

Week Commencing 16th January 2023

2nd Week of Ordinary Time, Year A



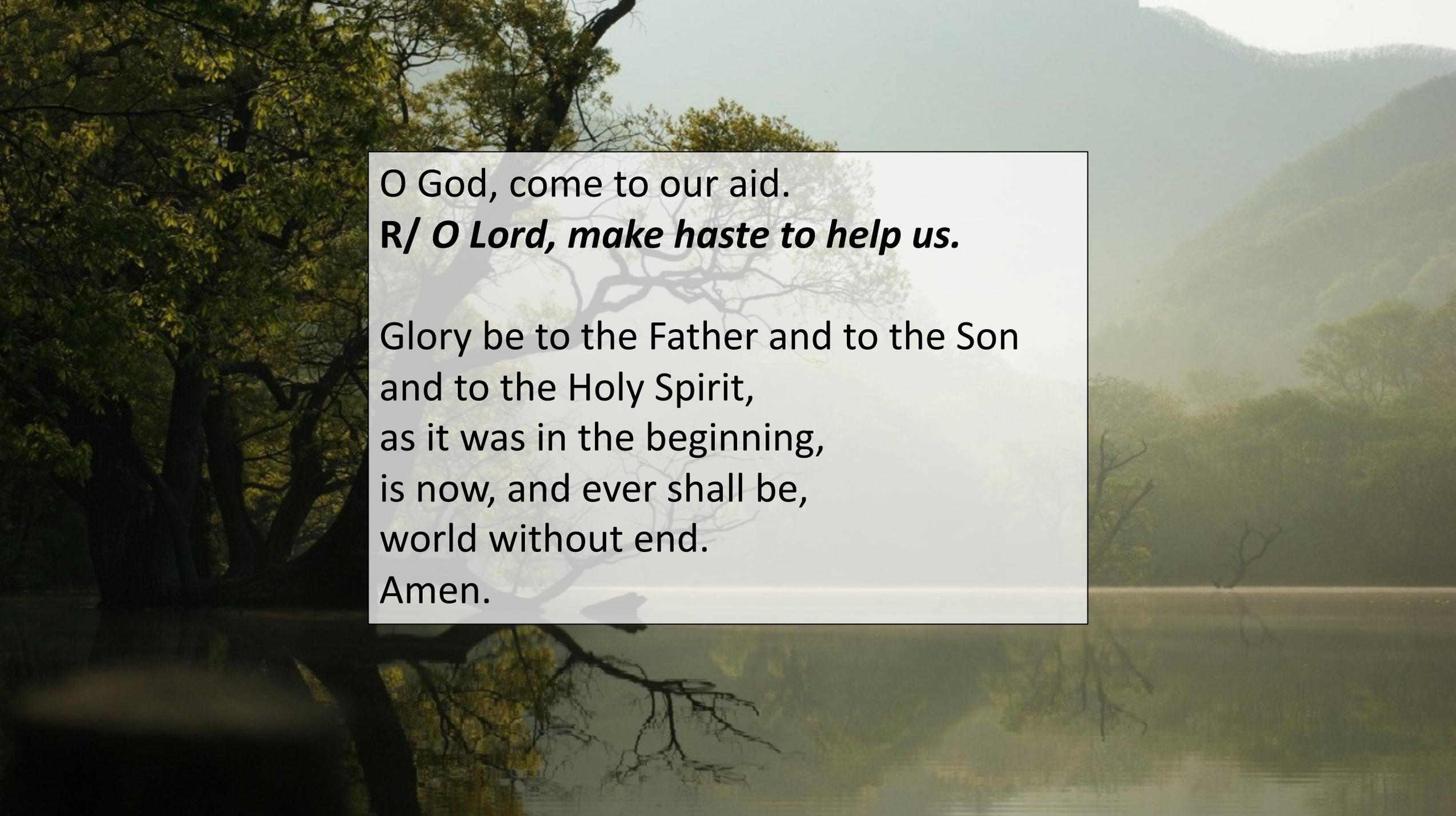
Begin with the
Sign of the Cross



Morning Prayer

Monday 16th January



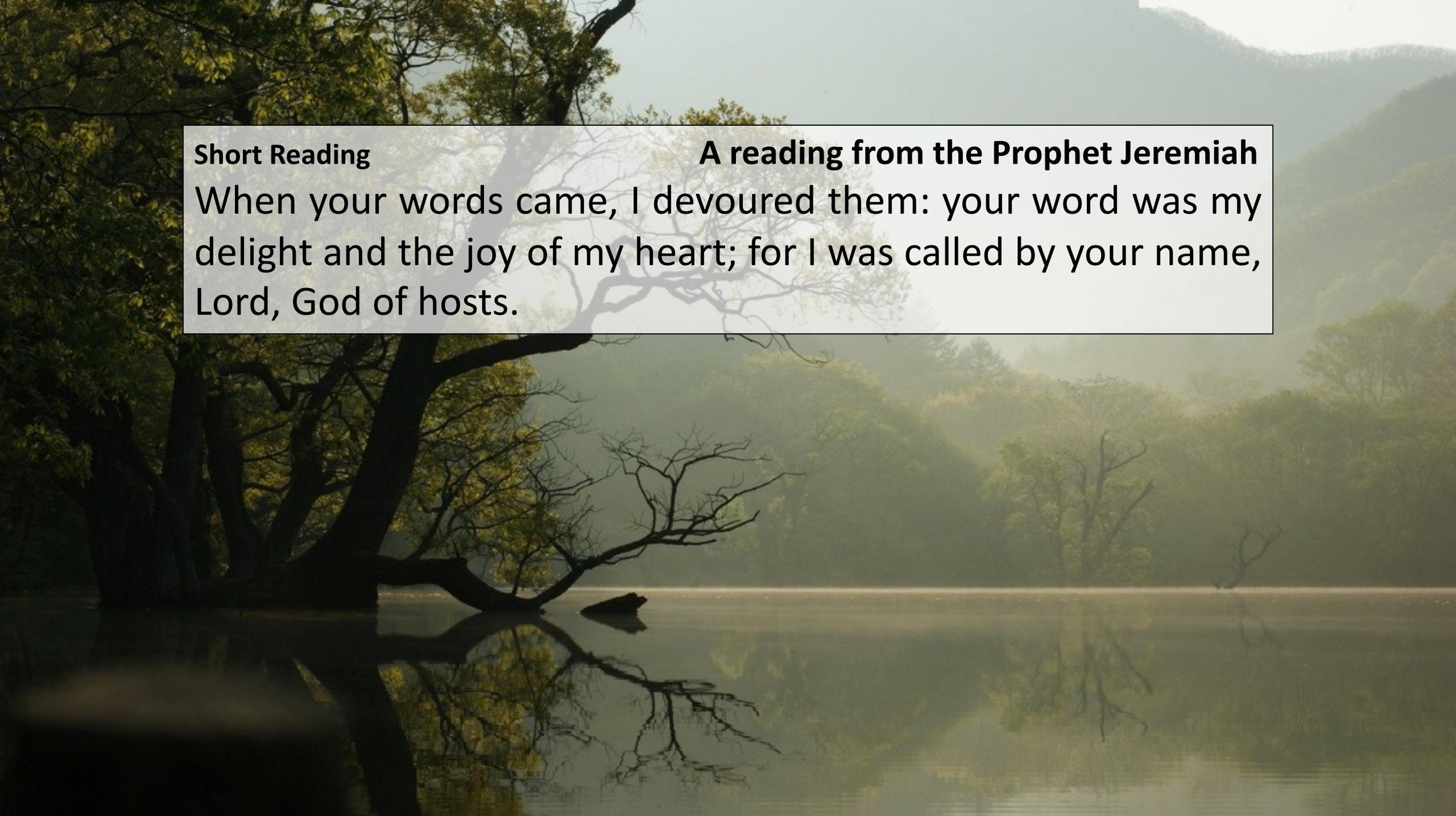


O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

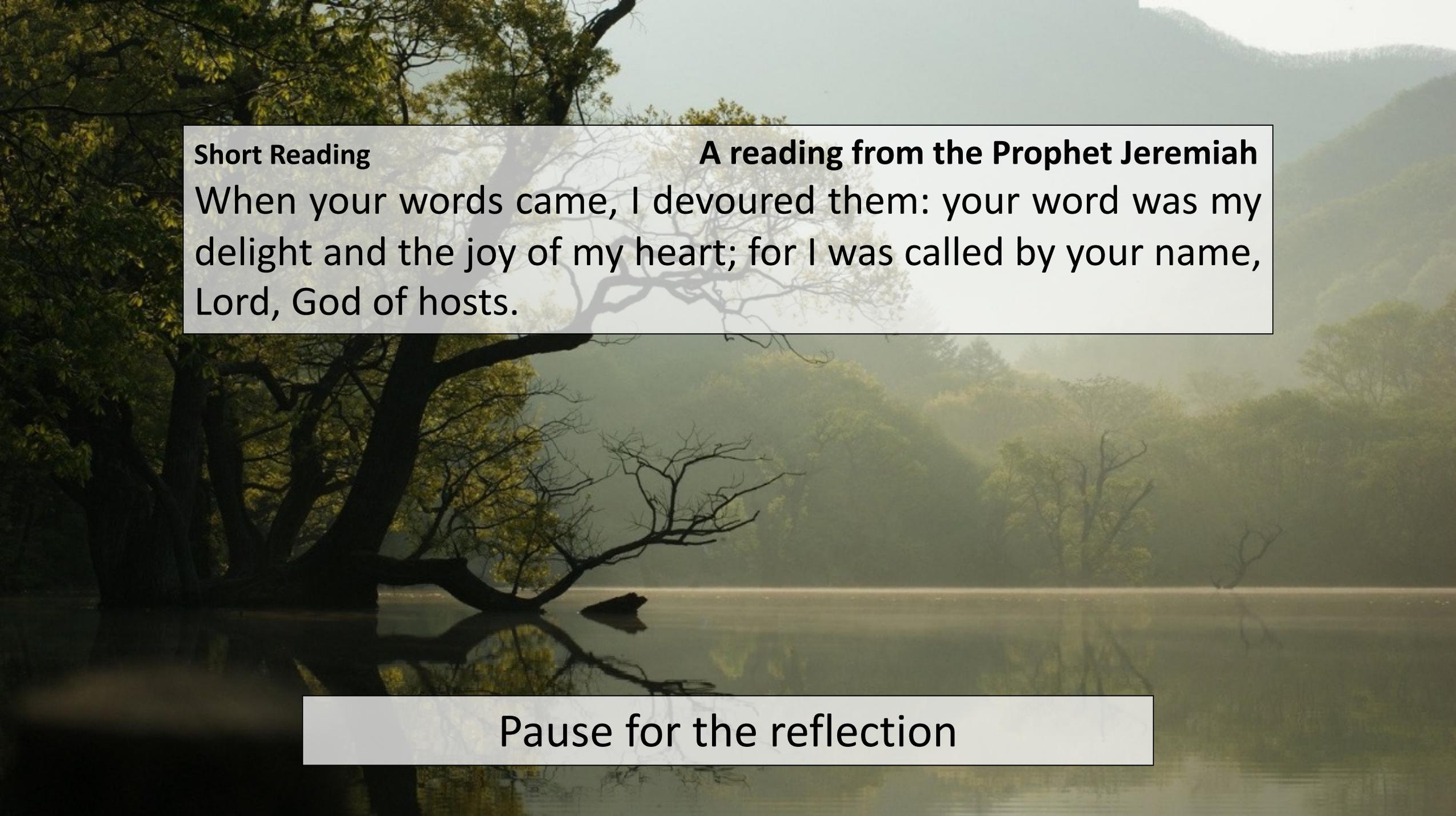
Amen.



Short Reading

A reading from the Prophet Jeremiah

When your words came, I devoured them: your word was my delight and the joy of my heart; for I was called by your name, Lord, God of hosts.



Short Reading

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When your words came, I devoured them: your word was my delight and the joy of my heart; for I was called by your name, Lord, God of hosts.

Pause for the reflection

Short Reading

A reading from the Prophet Jeremiah

When your words came, I devoured them: your word was my delight and the joy of my heart; for I was called by your name, Lord, God of hosts.

Think and reflect...

What is the delight of my heart – the thing I consider most important?

Do I listen and pay attention to the Word of God?

How might my life be different if I believed what the Word of God says about me?

Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

“Be still and know that I am God.”

Allow a time of silence to reflect on these questions

Intercessions:

Give us peace of mind and generosity of heart; grant us health and strength to do your will.

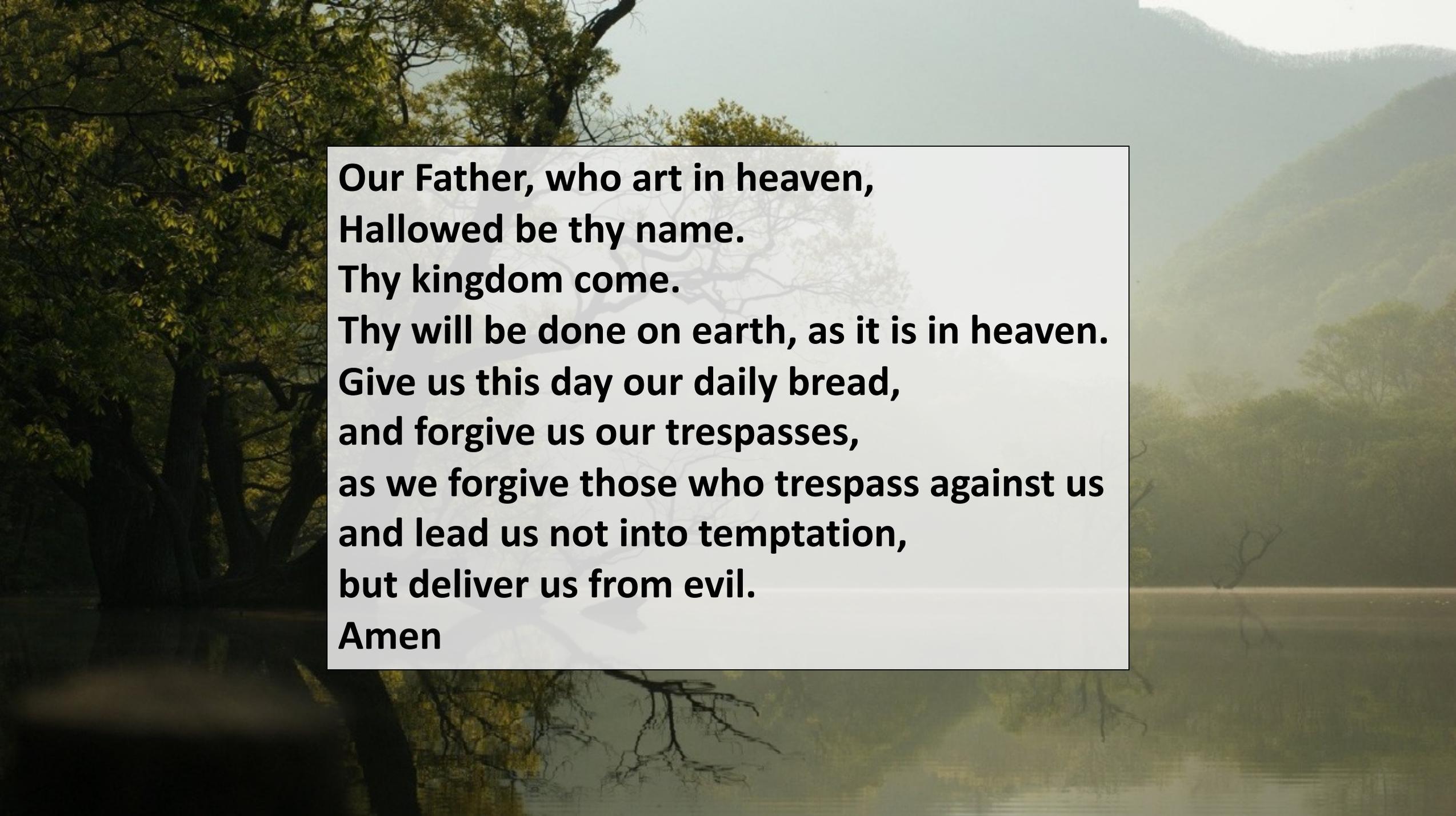
*-Lord hear us. **Lord graciously hear us.***

May your Word be in our minds during the day; guide us in our work.

