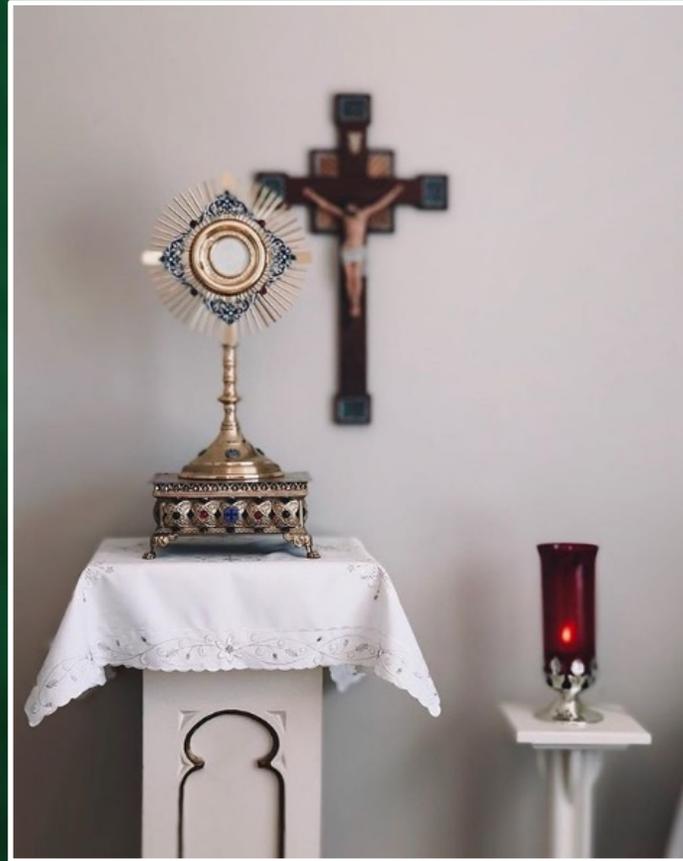


Week Commencing 9th January 2023

Week of Ordinary Time, Year A



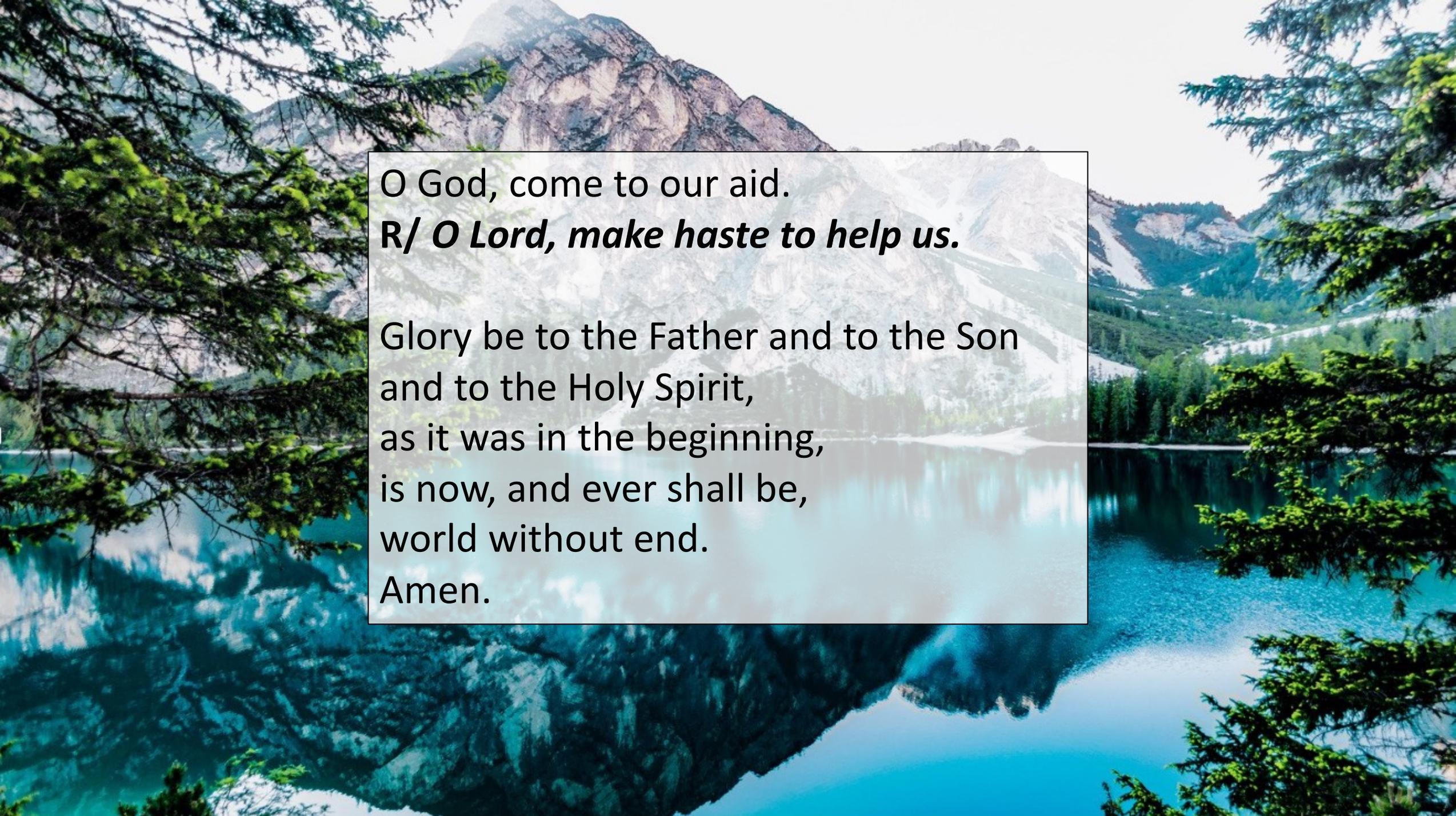
Begin with the
Sign of the Cross



Morning Prayer

Monday 9th January



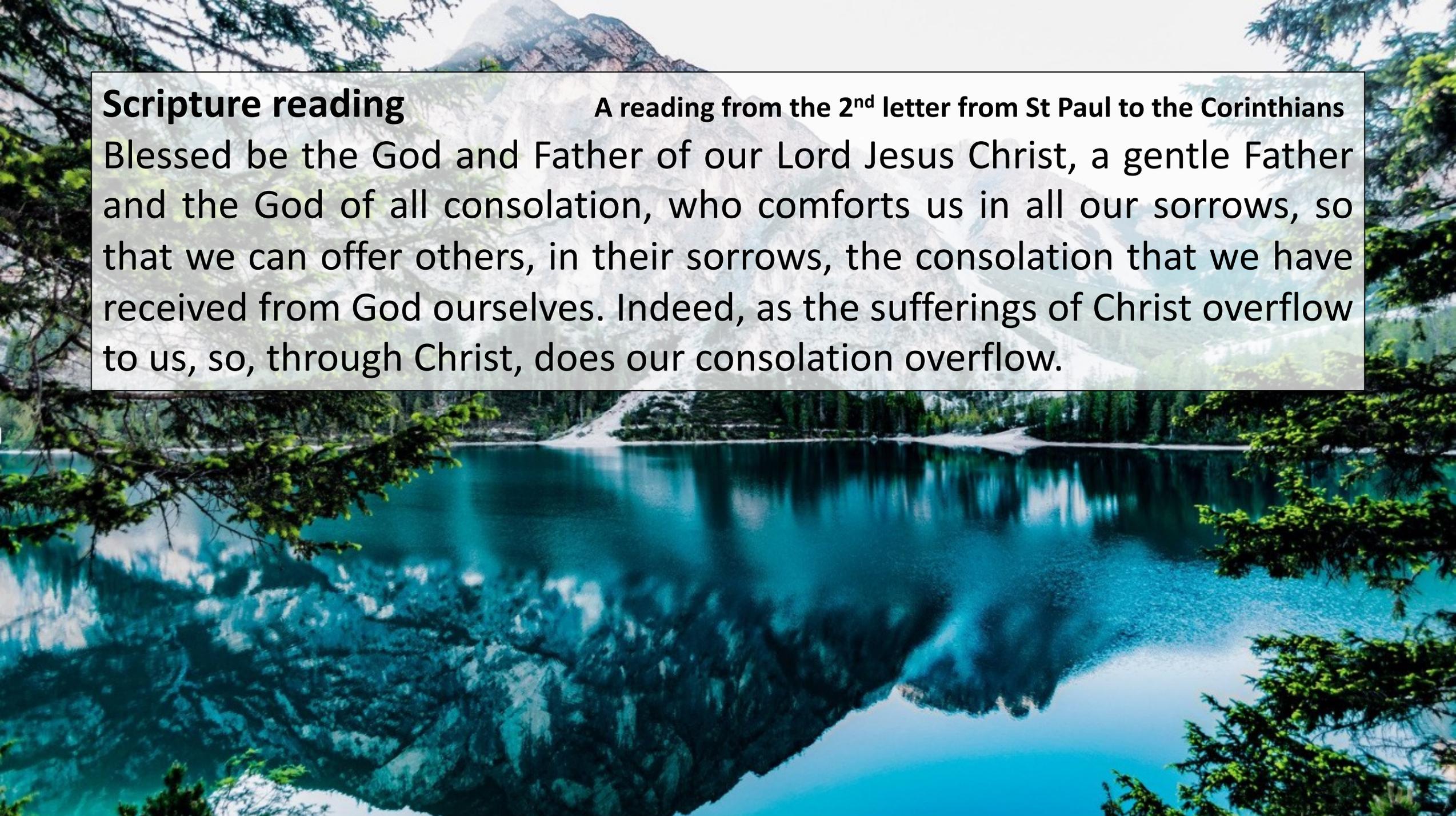


O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.



Scripture reading

A reading from the 2nd letter from St Paul to the Corinthians

Blessed be the God and Father of our Lord Jesus Christ, a gentle Father and the God of all consolation, who comforts us in all our sorrows, so that we can offer others, in their sorrows, the consolation that we have received from God ourselves. Indeed, as the sufferings of Christ overflow to us, so, through Christ, does our consolation overflow.

Scripture reading

A reading from the 2nd letter from St Paul to the Corinthians

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Pause for the reflection

