

Week Commencing 12<sup>th</sup> December

3<sup>rd</sup> Week of Advent, Year A



Begin with the  
Sign of the Cross



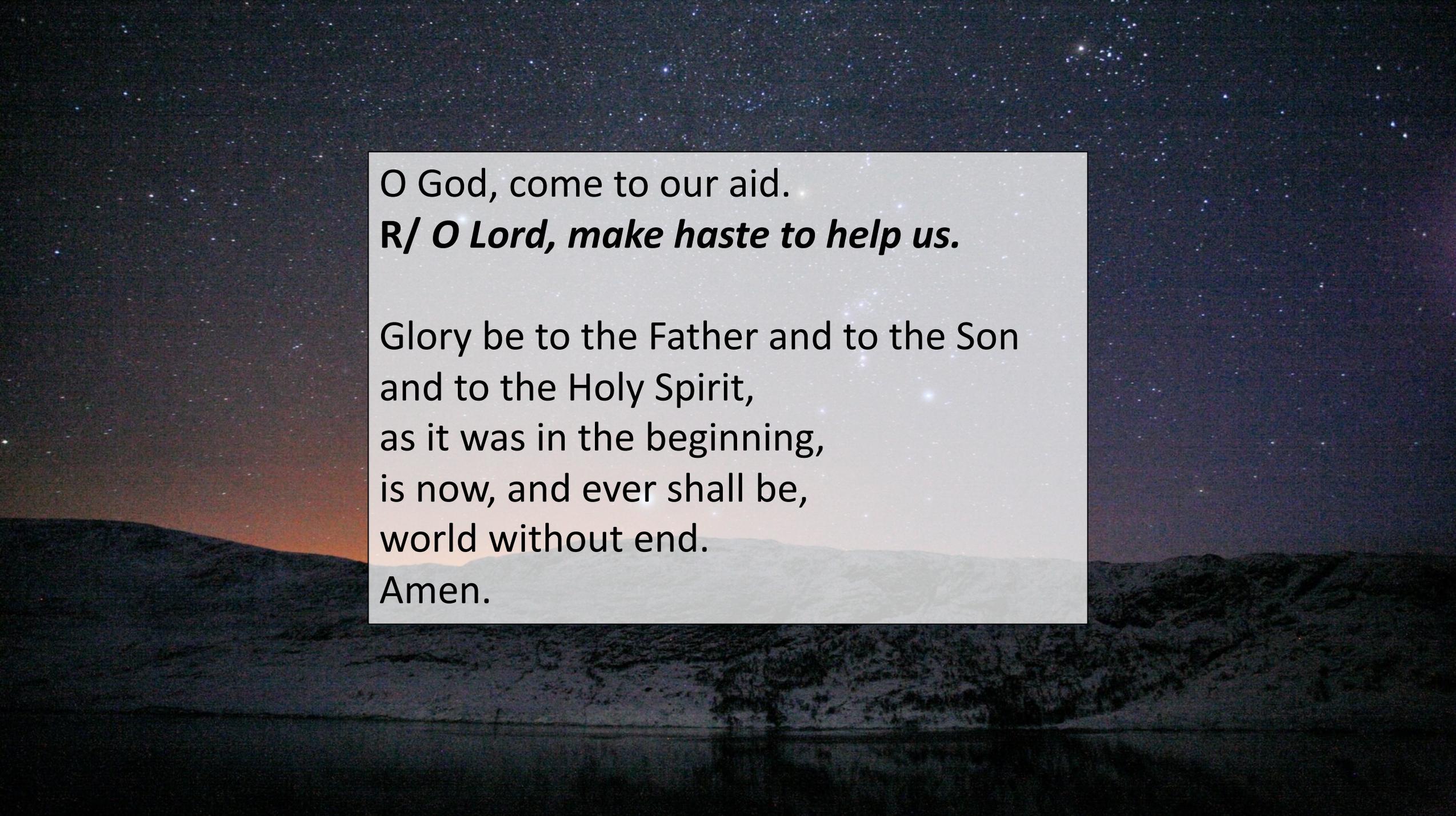
# Morning Prayer

Monday 12<sup>th</sup> December

## Third Week of Advent

THIRD WEEK OF ADVENT





O God, come to our aid.

***R/ O Lord, make haste to help us.***

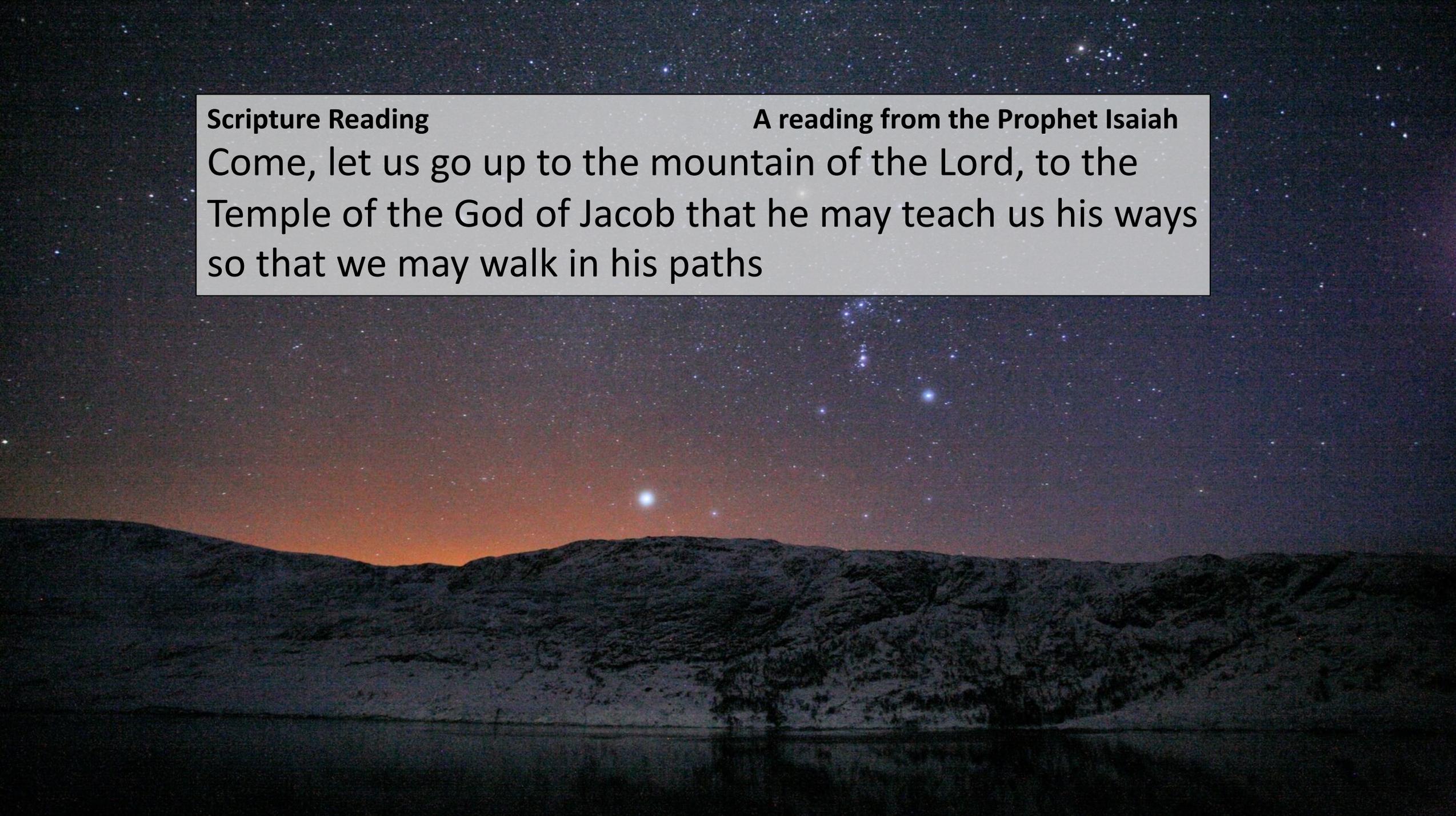
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

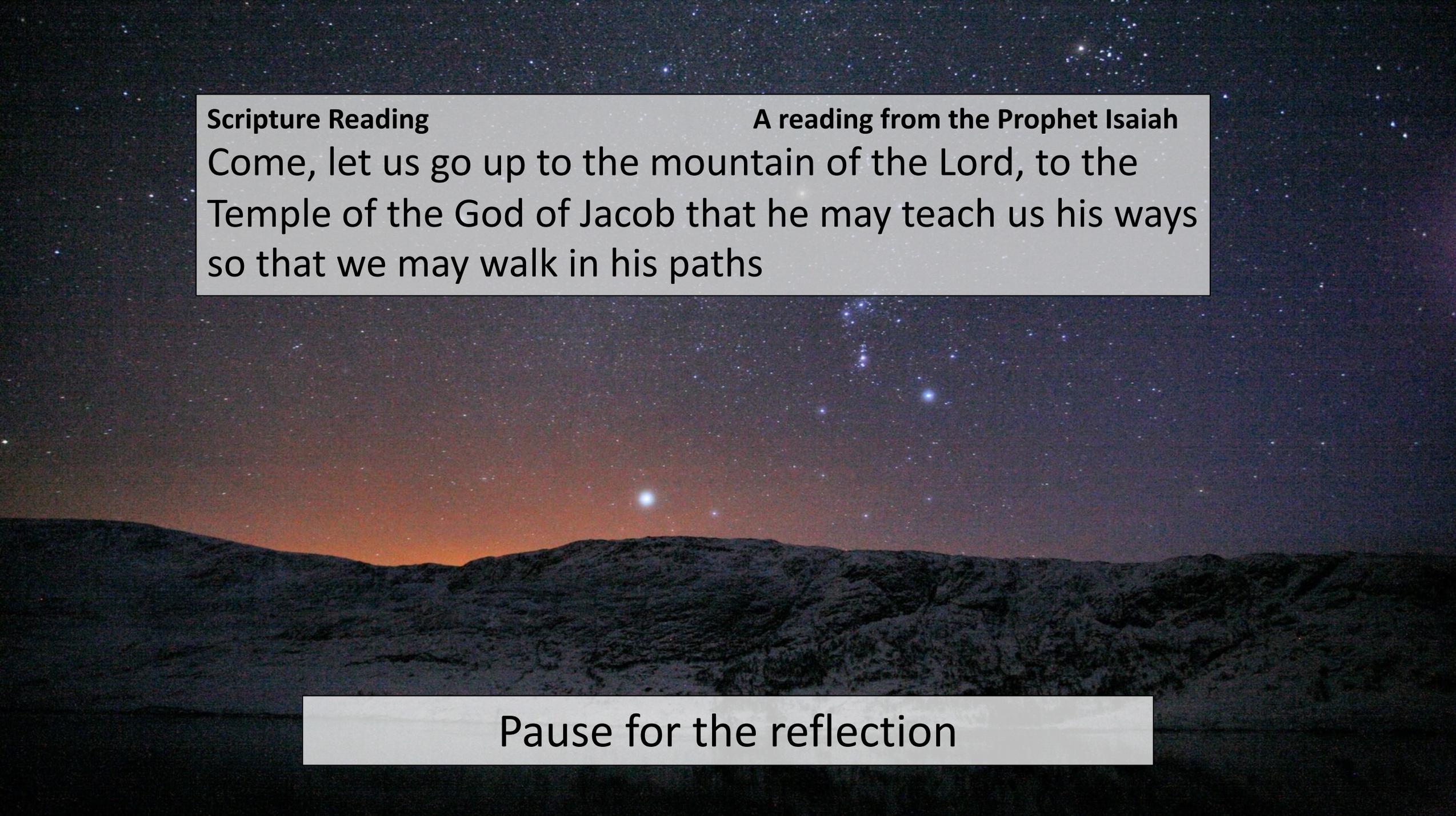
Amen.

**Scripture Reading**

**A reading from the Prophet Isaiah**

Come, let us go up to the mountain of the Lord, to the Temple of the God of Jacob that he may teach us his ways so that we may walk in his paths





Scripture Reading

A reading from the Prophet Isaiah

Come, let us go up to the mountain of the Lord, to the Temple of the God of Jacob that he may teach us his ways so that we may walk in his paths

Pause for the reflection

## Scripture Reading

A reading from the Prophet Isaiah

Come, let us go up to the mountain of the Lord, to the Temple of the God of Jacob that he may teach us his ways so that we may walk in his paths

*Think and reflect...*

**How connected do you feel to your family and ancestors?**

**Do the paths you walk lead you into peace and love?**

**Have you ever had an encounter with God?  
Would you like to?**

## Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

*“Be still and know that  
I am God.”*

Allow a time of silence to reflect on these questions

## Intercessions

Prince of Peace, turn our jealousies into love, teach us to forgive rather than give way to anger.

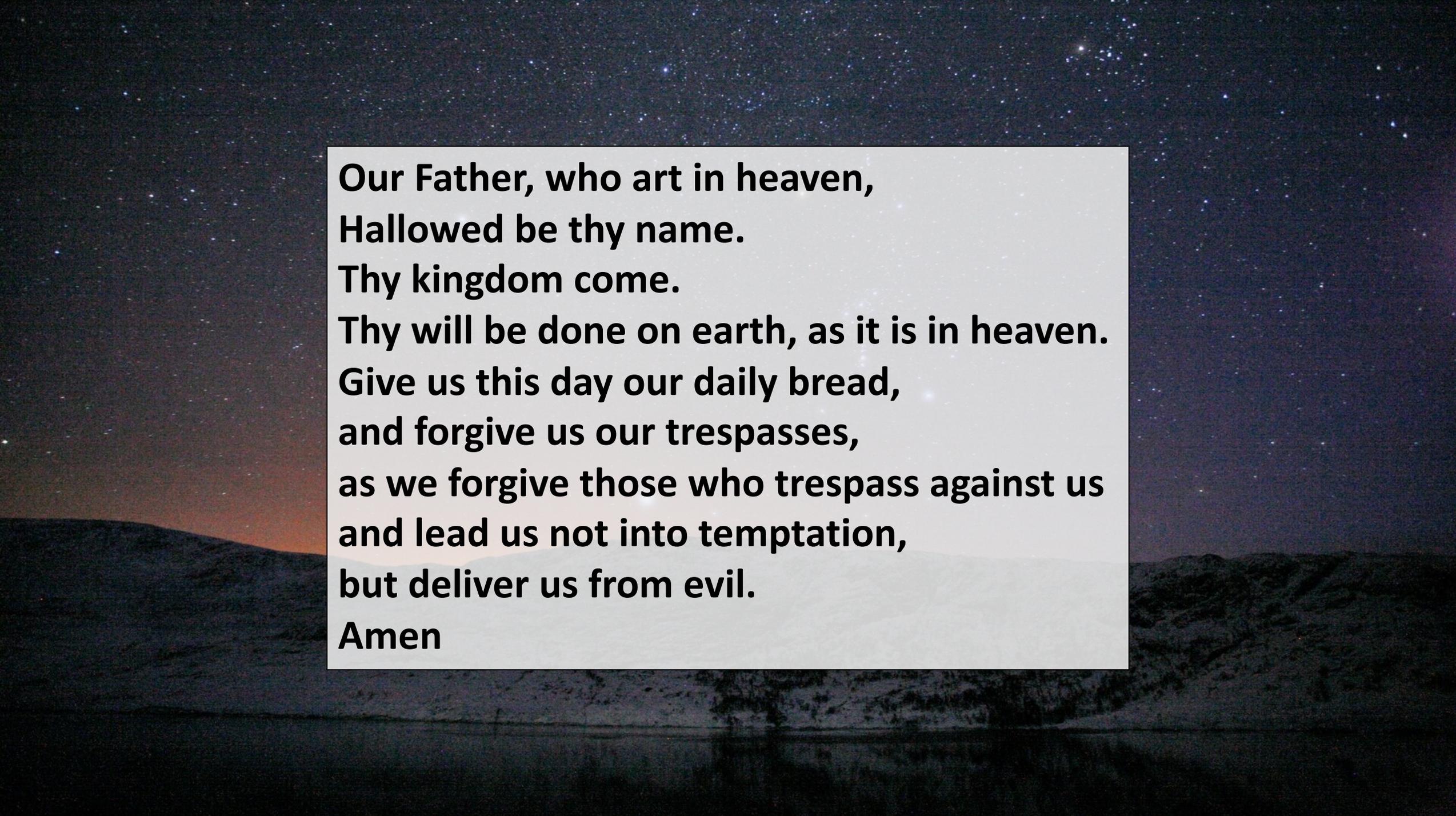
*Lord hear us, **Lord graciously hear us.***

When you come to judge the world, may we stand before you without fear.

