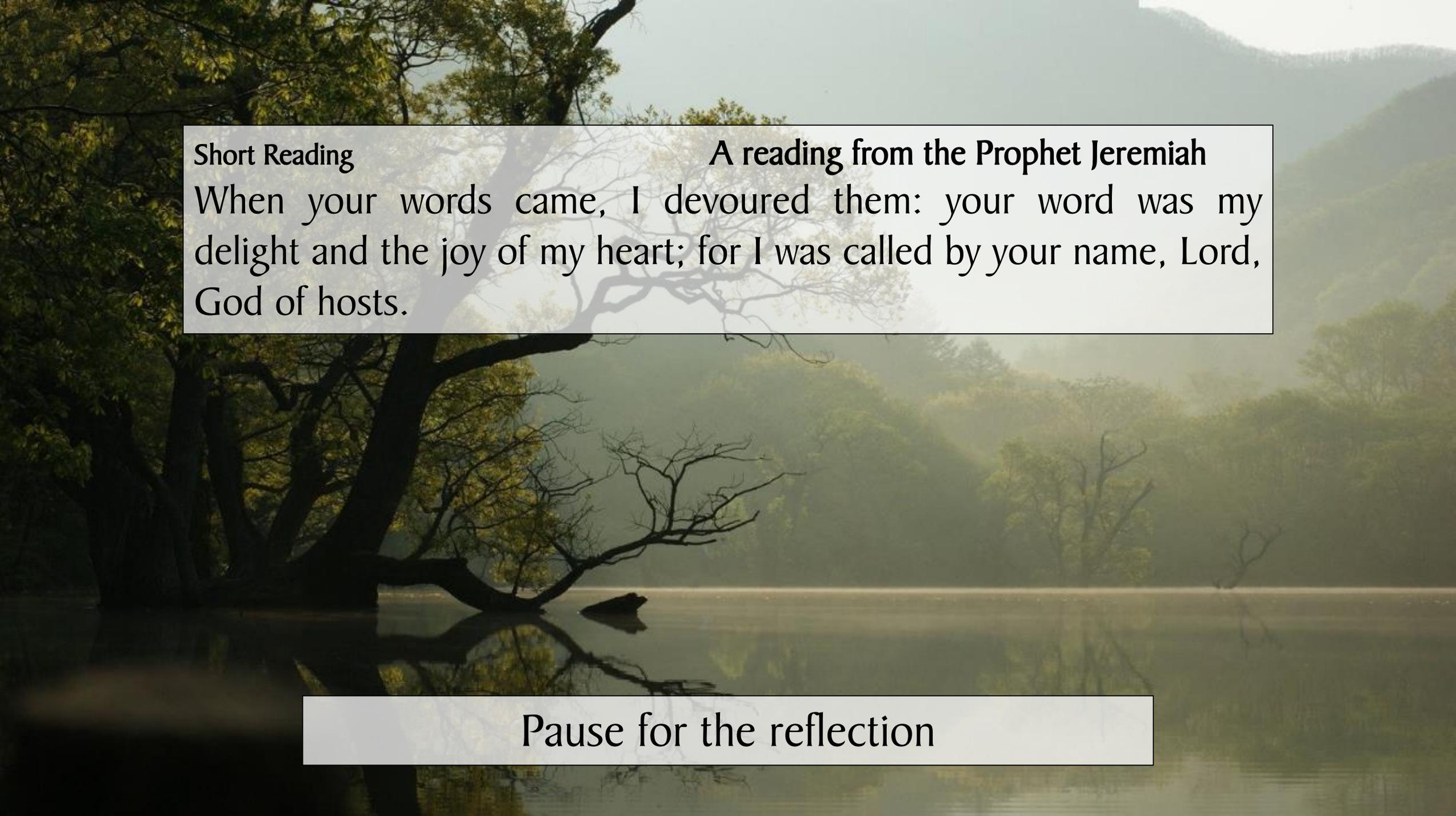
Morning Prayer  
Monday 21<sup>st</sup> November



O God, come to our aid.

*R/ O Lord, make haste to help us.*

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.



Short Reading

A reading from the Prophet Jeremiah

When your words came, I devoured them: your word was my delight and the joy of my heart; for I was called by your name, Lord, God of hosts.

Pause for the reflection

Short Reading

A reading from the Prophet Jeremiah

When your words came, I devoured them: your word was my delight and the joy of my heart; for I was called by your name, Lord, God of hosts.

*Think and reflect...*

*What is the delight of my heart – the thing I consider most important?*

*Do I listen and pay attention to the Word of God?*

*How might my life be different if I believed what the Word of God says about me?*

## Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

“Be still and know that I am God.”

Allow a time of silence to reflect on these questions

## Intercessions:

Give us peace of mind and generosity of heart; grant us health and strength to do your will.

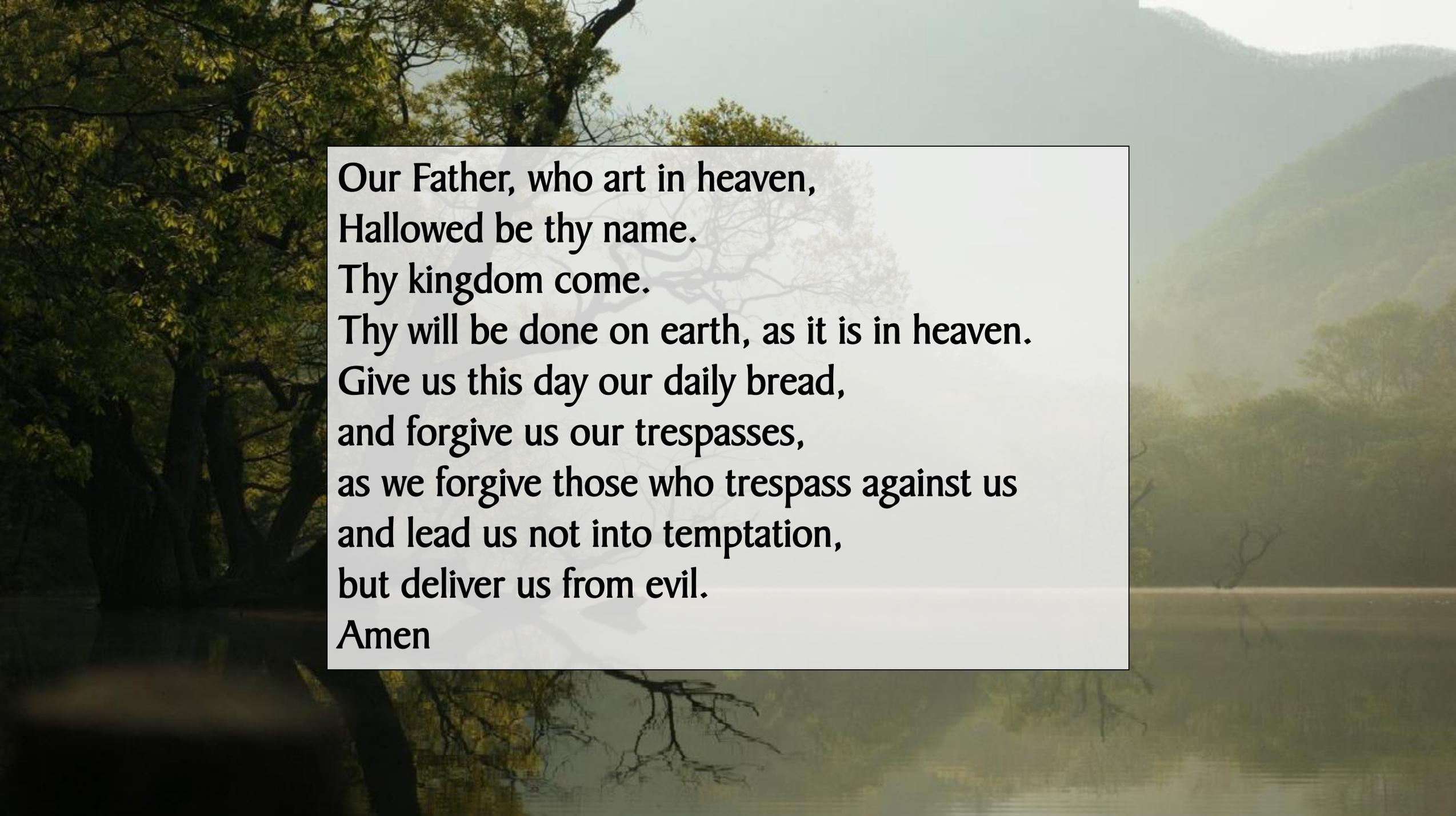
*-Lord hear us. Lord graciously hear us.*

May your Word be in our minds during the day; guide us in our work.