Scripture reading

A reading from the 2nd letter from St Paul to the Corinthians

Blessed be the God and Father of our Lord Jesus Christ, a gentle Father and the God of all consolation, who comforts us in all our sorrows, so that we can offer others, in their sorrows, the consolation that we have received from God ourselves. Indeed, as the sufferings of Christ overflow to us, so, through Christ, does our consolation overflow.

Think and reflect...

Who do I turn to when I am sad?

Do others find comfort and support from me?

Do I make time to spend with God so that He can fill me with His love?

Justice

Always tell the truth.

Love

Fairness

Charity

Gratitude

Truth

Forgiveness

"Love one another."

Allow a time of silence to reflect on these questions

Intercessions

Lord, you are love itself: grant that we may love you.

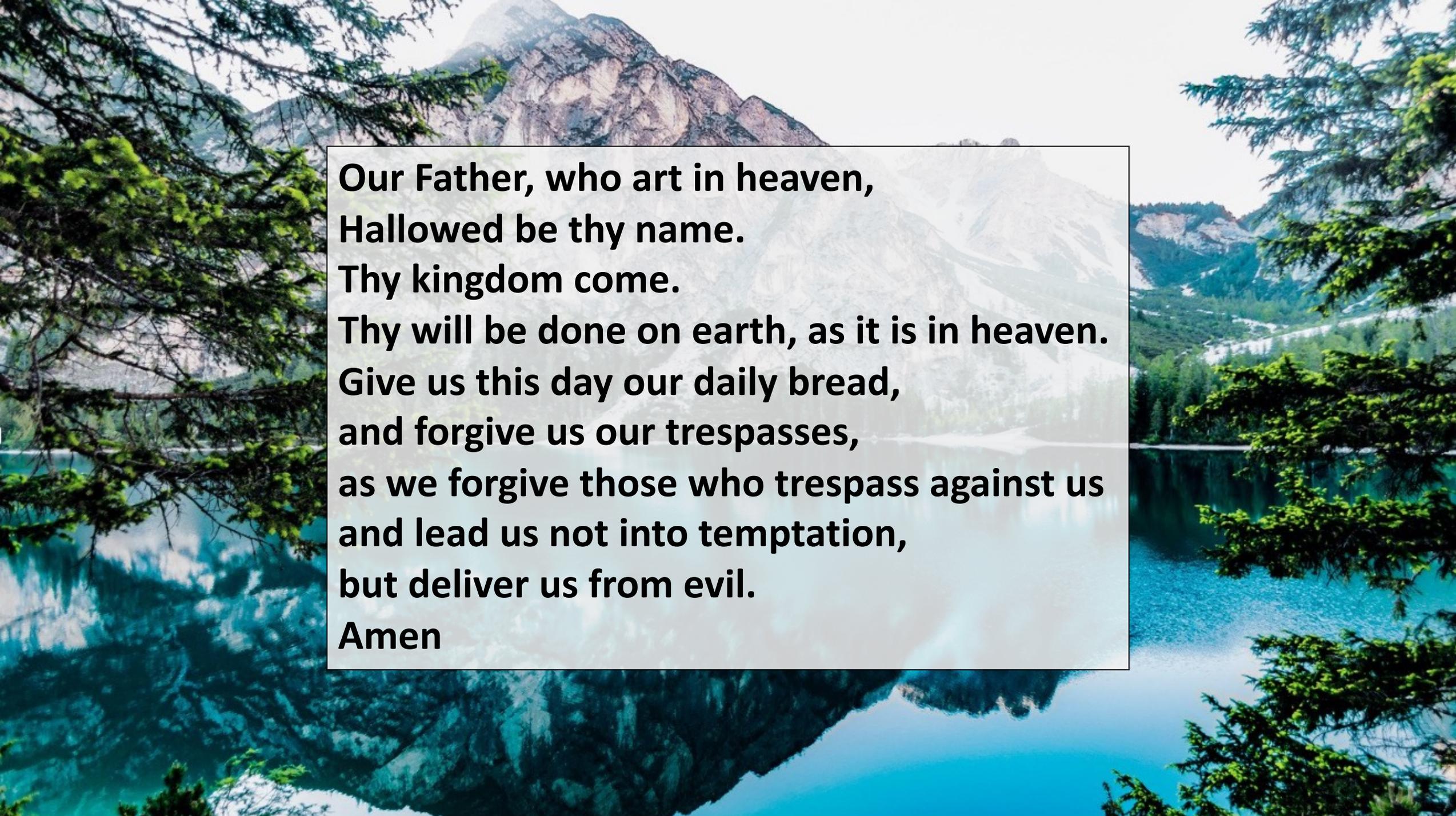
Lord hear us. Lord graciously hear us.