*Lord hear us, **Lord graciously hear us.***

You stand in our midst unknown: help us to respond to your invitation to know you and walk in your ways

*Lord hear us, **Lord graciously hear us.***



**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

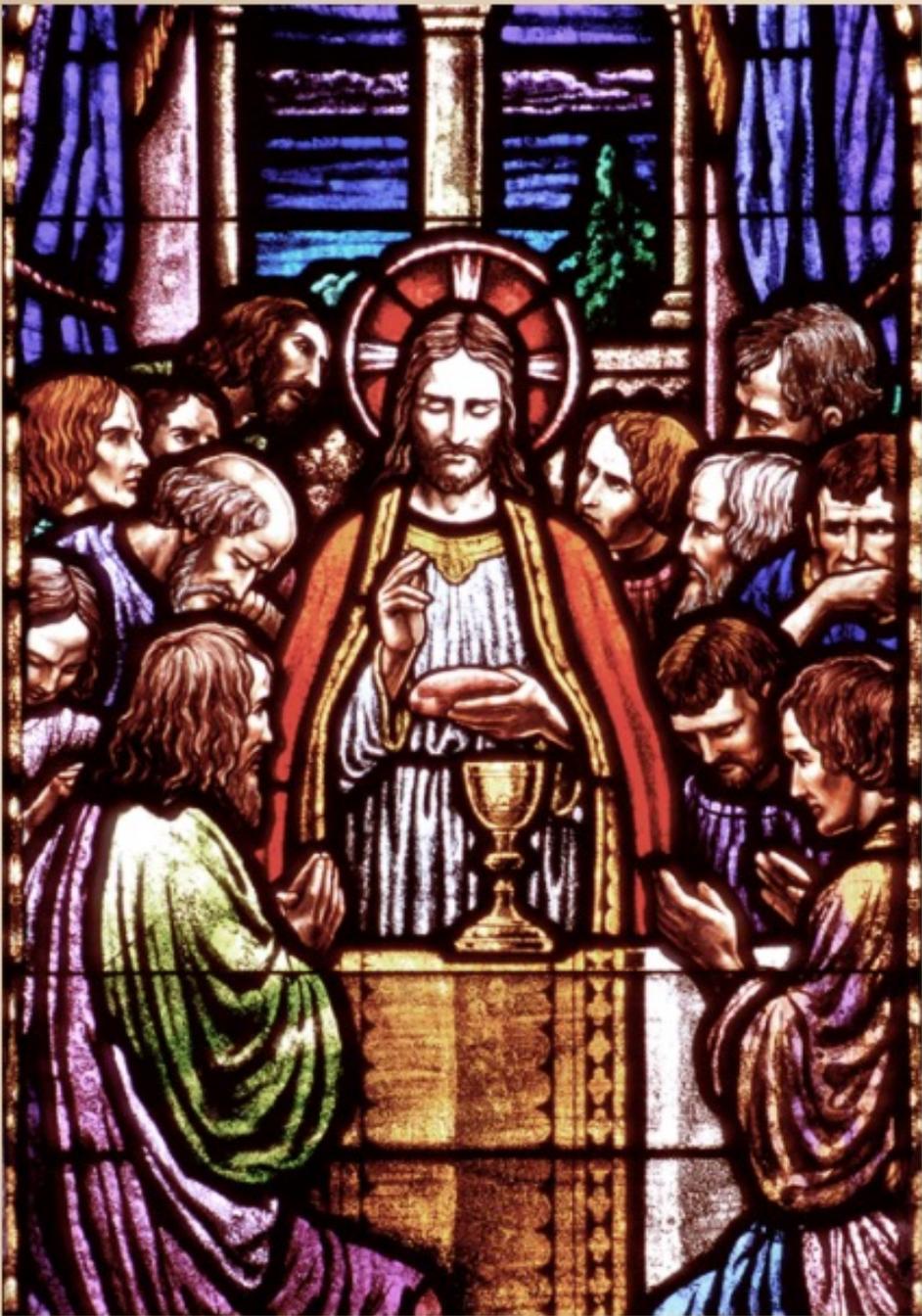
## **Concluding prayer**

Prepare our hearts, Lord, by the power of your grace. When Christ comes, may he find us worthy to receive from his hand the bread of heaven at the feast of eternal life.

**Amen.**



End with the Sign  
of the Cross



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the  
Sign of the Cross



# Afternoon Prayer

Monday 12<sup>th</sup> December

## Third Week of Advent

THIRD WEEK OF ADVENT



***Ant. God chose us in his Son and made us his adopted sons.***

*Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.*

He chose us in him before the foundation of the world, that we should be holy and blameless before him.

*He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.*

***Ant. God chose us in his Son and made us his adopted sons.***

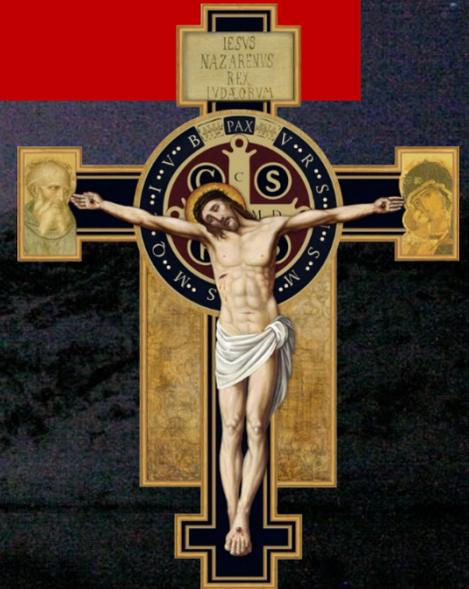
**Pause for the  
reflection.**

We ask the saints to pray for us:



Lord, you gave St Thomas More the courage to stand up for his faith. Help us to practice the virtue of Prudence and to put God as a priority in our lives. St Thomas More; Pray for us.

Amen



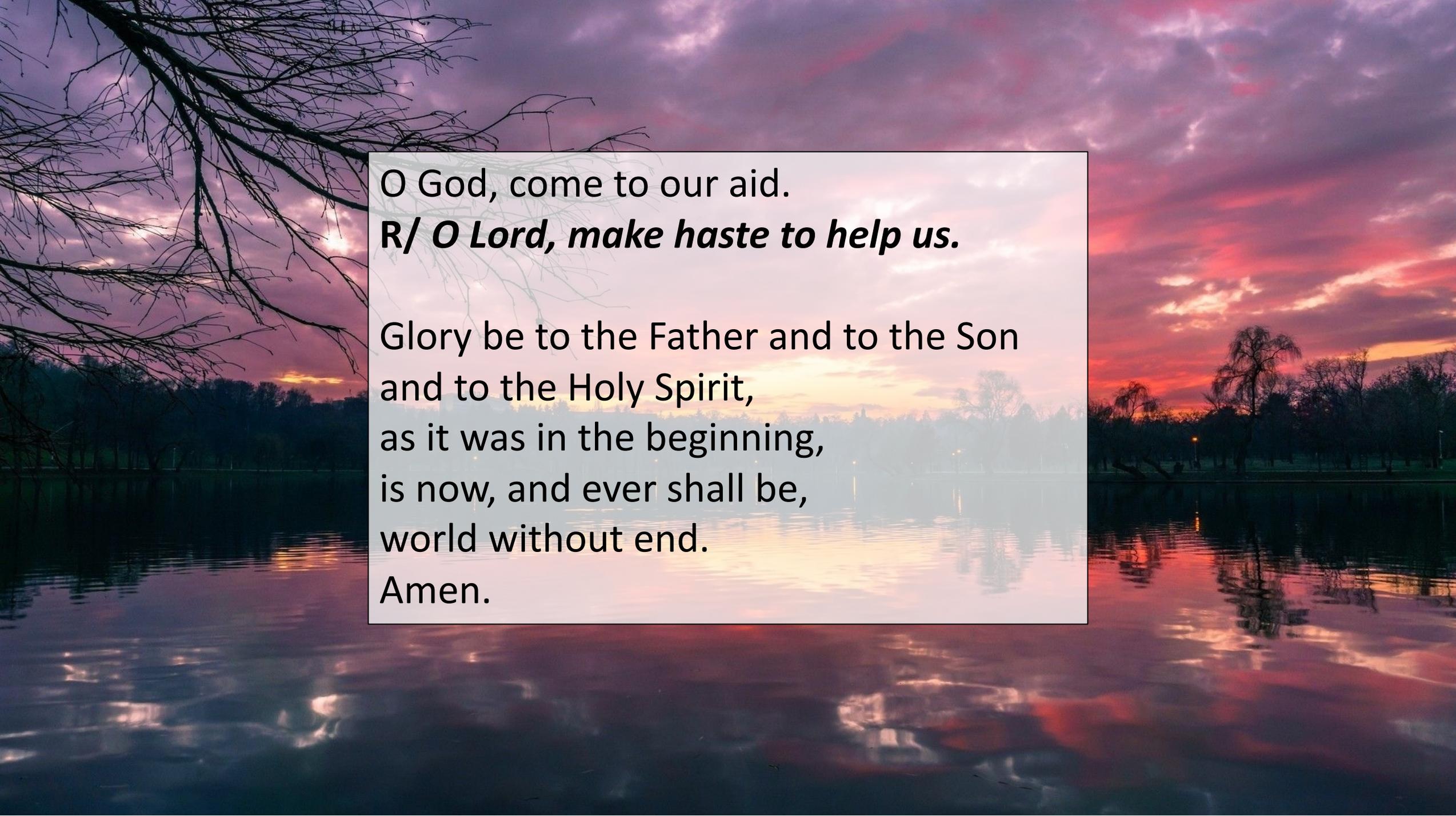


Begin with the  
Sign of the Cross



**Morning Prayer**  
Tuesday 13<sup>th</sup> December  
**Third Week of Advent**



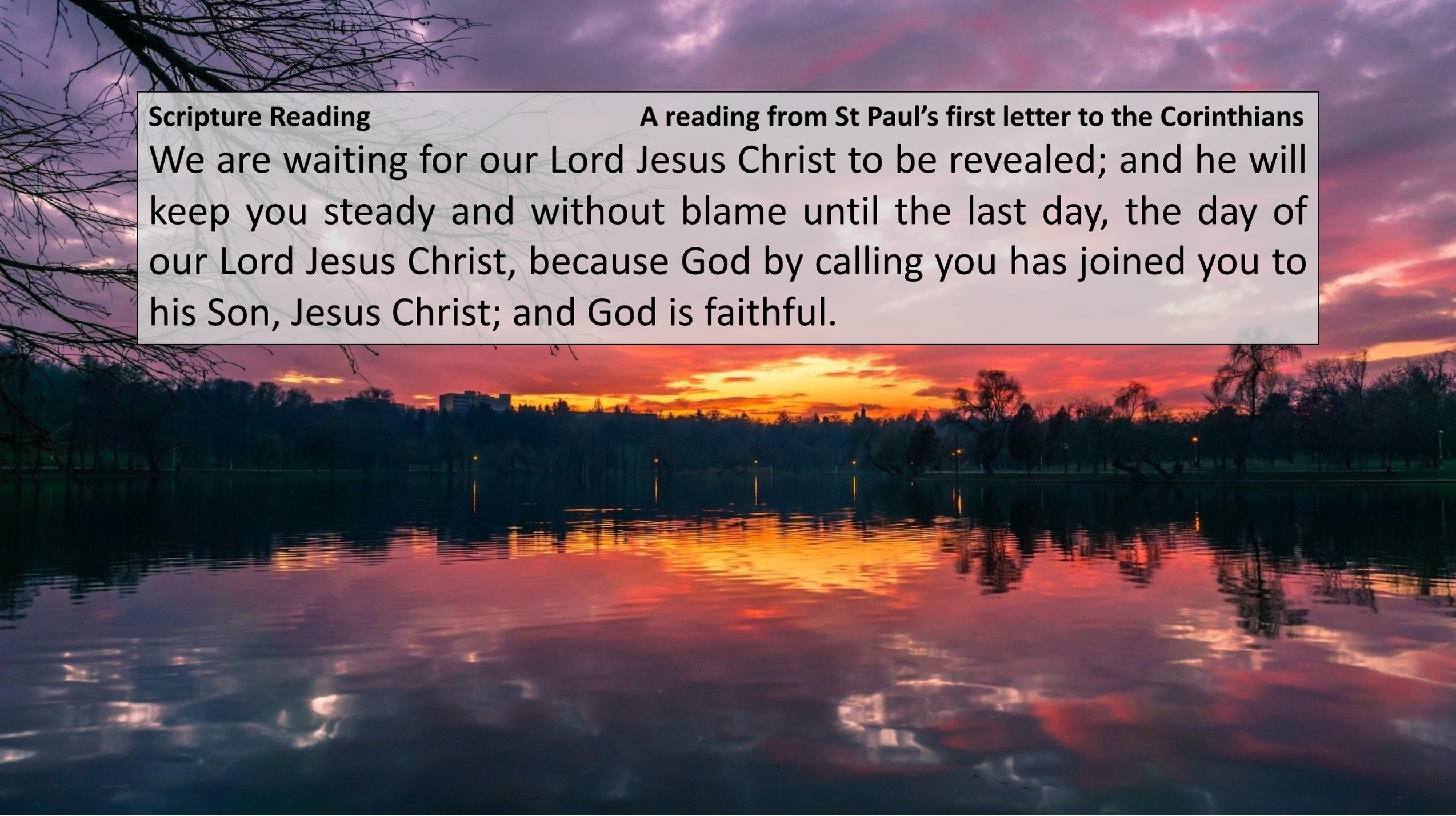
A serene sunset scene over a calm lake. The sky is filled with soft, colorful clouds in shades of purple, pink, and orange. The sun is low on the horizon, casting a warm glow. The water in the foreground is still, reflecting the vibrant colors of the sky. Bare tree branches are visible in the upper left corner, and a line of trees is silhouetted against the horizon. A white rectangular text box is centered in the image, containing a prayer.

O God, come to our aid.