*-Lord hear us. **Lord graciously hear us.***

Be with all those who have asked our prayers, and grant them all their needs.

*-Lord hear us. **Lord graciously hear us.***



**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding prayer

Today, Lord, help us to remember Your Word so that it can guide our steps and bring us life.

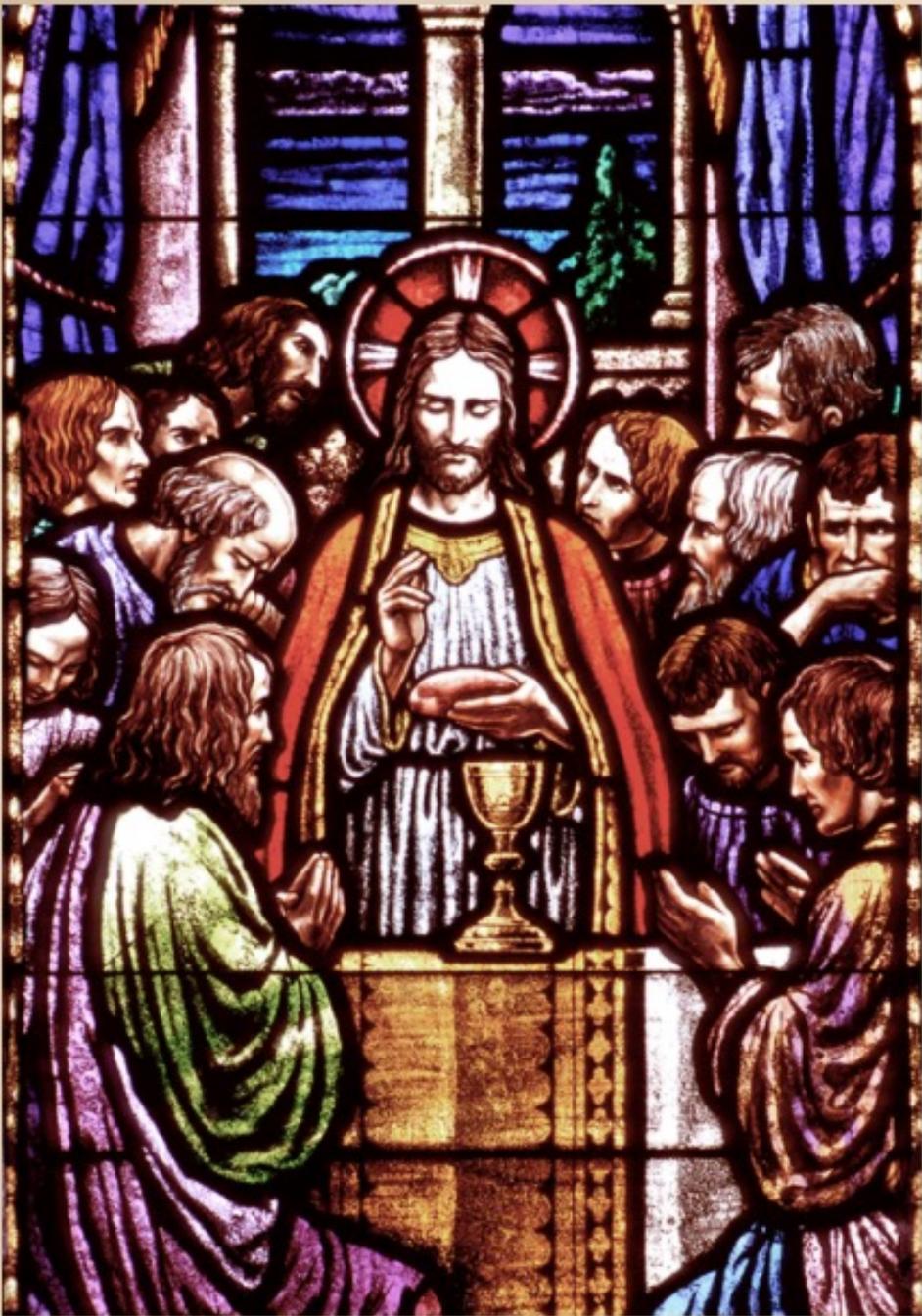
Amen.



End with the
Sign of the
Cross

Chaplaincy Clubs

- No groups this week!
- Ruth, Immy and Joe are all at Castlerigg with Y8.
- Usual groups:
 - Monday Week A – Faith in Action: Pin (Y7)
 - Monday Week B – Faith in Action: Bronze (Y9+)
 - Tuesdays – Chaplaincy Club Y7
 - Wednesdays – Chaplaincy Club Y8+
 - Thursdays – Mass in the Chapel



GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Monday 16th January



Ant. God chose us in his Son and made us his adopted sons.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

He chose us in him before the foundation of the world, that we should be holy and blameless before him.

He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.

Ant. God chose us in his Son and made us his adopted sons.

**Pause for the
reflection.**

Subject Prayers

English

[Saint Francis de Sales](#)
[Saint Thomas More](#)
[Saint Cardinal Newman](#)
[Saint John the Evangelist](#)

Mathematics

[Saint Hubert](#)

Computing

[Blessed Carlo Acutis](#)
[Saint Isidore](#)

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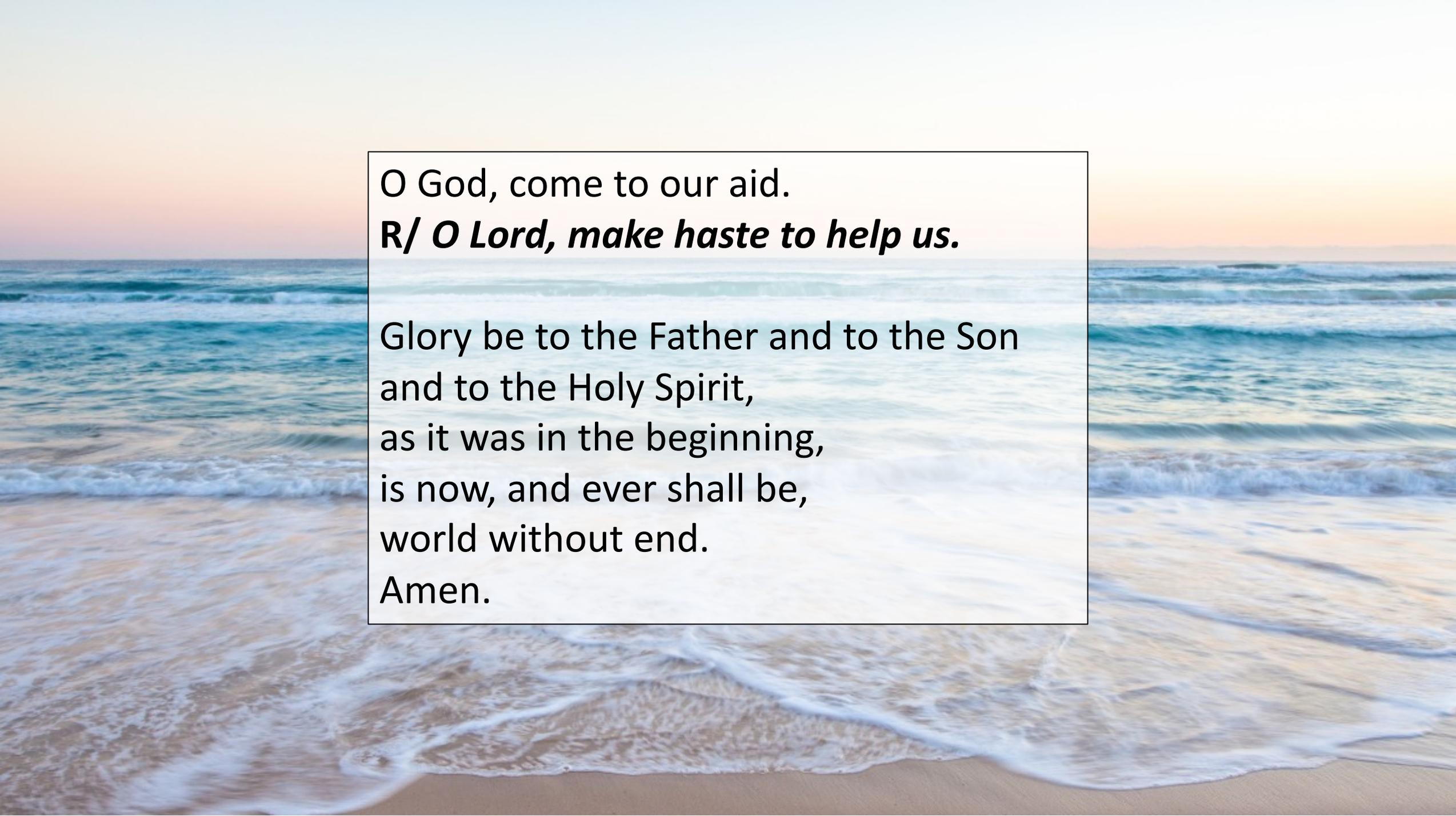
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Morning Prayer

Tuesday 17th January

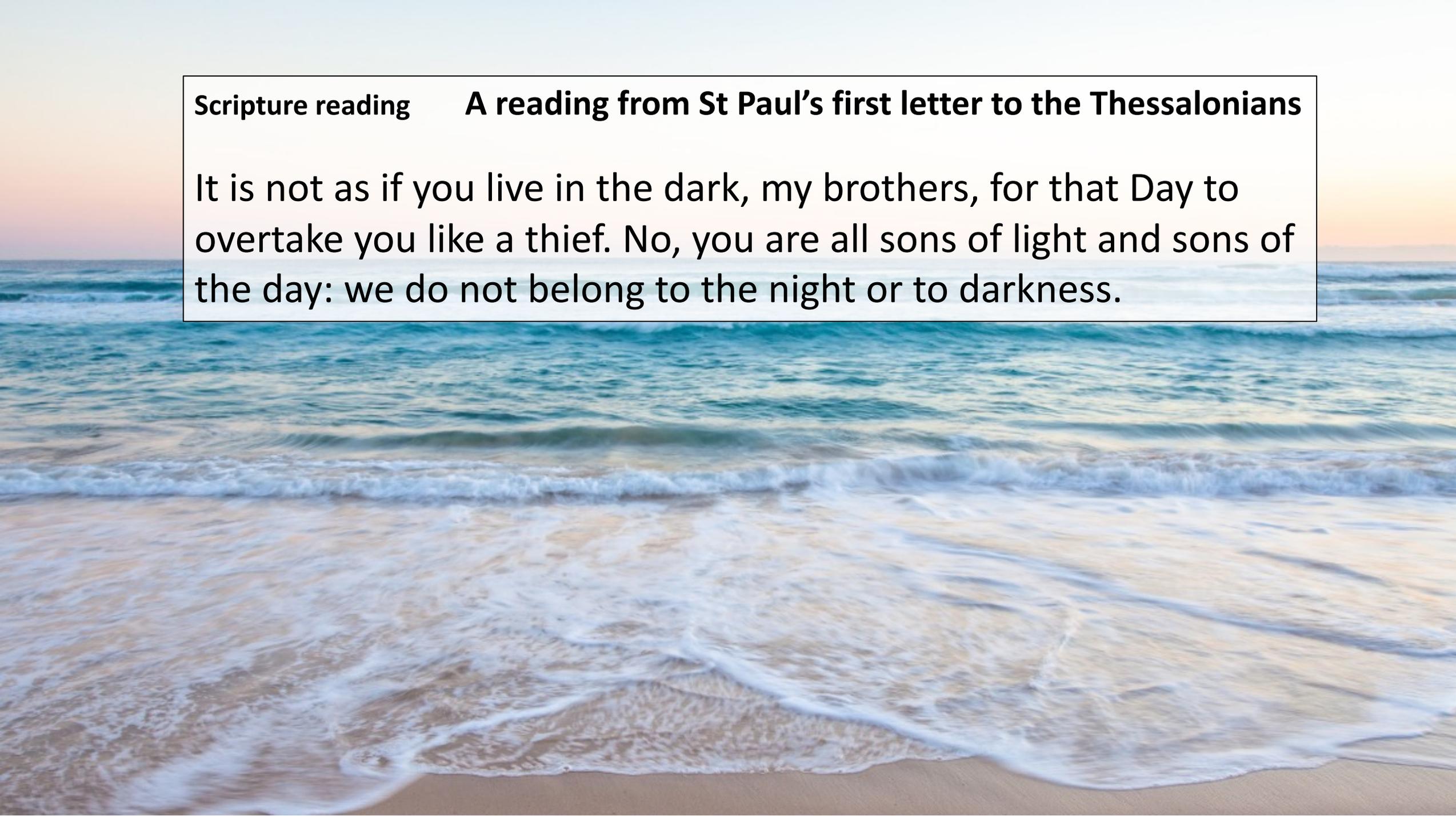




O God, come to our aid.

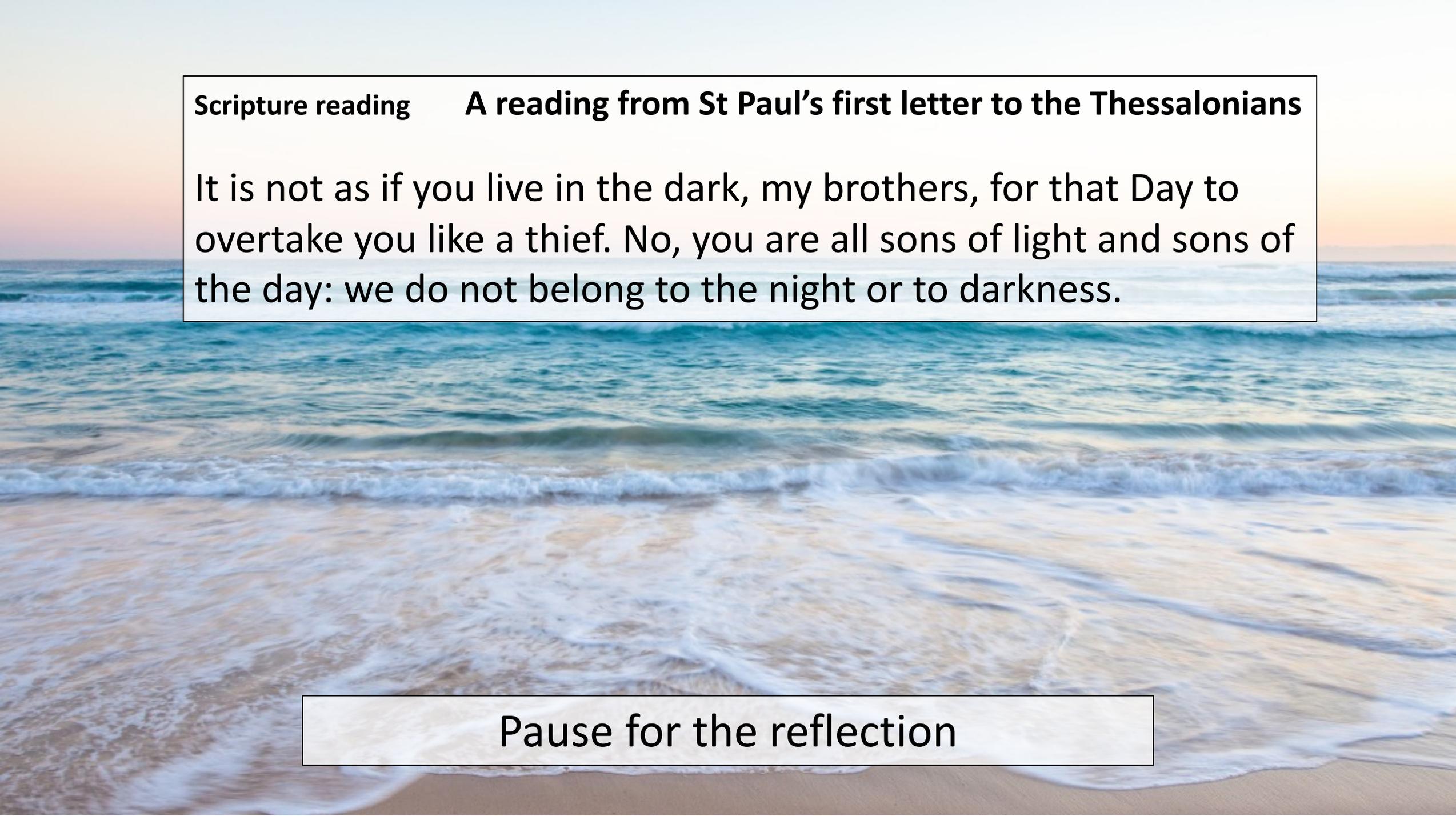
R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

A serene beach scene with waves crashing onto the sand under a soft, hazy sky. The water is a vibrant turquoise color, and the sand is a warm, golden-brown hue. The sky is a pale, hazy blue, suggesting a calm, early morning or late afternoon setting. The overall mood is peaceful and contemplative.