*-Lord hear us. Lord graciously hear us.*

Be with all those who have asked our prayers, and grant them all their needs.

*-Lord hear us. Lord graciously hear us.*

The background of the image is a serene landscape. On the left, there are large, leafy trees with green and yellow foliage. In the center and right, a calm body of water reflects the sky and the surrounding greenery. In the far distance, there are rolling hills or mountains under a soft, hazy sky. The overall atmosphere is peaceful and natural.

Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.

Amen

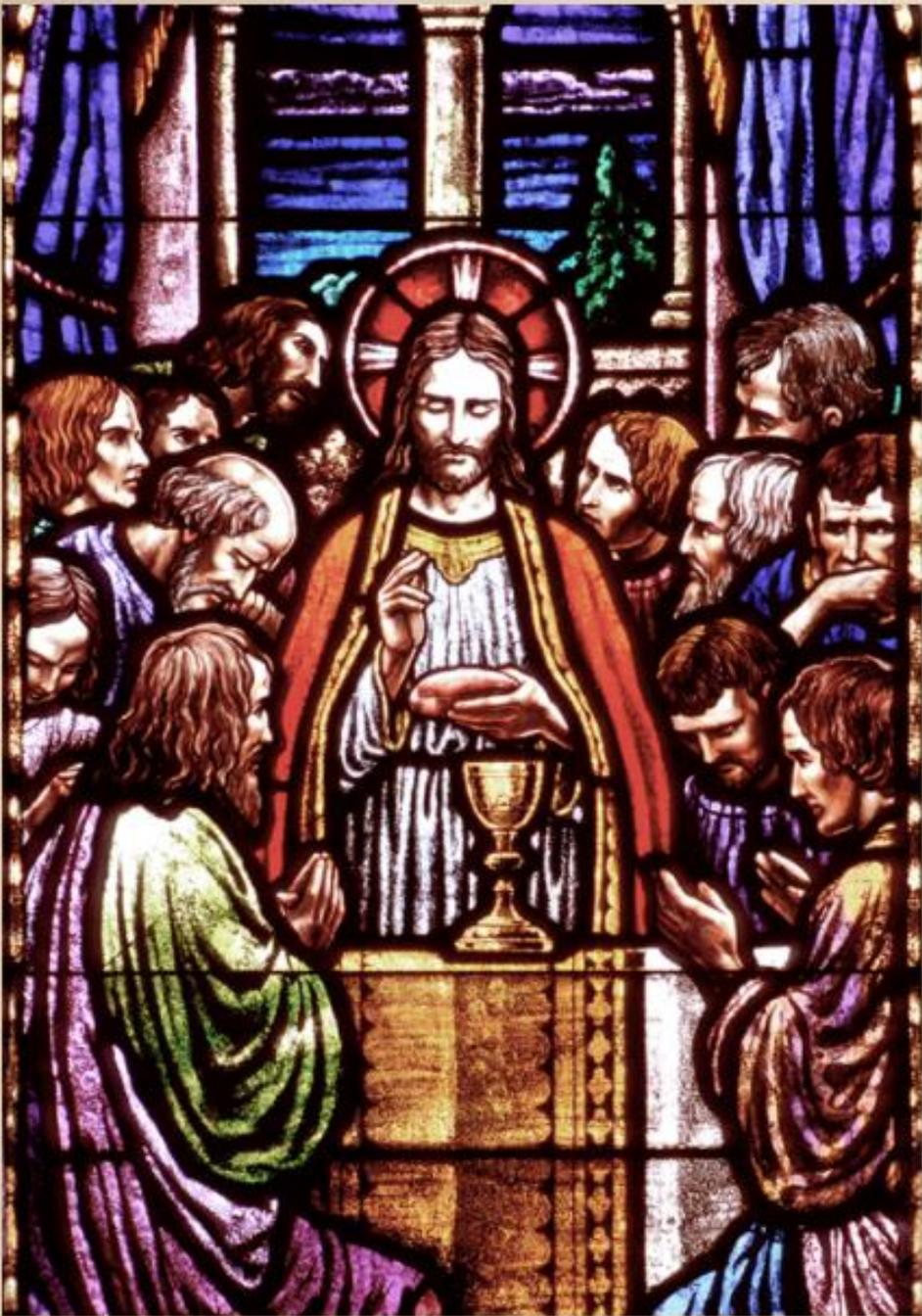
## Concluding prayer

Today, Lord, help us to remember Your Word so that it can guide our steps and bring us life.

**Amen.**



End with the Sign  
of the Cross



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the Sign  
of the Cross



# Afternoon Prayer

Monday 21<sup>st</sup> November

**Ant. God chose us in his Son and made us his adopted sons.**

*Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.*

He chose us in him before the foundation of the world, that we should be holy and blameless before him.

*He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.*

**Ant. God chose us in his Son and made us his adopted sons.**

**Pause for the  
reflection.**

We ask the saints to pray for us:



Lord, we thank You for giving us St. Margaret Clitherow as an example of courage and holiness. Help us to copy the example of love that she showed in living out her vocation. St Margaret Clitherow; Pray for us. Amen