***R/ O Lord, make haste to help us.***

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

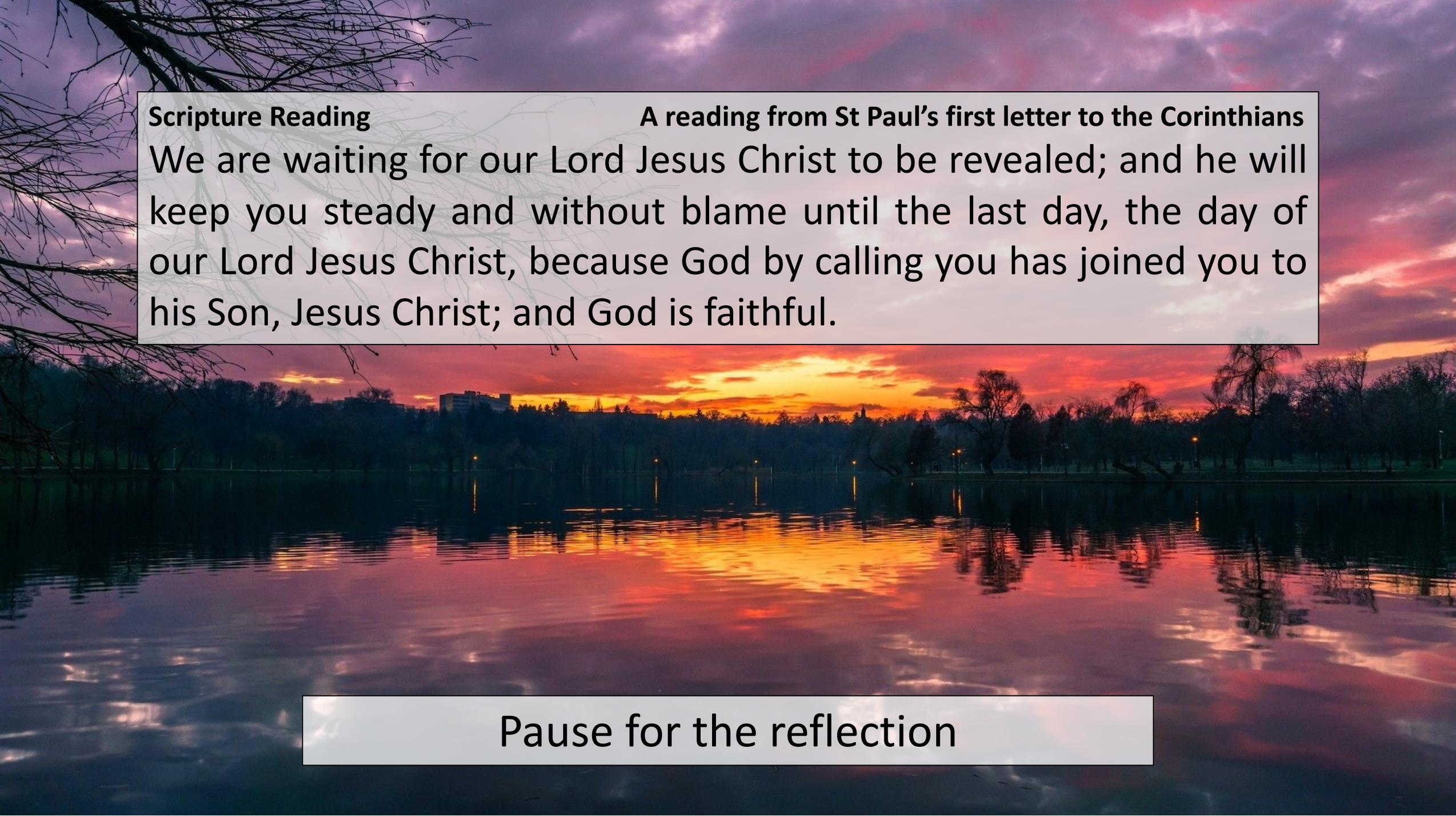
Amen.

A sunset over a lake with a text overlay. The sky is filled with vibrant colors of orange, red, and purple, reflecting on the calm water. Silhouettes of trees and buildings are visible in the background. The text is presented in a white box with a black border.

**Scripture Reading**

**A reading from St Paul's first letter to the Corinthians**

We are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.



**Scripture Reading**

**A reading from St Paul's first letter to the Corinthians**

We are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.

Pause for the reflection

**Scripture Reading**

**A reading from St Paul's first letter to the Corinthians**

We are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.

*Think and reflect...*

**How good are you at waiting?**

**What or whom do you choose above everything else?**

**Is the end result of that choice guaranteed to bring about the best in the end?**

Allow a time of silence to reflect on these questions

# Justice

Always tell the truth.

Love

Fairness

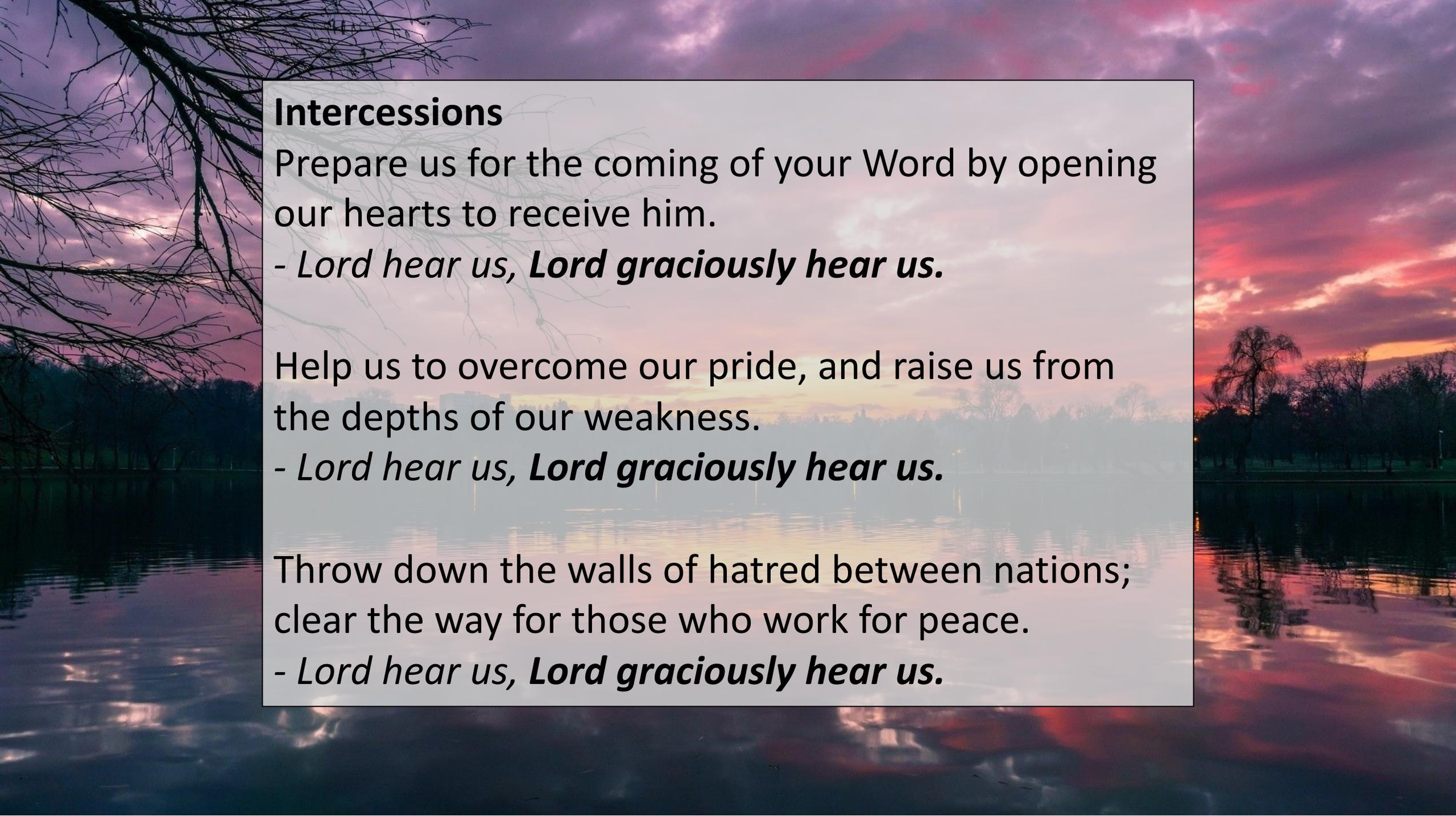
Charity

Gratitude

Truth

Forgiveness

**"Love one another."**



## Intercessions

Prepare us for the coming of your Word by opening our hearts to receive him.

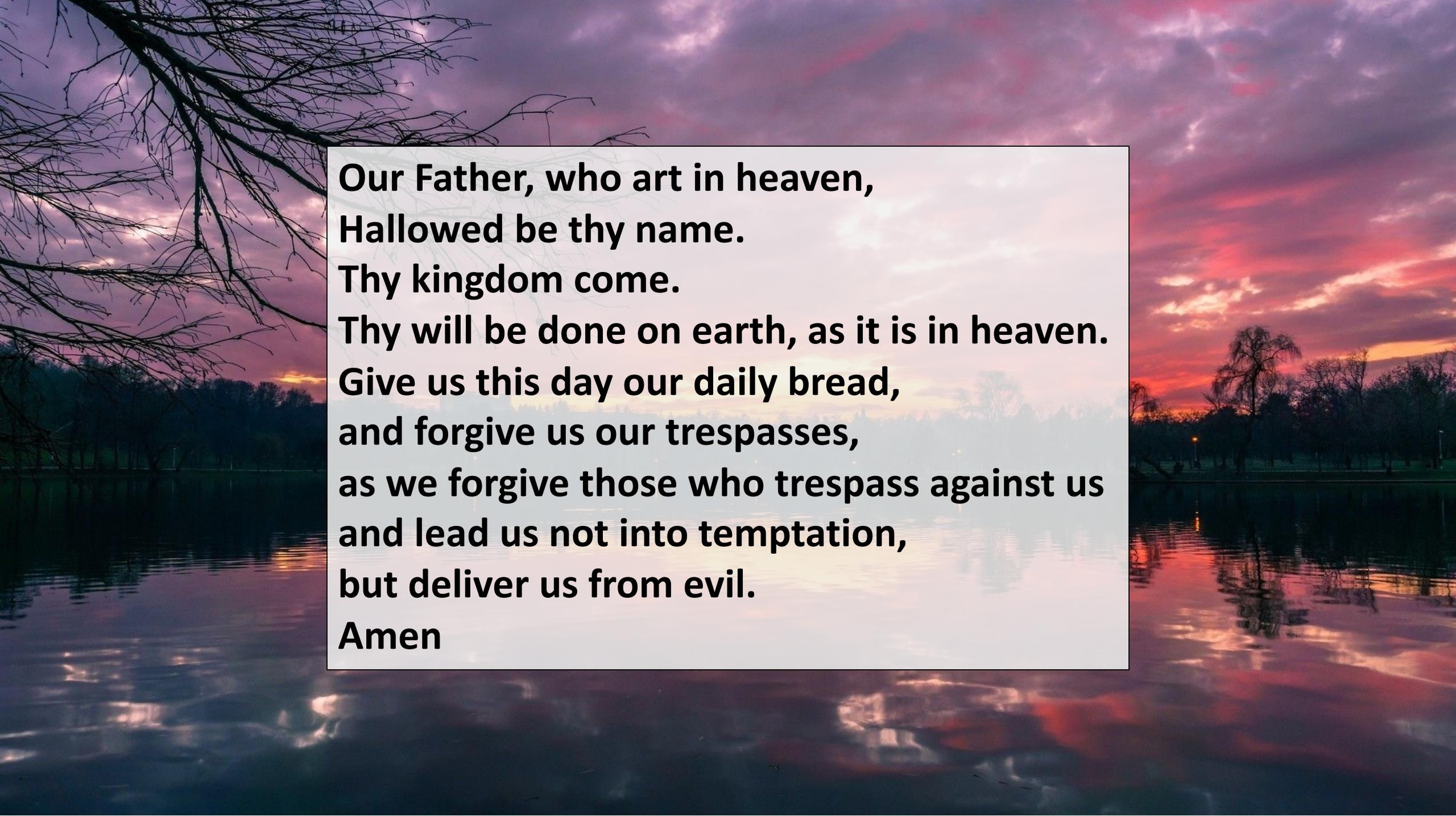
- *Lord hear us, **Lord graciously hear us.***

Help us to overcome our pride, and raise us from the depths of our weakness.

- *Lord hear us, **Lord graciously hear us.***

Throw down the walls of hatred between nations; clear the way for those who work for peace.

- *Lord hear us, **Lord graciously hear us.***

A serene sunset scene over a body of water. The sky is filled with soft, colorful clouds in shades of purple, pink, and orange. The water in the foreground reflects the vibrant colors of the sky. In the background, there are silhouettes of trees and a distant shoreline. A white text box with a black border is centered in the image, containing the text of the Lord's Prayer.

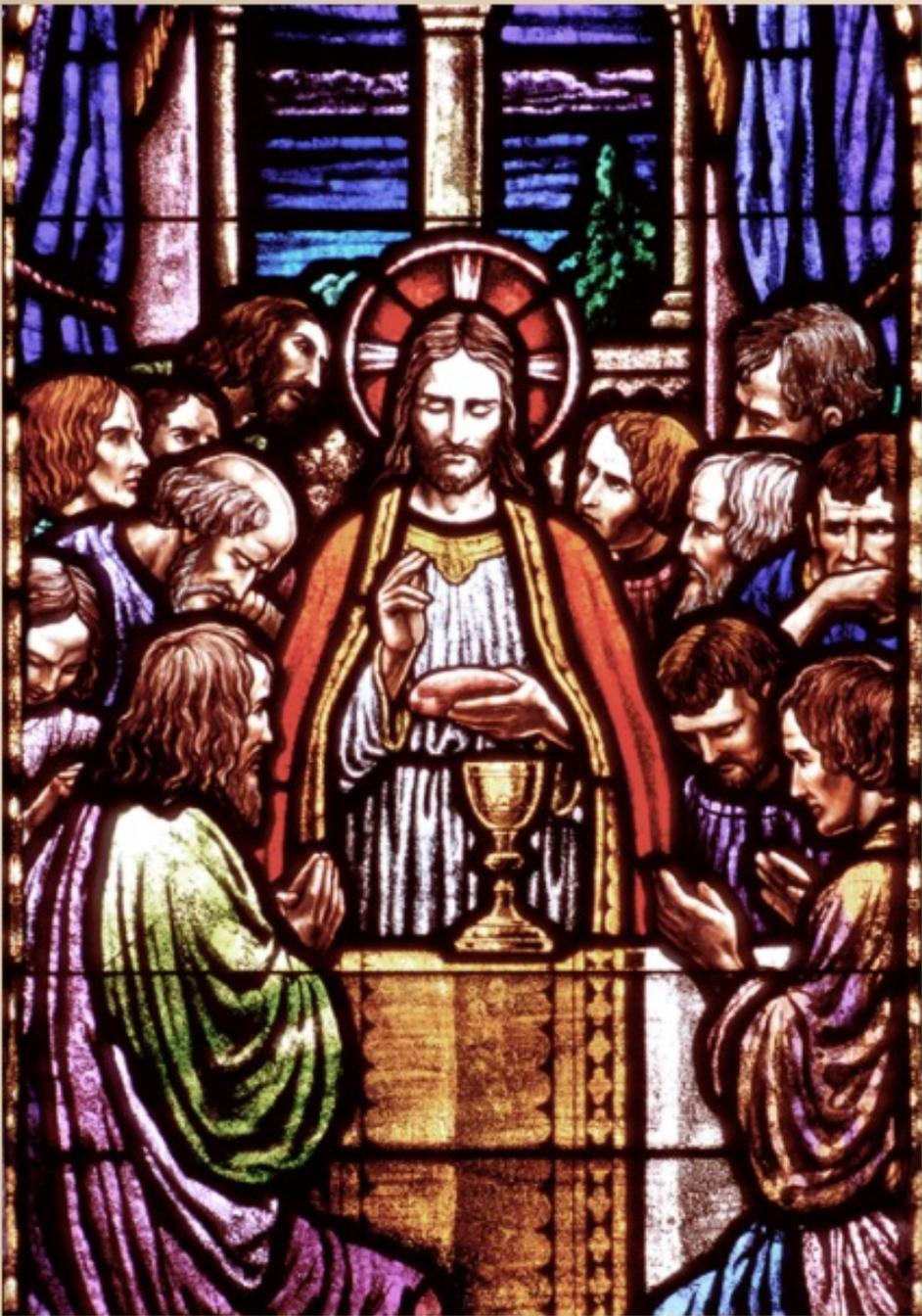
**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