Give us today the fruit of the Holy Spirit: make us patient, kind and gentle.

Lord hear us. Lord graciously hear us.

Help us to know and understand the needs of our neighbours, and give us the courage to love them as brothers and sisters.

Lord hear us. Lord graciously hear us.

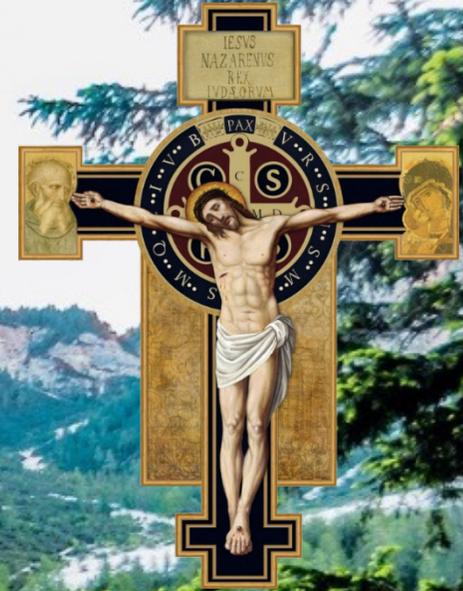


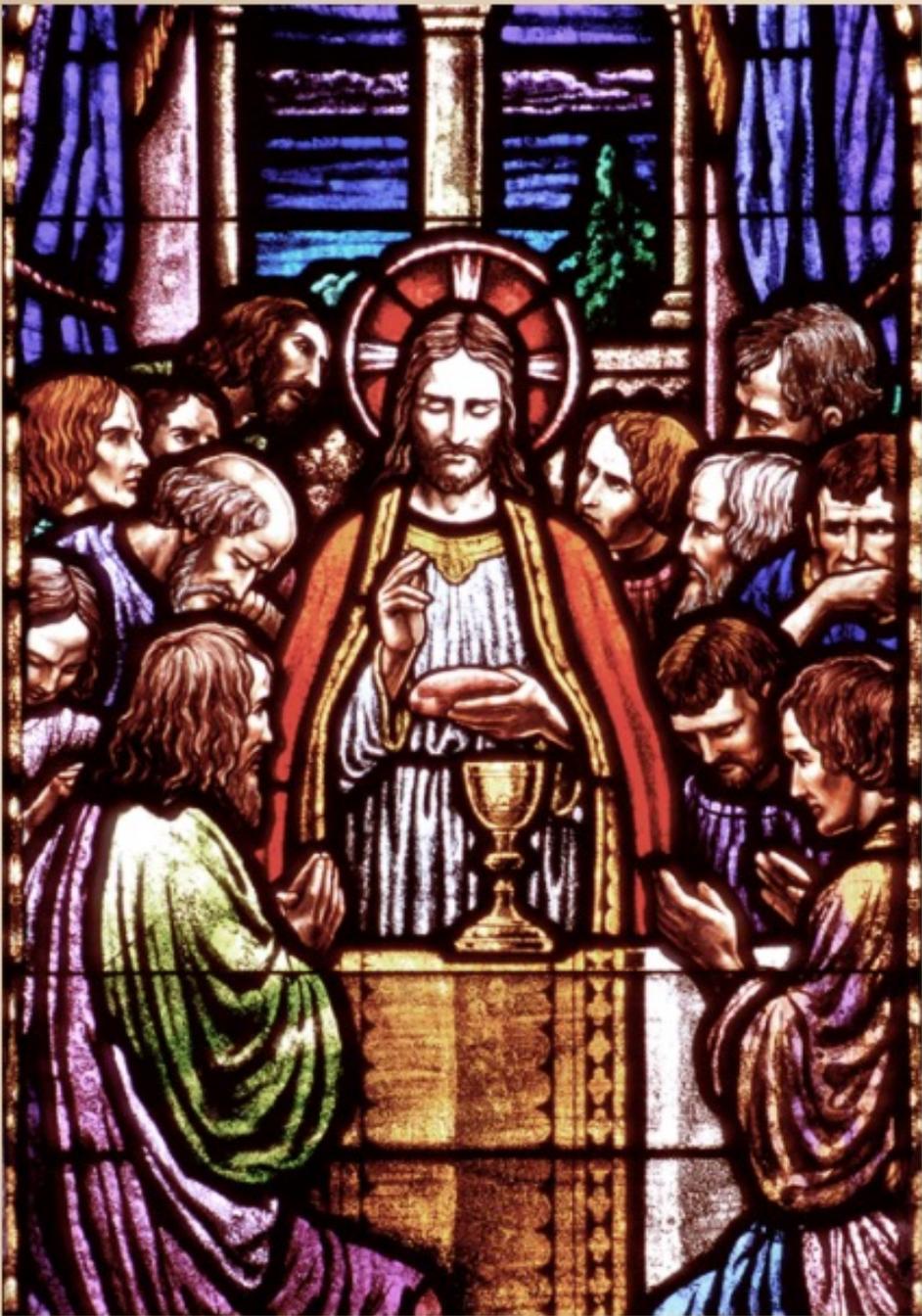
**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding prayer

Almighty Lord and God, protect us by your power throughout this day, as you have enabled us to begin it. Do not let us turn aside to any sin, but let our every thought, word and deed aim at doing what is pleasing in your sight.

Amen.