End with the Sign of the Cross

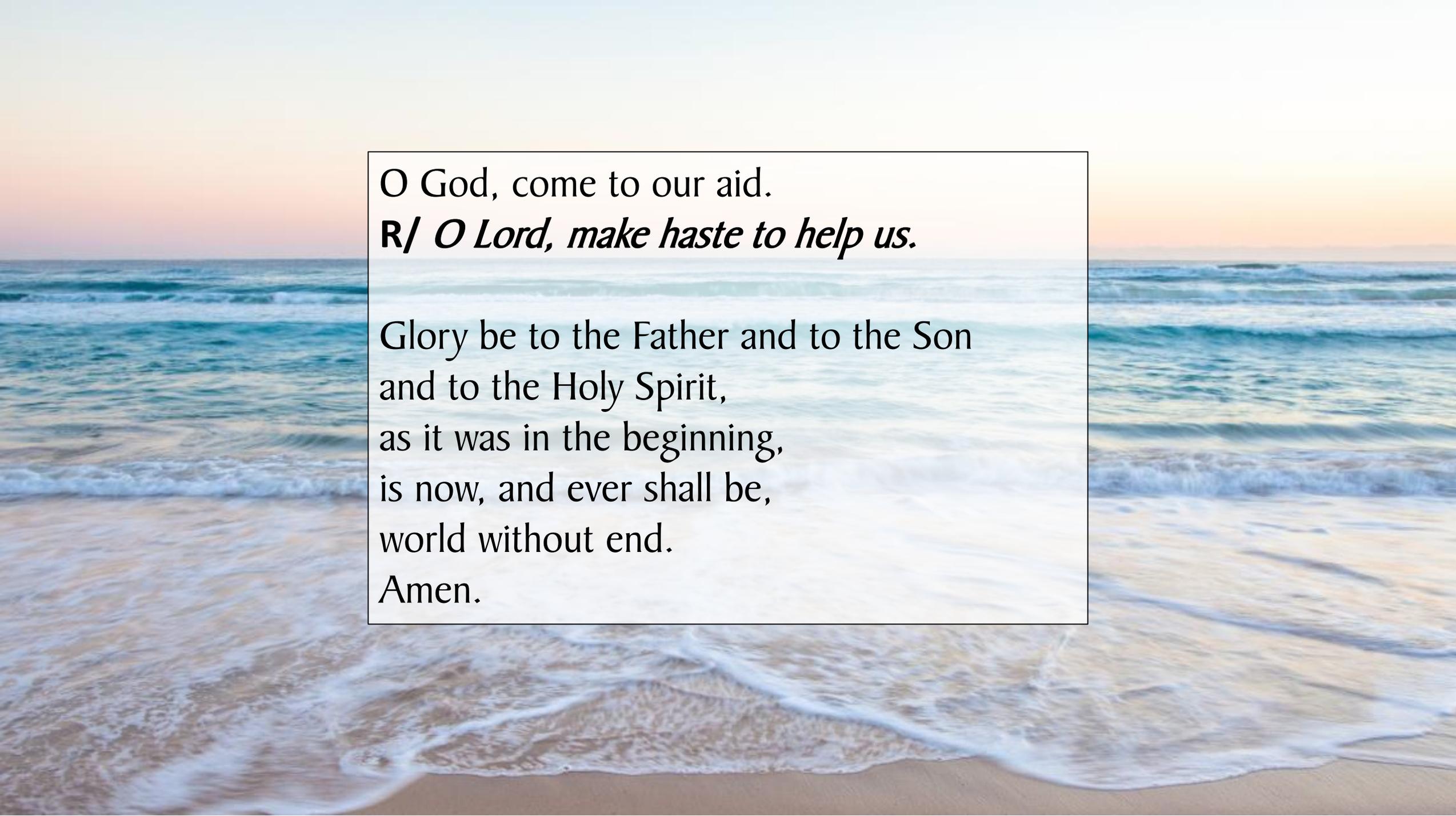


Begin with the Sign  
of the Cross



# Morning Prayer

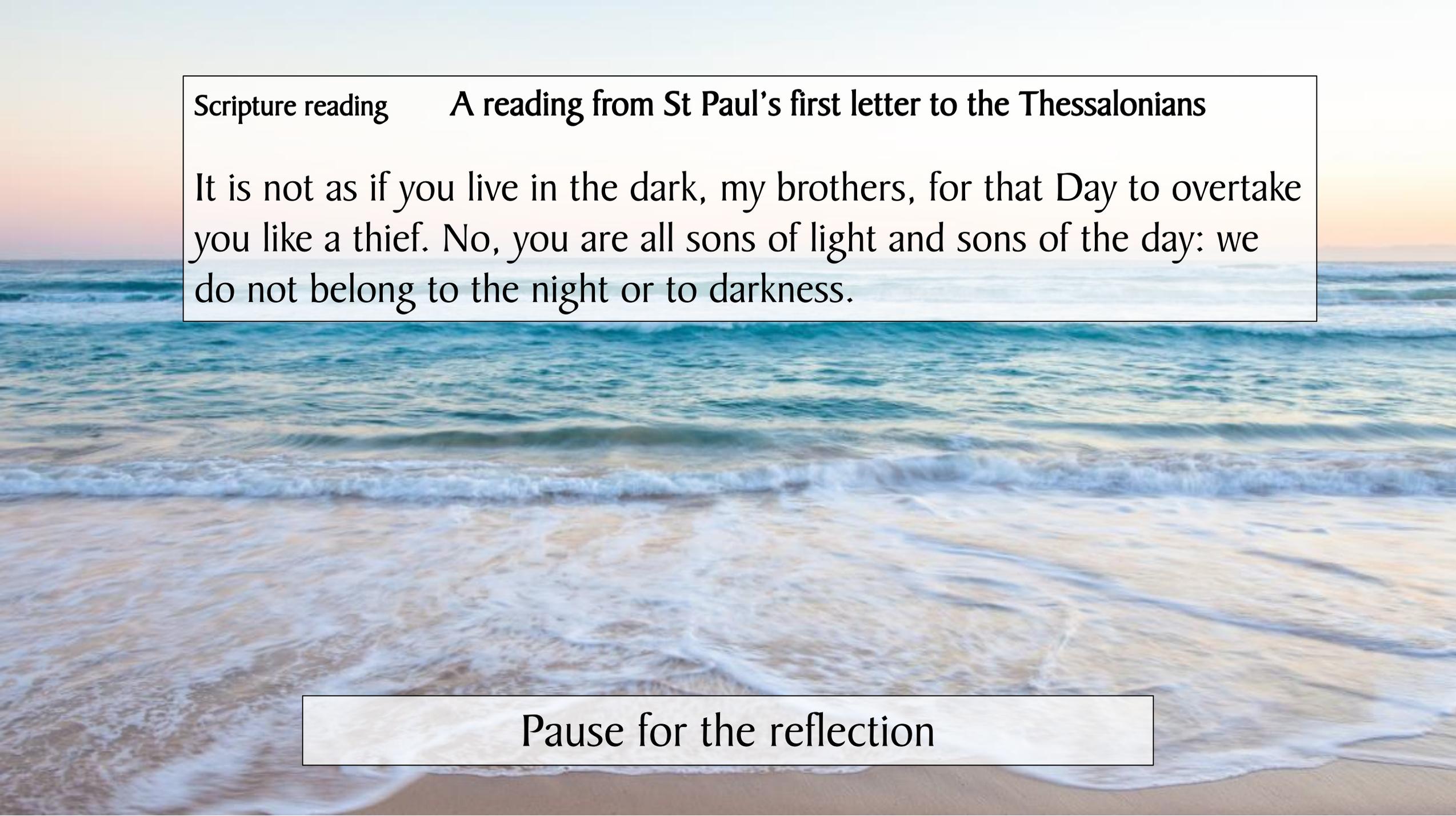
Tuesday 22<sup>nd</sup> November



O God, come to our aid.

***R/ O Lord, make haste to help us.***

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.



Scripture reading

**A reading from St Paul's first letter to the Thessalonians**

It is not as if you live in the dark, my brothers, for that Day to overtake you like a thief. No, you are all sons of light and sons of the day: we do not belong to the night or to darkness.

Pause for the reflection

Scripture reading

A reading from St Paul's first letter to the Thessalonians

It is not as if you live in the dark, my brothers, for that Day to overtake you like a thief. No, you are all sons of light and sons of the day: we do not belong to the night or to darkness.

*Think and reflect...*

*Where do I experience 'darkness' or fear in my life?*

*Where do I see 'light' or goodness in the world around me?*

*How can I choose to live in the 'light' today?*

## Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that  
I am God."**

Allow a time of silence to reflect on these questions

## Intercessions

Christ, our king and redeemer: help us to know your power and your love.

– *Lord hear us. Lord graciously hear us.*

Christ, our hope and courage: sustain us throughout the day.

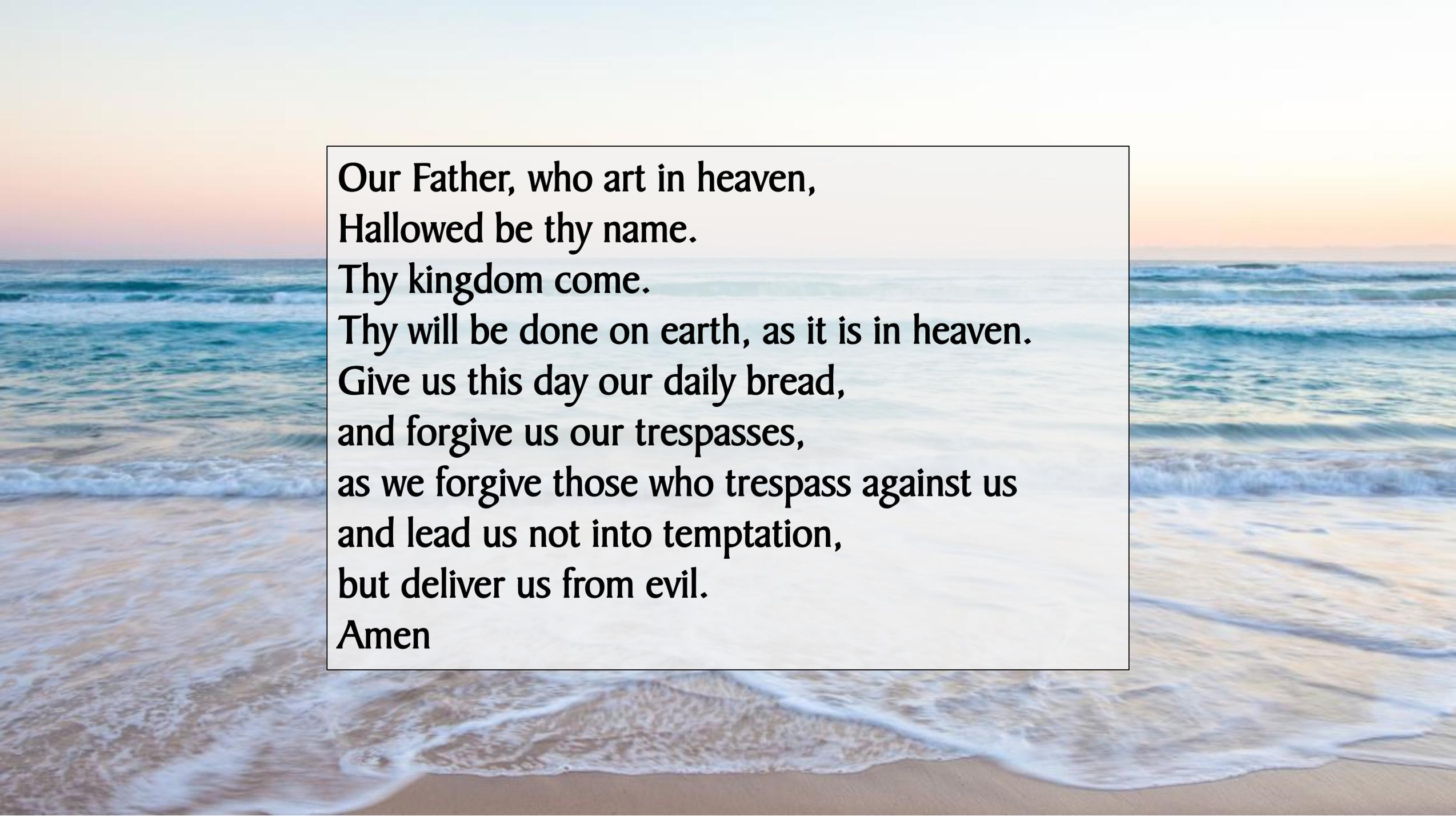
– *Lord hear us. Lord graciously hear us.*

Christ, our refuge and strength: fight with us against our weakness.