## **Concluding prayer**

Take pity on our distress, Lord God:  
show us your love. May the  
coming of your Son strengthen us  
and cleanse us from all trace of sin.  
**Amen.**

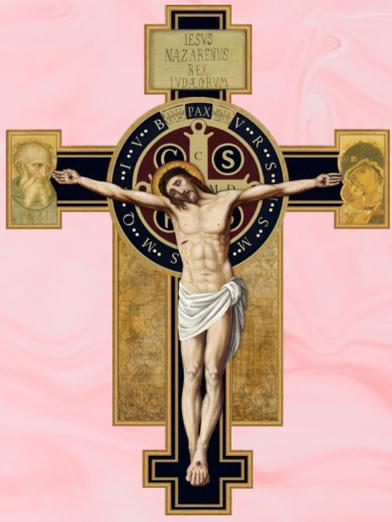


End with the Sign  
of the Cross

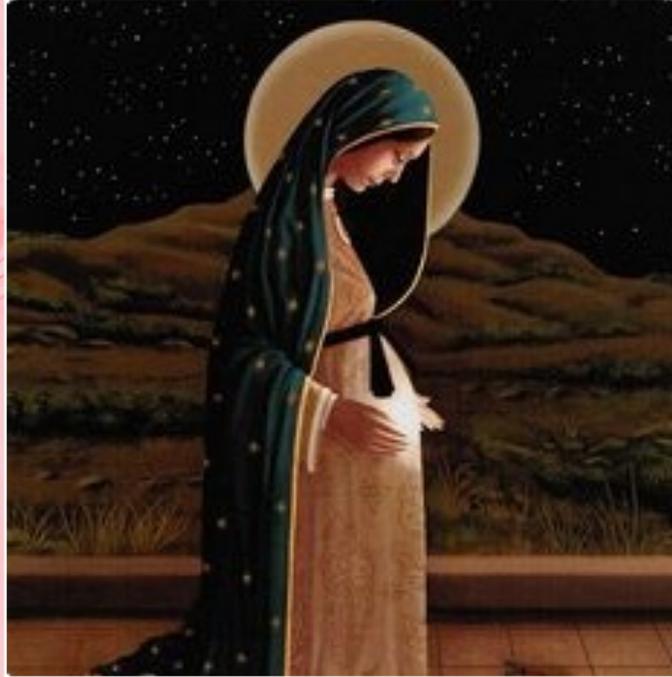


# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the  
Sign of the Cross



**Afternoon Prayer**  
Tuesday 13<sup>th</sup> December  
**Third Week of Advent**



***Ant. O Lord, you will show me the fullness of joy in your presence. Alleluia.***

*Preserve me, God, I take refuge in you. I say to the Lord: 'You are my God. My happiness lies in you alone.'*

And so my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay.

You will show me the path of life, the fullness of joy in your presence, at your right hand happiness for ever.

***Ant. O Lord, you will show me the fullness of joy in your presence. Alleluia.***



**Pause for the reflection.**

We ask the saints to pray for us:

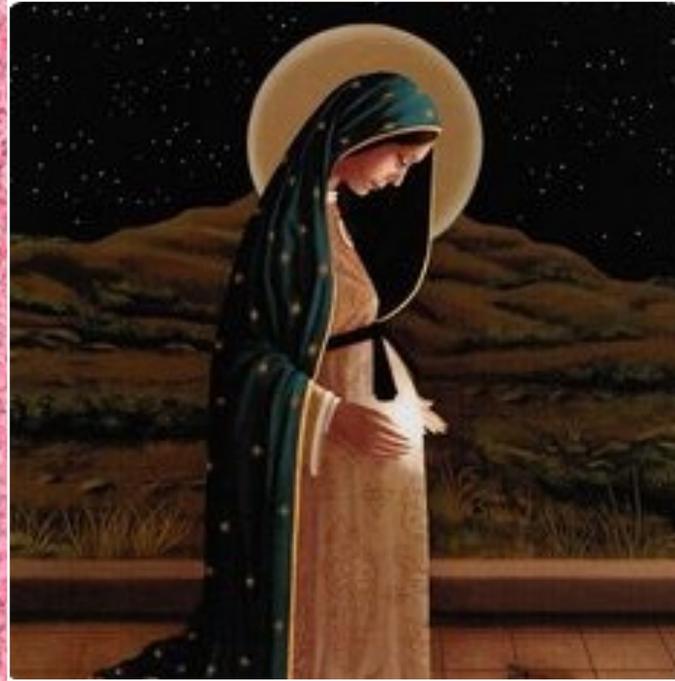
**Lord, we thank You for giving us St. Margaret Clitherow as an example of courage and holiness. Help us to copy the example of love that she showed in living out her vocation. St Margaret Clitherow; Pray for us. Amen**



End with the Sign  
of the Cross



Begin with the  
Sign of the Cross



**Morning Prayer**  
Wednesday 14<sup>th</sup> December  
**Third Week of Advent**



O God, come to our aid.

***R/ O Lord, make haste to help us.***

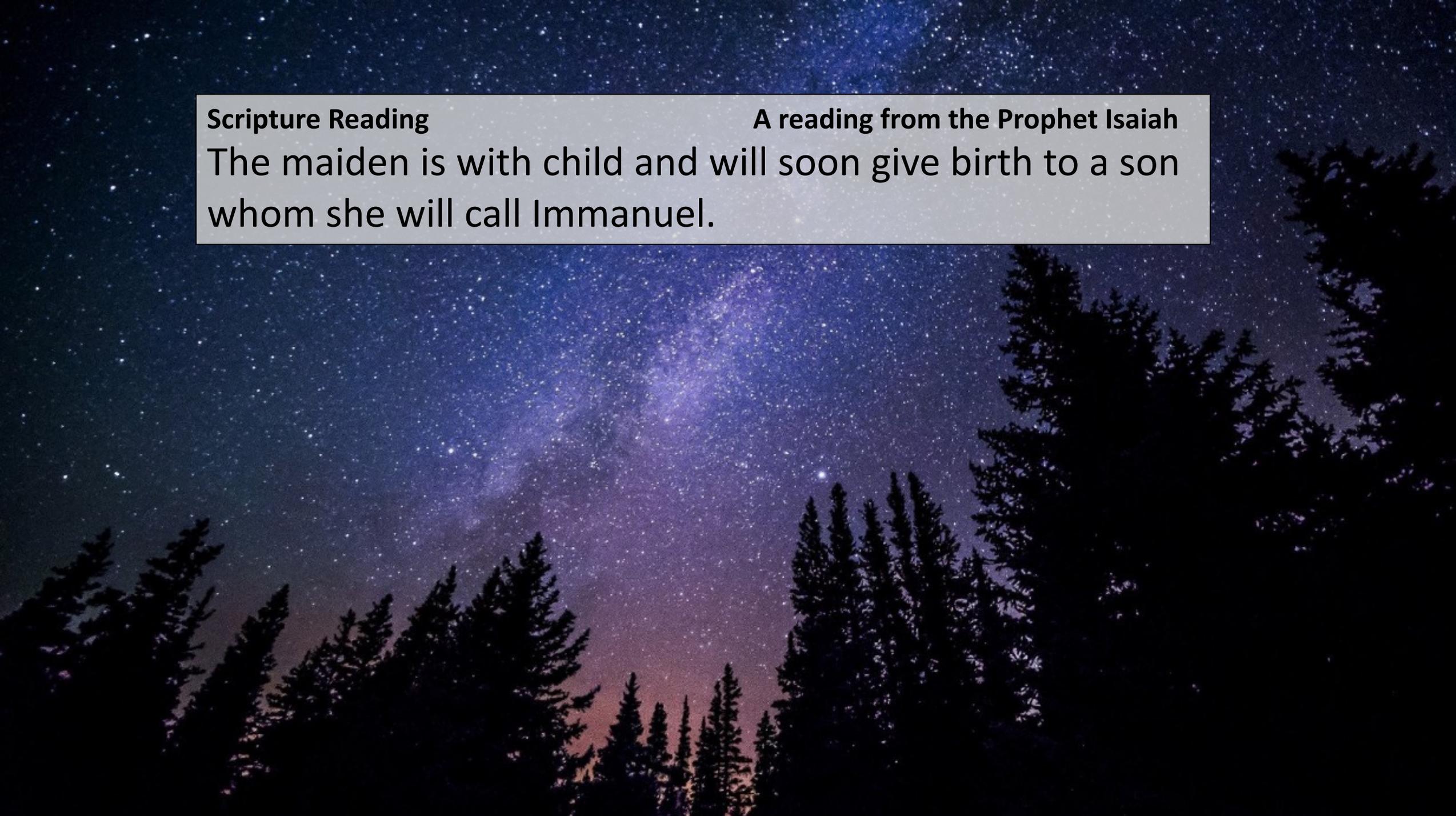
Glory be to the Father and to the Son  
and to the Holy Spirit,  
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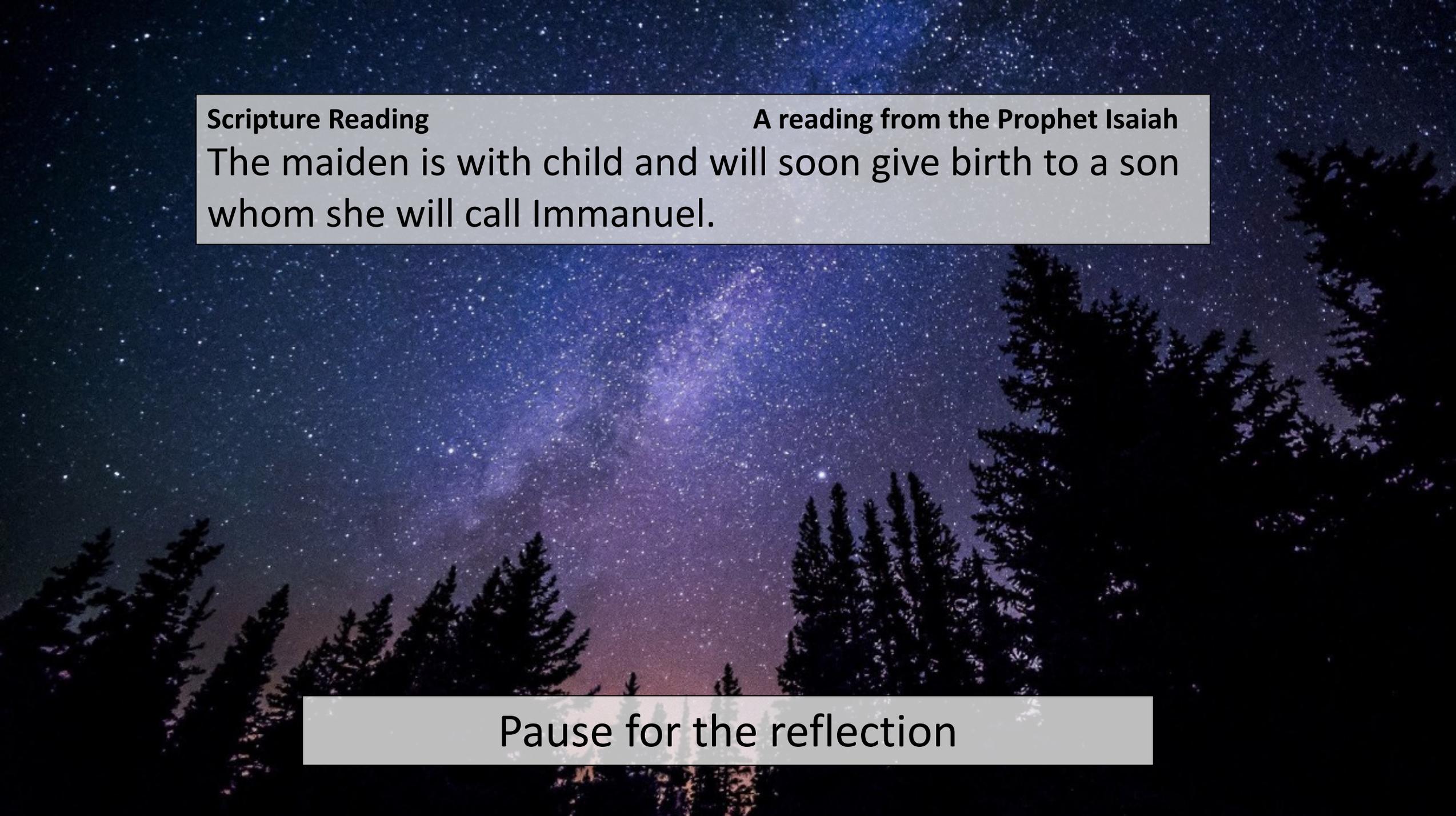
Amen.

**Scripture Reading**

**A reading from the Prophet Isaiah**

The maiden is with child and will soon give birth to a son whom she will call Immanuel.



A night sky with the Milky Way galaxy visible, silhouettes of evergreen trees in the foreground, and a semi-transparent text box containing scripture reading information.

**Scripture Reading**

**A reading from the Prophet Isaiah**

The maiden is with child and will soon give birth to a son whom she will call Immanuel.

**Pause for the reflection**

Scripture Reading

A reading from the Prophet Isaiah

The maiden is with child and will soon give birth to a son whom she will call Immanuel.

*Think and reflect...*

**What significance does your name have to you?**

**Do you believe that Jesus is God?**

**What difference could it make to your life if you believe that God is with you all day every**

## Temperance

Put others first.

Self-Control

Gentleness

Balance

Humility

Hope

**“Treat others as you would like to be treated”**

Allow a time of silence to reflect on these questions

## Intercessions

Prince of Peace, turn our jealousies into love, teach us to forgive rather than give way to anger.