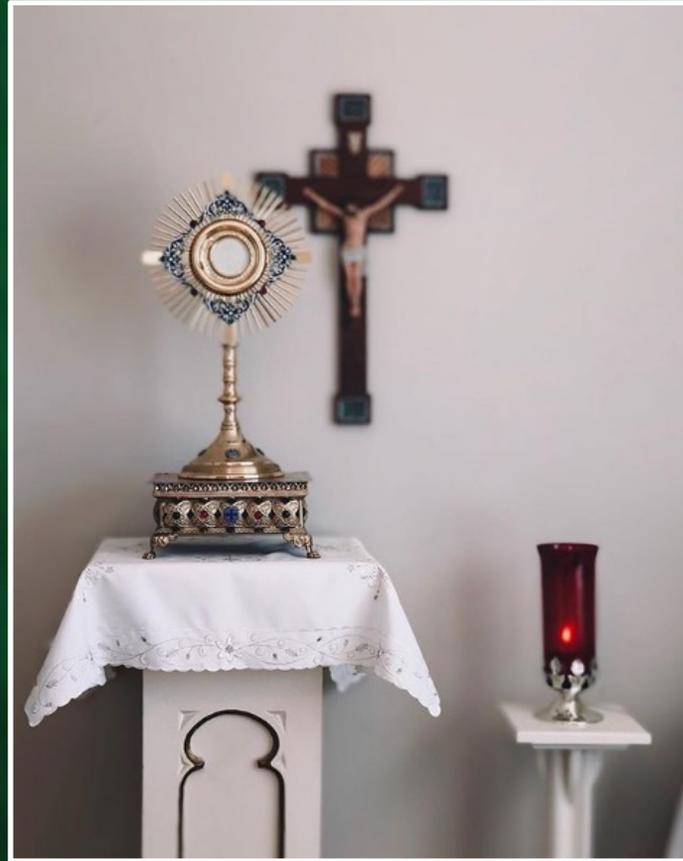


GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Monday 9th January



Ant. God planned to bring all things together under Christ when the fullness of time had come.

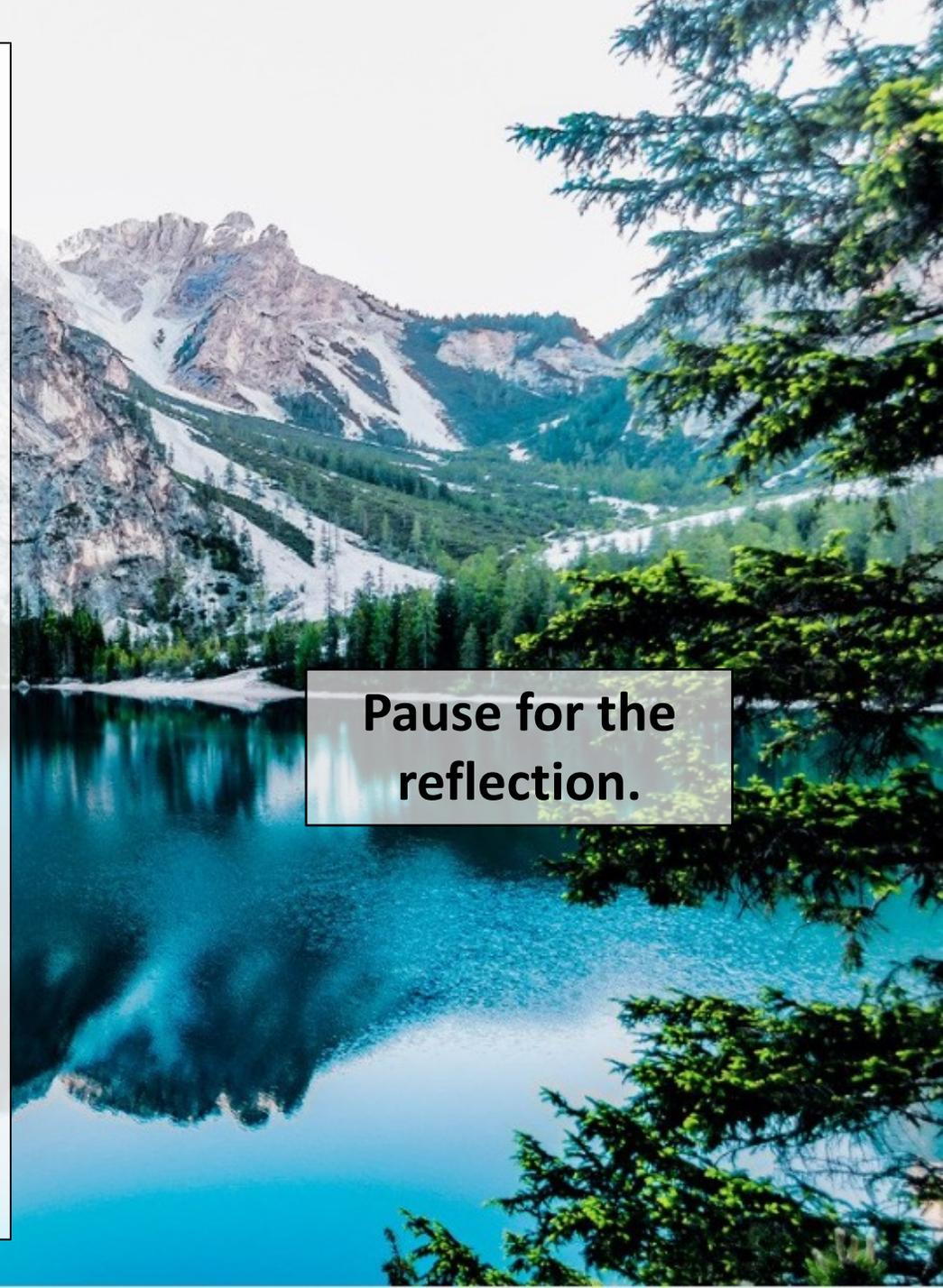
Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

He chose us in him before the foundation of the world, that we should be holy and blameless before him.

He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.

Ant. God planned to bring all things together under Christ when the fullness of time had come.

Pause for the reflection.