– *Lord hear us. Lord graciously hear us.*

Christ, our joy and solace: stay with the poor and lonely.

– *Lord hear us. Lord graciously hear us.*



Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen

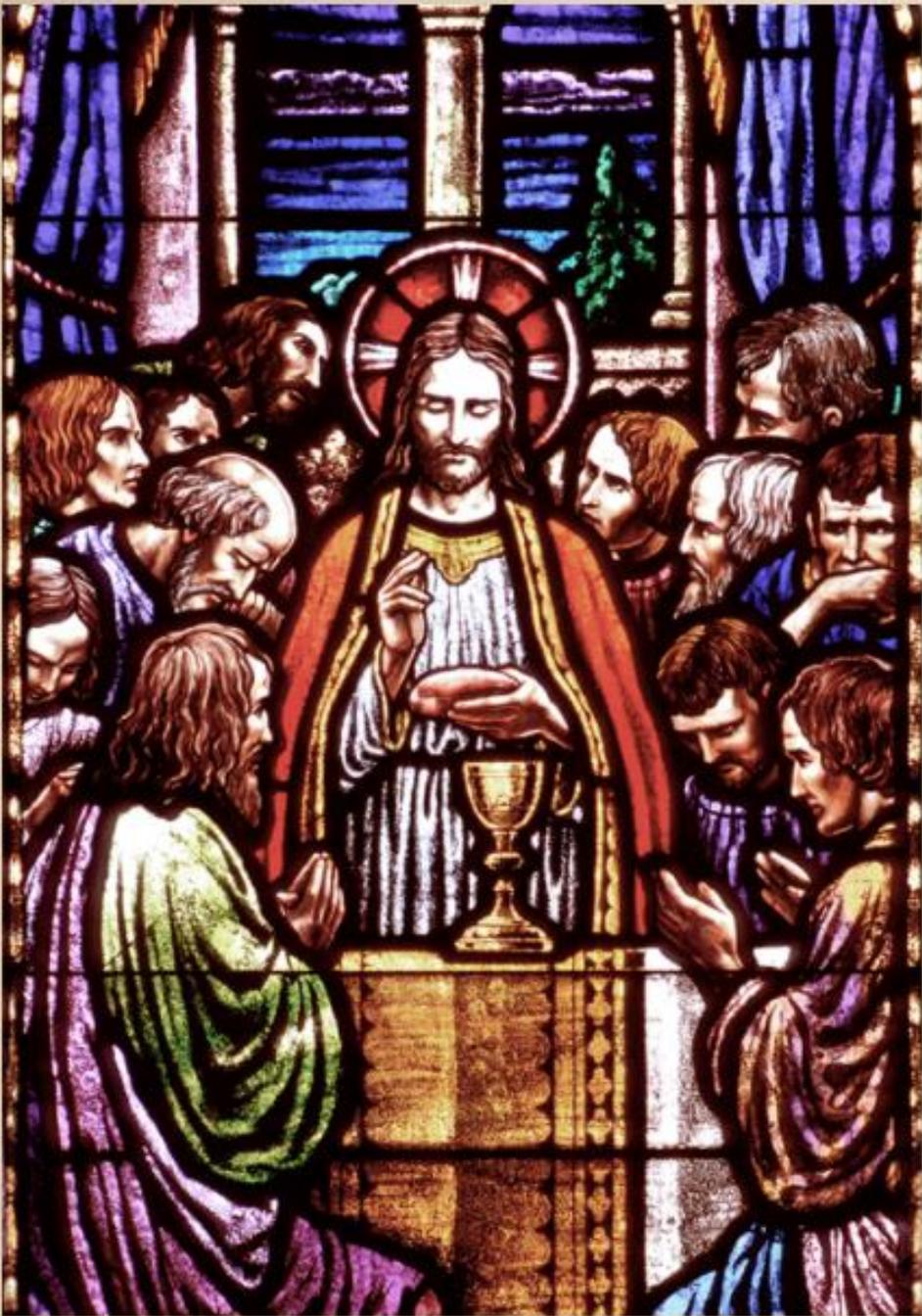


End with the Sign  
of the Cross

### **Concluding prayer**

God our Saviour, through your Son you have made us children of light. Hear our prayer that we may always walk in that light and work for the truth as your witnesses before all people.

**Amen.**



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the Sign  
of the Cross



# Afternoon Prayer

Tuesday 22<sup>nd</sup> November

**Ant. What marvels the Lord worked for us:  
indeed we are glad.**

*Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.*

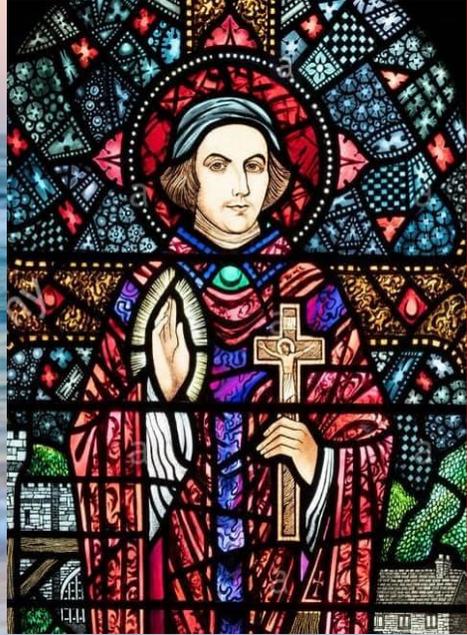
He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.

*His purpose he set forth in Christ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.*

**Ant. What marvels the Lord worked for us:  
indeed we are glad.**

**Pause for the  
reflection.**

We ask the saints to pray for us:



**Lord**, you gave St Edmund Arrowsmith the courage to live out his faith in a time of persecution. Help us to practice the virtue of Justice and to stand for truth and dignity.