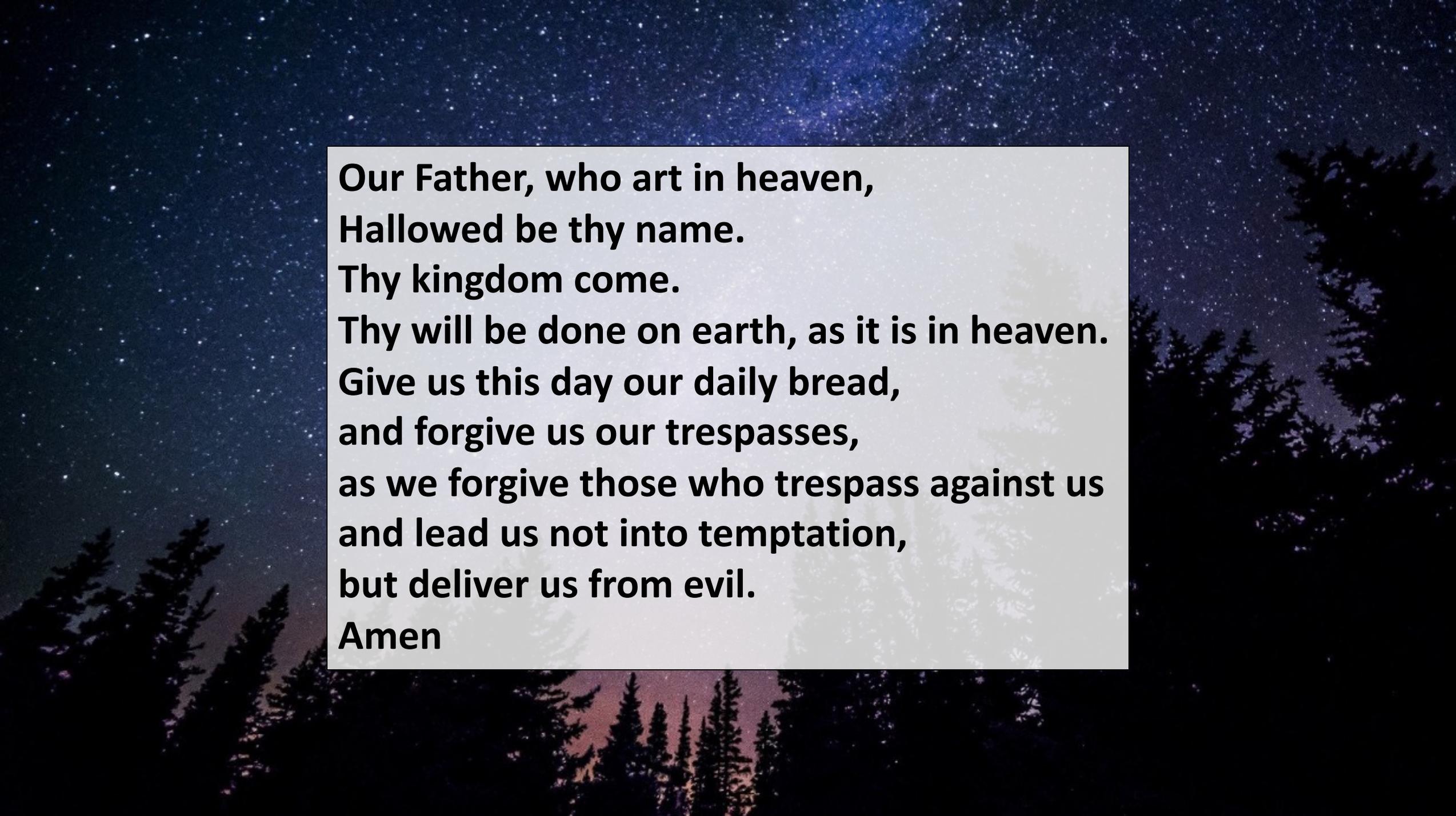
*Lord hear us, **Lord graciously hear us.***

When you come to judge the world, may we stand before you without fear.

*Lord hear us, **Lord graciously hear us.***

You stand in our midst unknown: help us to find you in the poor and the troubled.

*Lord hear us, **Lord graciously hear us.***



**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
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Amen**

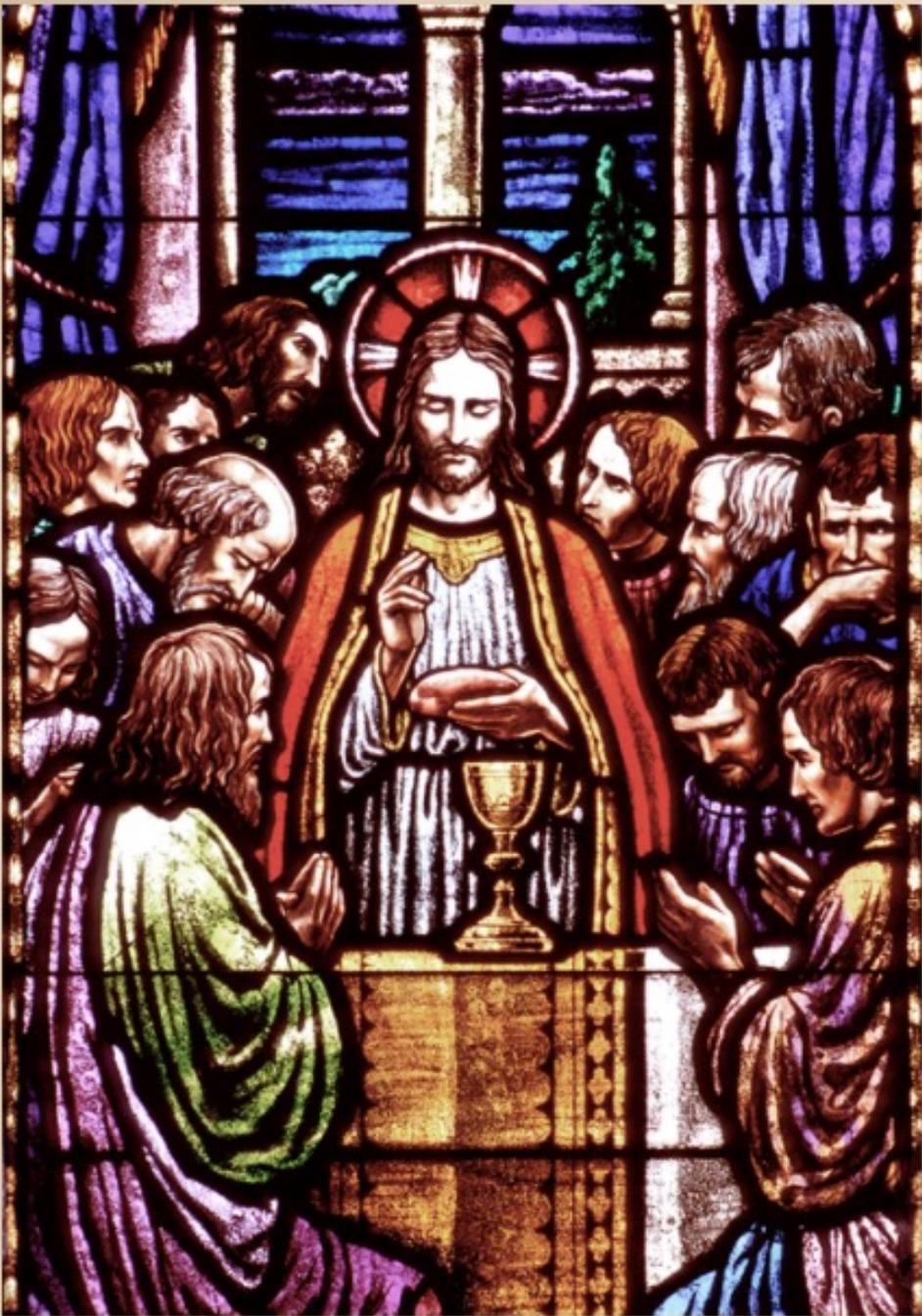
## **Concluding prayer**

Prepare our hearts, Lord, by the power of your grace. When Christ comes, may he find us worthy to receive from his hand the bread of heaven at the feast of eternal life.

**Amen.**

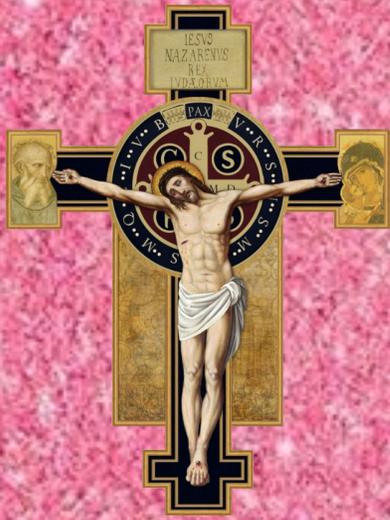


End with the Sign  
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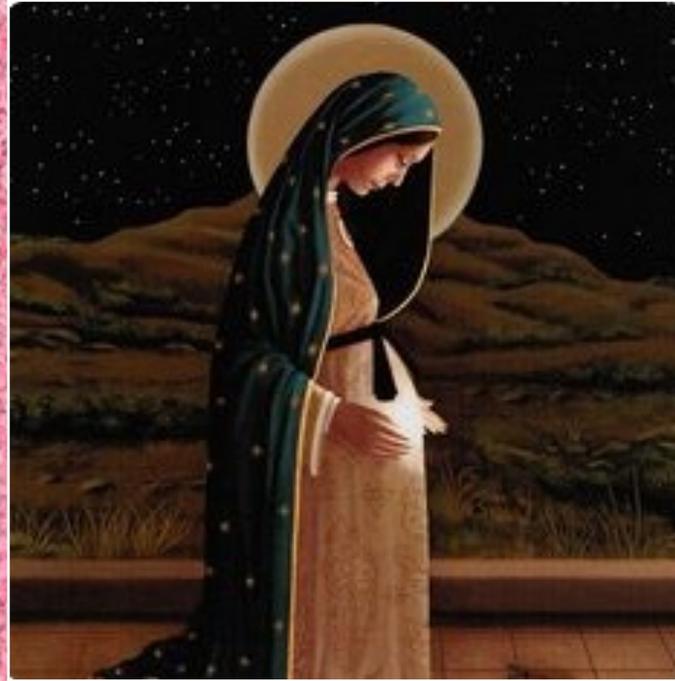


# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
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AMEN.



Begin with the  
Sign of the Cross



**Afternoon Prayer**  
Wednesday 14<sup>th</sup> December  
**Third Week of Advent**

THIRD WEEK OF ADVENT



**Ant. It is your face, O Lord, that I seek: hide not your face.**

O Lord, hear my voice when I call; have mercy and answer. Of you my heart has spoken: 'Seek his face.' It is your face, O Lord, that I seek; hide not your face. Dismiss not your servant in anger; you have been my help.

Do not abandon or forsake me, O God my help! I am sure I shall see the Lord's goodness in the land of the living. Hope in him, hold firm and take heart.

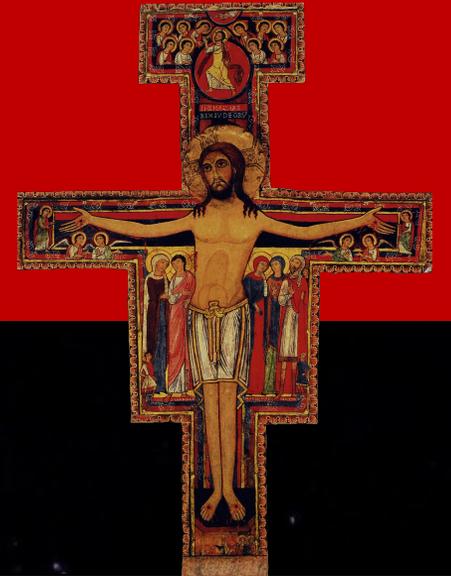
**Ant. It is your face, O Lord, that I seek: hide not your face.**

**Pause for the  
reflection.**

We ask the saints to pray for us:



**Lord**, you gave St Augustine the gift of discernment to find his faith later in life. Help us to always search for the truth and to learn how to wait patiently.  
**St Augustine; Pray for us.**  
**Amen**