Subject Prayers

English

[Saint Francis de Sales](#)
[Saint Thomas More](#)
[Saint Cardinal Newman](#)
[Saint John the Evangelist](#)

Mathematics

[Saint Hubert](#)

Computing

[Blessed Carlo Acutis](#)
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Music

[Saint Hildegard](#)

Food & Nutrition

[Saint Lawrence](#)

Physical Education

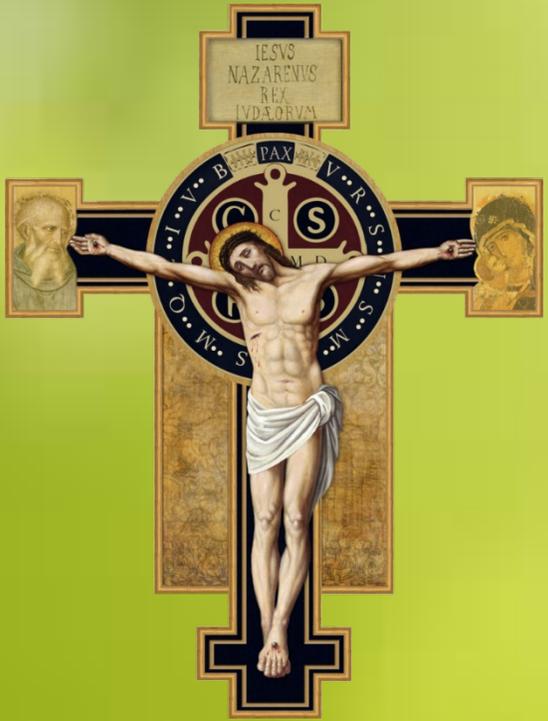
[Saint Sebastian](#)

Exclusion/Behaviour

[Saint John Bosco](#)

Learning Support

[Saint Margaret of Castello](#)
[Saint John Vianney](#)



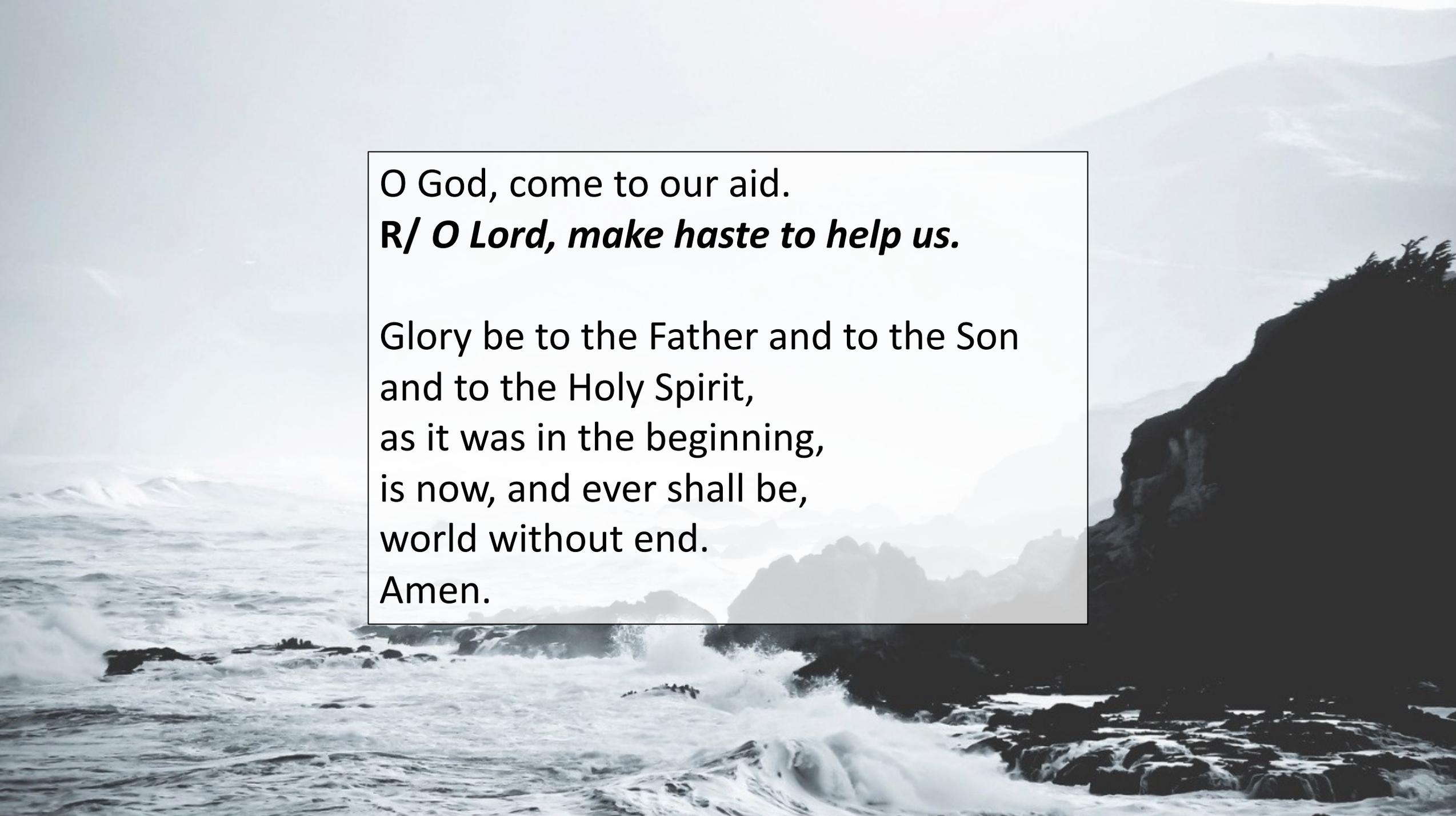
Begin with the
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Morning Prayer