St Edmund Arrowsmith; **Pray for us.**

Amen



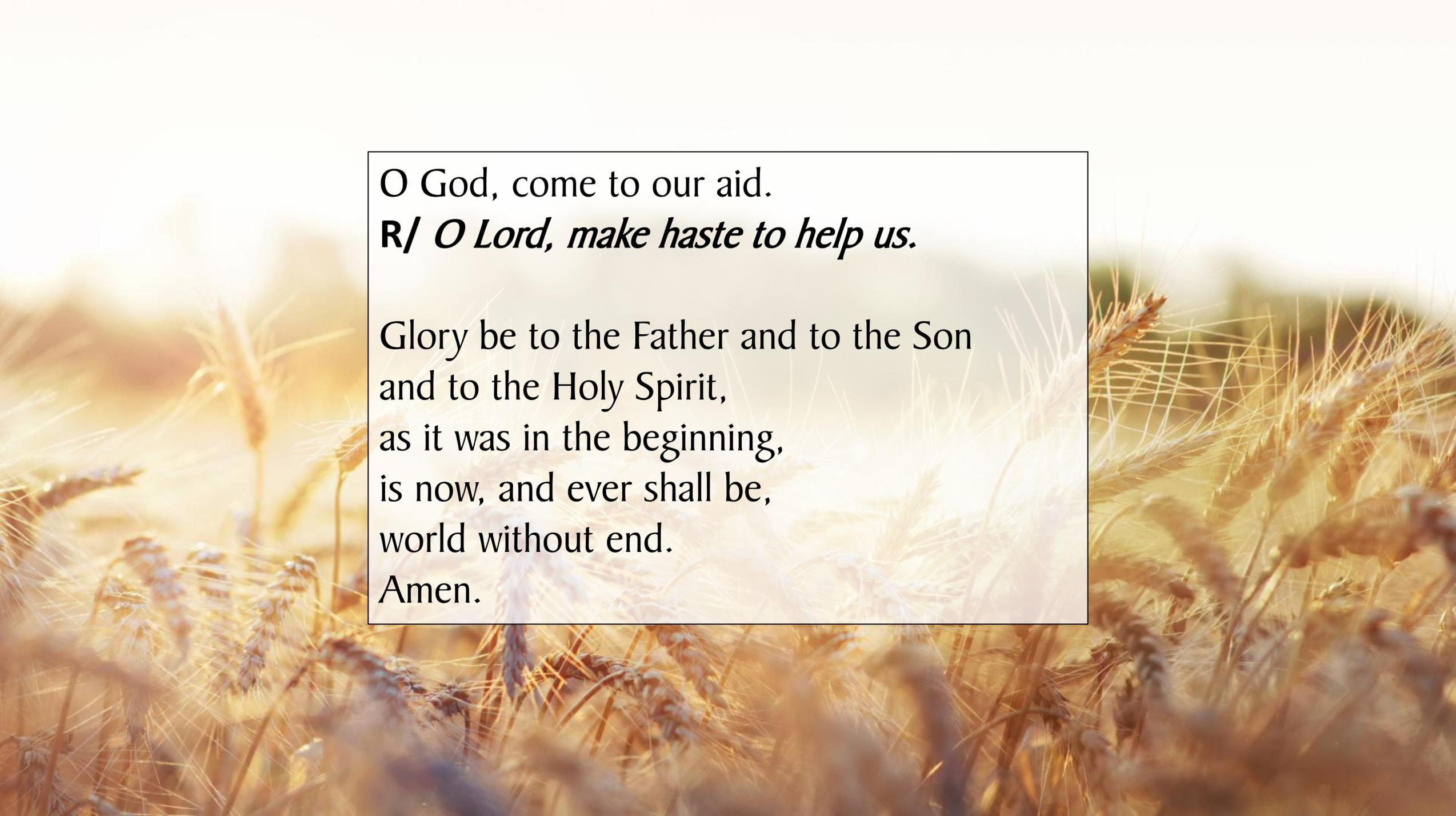
End with the Sign  
of the Cross



Begin with the Sign  
of the Cross



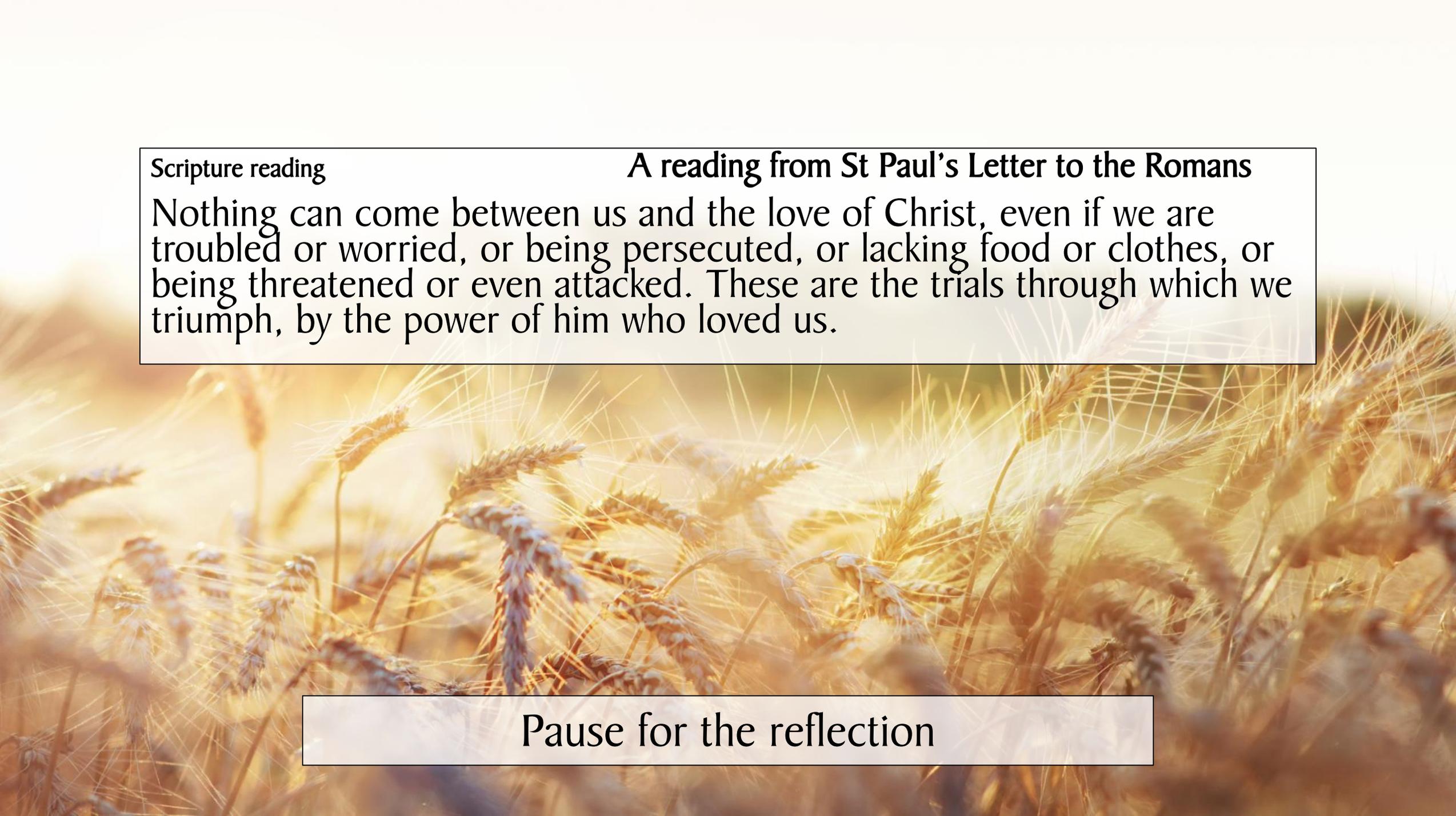
Morning Prayer  
Wednesday 23<sup>rd</sup> November



O God, come to our aid.

***R/ O Lord, make haste to help us.***

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.



Scripture reading

## A reading from St Paul's Letter to the Romans

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

Pause for the reflection

Scripture reading

A reading from St Paul's Letter to the Romans

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

*Think and reflect...*

**What choices have I made for myself about what I believe or don't believe?**

**Who or what has influenced those decisions?**

**Do I feel close to God or separated from Him?**

## Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that I am God."**

Allow a time of silence to reflect on these questions

## Intercessions

Loving God, we are sorry for the times we have separated ourselves from you, help us to turn back to you with our whole hearts

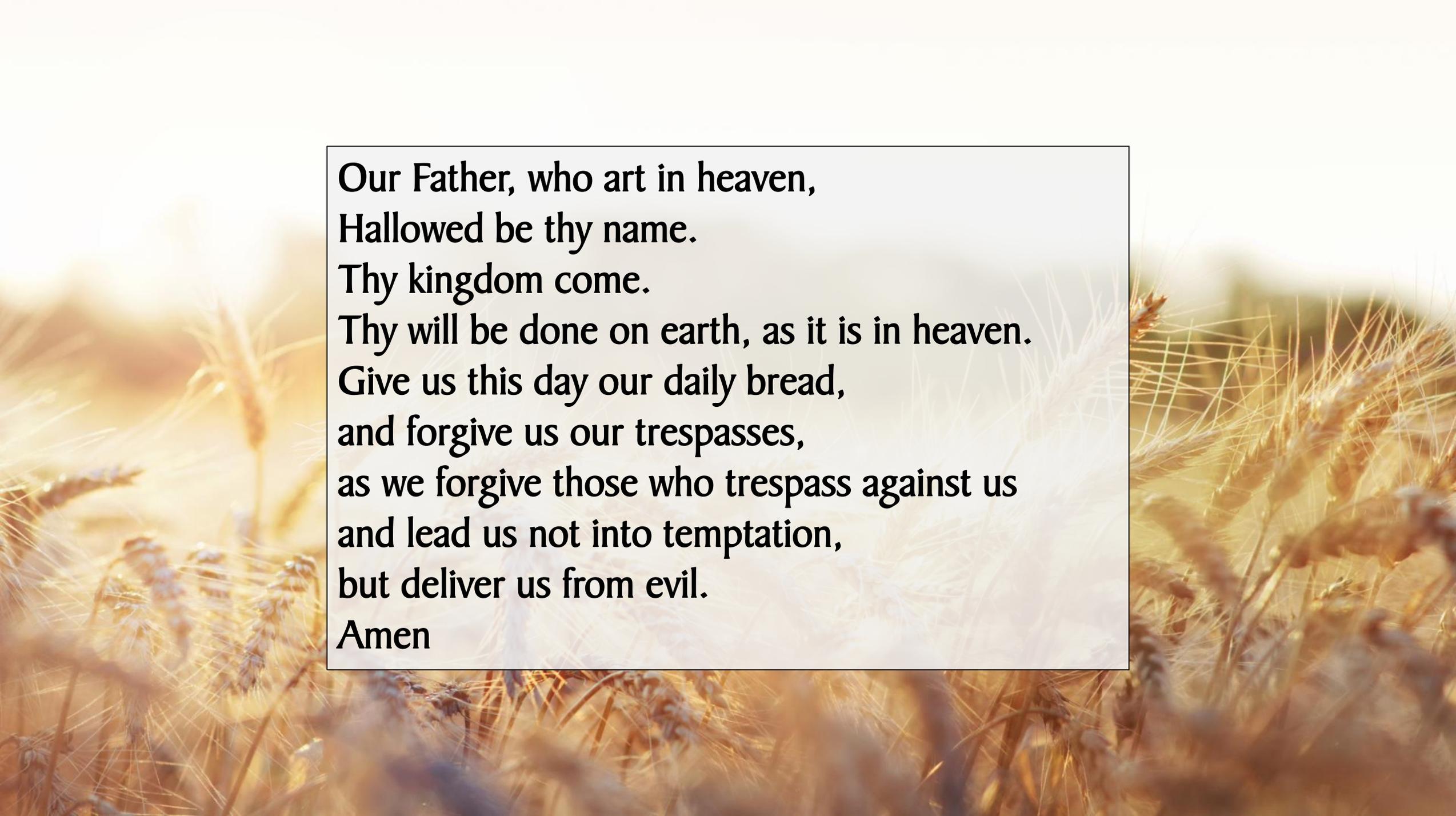
– *Lord hear us. Lord graciously hear us.*