End with the  
Sign of the Cross

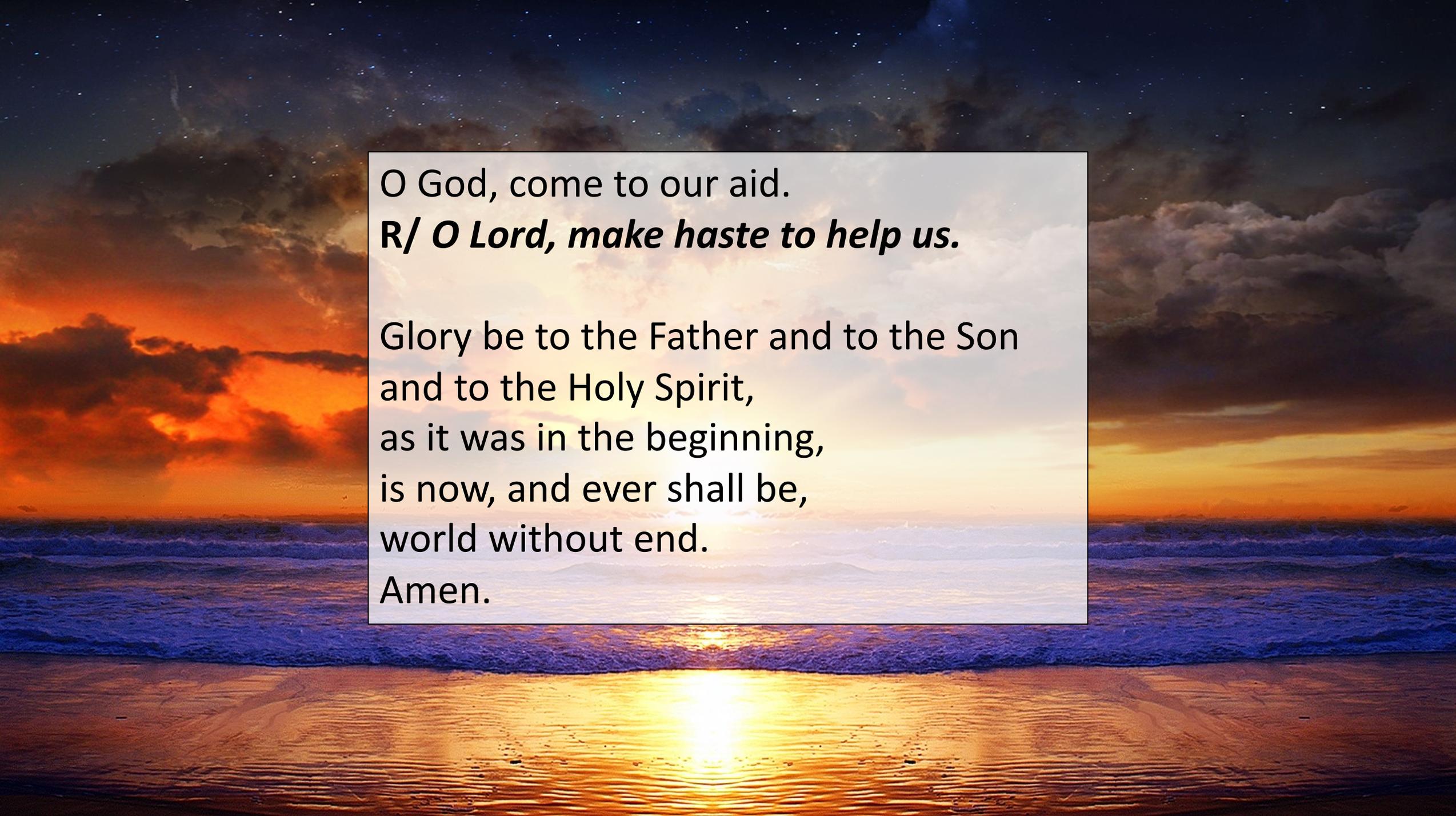


Begin with the  
Sign of the Cross



**Morning Prayer**  
Thursday 15<sup>th</sup> December  
**Third Week of Advent**



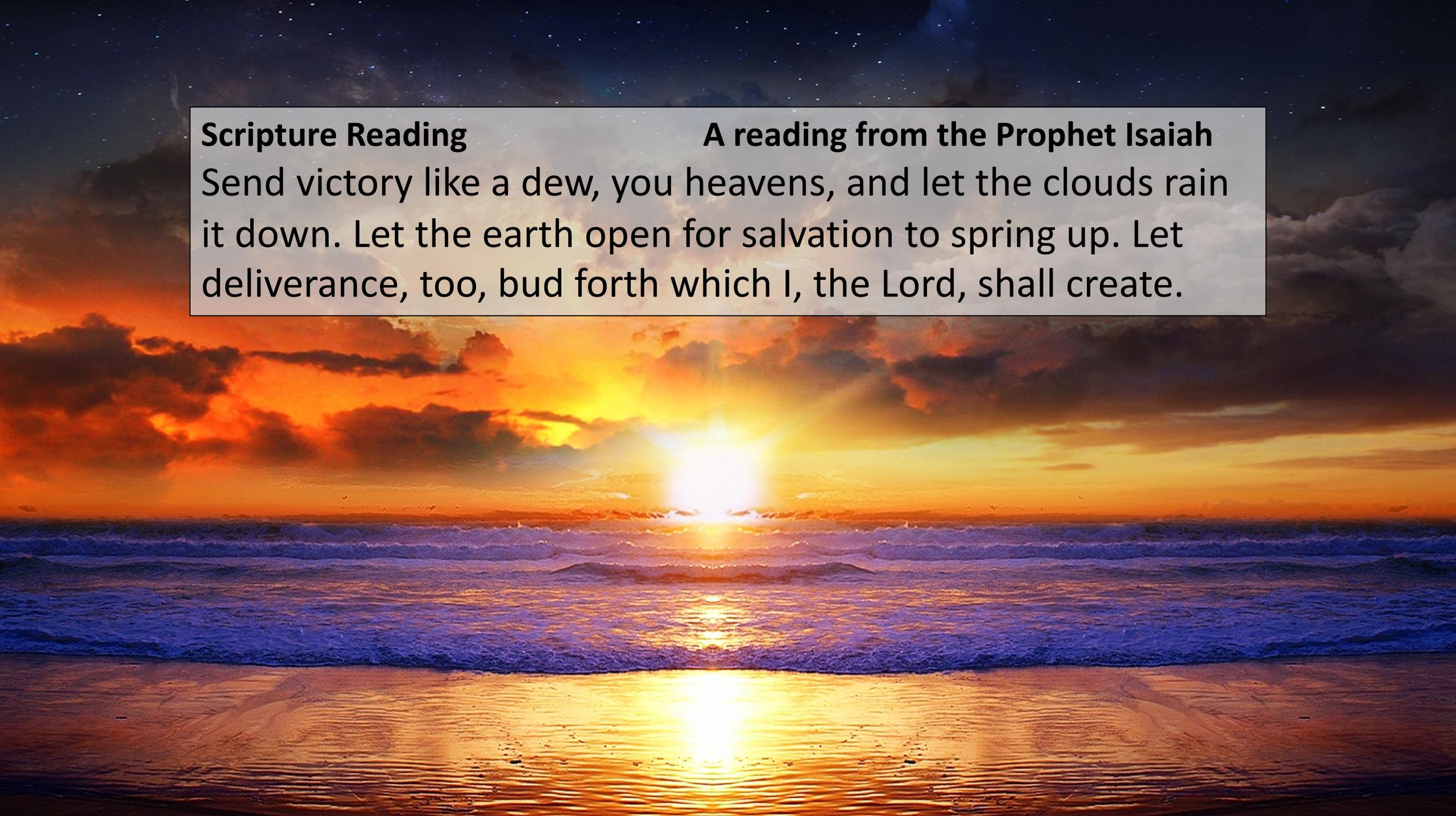
A sunset over the ocean with a white text box in the center. The sky is dark blue with stars, and the sun is low on the horizon, casting a golden glow over the water and sand. The text box is white with a thin black border and contains the following text:

O God, come to our aid.

***R/ O Lord, make haste to help us.***

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
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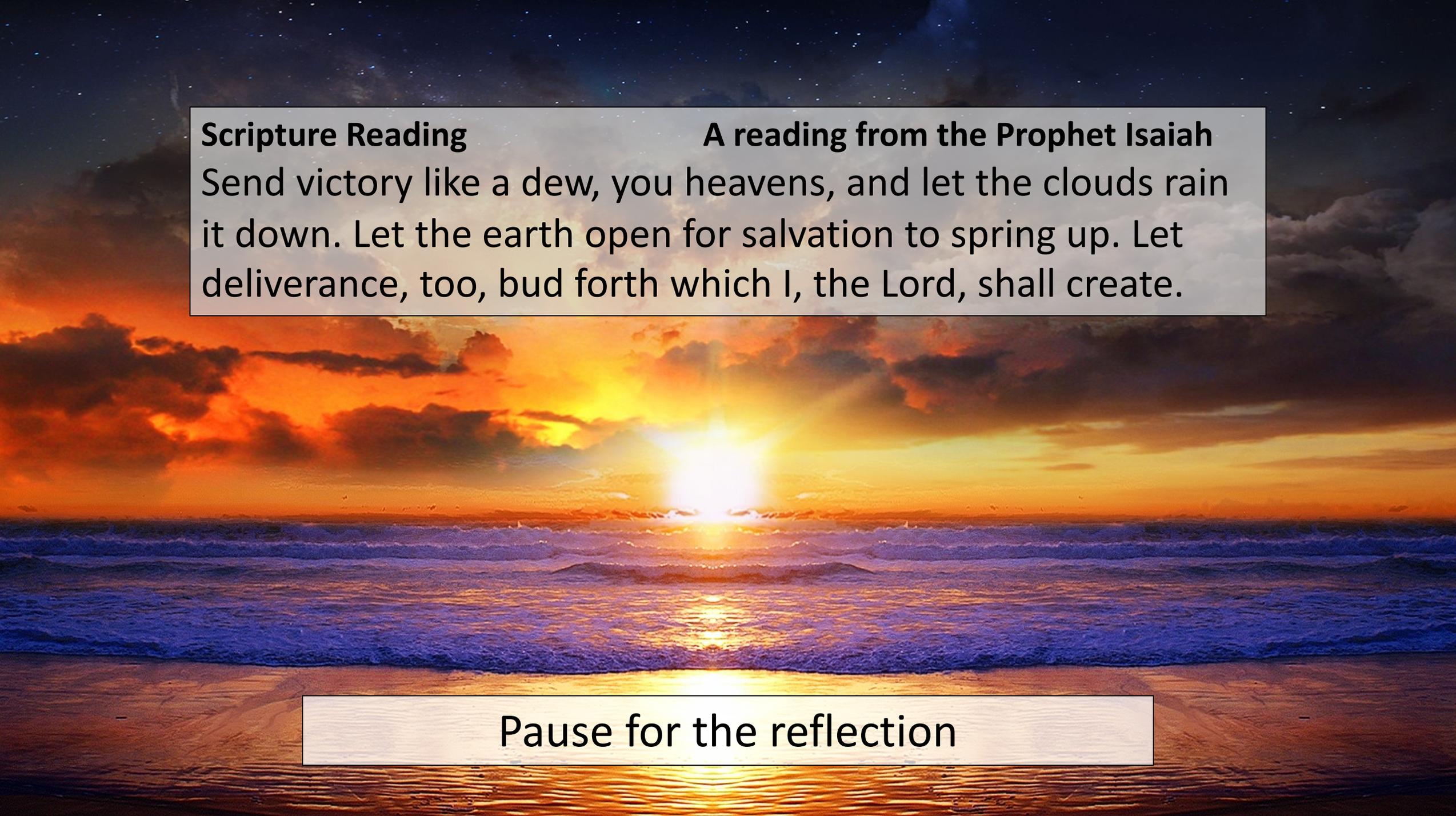
Amen.

A sunset over the ocean with a starry night sky above. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. The sky transitions from a deep blue at the top to a bright orange and yellow near the horizon. The ocean waves are visible, and the sand in the foreground is wet and reflective.

**Scripture Reading**

**A reading from the Prophet Isaiah**

Send victory like a dew, you heavens, and let the clouds rain it down. Let the earth open for salvation to spring up. Let deliverance, too, bud forth which I, the Lord, shall create.

A sunset over the ocean with a starry night sky above. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. The sky transitions from a deep blue at the top to a bright orange and yellow near the horizon. The ocean waves are visible in the foreground, and the beach is partially visible at the bottom. The text is overlaid on a semi-transparent white box in the upper left quadrant.

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**A reading from the Prophet Isaiah**

Send victory like a dew, you heavens, and let the clouds rain it down. Let the earth open for salvation to spring up. Let deliverance, too, bud forth which I, the Lord, shall create.

Pause for the reflection

### Scripture Reading

Send victory like a dew, you heavens, and let the clouds rain it down. Let the earth open for salvation to spring up. Let deliverance, too, bud forth which I, the Lord, shall create.

A reading from the Prophet Isaiah

*Think and reflect...*

**What makes you feel enslaved?**

**Do you have a strong relationship with God?**

**Do the celebrations you have at Christmas include any thought or reference to Who Jesus is and what He has done?**

## Fortitude

Don't give up even when it is hard.

Courage

Faith

Strength

Be brave

Resilience

**"Do not be afraid!"**

Allow a time of silence to reflect on these questions

## Intercessions

Lord Jesus Christ, you have called us into your kingdom:  
may we enter in, and live according to your call.

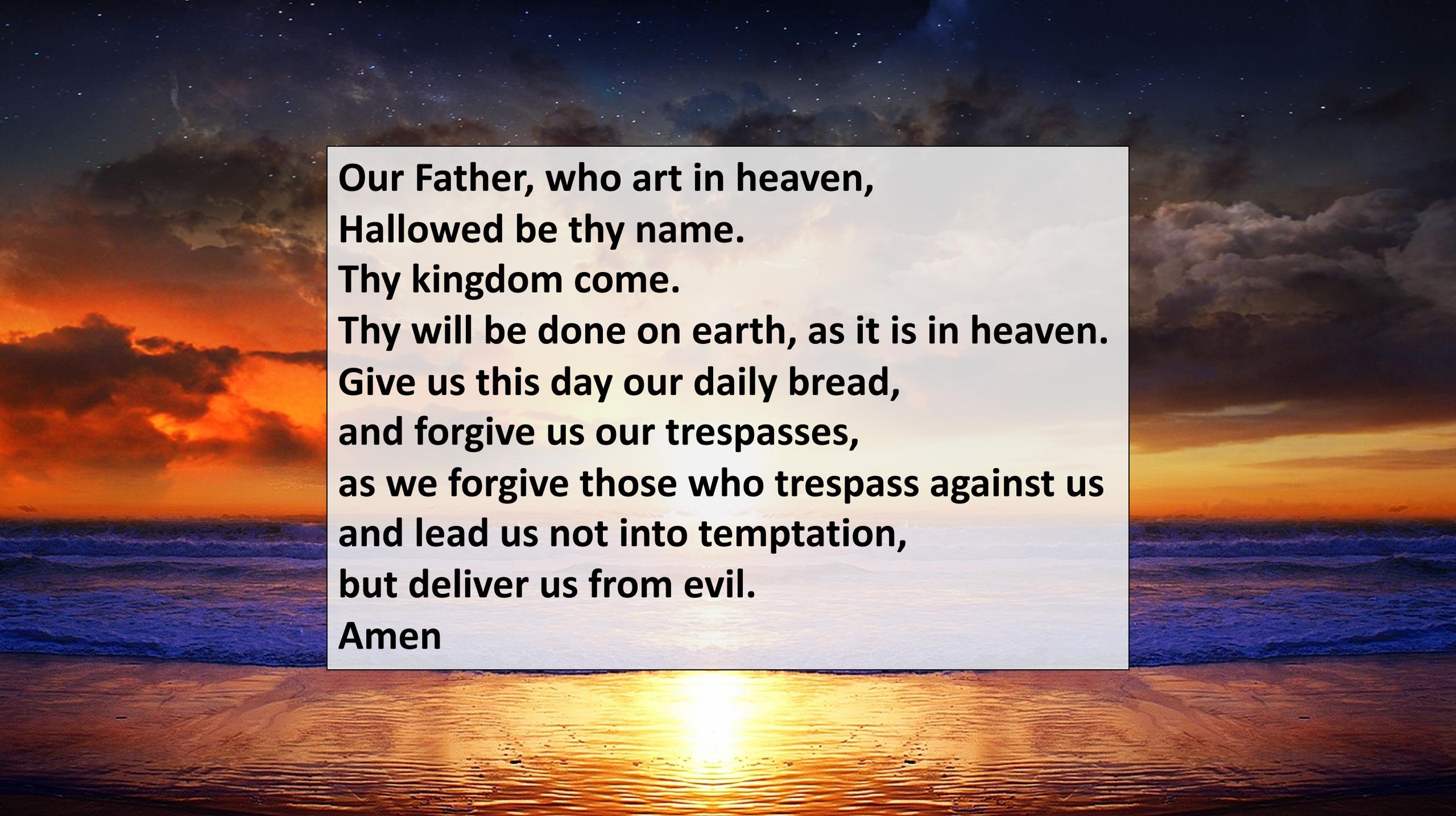
*Lord hear us. **Lord graciously hear us.***

The world does not know you: show yourself, in our midst,  
to all our brothers.

*Lord hear us. **Lord graciously hear us.***

We look for your coming, Lord Jesus: when you knock, may  
we be found watching in prayer and rejoicing in praise.

*Lord hear us. **Lord graciously hear us.***

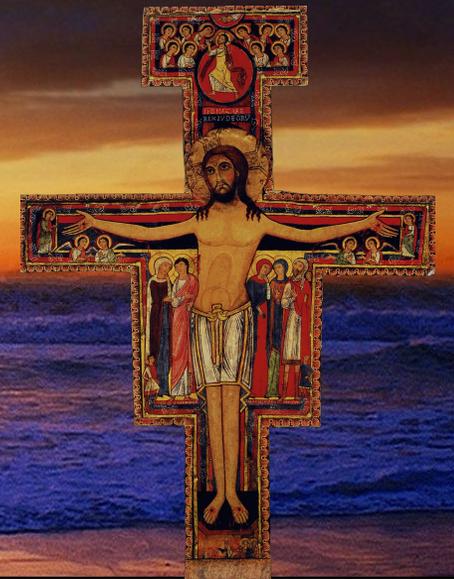
A sunset over the ocean with a white text box in the center. The sky is dark blue with stars, and the sun is low on the horizon, casting a golden glow on the water and sand. The text is in a bold, black, sans-serif font.