Scripture reading **A reading from St Paul's first letter to the Thessalonians**

It is not as if you live in the dark, my brothers, for that Day to overtake you like a thief. No, you are all sons of light and sons of the day: we do not belong to the night or to darkness.



Scripture reading **A reading from St Paul's first letter to the Thessalonians**

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Pause for the reflection

Scripture reading

A reading from St Paul's first letter to the Thessalonians

It is not as if you live in the dark, my brothers, for that Day to overtake you like a thief. No, you are all sons of light and sons of the day: we do not belong to the night or to darkness.

Think and reflect...

Where do I experience 'darkness' or fear in my life?

Where do I see 'light' or goodness in the world around me?

How can I choose to live in the 'light' today?

Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that
I am God."**

Allow a time of silence to reflect on these questions

Intercessions

Christ, our king and redeemer: help us to know your power and your love.

– *Lord hear us. Lord graciously hear us.*

Christ, our hope and courage: sustain us throughout the day.

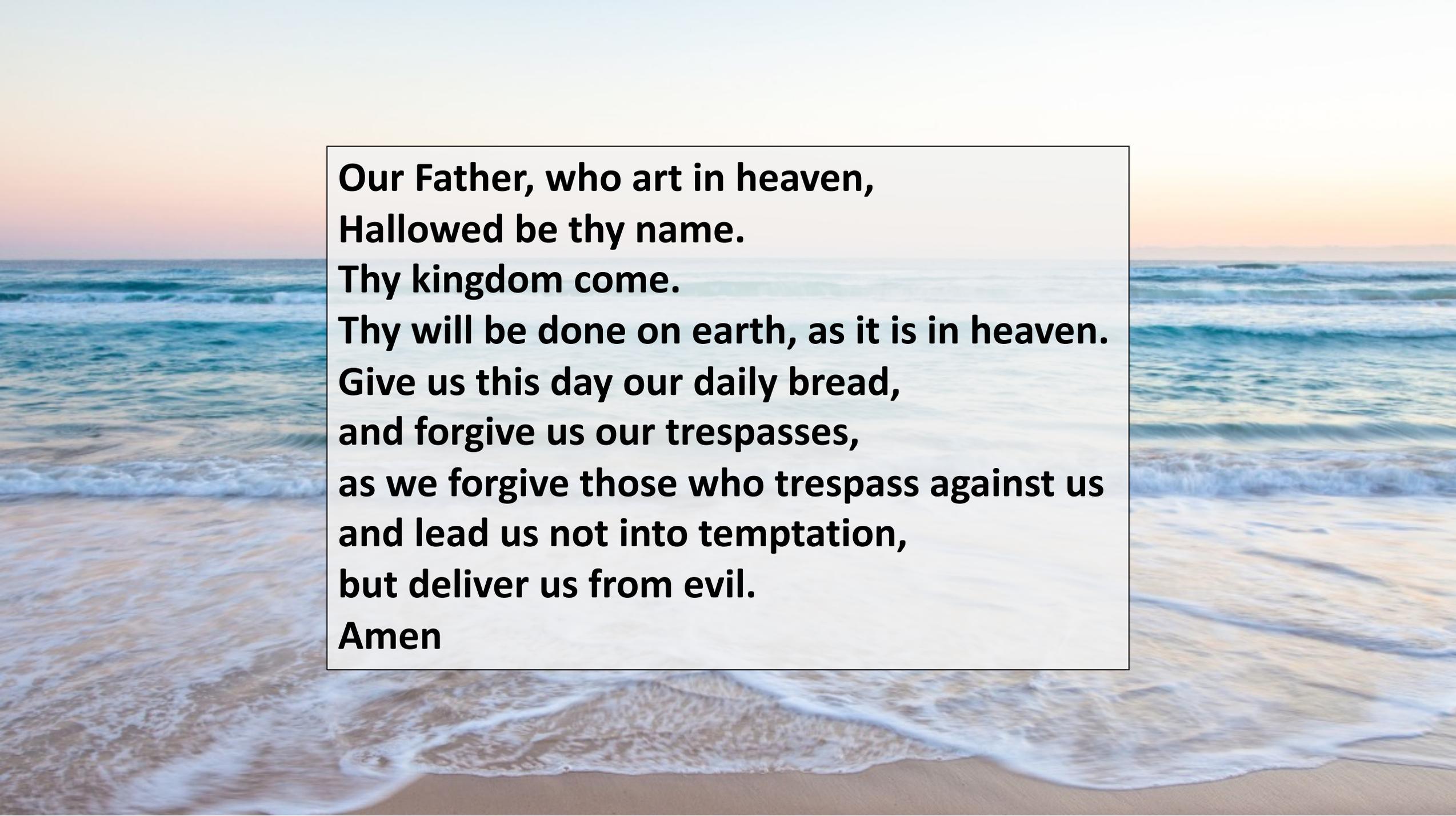
– *Lord hear us. Lord graciously hear us.*

Christ, our refuge and strength: fight with us against our weakness.

– *Lord hear us. Lord graciously hear us.*

Christ, our joy and solace: stay with the poor and lonely.

– *Lord hear us. Lord graciously hear us.*



**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**



End with the
Sign of the
Cross

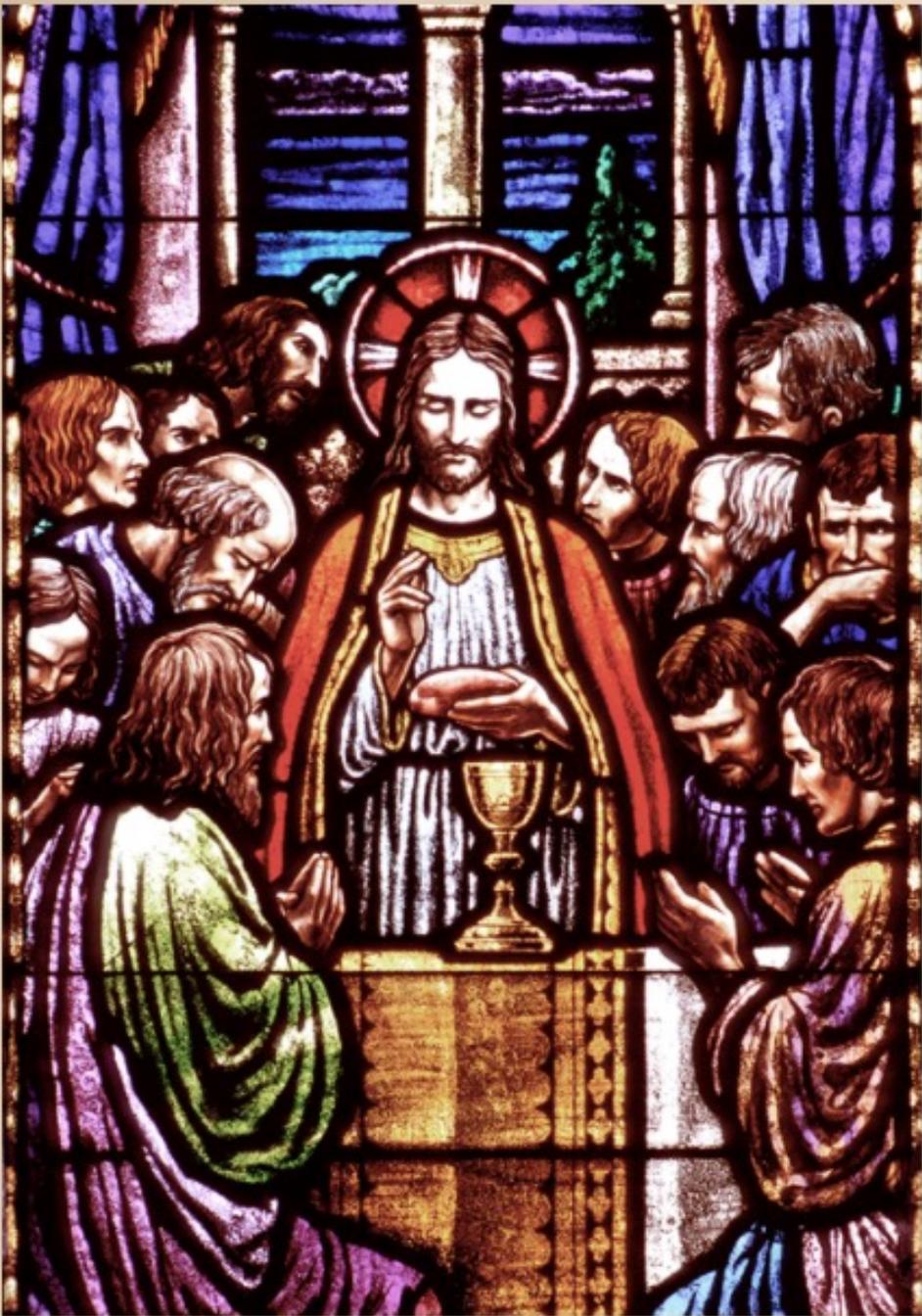
Concluding prayer

God our Saviour, through your Son you have made us children of light. Hear our prayer that we may always walk in that light and work for the truth as your witnesses before all people.

Amen.

Chaplaincy Clubs

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GRACE BEFORE MEALS

BLESS US, OH LORD,
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WHICH WE ARE ABOUT TO
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BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Tuesday 17th January



**Ant. What marvels the Lord worked for us:
indeed we are glad.**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.

His purpose he set forth in Christ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

**Ant. What marvels the Lord worked for us:
indeed we are glad.**

**Pause for the
reflection.**

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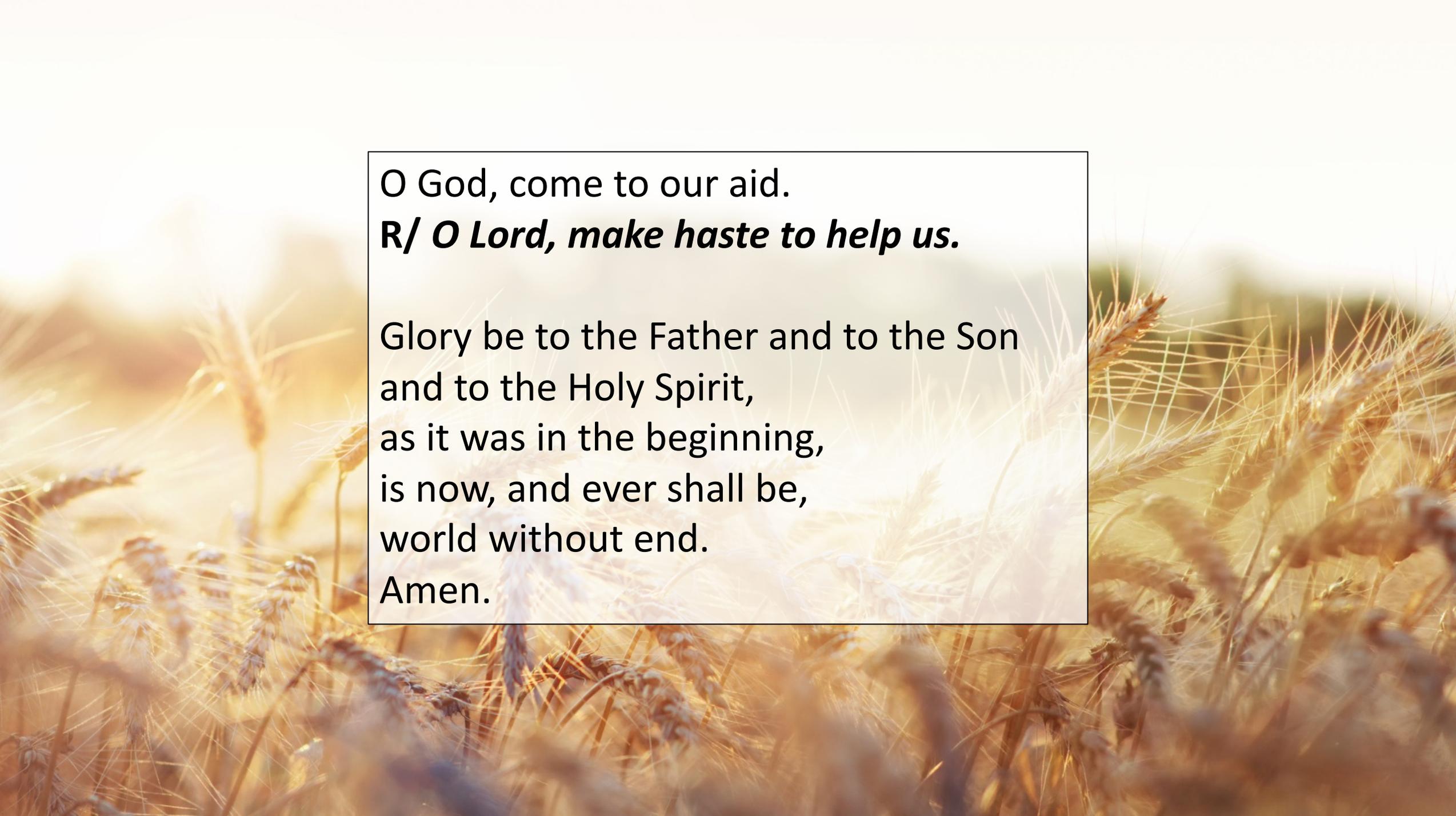
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Sign of the Cross