Tuesday 10th January



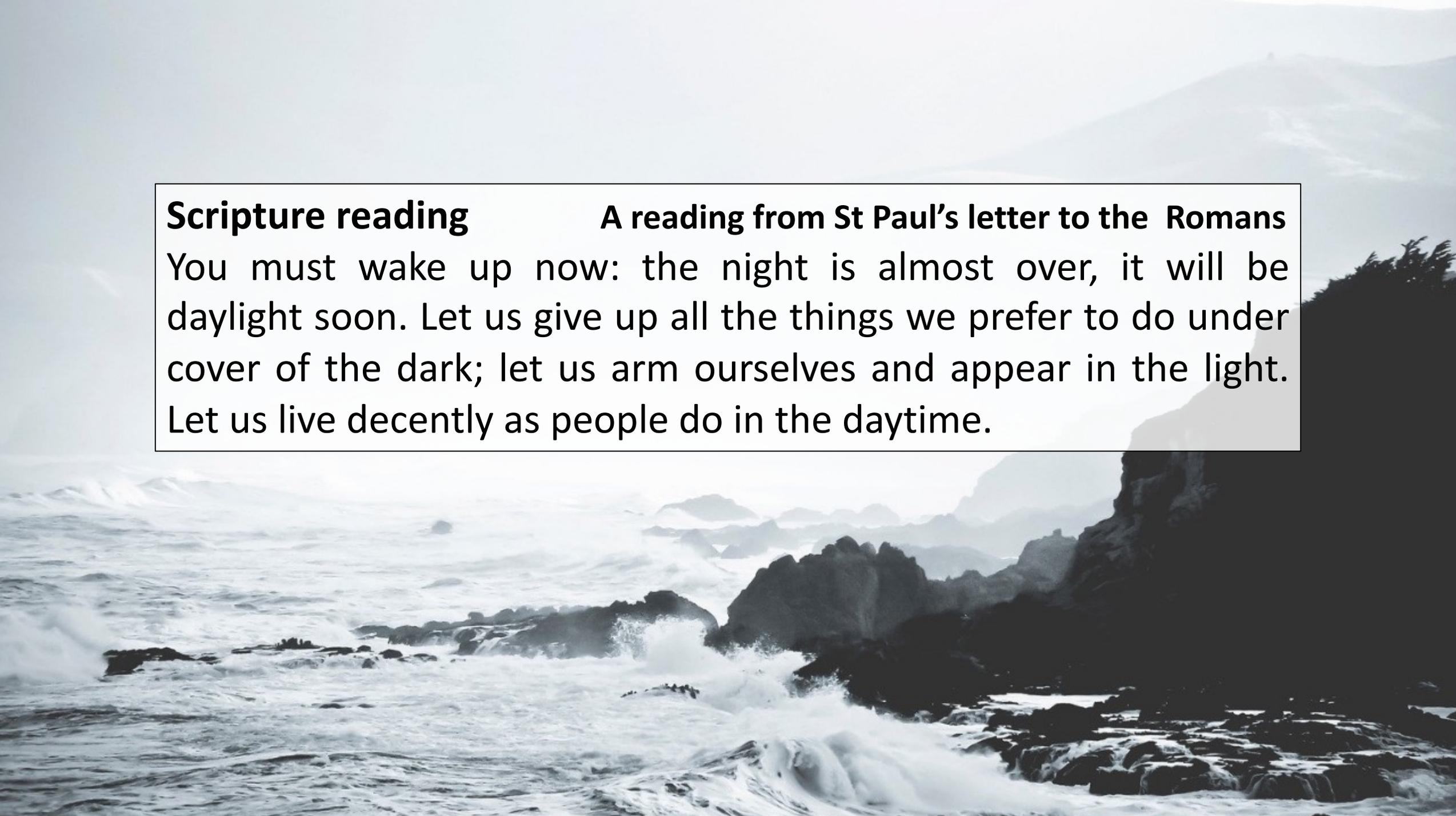


O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

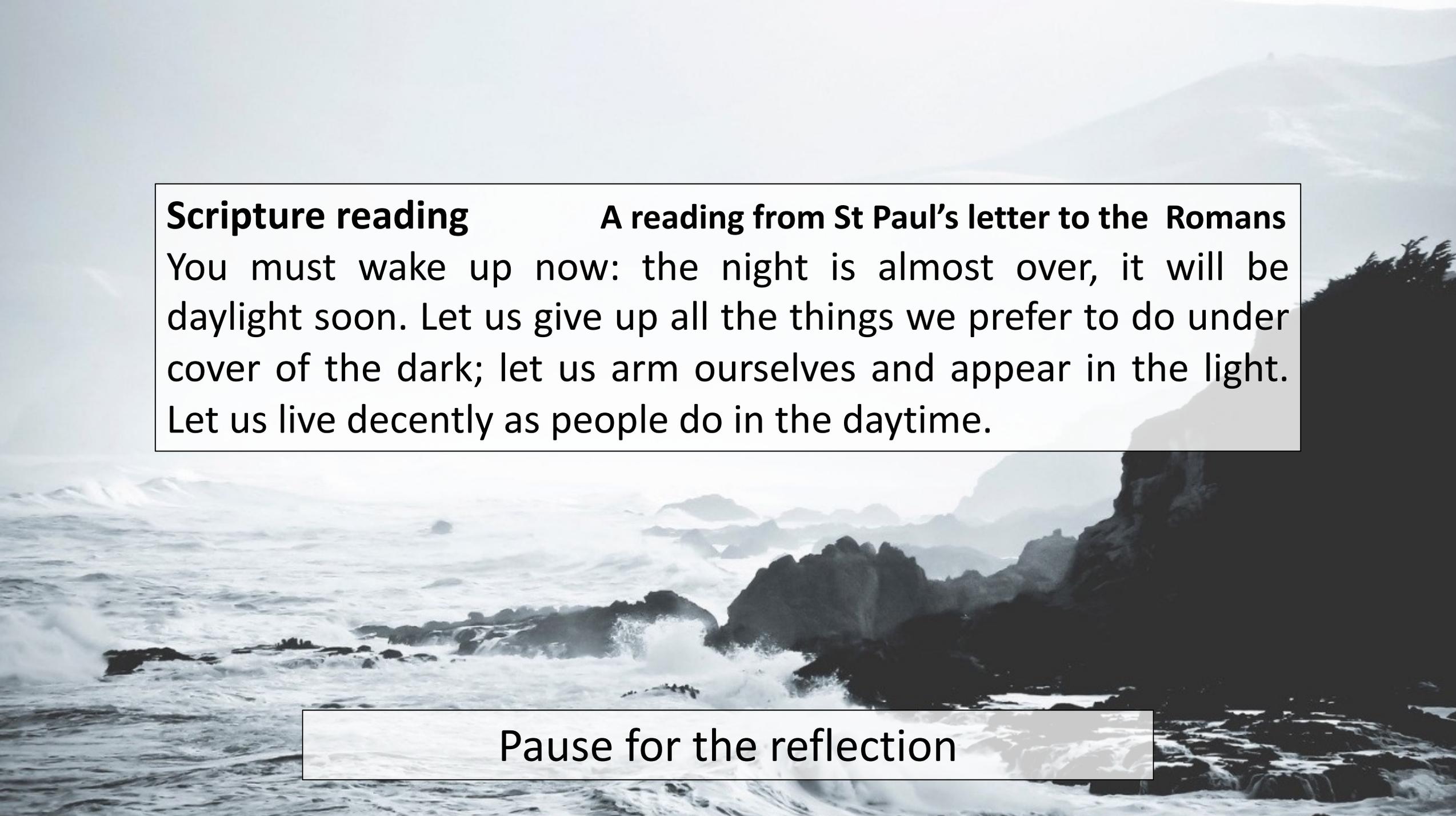
Amen.



Scripture reading

A reading from St Paul's letter to the Romans

You must wake up now: the night is almost over, it will be daylight soon. Let us give up all the things we prefer to do under cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime.



Scripture reading

A reading from St Paul's letter to the Romans

You must wake up now: the night is almost over, it will be daylight soon. Let us give up all the things we prefer to do under cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime.

Pause for the reflection

Scripture reading

A reading from St Paul's letter to the Romans

You must wake up now: the night is almost over, it will be daylight soon. Let us give up all the things we prefer to do under cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime.

Think and reflect...

What do you keep hidden in the dark?

Are you truly yourself around others?

How could you choose to live in the light today?

Justice

Always tell the truth.

Love

Fairness

Charity

Gratitude

Truth

Forgiveness

"Love one another."

Allow a time of silence to reflect on these questions

Intercessions

Lord of the universe, the shepherds found you in a manger: save us from selfishness in the way we live.