**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

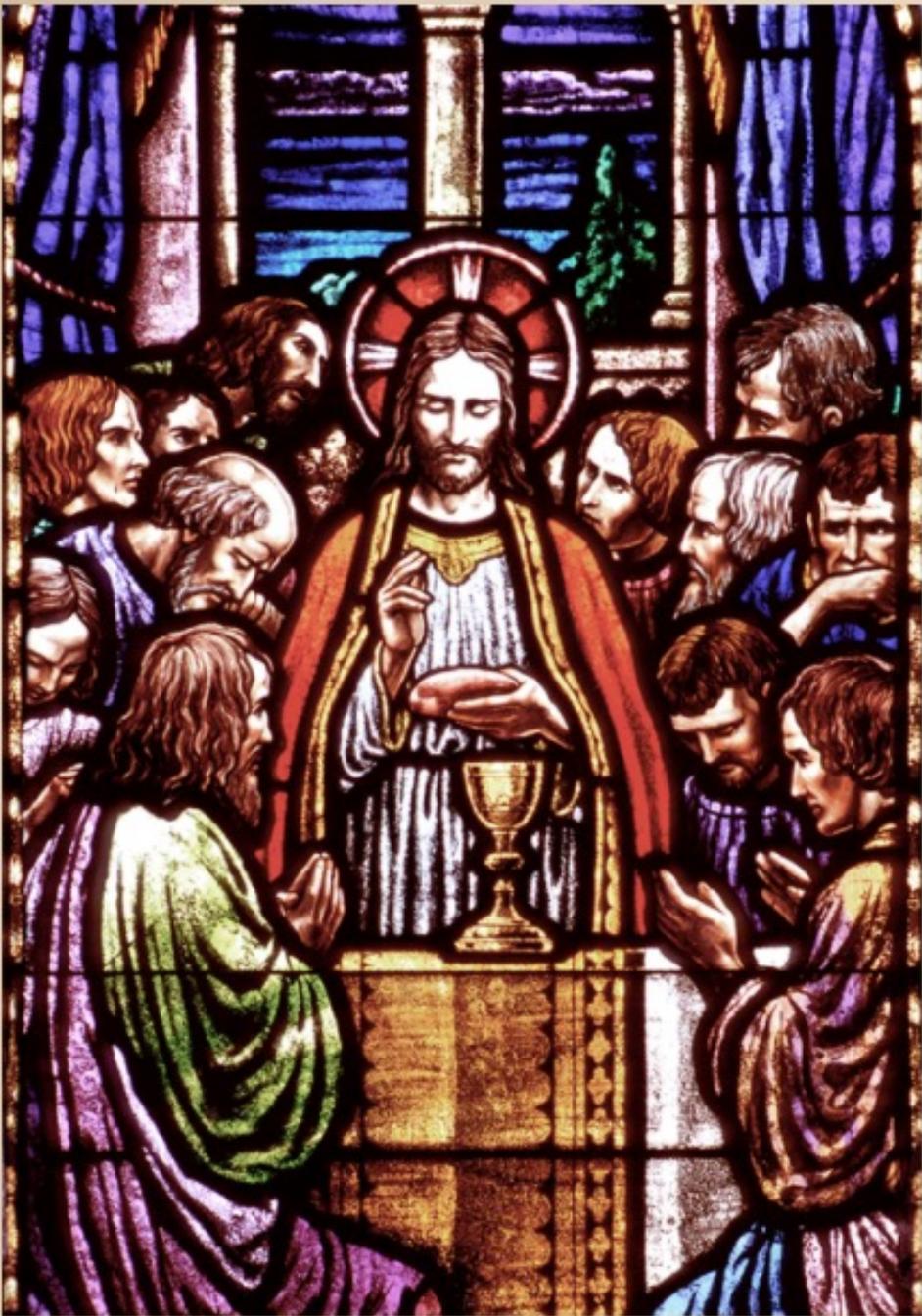
## **Concluding prayer**

Show forth your power, O Lord, and come. Come in your great strength and help us. Be merciful and forgiving, and hasten the salvation which only our sins delay.

**Amen.**

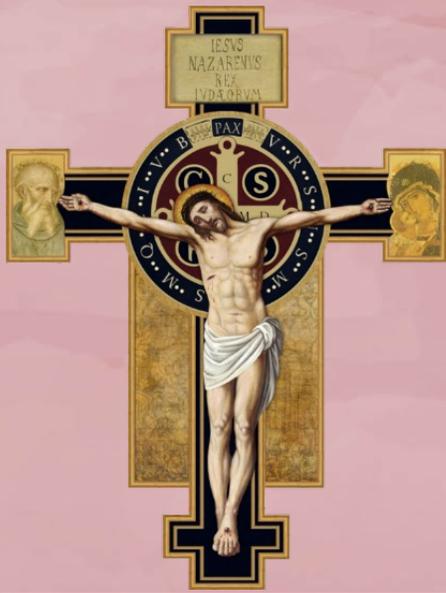


End with the  
Sign of the Cross



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the  
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**Afternoon Prayer**  
Thursday 15th December  
**Third Week of Advent**



**Ant. He is the first-born of all creation, he is supreme over all creatures.**

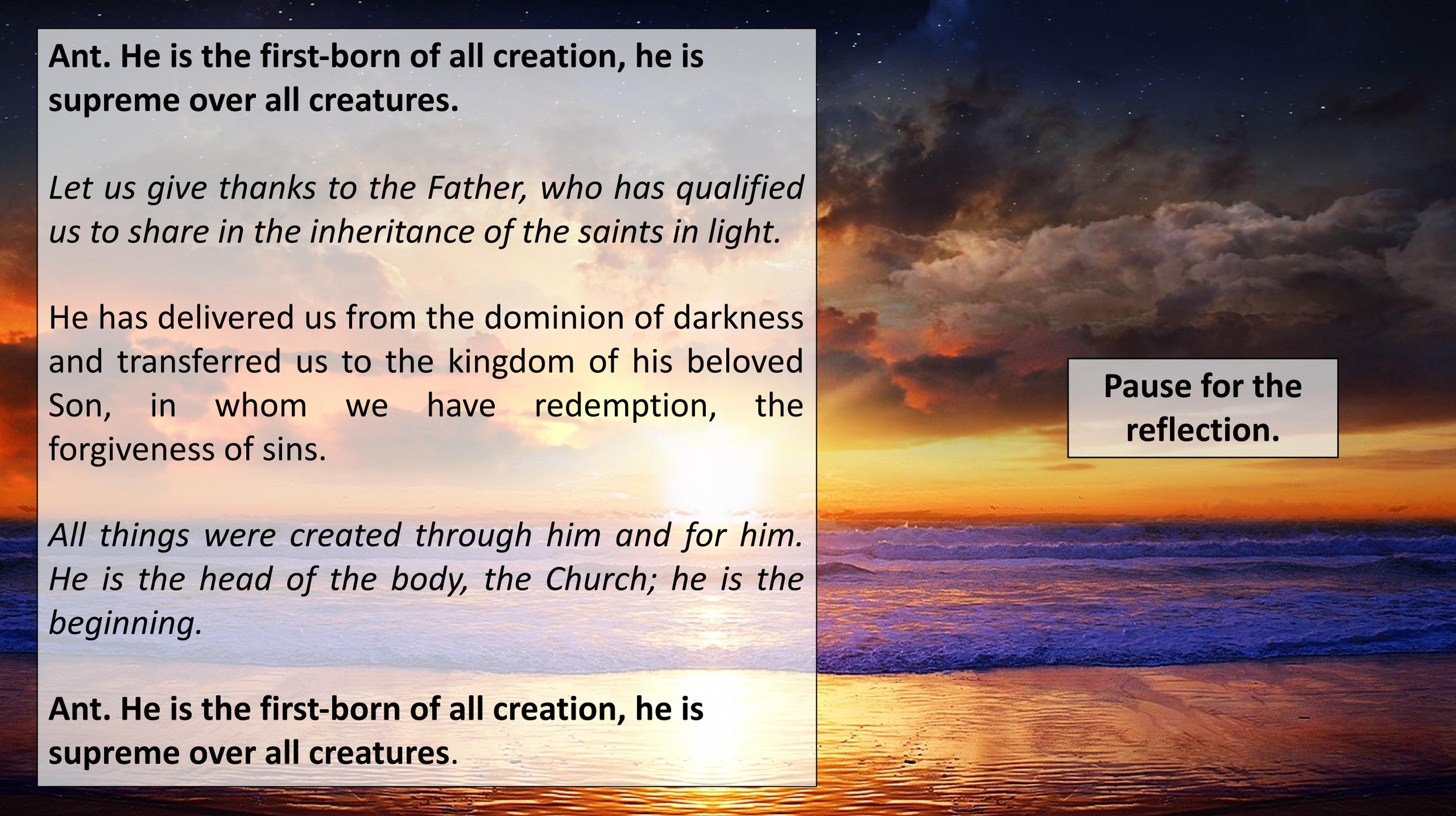
*Let us give thanks to the Father, who has qualified us to share in the inheritance of the saints in light.*

He has delivered us from the dominion of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

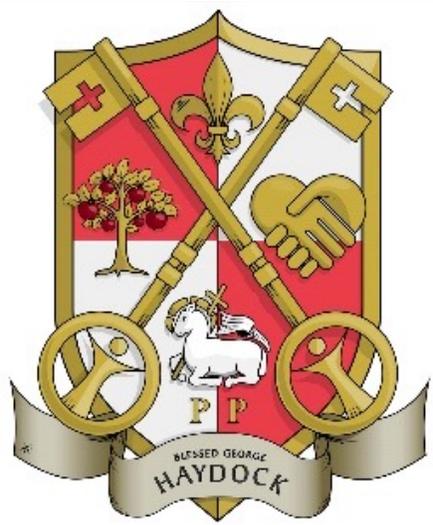
*All things were created through him and for him. He is the head of the body, the Church; he is the beginning.*

**Ant. He is the first-born of all creation, he is supreme over all creatures.**

**Pause for the reflection.**



We ask the saints to pray for us:



Lord, Blessed George Haydock gave his life for his belief and service of you. Help us to have courage like him and the passion to stand up for the truth. Blessed George Haydock; Pray for us. Amen



End with the Sign of the Cross

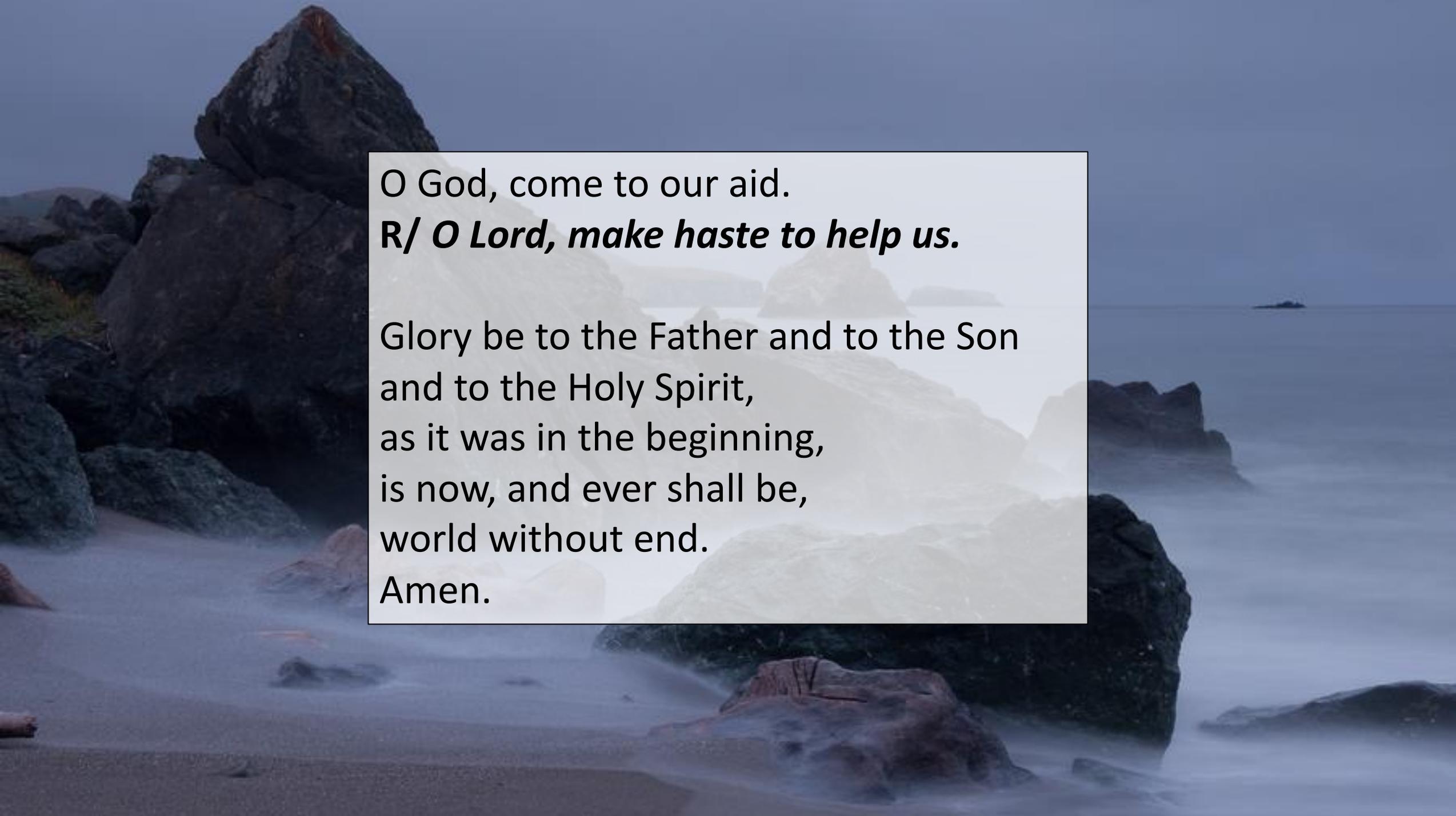


Begin with the  
Sign of the Cross



**Morning Prayer**  
Friday 16<sup>th</sup> December  
**Third Week of Advent**



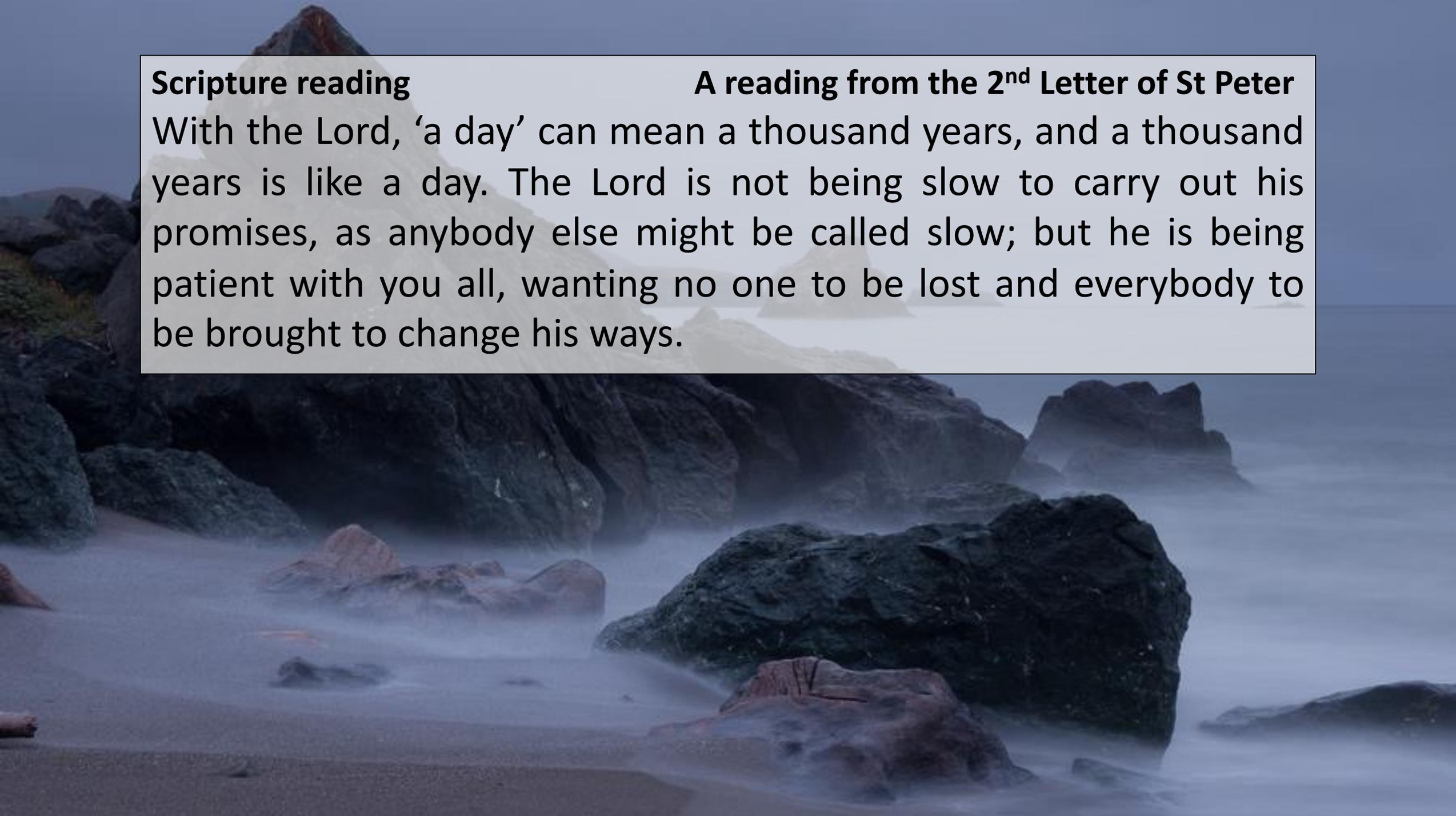


O God, come to our aid.