Morning Prayer

Wednesday 18th January

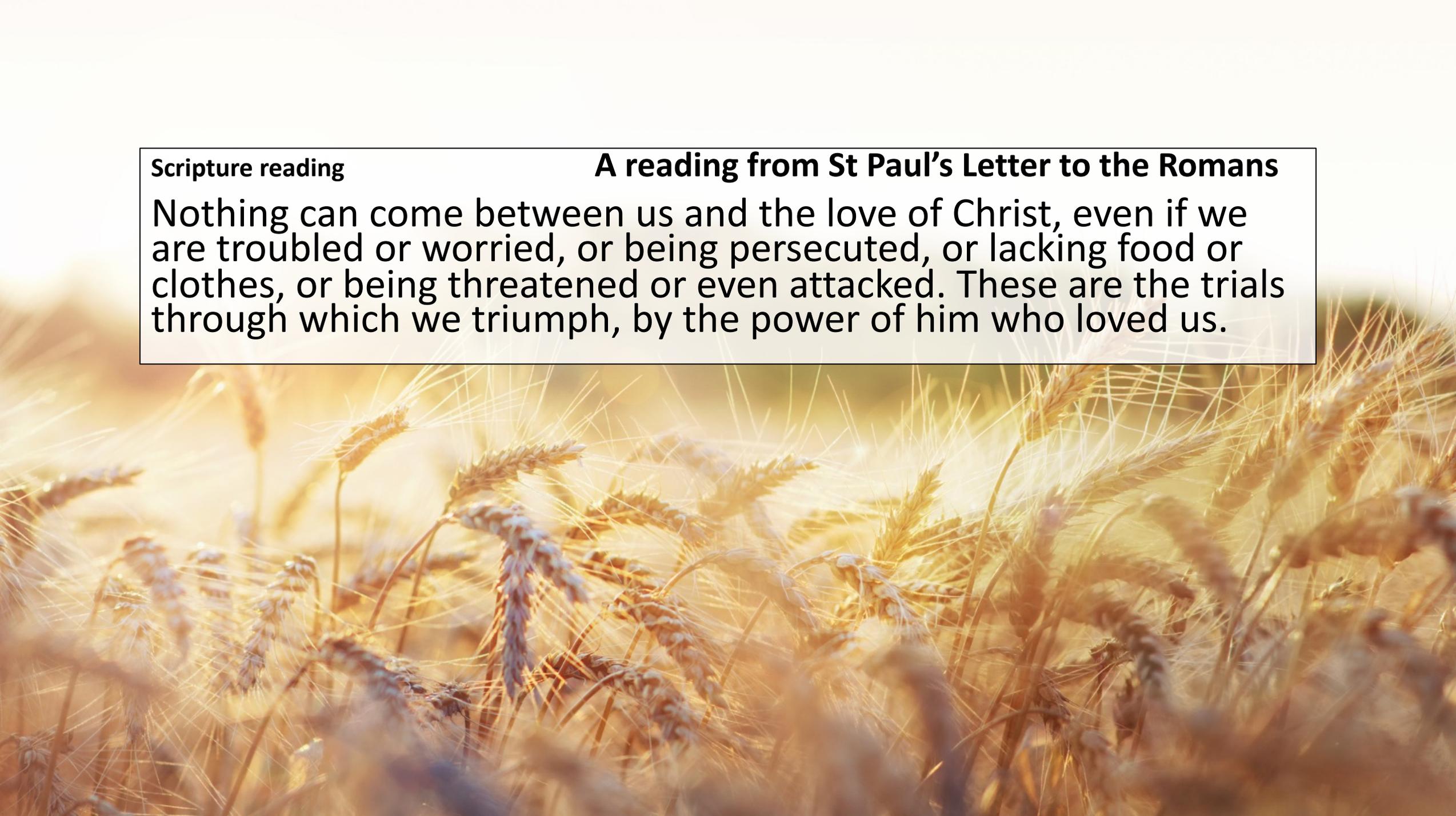




O God, come to our aid.

R/ O Lord, make haste to help us.

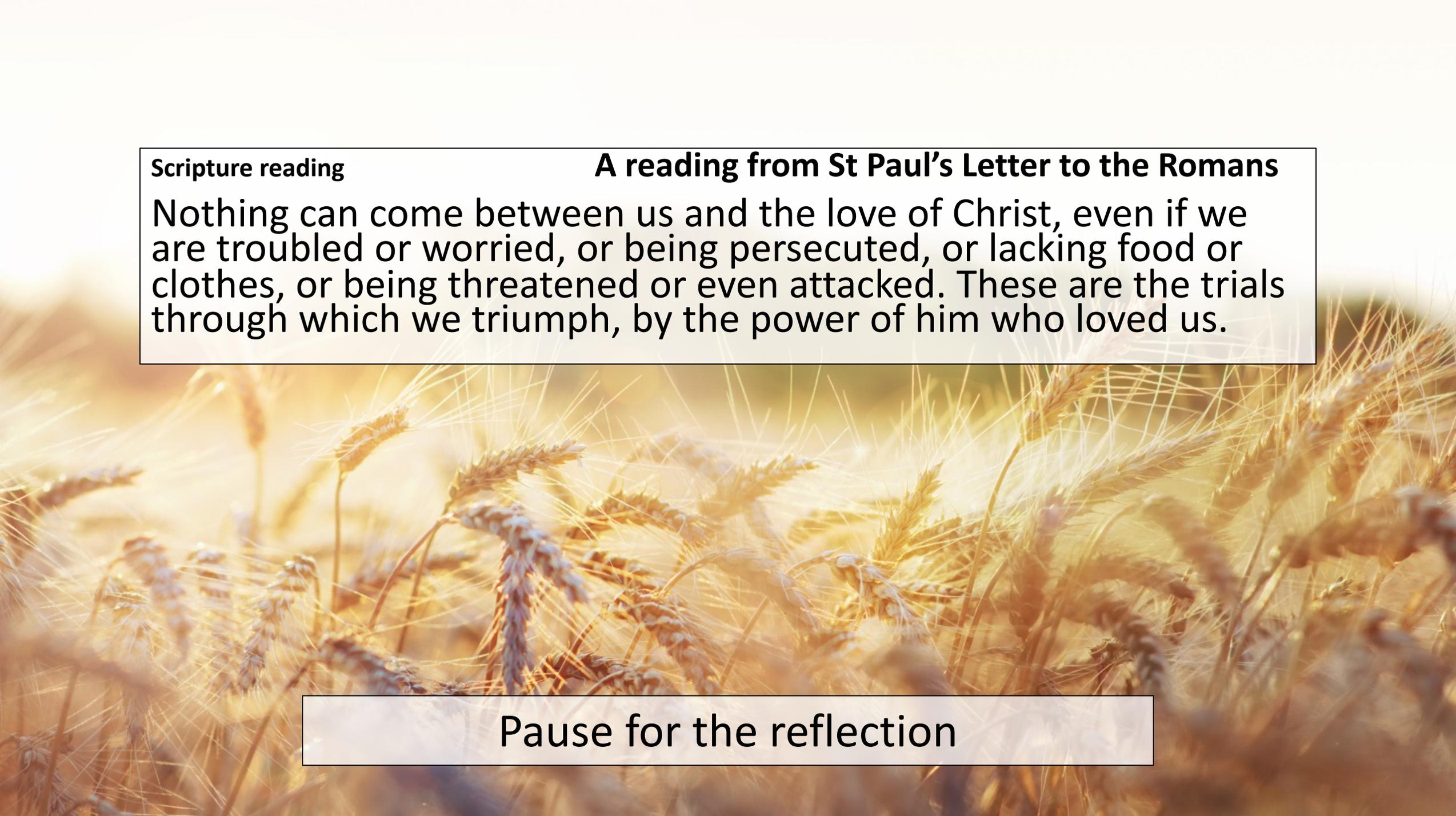
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.



Scripture reading

A reading from St Paul's Letter to the Romans

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.



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Pause for the reflection

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Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

Think and reflect...

What choices have I made for myself about what I believe or don't believe?

Who or what has influenced those decisions?

Do I feel close to God or separated from Him?

Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

"Be still and know that I am God."

Allow a time of silence to reflect on these questions

Intercessions

Loving God, we are sorry for the times we have separated ourselves from you, help us to turn back to you with our whole hearts

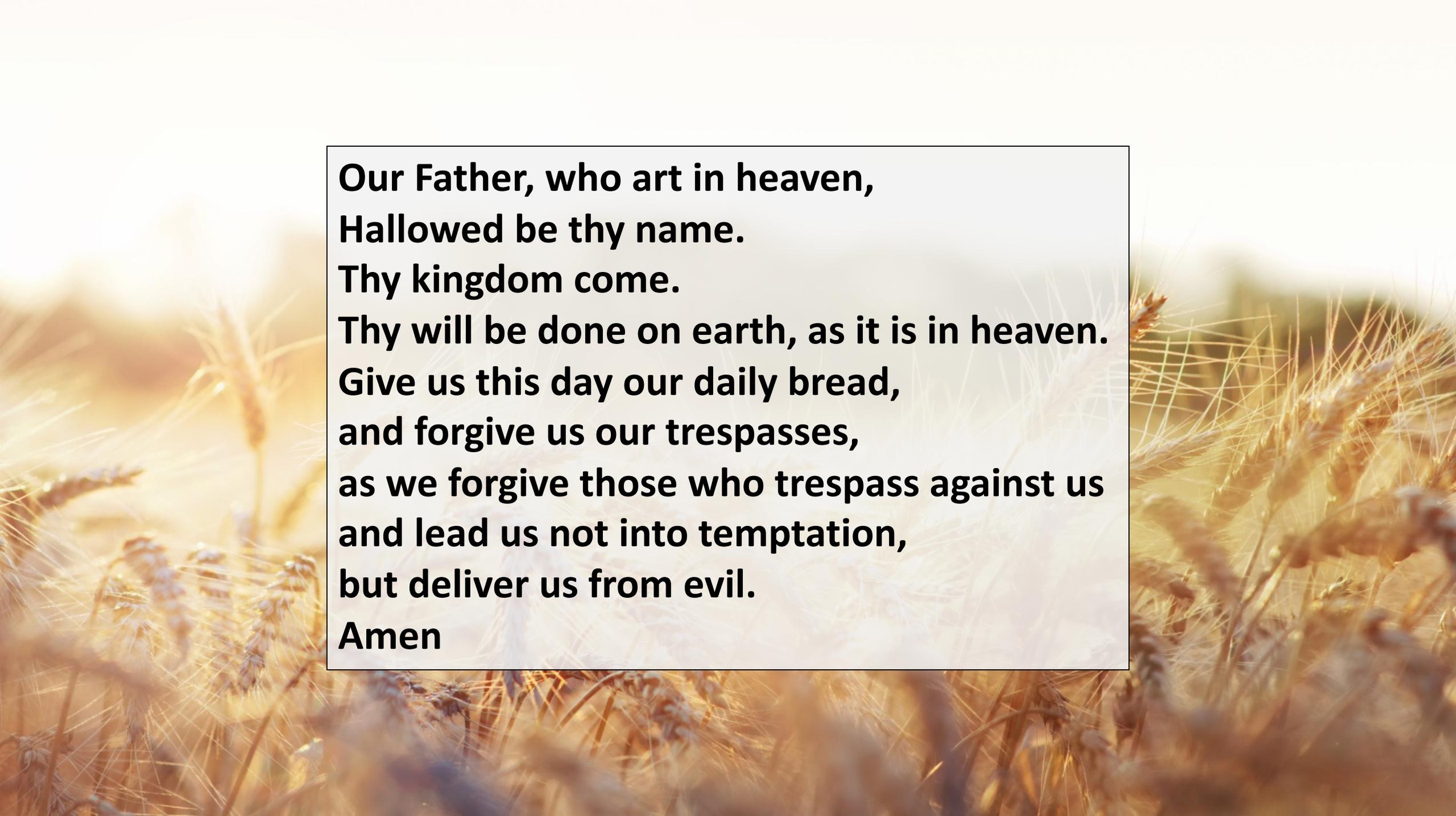
– *Lord hear us. **Lord graciously hear us.***

Lord, we pray for an end to injustice, discrimination and hatred. May we always stand up for, and defend those who are persecuted.

– *Lord hear us. **Lord graciously hear us.***

Lord, we are all made in your precious image. Help us to see one another with the love and care with which you see us.

– *Lord hear us. **Lord graciously hear us.***



**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**



End with the
Sign of the
Cross

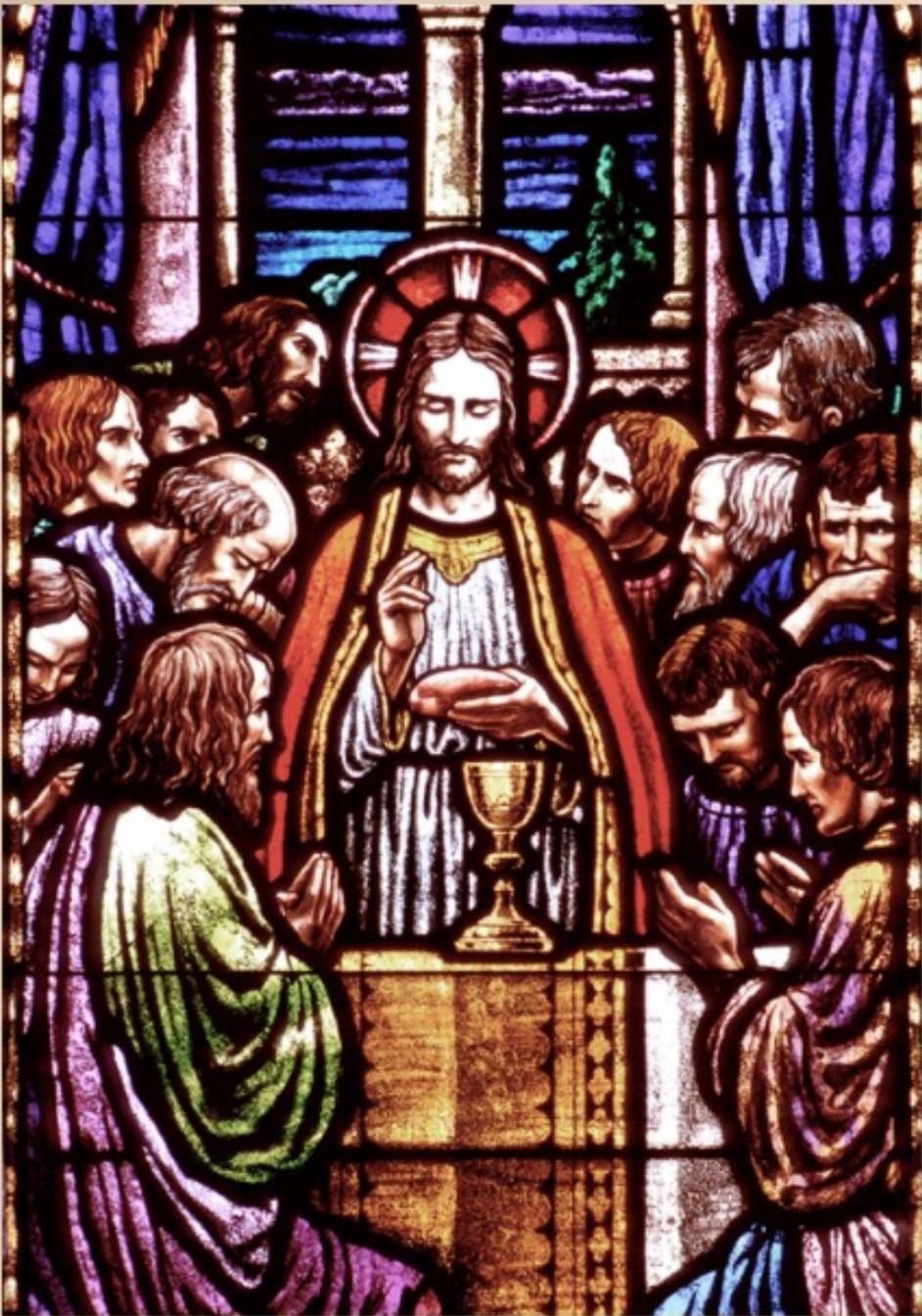
Concluding prayer

Lord our God, make us love you
above all things,
and all those around us with a
love that is worthy of you.