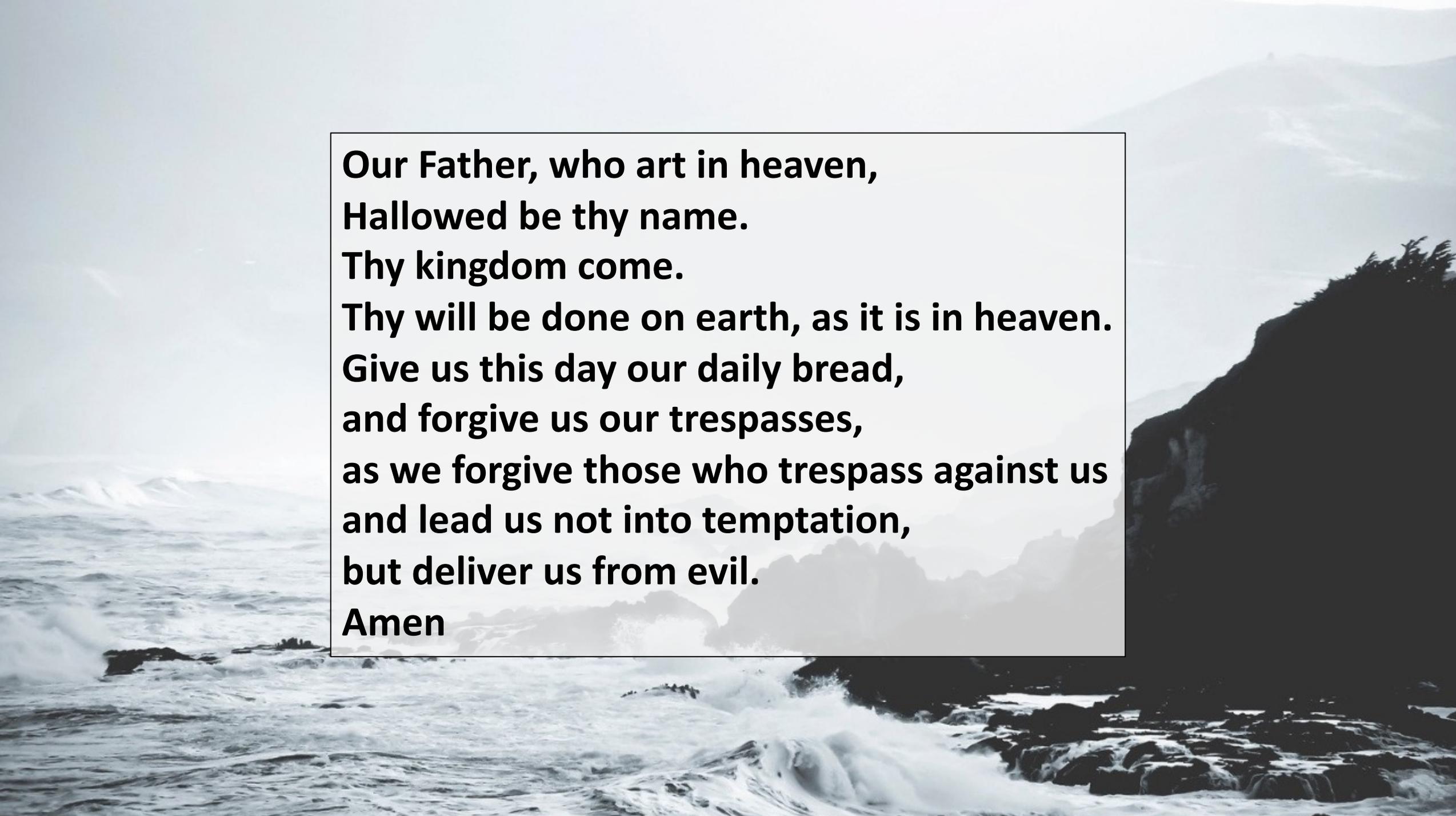
– *Lord hear us, **Lord graciously hear us.***

You so loved us in all our weakness that you came to be our Saviour; help us to respect the dignity of every person.

– *Lord hear us, **Lord graciously hear us.***

Help us to be considerate and kind; grant that we may bring joy, not pain, to those we meet.

– *Lord hear us, **Lord graciously hear us.***



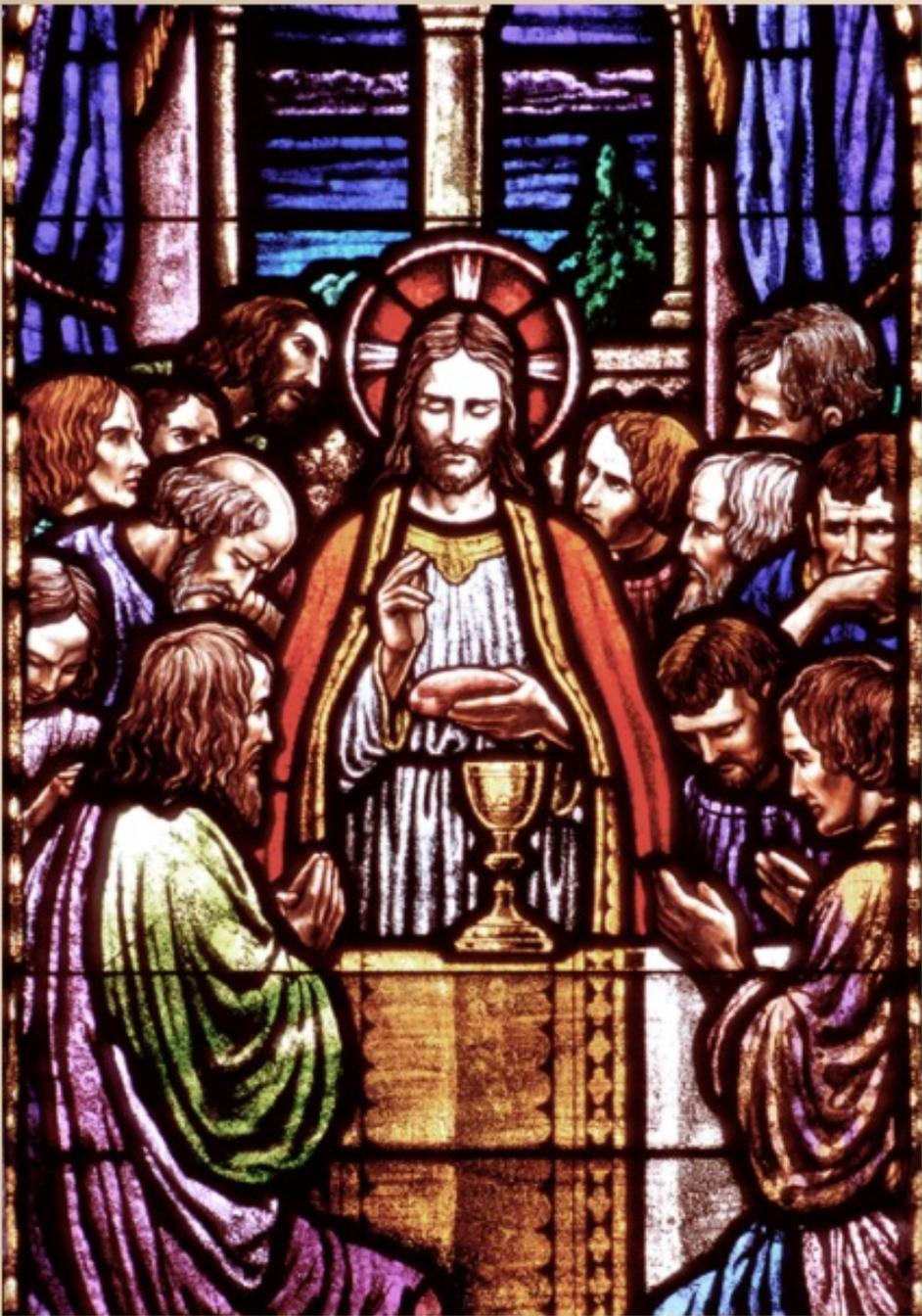
**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding prayer