***R/ O Lord, make haste to help us.***

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and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
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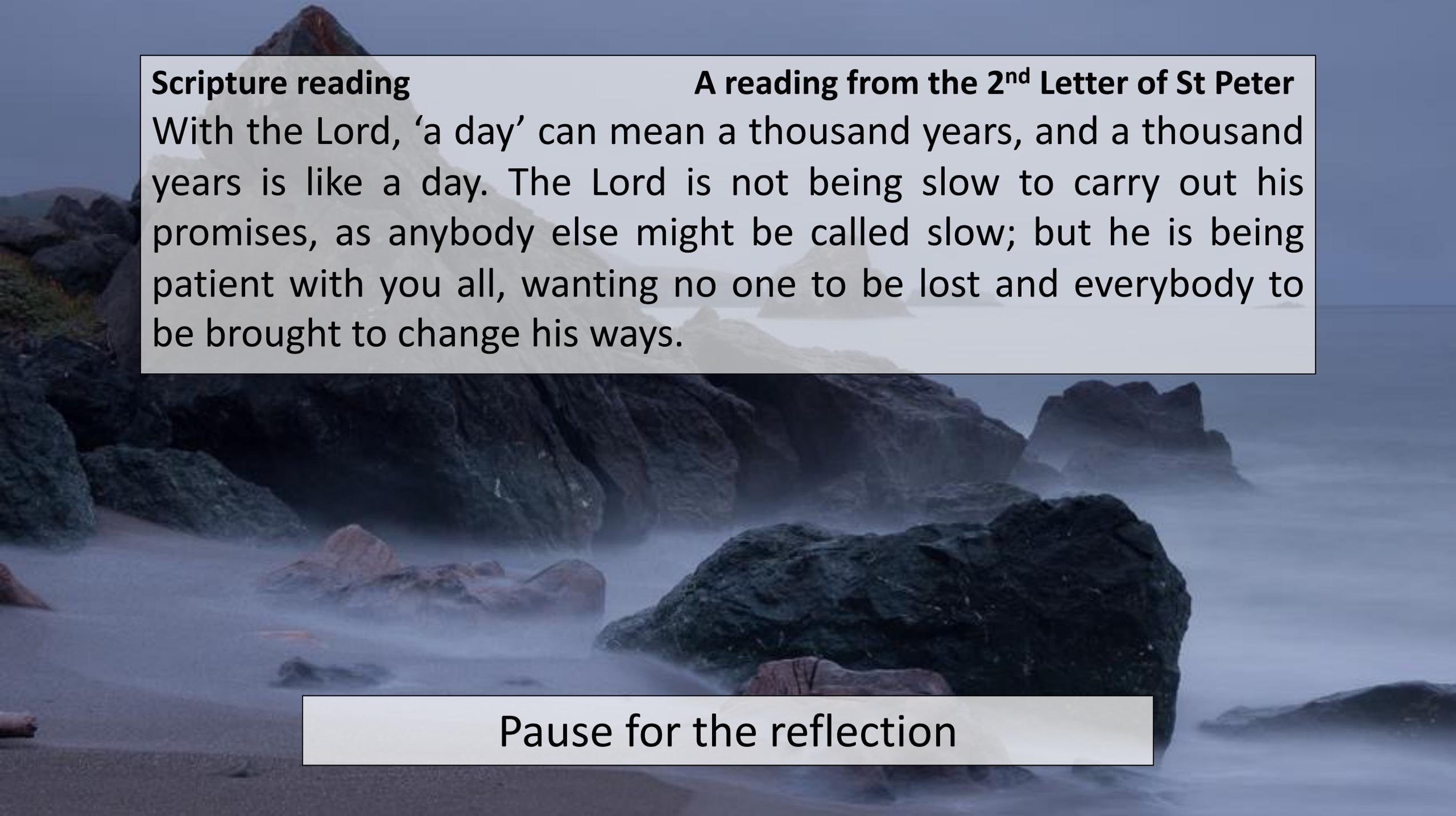
Amen.



**Scripture reading**

**A reading from the 2<sup>nd</sup> Letter of St Peter**

With the Lord, 'a day' can mean a thousand years, and a thousand years is like a day. The Lord is not being slow to carry out his promises, as anybody else might be called slow; but he is being patient with you all, wanting no one to be lost and everybody to be brought to change his ways.



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**Pause for the reflection**

### Scripture reading

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*Think and reflect...*

**Who or what influences the choices I make day to day?**

**Do I give any thought to eternal life and what that might mean?**

**How could I use this Advent time of waiting to consider some of these bigger questions?**

Allow a time of silence to reflect on these questions

## Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that I am God."**

## Intercessions

Christ greeted us with good news: may the world hear it through us, and find hope.

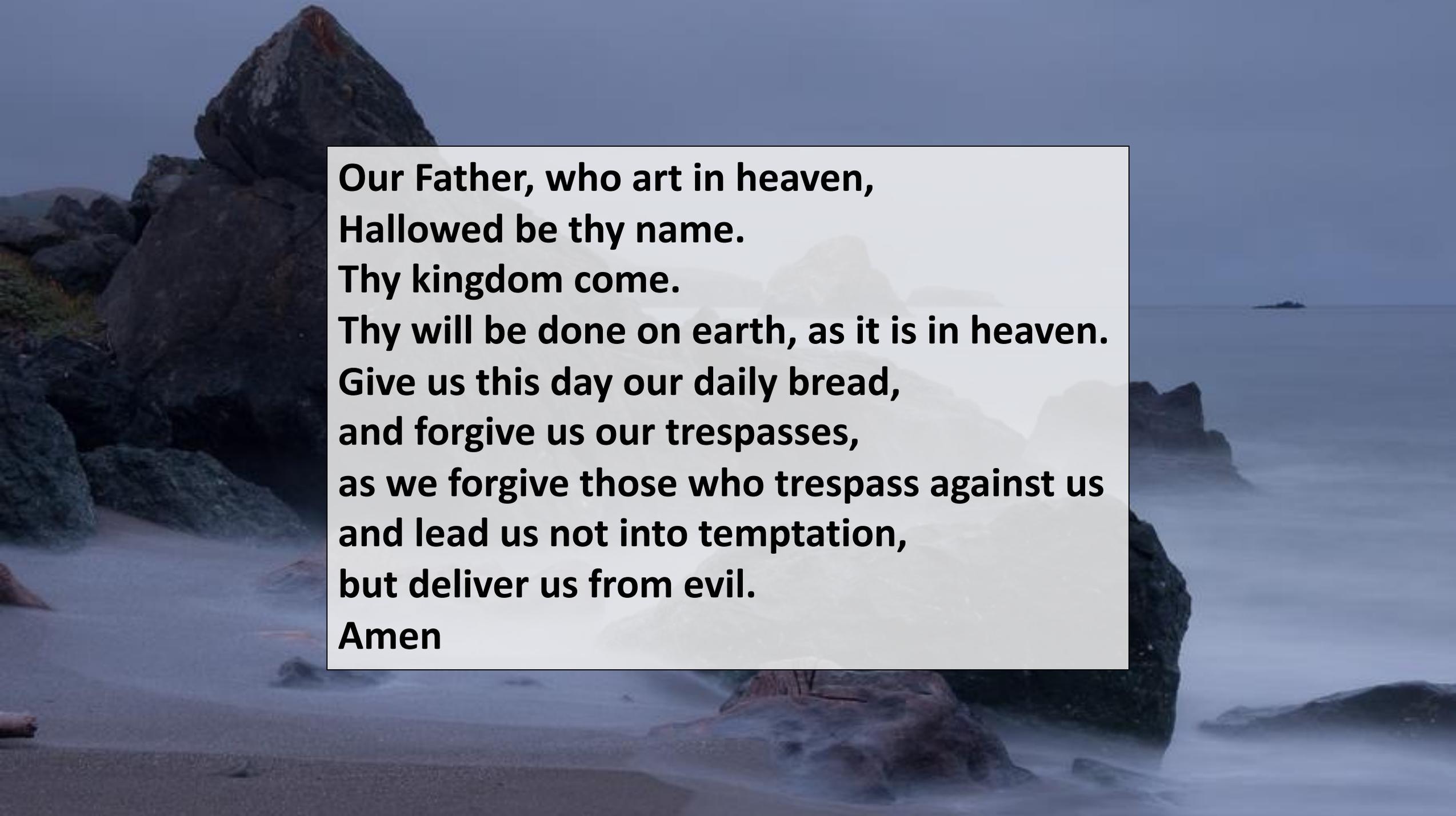
*Lord hear us. **Lord graciously hear us.***

May Christ's coming transform the Church, renewing its youth and vigour in the service of all people.

*Lord hear us. **Lord graciously hear us.***

We pray for those who suffer for their beliefs: sustain them in their hope.

*Lord hear us. **Lord graciously hear us.***

A coastal scene with large dark rocks on a sandy beach and the ocean in the background. The sky is a pale, overcast blue. The text is centered in a white box with a thin black border.

**Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us  
and lead us not into temptation,  
but deliver us from evil.  
Amen**

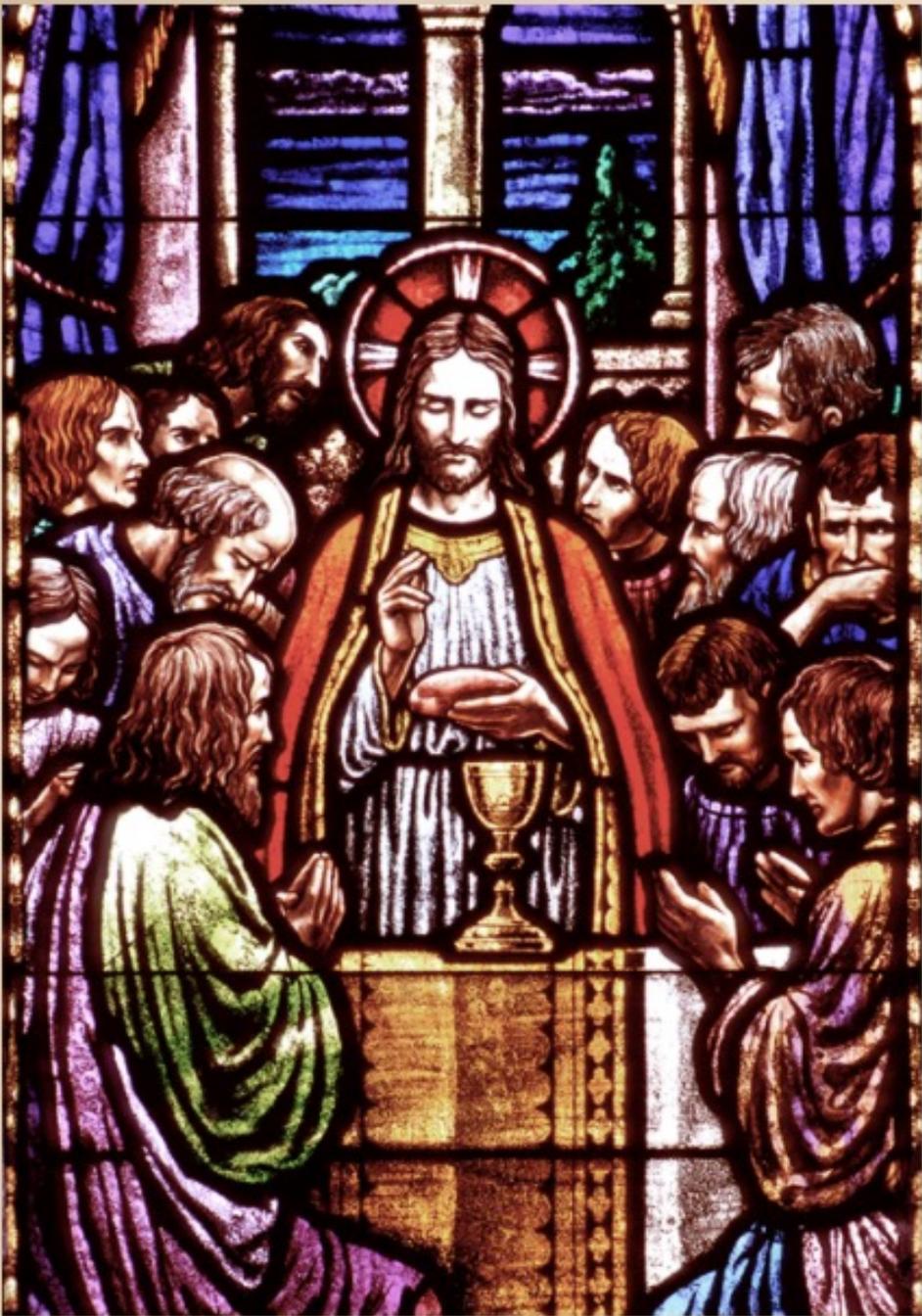
## **Concluding prayer**

Lord, to free man from his sinful state you sent your only Son into this world. Grant to us who in faith and love wait for his coming, your gift of grace and the reward of true freedom.

**Amen.**



End with the Sign  
of the Cross



# GRACE BEFORE MEALS

BLESS US, OH LORD,  
AND THESE THY GIFTS  
WHICH WE ARE ABOUT TO  
RECEIVE FROM THY  
BOUNTY, THROUGH  
CHRIST, OUR LORD.  
AMEN.



Begin with the  
Sign of the Cross



**Afternoon Prayer**  
Friday 16<sup>th</sup> December  
**Third Week of Advent**



**Ant. The Lord of hosts is with us; the God of Jacob is our stronghold.**

God is for us a refuge and strength, a helper close at hand, in time of distress, so we shall not fear though the earth should rock.

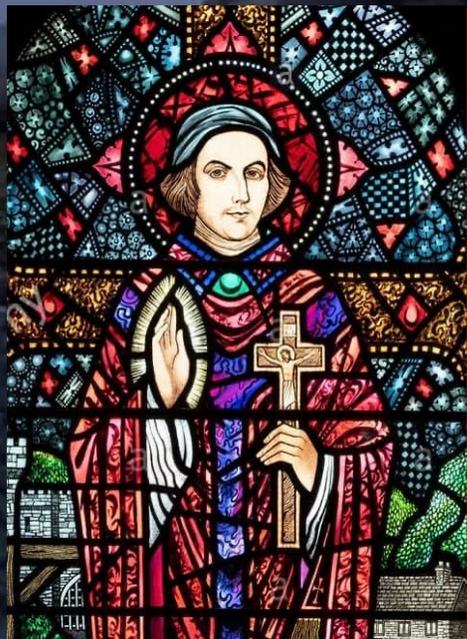
*Though the mountains fall into the depths of the sea; even though its waters rage and foam, even though the mountains be shaken by its waves.*

‘Be still and know that I am God, supreme among the nations, supreme on the earth!’ without end.

**Ant. The Lord of hosts is with us; the God of Jacob is our stronghold.**

**Pause for the reflection.**

We ask the saints to pray for us:



**Lord**, you gave St Edmund Arrowsmith the courage to live out his faith in a time of persecution. Help us to practice the virtue of Justice and to stand for truth and dignity.

St Edmund Arrowsmith; **Pray for us.**

Amen



End with the  
Sign of the Cross