Lord, we pray for an end to injustice, discrimination and hatred. May we always stand up for, and defend those who are persecuted.

– *Lord hear us. Lord graciously hear us.*

Lord, we are all made in your precious image. Help us to see one another with the love and care with which you see us.

– *Lord hear us. Lord graciously hear us.*



**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

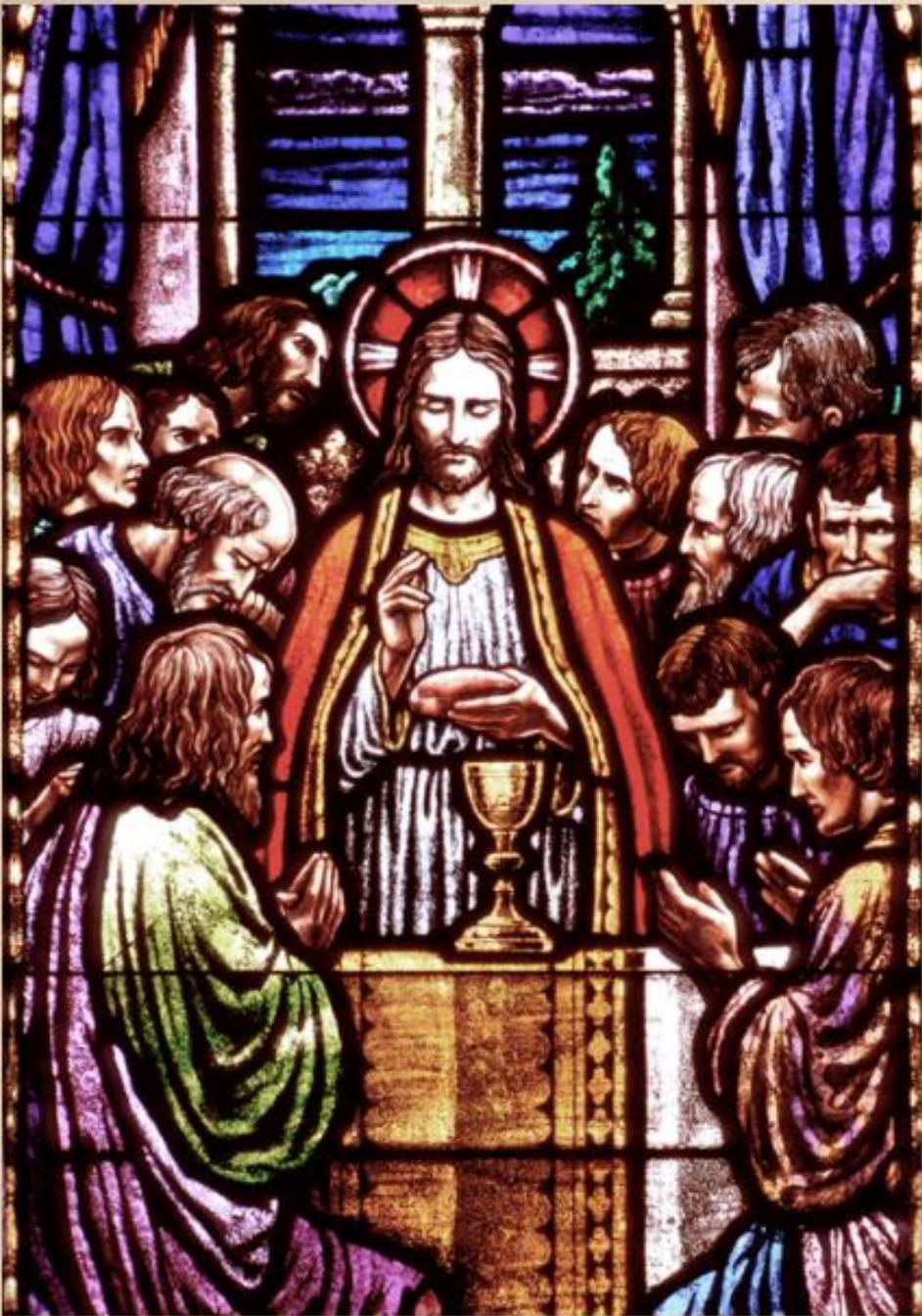


End with the Sign  
of the Cross

### Concluding prayer

Lord our God, make us love you  
above all things,  
and all those around us with a love  
that is worthy of you.

**Amen.**



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the Sign  
of the Cross



# Afternoon Prayer

Wednesday 23<sup>rd</sup> November

**Ant. He is the first-born of all creation, he is supreme over all creatures.**

*Let us give thanks to the Father, who has qualified us to share in the inheritance of the saints in light.*

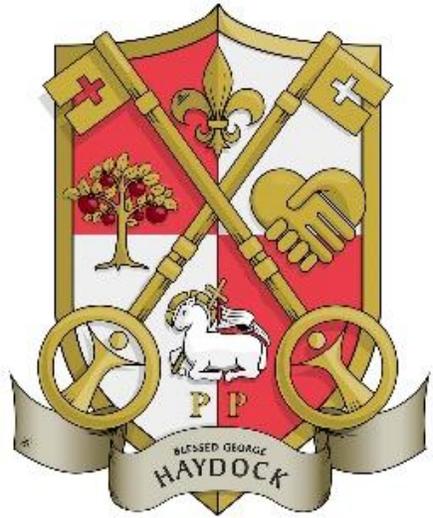
He has delivered us from the dominion of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

*All things were created through him and for him. He is the head of the body, the Church; he is the beginning.*

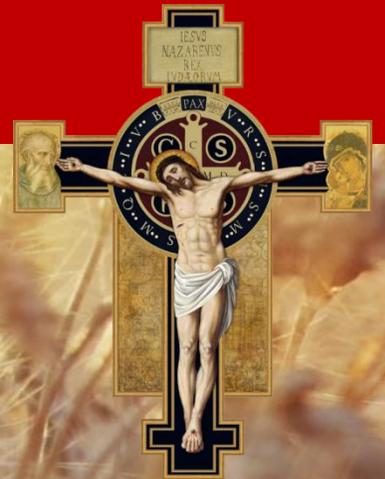
**Ant. He is the first-born of all creation, he is supreme over all creatures.**

**Pause for the reflection.**

We ask the saints to pray for us:



Lord, Blessed George Haydock gave his life for his belief and service of you. Help us to have courage like him and the passion to stand up for the truth. Blessed George Haydock; Pray for us. Amen