Amen.

Chaplaincy Clubs

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GRACE BEFORE MEALS

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BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Wednesday 18th January



Ant. He is the first-born of all creation, he is supreme over all creatures.

Let us give thanks to the Father, who has qualified us to share in the inheritance of the saints in light.

He has delivered us from the dominion of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

All things were created through him and for him. He is the head of the body, the Church; he is the beginning.

Ant. He is the first-born of all creation, he is supreme over all creatures.

Pause for the reflection.

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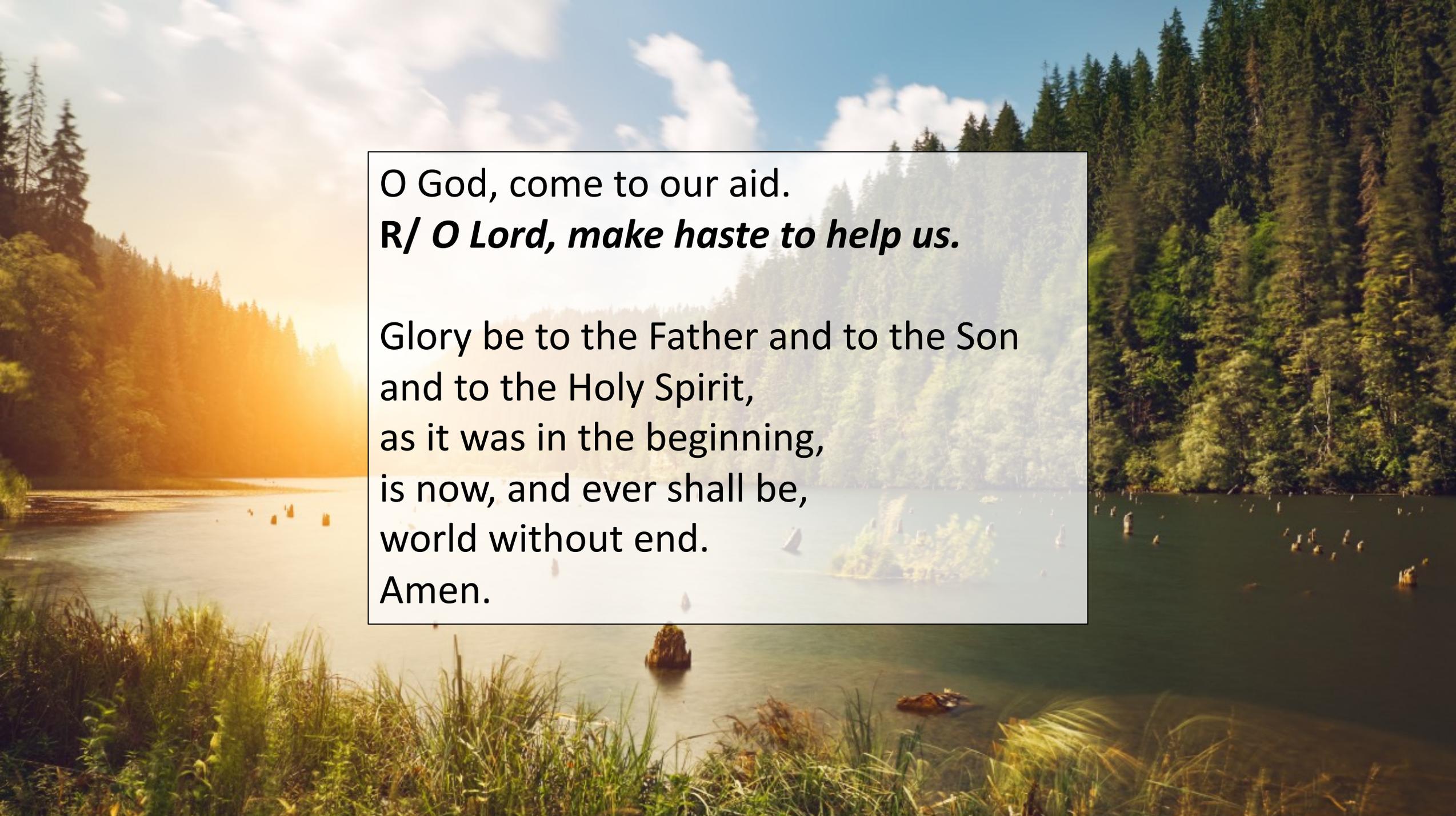
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Morning Prayer

Thursday 19th January



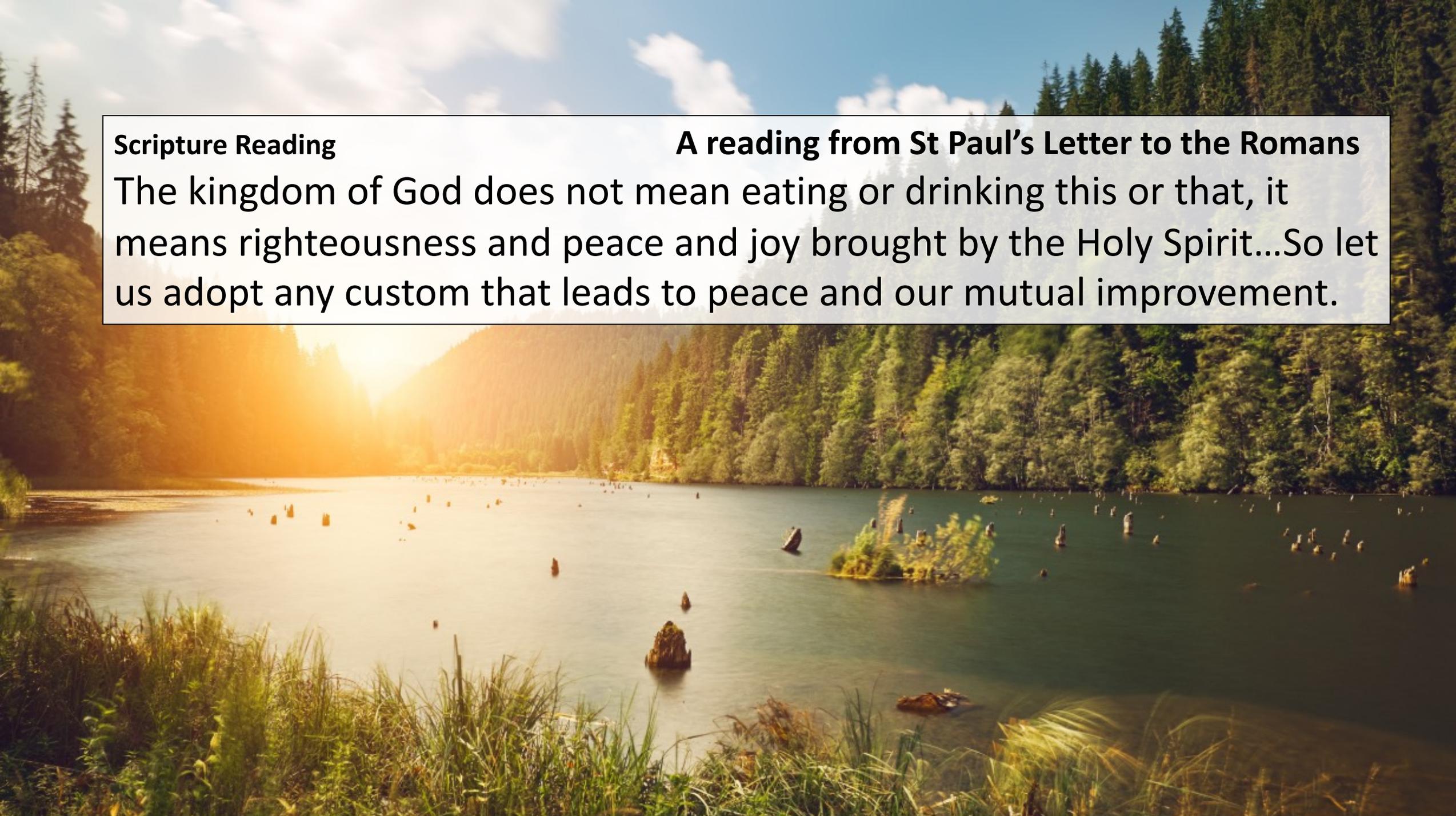
A scenic landscape featuring a calm lake in the foreground, a dense forest of evergreen trees on the right, and a bright sun on the left side, creating a warm, golden glow. The sky is blue with scattered white clouds. The text is overlaid on a semi-transparent white box in the center.

O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

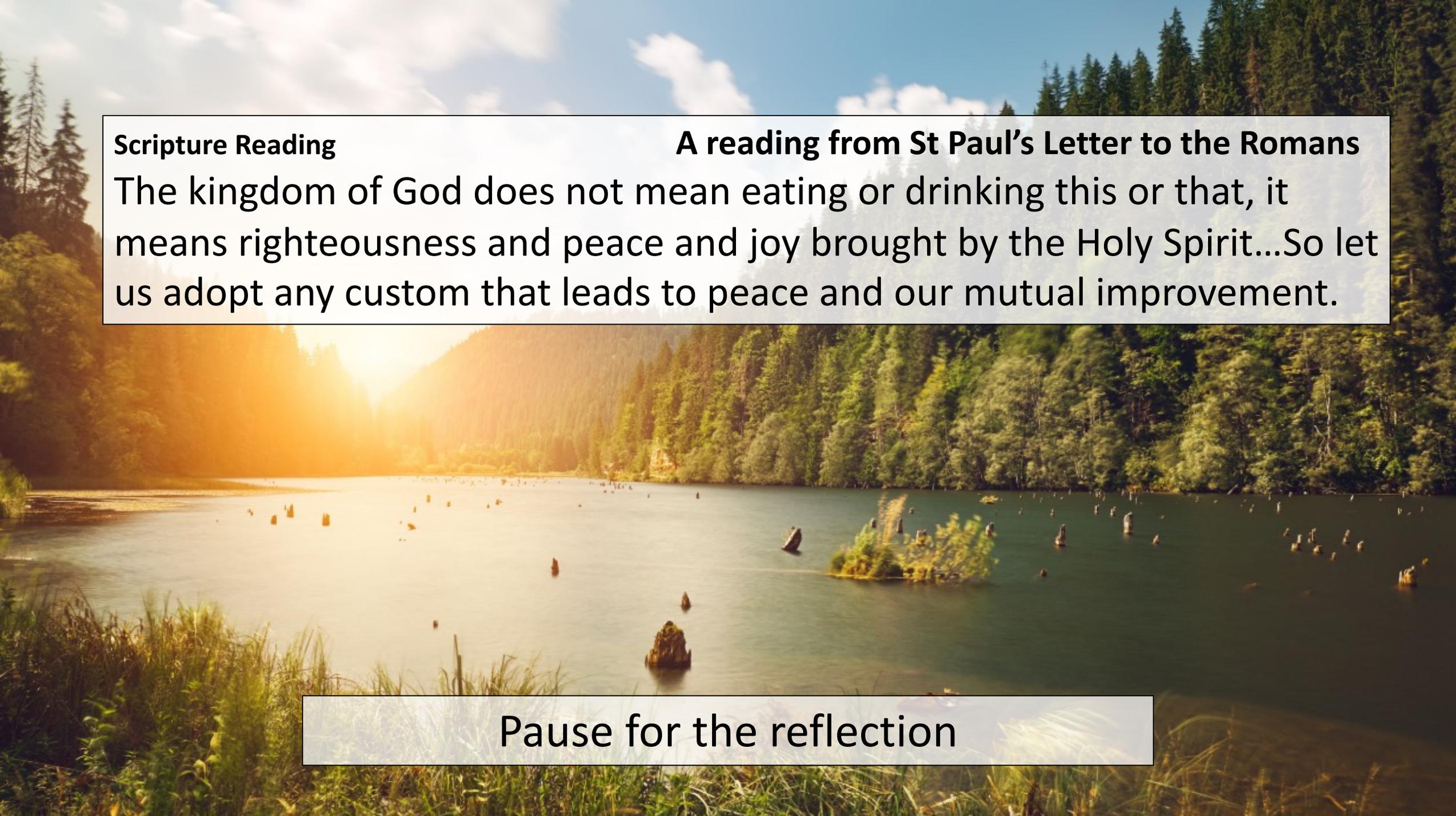
Amen.



Scripture Reading

A reading from St Paul's Letter to the Romans

The kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit...So let us adopt any custom that leads to peace and our mutual improvement.

A scenic landscape featuring a calm lake in the foreground, surrounded by dense green forests. The sun is setting in the distance, creating a warm, golden glow over the water and the surrounding hills. The sky is a mix of blue and white clouds. The overall atmosphere is peaceful and serene.

Scripture Reading

A reading from St Paul's Letter to the Romans

The kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit...So let us adopt any custom that leads to peace and our mutual improvement.

Pause for the reflection

Scripture Reading

A reading from St Paul's Letter to the Romans

The kingdom of God does not mean eating or drinking this or that, it means righteousness and peace and joy brought by the Holy Spirit...So let us adopt any custom that leads to peace and our mutual improvement.

Think and reflect...

Do I experience peace in my life?

Am I a blessing to other people?

Would I like to allow the Holy Spirit to work in and through me?

Prudence

Think before you act.

Respect

Obedience

Wisdom

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Reflection

"Be still and know that I am God."

Allow a time of silence to reflect on these questions

Intercessions

Lord, be with us as we start a new day: move our hearts to seek you and our wills to serve you.

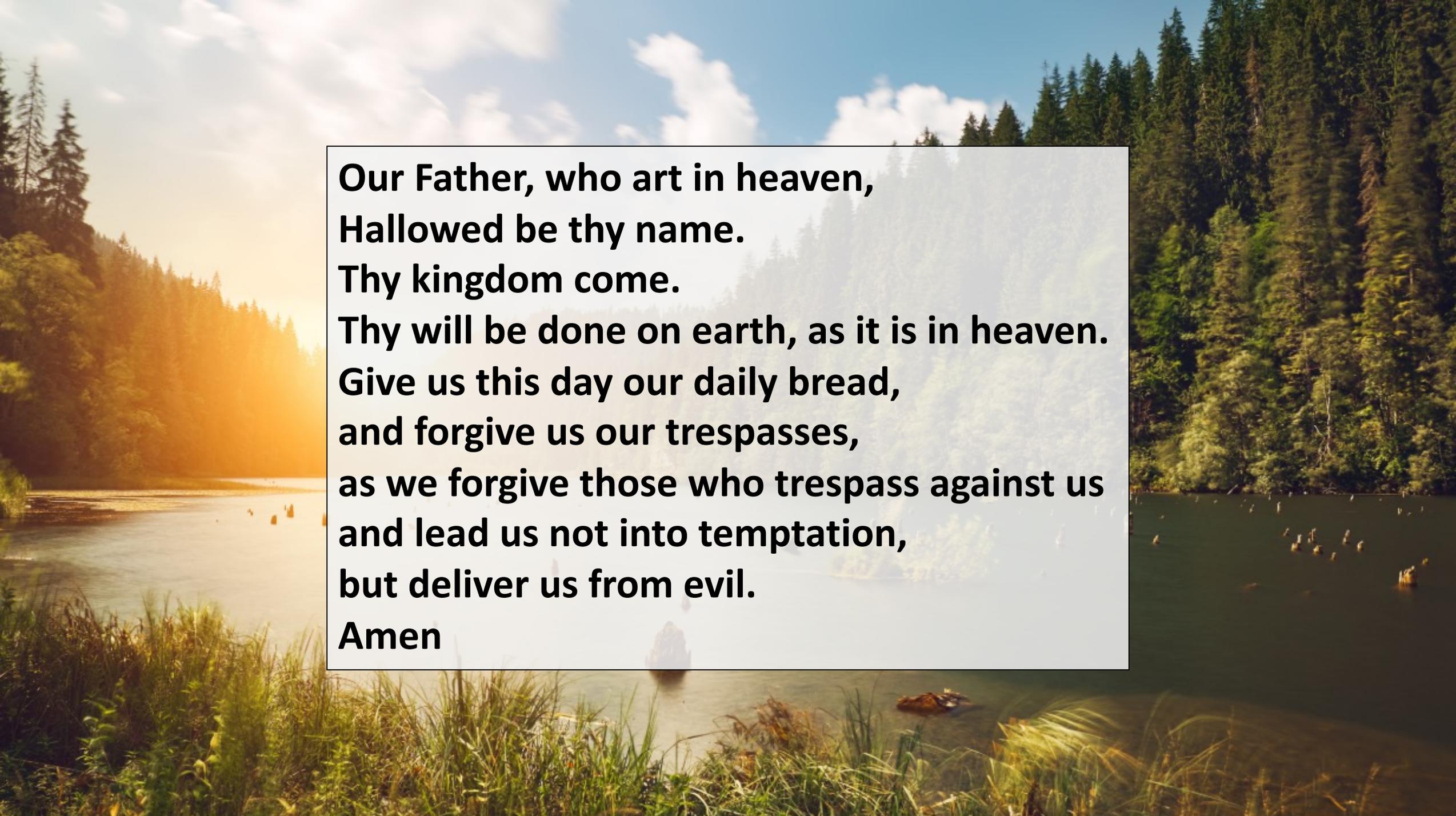
– *Lord hear us, **Lord graciously hear us.***

Deepen our awareness of your presence: teach us reverence and love for all that you made.