End with the Sign of the Cross

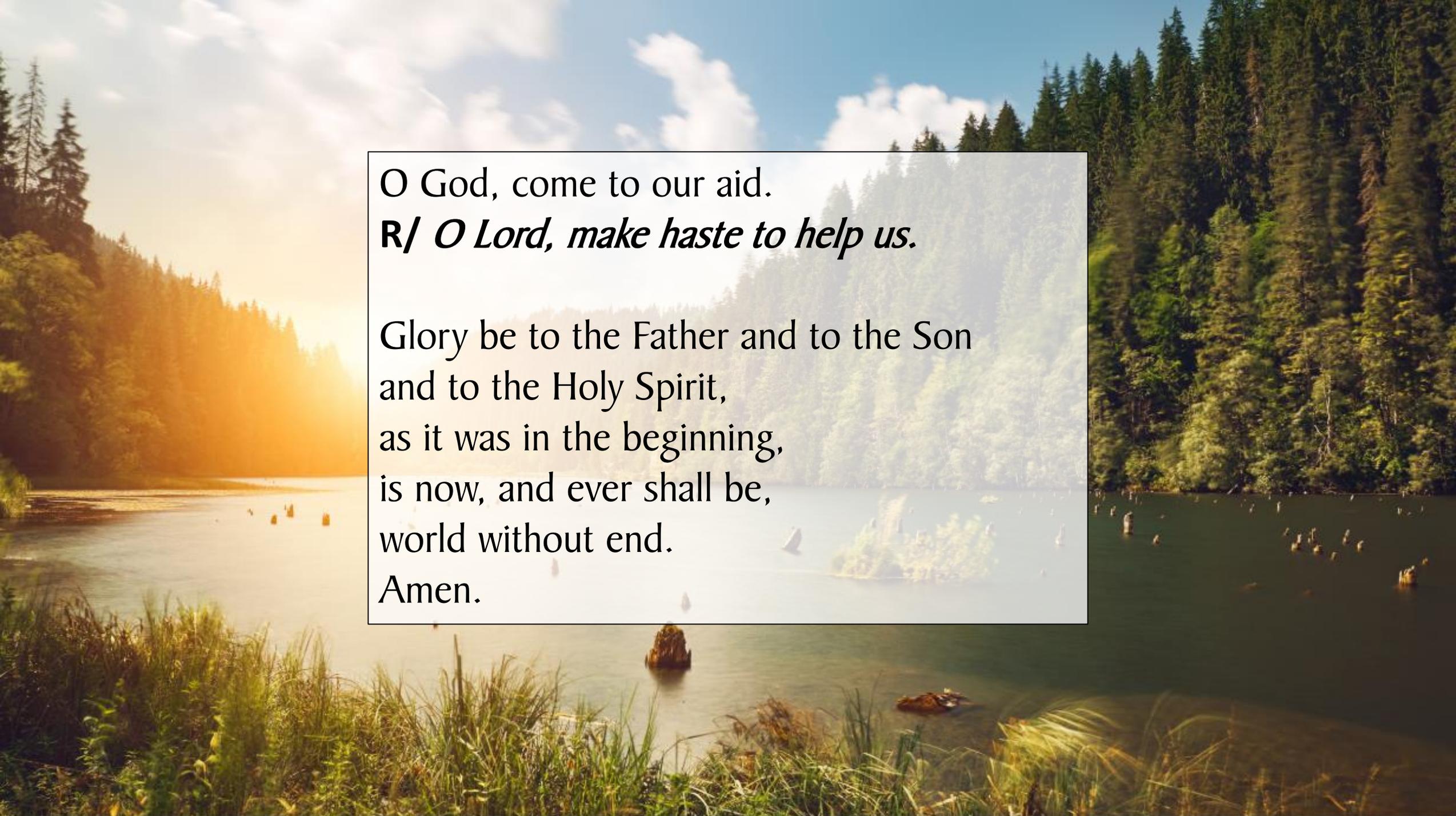


Begin with the Sign  
of the Cross



# Morning Prayer

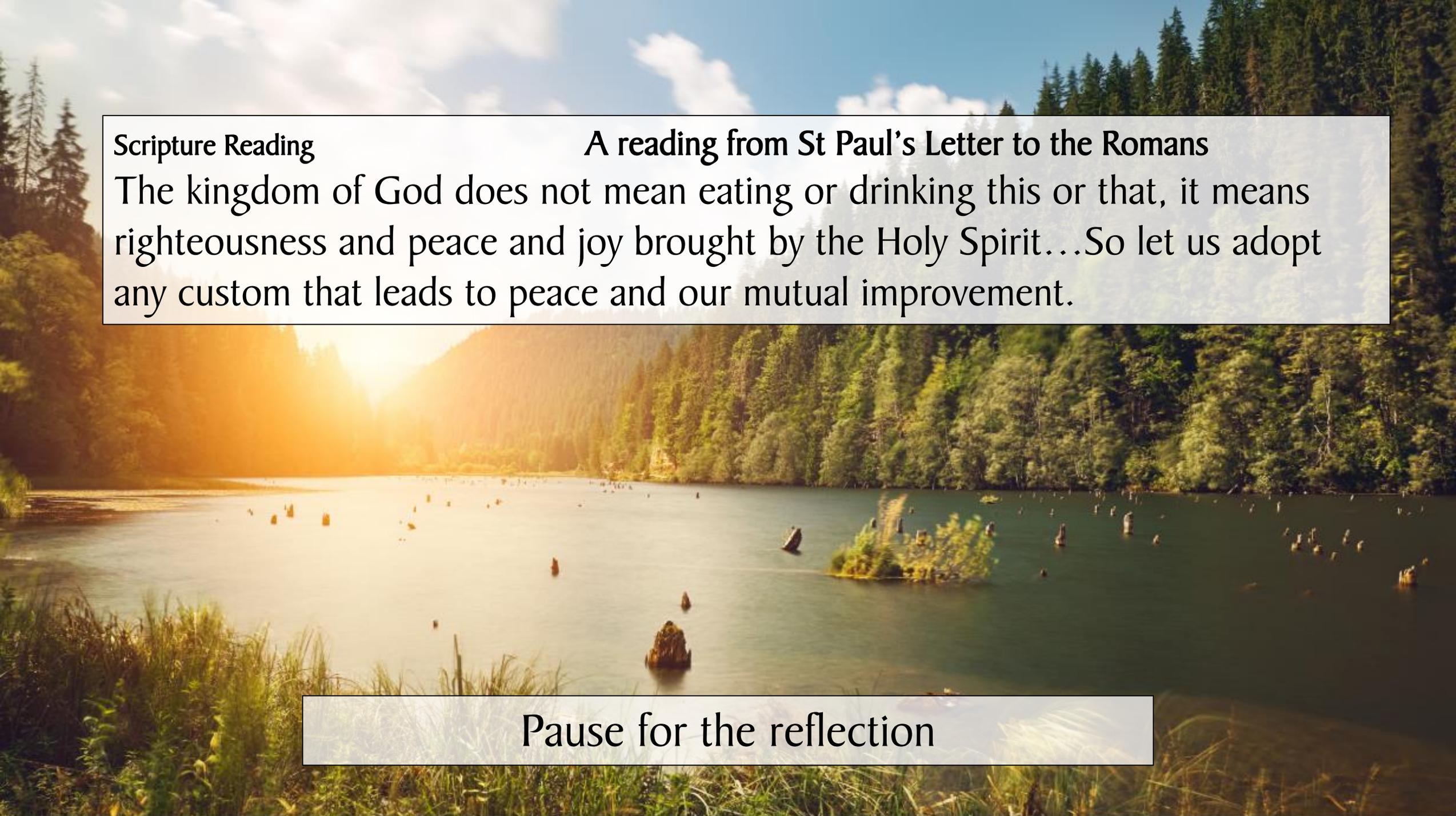
Thursday 24<sup>th</sup> November

A scenic landscape featuring a calm lake in the foreground, a dense forest of evergreen trees on the right, and a bright sunset on the left. The sky is filled with soft, white clouds, and the water reflects the golden light of the setting sun. In the foreground, there are tall grasses and reeds along the shoreline.

O God, come to our aid.

*R/ O Lord, make haste to help us.*

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.



Scripture Reading

A reading from St Paul's Letter to the Romans

The kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit...So let us adopt any custom that leads to peace and our mutual improvement.

Pause for the reflection

Scripture Reading

A reading from St Paul's Letter to the Romans

The kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit...So let us adopt any custom that leads to peace and our mutual improvement.

*Think and reflect...*

*Do I experience peace in my life?*

*Am I a blessing to other people?*

*Would I like to allow the Holy Spirit to work in and through me?*

# Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that  
I am God."**

Allow a time of silence to reflect on these questions

## Intercessions

Lord, be with us as we start a new day: move our hearts to seek you and our wills to serve you.

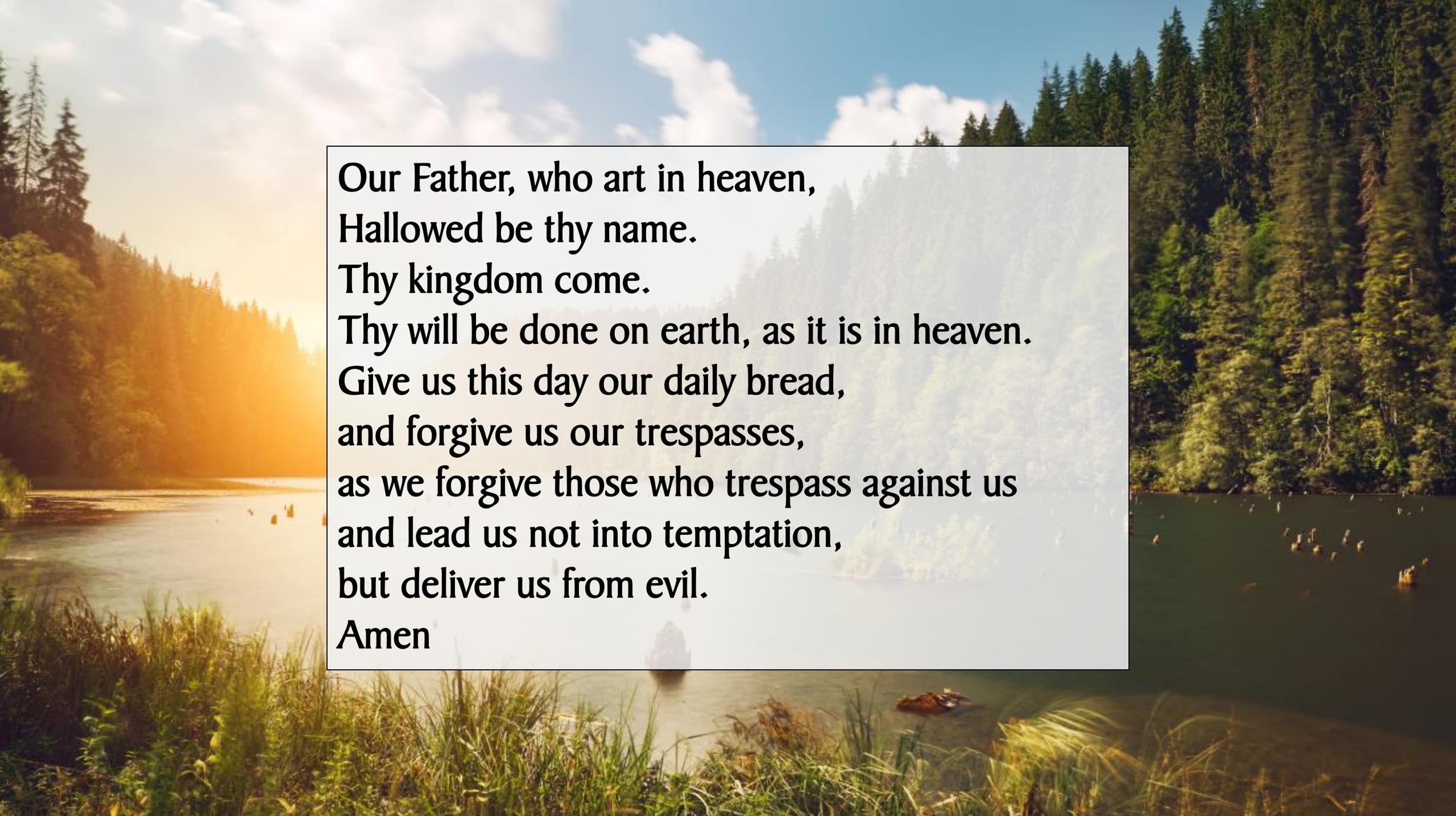
– *Lord hear us, Lord graciously hear us.*

Deepen our awareness of your presence: teach us reverence and love for all that you made.

– *Lord hear us, Lord graciously hear us.*

To know you is to love those you created: let our lives and our work be of service to our brothers.

– *Lord hear us, Lord graciously hear us.*

A scenic landscape featuring a river or lake in the foreground, surrounded by lush green grass and reeds. In the background, a dense forest of tall evergreen trees covers a hillside. The sky is bright blue with scattered white clouds. A semi-transparent white text box is overlaid on the right side of the image, containing the text of the Lord's Prayer.

**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

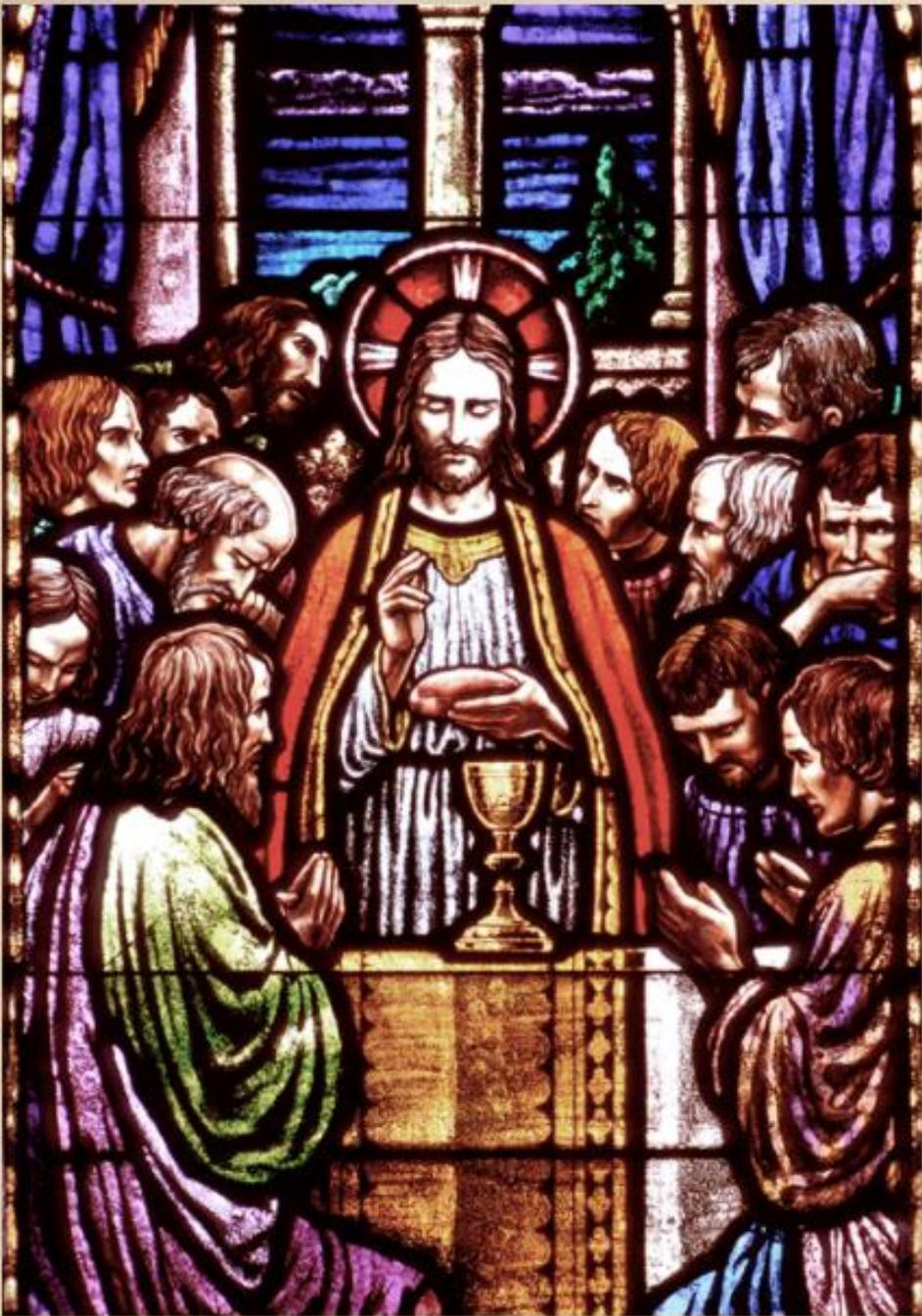


End with the Sign  
of the Cross

## Concluding prayer

Grant us, Lord, a true knowledge of salvation, so that, freed from fear and from the power of our enemies, we may serve you faithfully all the days of our life.

**Amen.**



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the Sign  
of the Cross



# Afternoon Prayer

Thursday 24<sup>th</sup> November

**Ant. The Lord brought down the mighty from their seats, and raised up the lowly.**

*My soul glorifies the Lord, my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness; henceforth all ages will call me blessed.*

The Almighty works marvels for me. Holy his name!  
His mercy is from age to age, on those who fear him.

*He puts forth his arm in strength and scatters the proud-hearted.  
He casts the mighty from their thrones and raises the lowly.*

He fills the starving with good things, sends the rich away empty.

**Ant. The Lord brought down the mighty from their seats, and raised up the lowly.**

**Pause for the  
reflection.**

We ask the saints to pray for us:



Lord, we thank You for giving us St. Margaret Clitherow as an example of courage and holiness. Help us to copy the example of love that she showed in living out her vocation. St Margaret Clitherow; Pray for us. Amen



End with the Sign of the Cross