– *Lord hear us, **Lord graciously hear us.***

To know you is to love those you created: let our lives and our work be of service to our brothers.

– *Lord hear us, **Lord graciously hear us.***

A scenic landscape featuring a river or lake in the foreground, surrounded by lush green grass and reeds. In the background, there is a dense forest of tall evergreen trees under a bright blue sky with scattered white clouds. The sun is low on the horizon, creating a warm, golden glow. A white rectangular text box is overlaid on the center of the image, containing the text of the Lord's Prayer.

**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
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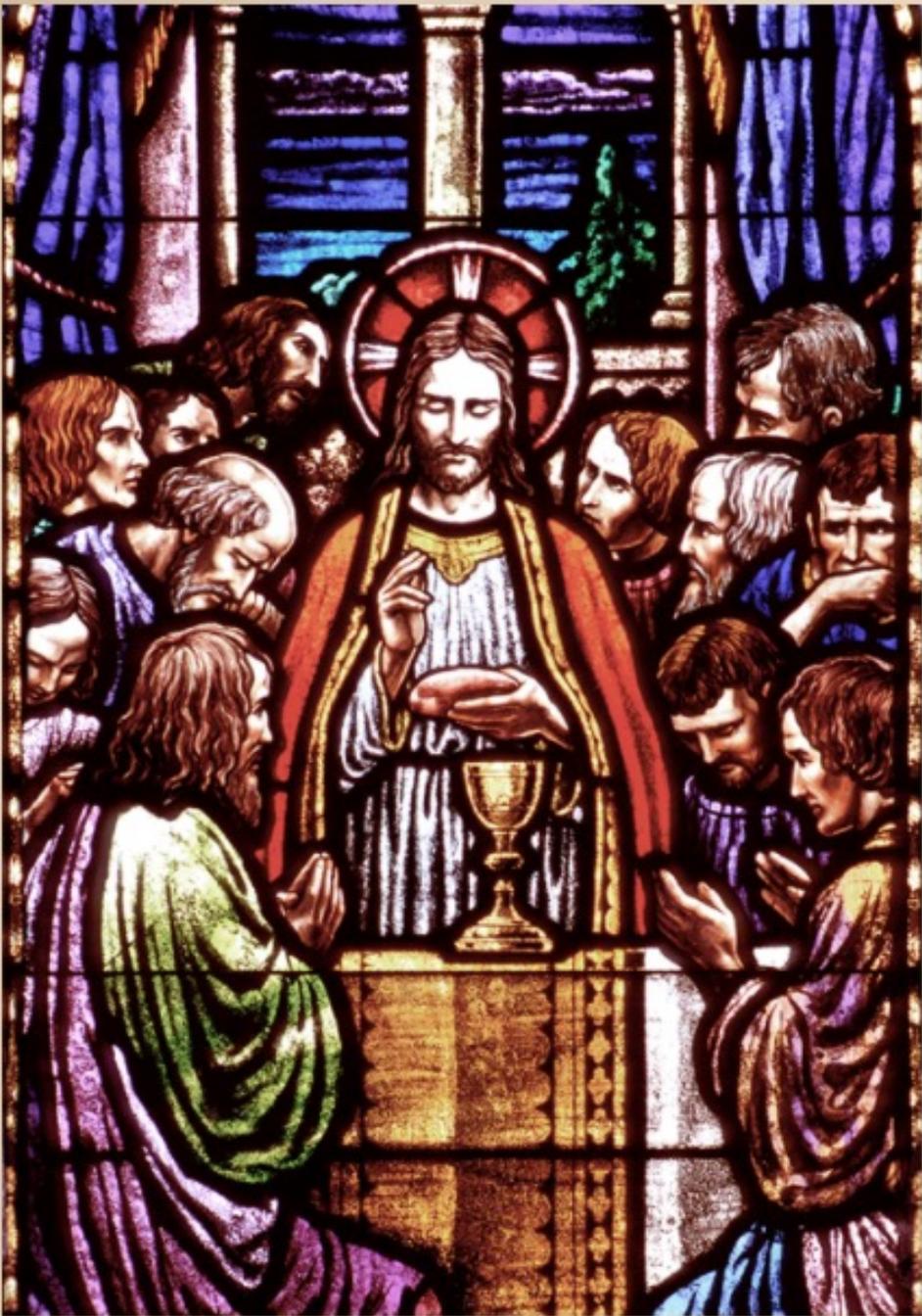


End with the
Sign of the
Cross

Concluding prayer

Grant us, Lord, a true knowledge of salvation, so that, freed from fear and from the power of our enemies, we may serve you faithfully all the days of our life.

Amen.



GRACE BEFORE MEALS

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RECEIVE FROM THY
BOUNTY, THROUGH
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AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Thursday 19th January



**Ant. The Lord brought down the mighty from their seats,
and raised up the lowly.**

*My soul glorifies the Lord, my spirit rejoices in God, my
Saviour. He looks on his servant in her lowliness; henceforth
all ages will call me blessed.*

The Almighty works marvels for me. Holy his name!
His mercy is from age to age, on those who fear him.

*He puts forth his arm in strength and scatters the proud-
hearted. He casts the mighty from their thrones and raises
the lowly.*

He fills the starving with good things, sends the rich away
empty.

Ant. The Lord brought down the mighty from their seats,

**Pause for the
reflection.**

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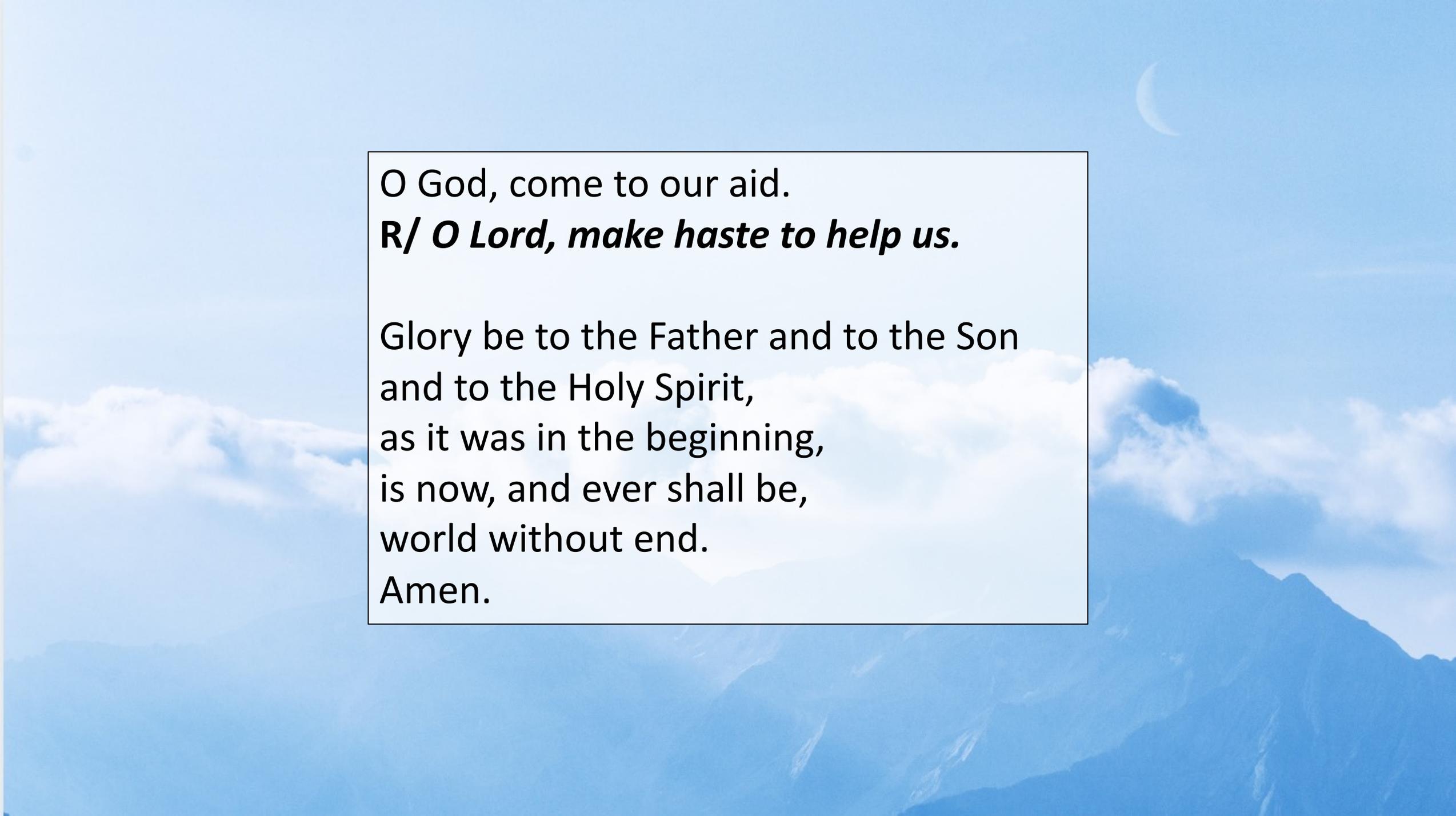
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Morning Prayer

Friday 20th January



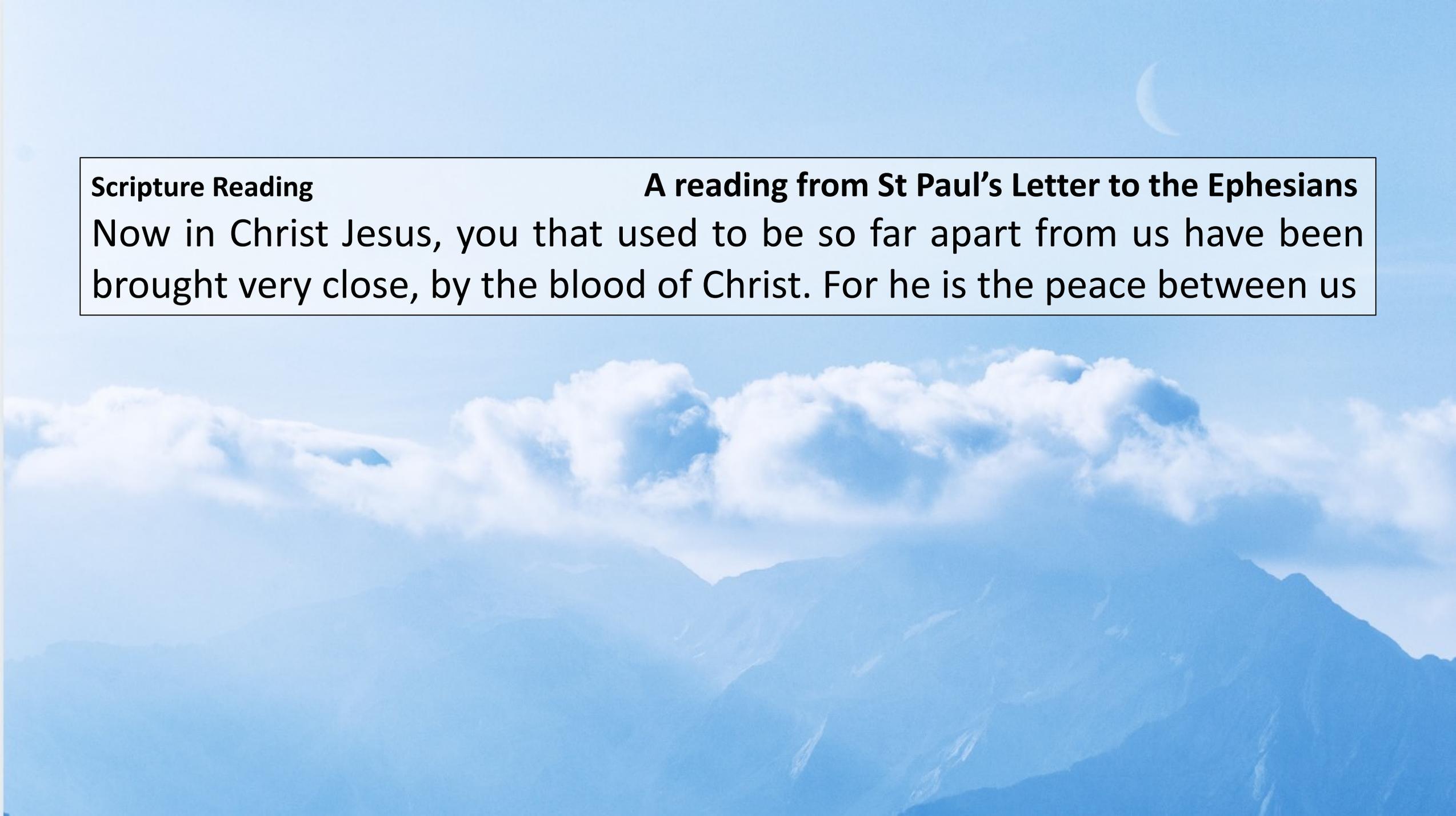


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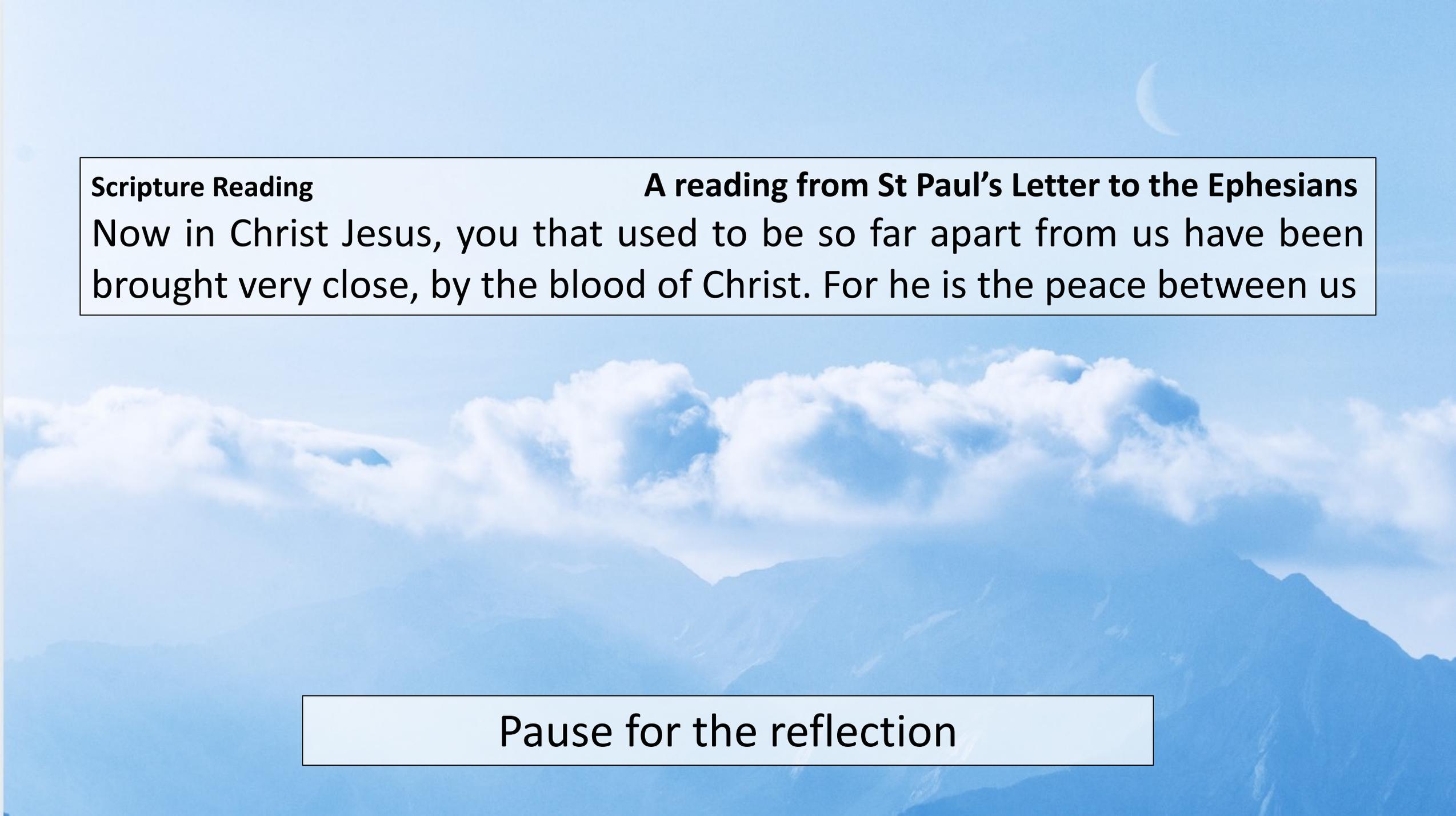
Amen.



Scripture Reading

A reading from St Paul's Letter to the Ephesians

Now in Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us



Scripture Reading

A reading from St Paul's Letter to the Ephesians

Now in Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us

Pause for the reflection

Scripture Reading

A reading from St Paul's Letter to the Ephesians

Now in Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us

Think and reflect...

Do you experience complete fulfilment in your daily life?

Do you seek peace or do you seek conflict and revenge?

Would you like to live in the assurance that all will be well?

Prudence

Think before you act.

Respect

Obedience

Wisdom

Discernment

Reflection

**"Be still and know that
I am God."**

Allow a time of silence to reflect on these questions

Intercessions

We are children of the day: help us to live in the light of your presence.

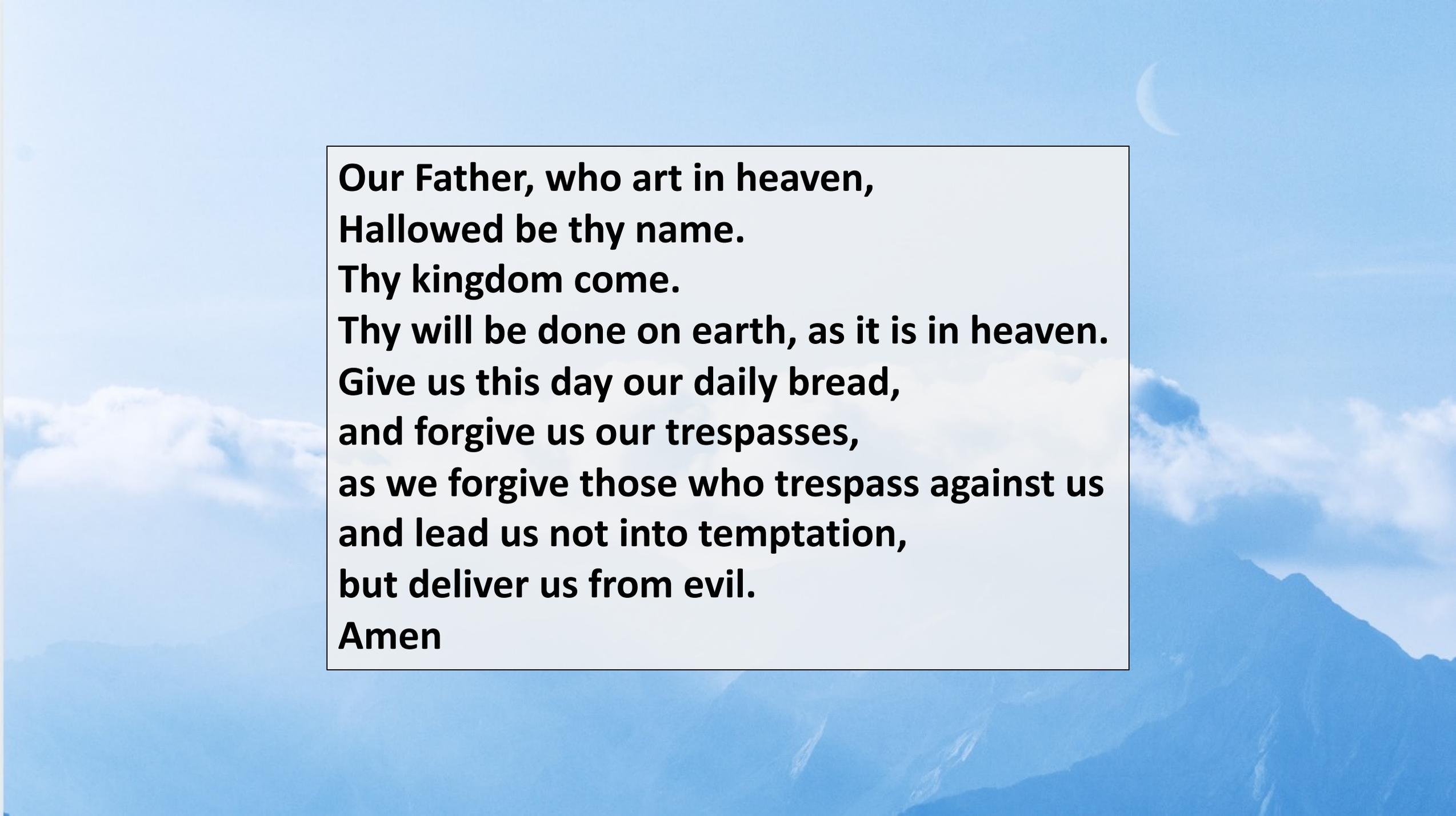
– *Lord hear us, **Lord graciously hear us.***

Guide our thoughts, our words, our actions: so that what we do today may be pleasing to you.

– *Lord hear us, **Lord graciously hear us.***

Help us to avoid wrongdoing: show us your mercy and love.

– *Lord hear us, **Lord graciously hear us.***



**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

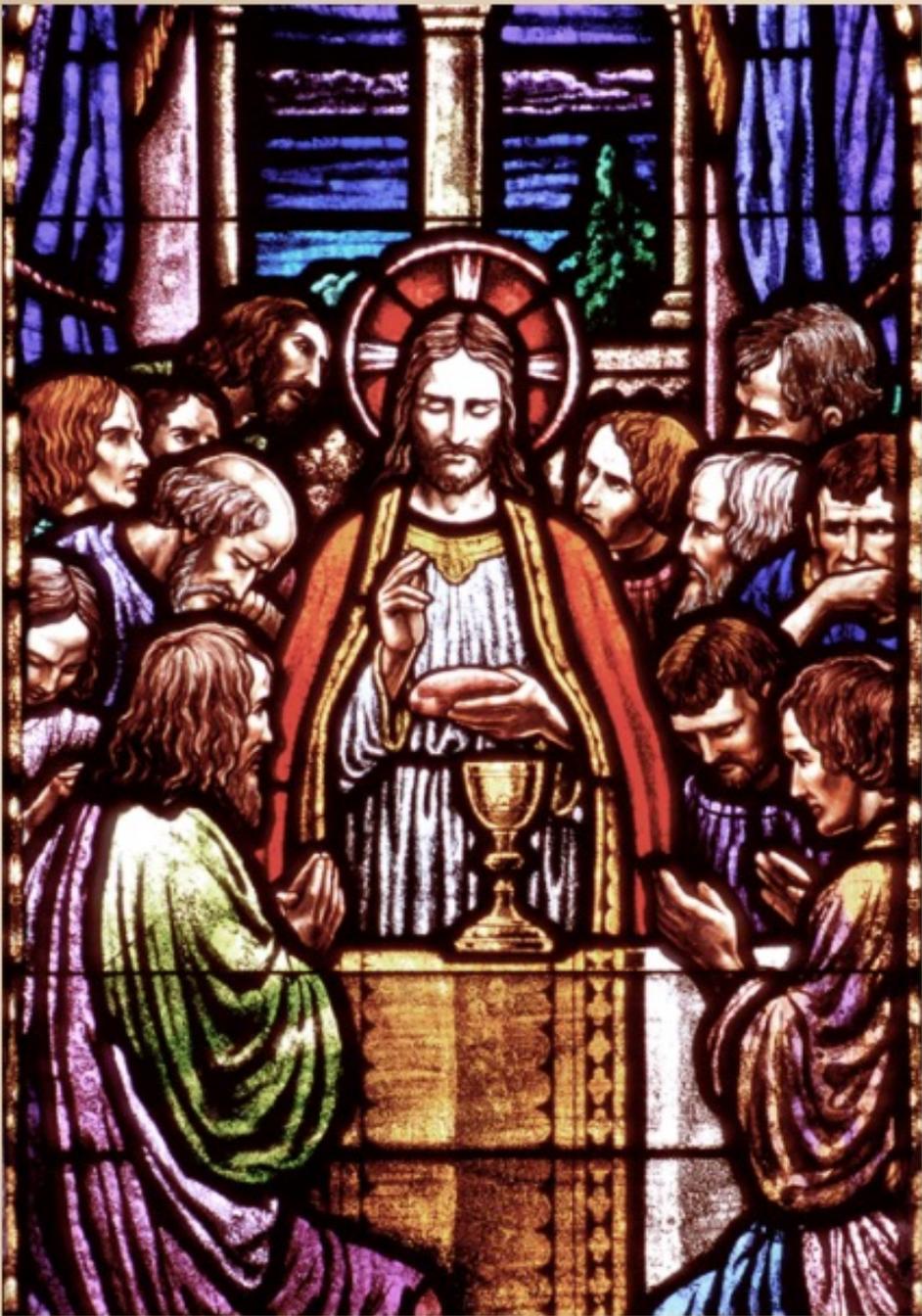
Concluding prayer

Lord God, you hold out the light of your Word to those who do not know you. Strengthen in our hearts the faith you have given us, so that no trials may put out the fire your Spirit has started within us.

Amen.



End with the
Sign of the
Cross



GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Friday 20th January



Ant: The Lord is great: our God is high above all gods.

*Praise the name of the Lord,
praise him, servants of the Lord,
who stand in the house of the Lord
in the courts of the house of our God.*

Praise the Lord for the Lord is good.
Sing a psalm to his name for he is loving.
For the Lord has chosen Jacob for himself
and Israel for his own possession.

*For I know the Lord is great,
that our Lord is high above all gods.*

Ant: The Lord is great: our God is high above all gods.

**Pause for the
reflection.**

Subject Prayers

English

[Saint Francis de Sales](#)

[Saint Thomas More](#)

[Saint Cardinal Newman](#)

[Saint John the Evangelist](#)

Mathematics

[Saint Hubert](#)

Computing

[Blessed Carlo Acutis](#)

[Saint Isidore](#)

Business Studies

[Saint Peter Faber](#)

Childcare

[Saint Gianna Molla](#)

Science

[Saint Albert the Great](#)

[Blessed Nicolas Steno](#)

[Saint Joseph Moscati](#)

[Blessed Guadalupe Ortiz](#)

Geography

[Saint Kateri Tekawitha](#)

[Saint Francis of Assisi](#)

History

[Saint Bede](#)

[Saint Maximilian Kolbe](#)

Drama

[Saint Pope John Paul II](#)

[Saint Genesius](#)

[Saint Pelagia](#)

Religious Education

[Saint Thomas Aquinas](#)

[Saint Augustine](#)

[Saint Catherine of Siena](#)

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MFL

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Art

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Physical

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Exclusion/Behaviour

[Saint John Bosco](#)

Learning Support

[Saint Margaret of Castello](#)

[Saint John Vianney](#)



Saint Francis de Sales - English

Saint Francis de Sales, you said 'Have patience with all things, but first of all with yourself.' I ask for your intercession and pray that God inspires my creativity and success. You understand that this requires dedication, and that progress takes time. Help me to practise patience.

Saint Francis de Sales, pray for us. Amen





Saint Thomas More - English

Saint Thomas More, I pray that my family may find in me what yours found in you: friendship and courage, cheerfulness and charity, diligence in duties, counsel in adversity, patience in pain.

Lord, give me the grace to love others and serve You.

Saint Thomas More, pray for us. Amen





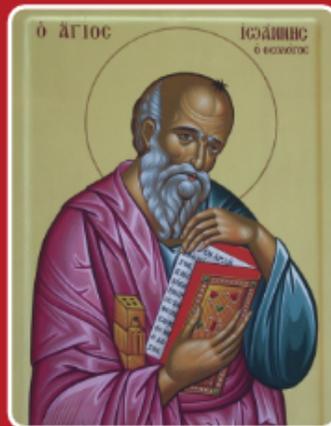
Saint Cardinal Newman - English

Saint Cardinal Newman, your words have inspired many people.

Help us to find peace in our daily lives and to find joy in the tasks we have to do. When the busy world is hushed, and the fever of life is over, and our work is done, let us find the calm and peace you found.

Saint Cardinal Newman, pray for us. Amen





Saint John the Evangelist - English

Saint John, you wrote down the words of Jesus and your gospel
has inspired many.

Help us to live a life of love and virtue, and to bring Mary
into our homes as you did at Jesus' request.

Saint John the Evangelist, *pray for us. Amen*





Saint Hubert - Maths

Saint Hubert, we are mathematicians.

Help all who gathered here to follow your example of skill and accuracy.
Grant us confidence, perseverance, patience and the desire to make progress
and to serve God in all we do.

Saint Hubert, pray for us. Amen





Blessed Carlo Acutis - Computing

Blessed Carlo, you used your skills in coding to build a website in order to spread the miracle of the Eucharist to all.

Pray for us to practice the virtues that you lived out in your short life.

Help us to be saints.

Blessed Carlo Acutis, pray for us. Amen





Saint Isidore - Computing

Saint Isidore, we ask you to pray for us during our journeys through the internet and in our use of computers and phones.

Lord, direct our hands and eyes only to that which is pleasing to You and treat with charity and patience all those souls whom we encounter.

Saint Isidore, pray for us. Amen





Saint Peter Faber - Business

Father, Lord of heaven and earth, You revealed Yourself to Your humble servant, Peter Faber, in prayer and in the service of his neighbour.

Grant that we may find You and love You in every thing
and in every person.

Saint Peter Faber, pray for us. Amen





Saint Gianna Molla - Childcare

Saint Gianna, you said 'yes' to the new life of your baby,
generously sacrificing your own life for hers.

Show us how to say 'yes' as you did to God's will
and show how precious all human life is.

Saint Gianna Molla, pray for us. Amen





Saint Albert the Great - Science

Saint Albert the Great, natural science always led you to the higher science of God. Your encyclopaedic knowledge was a gift from God, and you acted with humility. Inspire us as scientists to use our gifts well in studying the wonders of creation and giving greater glory to God.

Saint Albert the Great, *pray for us. Amen*





Blessed Nicolas Steno - Science

Blessed Nicolas Steno, you were a genius who didn't want praise or awards for your discoveries in the lab and in the field, you were only interested in truth and justice. Pray for those who struggle with doubts, may they be granted faith, shored up by reason.

Blessed Nicolas Steno, pray for us. Amen





Saint Joseph Moscati - Science

Saint Joseph Moscati, you were a doctor with a great love of others, you cured the body and spirit of your patients.

Guide us to practice the gifts of generosity and charity towards others.

Help us to love others selflessly as you did.

Saint Joseph Moscati, pray for us. Amen





Blessed Guadalupe Ortiz - Science

Blessed Guadalupe, help us to learn to carry out our work with love, as you did with your research and experiments.

Support us to spread faith and joy to everyone around us,
so that many more may come to know you and love you.

Blessed Guadalupe, pray for us. Amen





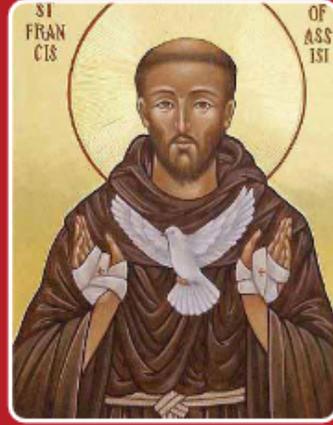
Saint Kateri Tekawitha - Geography

Saint Kateri, you knew how precious our world was and believed that the world is a gift to humanity.

Help us to care for the Earth and all people, so that we may live in the right relationship with You, with ourselves, with one another and with creation.

Saint Kateri, pray for us. Amen





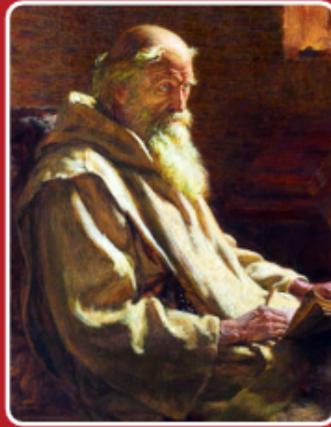
Saint Francis of Assisi - Geography

Saint Francis, you gave up your wealth to live in poverty, preaching to all the glory of God and the beauty of all creation.

Help us to follow your example of love, gentleness and virtue.

Saint Francis of Assisi, pray for us. Amen





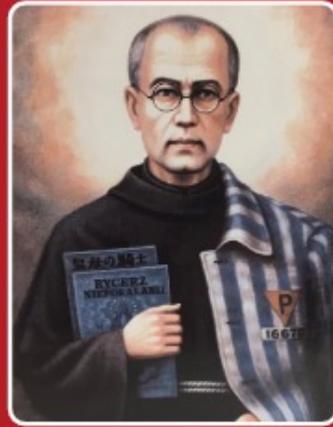
Saint Bede - History

Saint Bede, Patron of Historians, thank you for being an example of holiness, goodness and wisdom.

Inspire us to love God with all our hearts and to love others, practising our virtues.

Saint Bede, pray for us. Amen





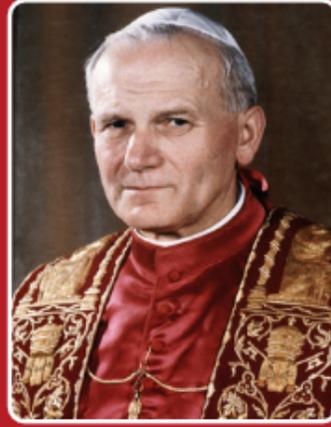
Saint Maximilian Kolbe - History

Saint Maximilian, you followed Jesus' example of love and sacrifice, protecting those who were persecuted and giving your life willingly for another.

Your life shows us such love, grace and forgiveness, help us to love and serve others as you did.

Saint Maximilian Kolbe, pray for us. Amen





Saint Pope John Paul II - Drama

Saint John Paul II, bless the young, who were your great passion.
Help them dream again, help them look up to the heavens again to find the
light that illuminates the paths of life here on Earth. May our art and skill
help to affirm that true beauty of the human person which reflects God.

Saint John Paul II, pray for us. Amen





Saint Genesius - Drama

Saint Genesius, through your acting you came to discover the truth of the Christian faith. Pray for those who dedicate their lives to the theatrical and cinematic arts. Like you, may they find the presence of the Lord in their work and generously open their hearts to His teaching.

Saint Genesius, pray for us. Amen





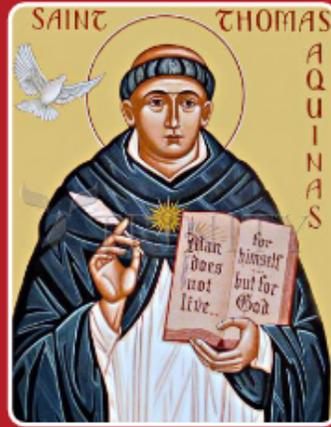
Saint Pelagia - Drama

Saint Pelagia, inspire us to entertain with sincere gratitude to God for the immense talents we have been blessed with, and to lead lives of holiness and dignity.

Help us to become good role models for others.

Saint Pelagia, pray for us. Amen





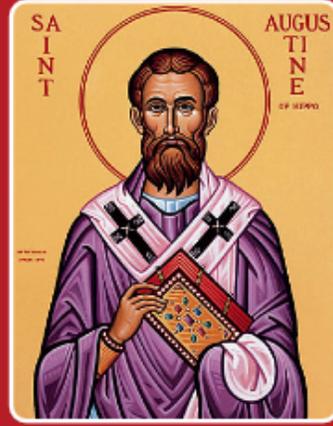
Saint Thomas Aquinas - RE

Saint Thomas, we pray your prayer to God:

'Grant me a mind to know You, a heart to seek You, wisdom to find You, a manner pleasing to You, faithful perseverance in waiting for You, and a hope of finally embracing You.'

Saint Thomas Aquinas, pray for us. Amen





Saint Augustine - RE

Saint Augustine, guide us so our knowledge of Jesus increases here.

Pray that the love of God grows in us every day more and more,
as it did for you.

Saint Augustine, pray for us. Amen





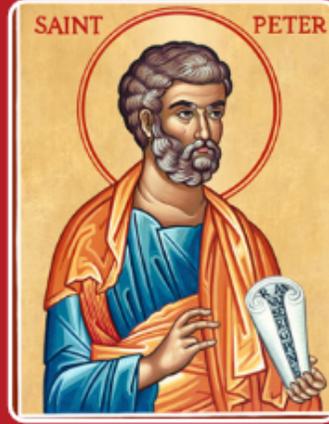
Saint Catherine of Siena - RE

Saint Catherine, you taught that we are all reflections of God, you went into the world to change it, with love and service.

Pray for us to have the gift of courage and the conviction to go out and 'set the world on fire'.

Saint Catherine, pray for us. Amen





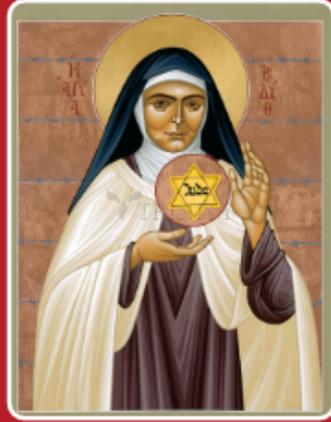
Saint Peter - RE

Saint Peter, Jesus trusted you with the keys to the kingdom of heaven
and to lead the Church.

Pray for us to act and speak with fortitude and prudence as you had to,
as the first Pope of the Church.

Saint Peter, pray for us. Amen





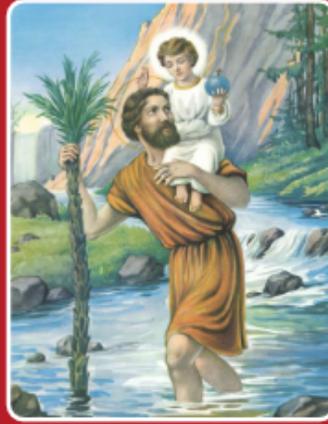
Saint Edith Stein - MFL

Saint Edith Stein, you knew the importance of knowledge; it was knowledge that convinced you to give faith another chance.

I ask you, St. Edith, to encourage me to use my mind to come to know God better. Inspire my mind on the journey towards truth.

Saint Edith Stein, pray for us. Amen





Saint Christopher - MFL

Saint Christopher, your name means 'Christ-bearer', as a result of the wonderful legend that, while carrying people across a raging stream, you also carried the Child Jesus. Help us to carry the message of Christ to all we meet. Protect all of us that travel both near and far and petition Jesus to be with us always.

Saint Christopher, pray for us. Amen





Saint Cyril - MFL

Saint Cyril, you were brave and generous, using your gifts with language to spread the word of God to others.

Give us the grace and courage to serve others with the words we use.

Saint Cyril, pray for us. Amen





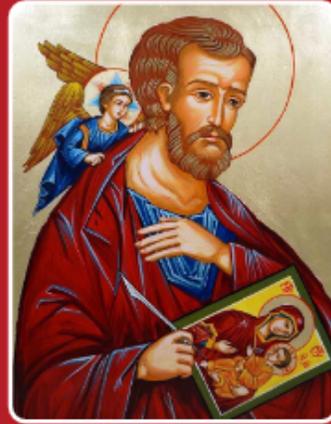
Our Lady of Lourdes - MFL

Our Lady, who appeared to St Bernadette, you have brought people from all over the world to Lourdes. Even though they all speak different languages, they are united in love of your son, Jesus.

Pray for us to grow in love and virtue.

Our Lady of Lourdes, pray for us. Amen





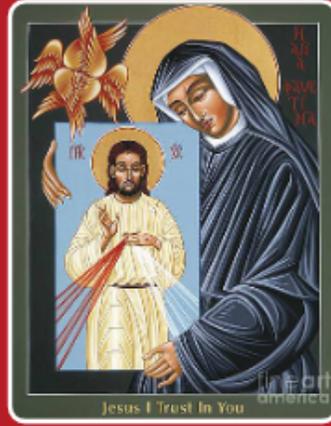
Saint Luke - Art

Saint Luke, you wrote in your gospel about the love and the healing power of Jesus. You spent time with Mary and used your gifts as an artist to paint her image, which is still treasured by the Church today.

Help us to use our gifts and talents to inspire others.

Saint Luke, Patron Saint of Artists, pray for us. Amen





Saint Faustina - Art

Saint Faustina, you needed to show your vision of Jesus to the world,
and you did not rest until your mission was completed.

You showed us how to have the courage to carry on with a task,
even when there are challenges. Help us to follow your example.

Saint Faustina, pray for us. Amen





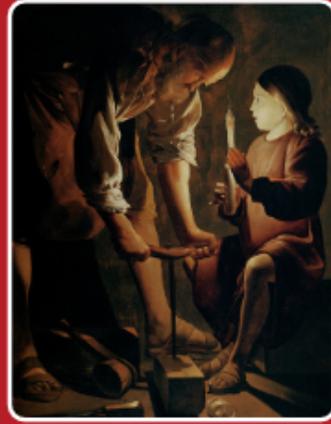
Saint Anne - Textiles

Saint Anne, as mother of Mary and grandmother of Jesus you cared for them both, making sure they had clothes to wear and food to eat.

Pray that we may use our skills to serve others.

St Anne, Patron Saint of Seamstresses, pray for us. Amen





Saint Joseph - Design Technology

Saint Joseph, you worked hard to perfect your carpentry skills and to patiently teach Jesus your craft.

Help me to work as carefully as you did and to do it all for the greater glory of God.

Saint Joseph, pray for us. Amen





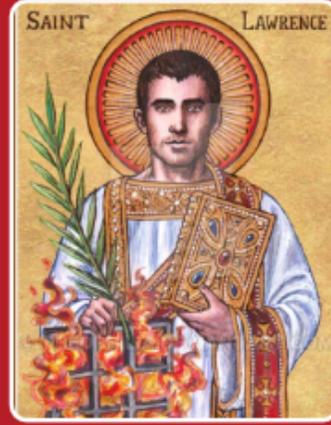
Saint Hildegard - Music

Saint Hildegard, patroness of Composers and Musicians, you used your gifts to inspire others and show God's love through music.

Help us to follow your example and to express goodness, truth and beauty through our work.

Saint Hildegard, pray for us. Amen





Saint Lawrence - Food and Nutrition

Saint Lawrence, you served the poor giving them food and clothing;
praying with them and for them.

You were martyred for your love of Jesus, showing great fortitude.

Guide us to seek to serve others with love and courage.

Saint Lawrence, pray for us. Amen





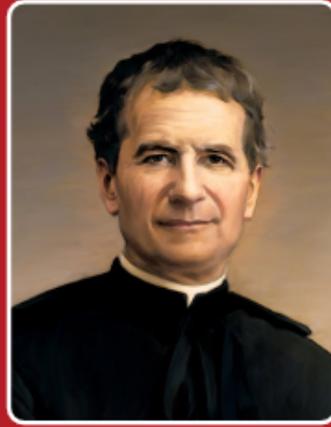
Saint Sebastian - PE

Saint Sebastian, you showed great strength and fortitude when you gave your life for the love of Jesus.

We ask you to help us to be true athletes, practising the virtues you showed us.

Saint Sebastian, pray for us. Amen





Saint John Bosco - Exclusion/Behaviour

Saint John Bosco, you were full of love for God, and you used this to serve the young people you met. We pray that you guide us to discover the goodness that is within us. May we learn from your example and practice the virtues which guide us to love our neighbours.

Saint John Bosco, pray for us. Amen





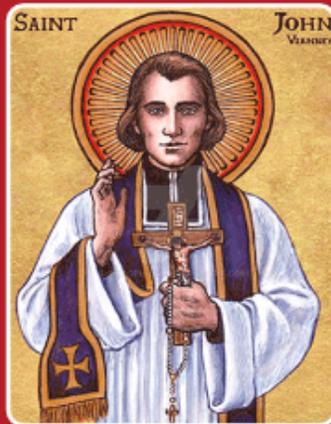
Saint Margaret of Castello - LS

Saint Margaret, you lived a life of hope and faith, practising heroic charity though little was shown to you in return.

Pray for us to have the grace and courage that we need to carry on, even when we are struggling.

Saint Margaret of Castello, pray for us. Amen





Saint John Vianney - LS

Saint John Vianney, you are the patron saint of all priests, even though you struggled with all your studies. You knew God was calling you to be a priest and to serve others with gentleness and love.

Help us to be like you and never give up, knowing God is with us.

Saint John Vianney, pray for us. Amen