Look with favour on our morning prayer, Lord, and in your saving love let your light come into the hidden places of our hearts.

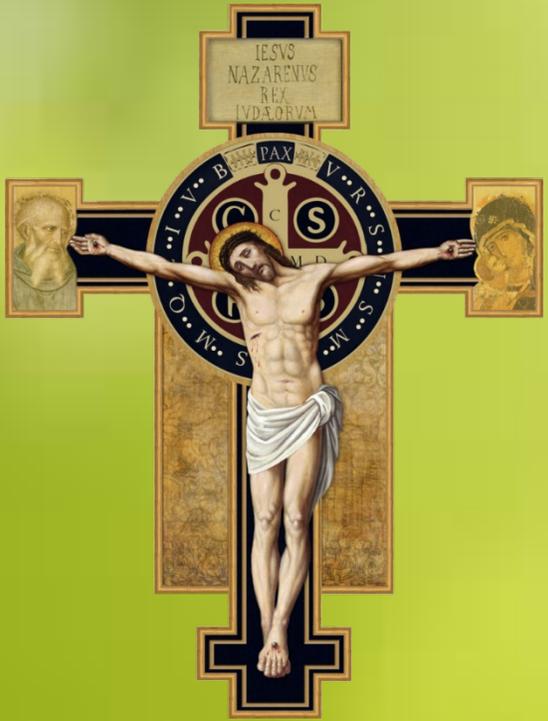
Amen.





GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Tuesday 10th January



Ant. O Lord, you will show me the fullness of joy in your presence. Alleluia.

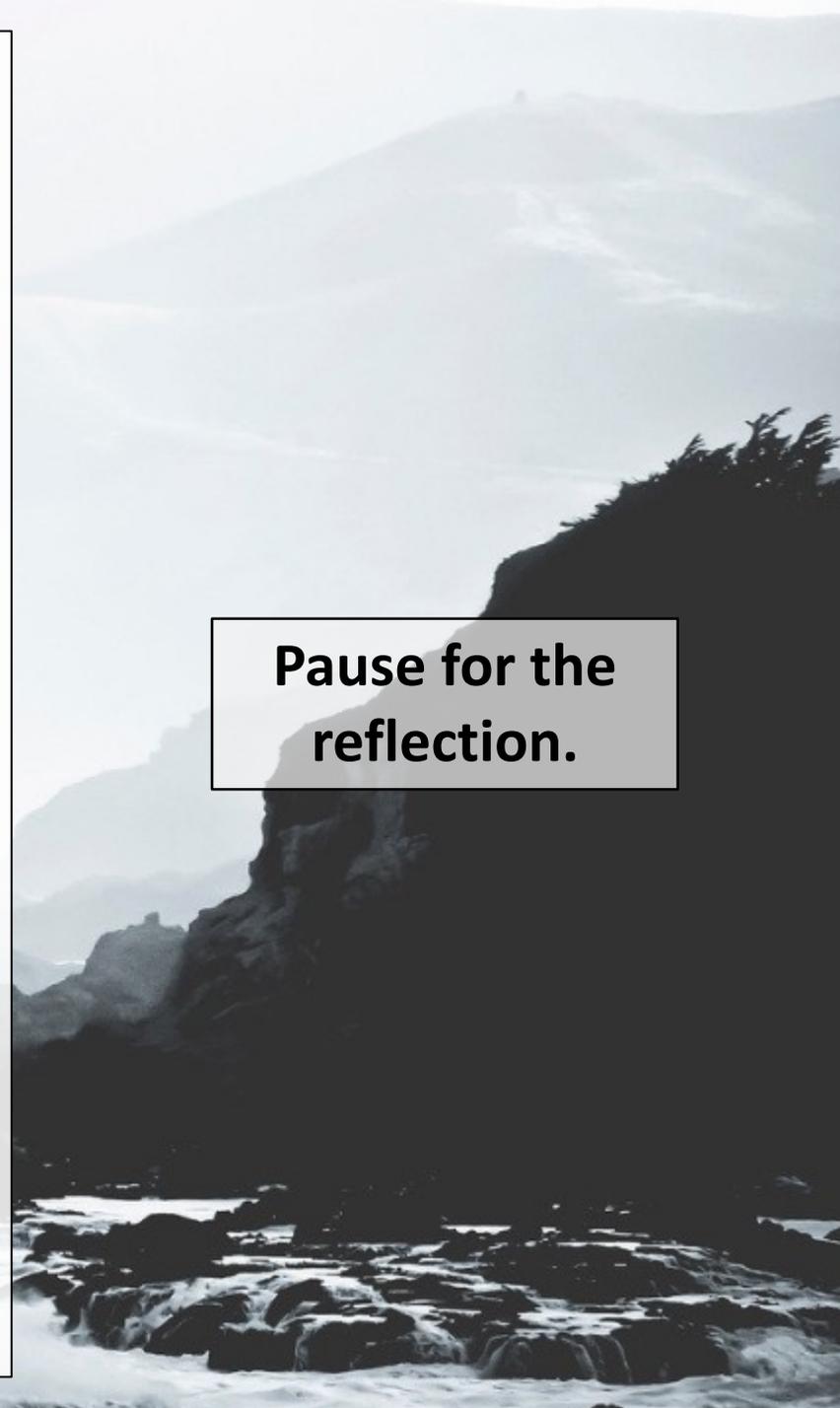
Preserve me, God, I take refuge in you. I say to the Lord: 'You are my God. My happiness lies in you alone.'

And so my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay.

You will show me the path of life, the fullness of joy in your presence, at your right hand happiness for ever.

Ant. O Lord, you will show me the fullness of joy in your presence. Alleluia.

Pause for the reflection.



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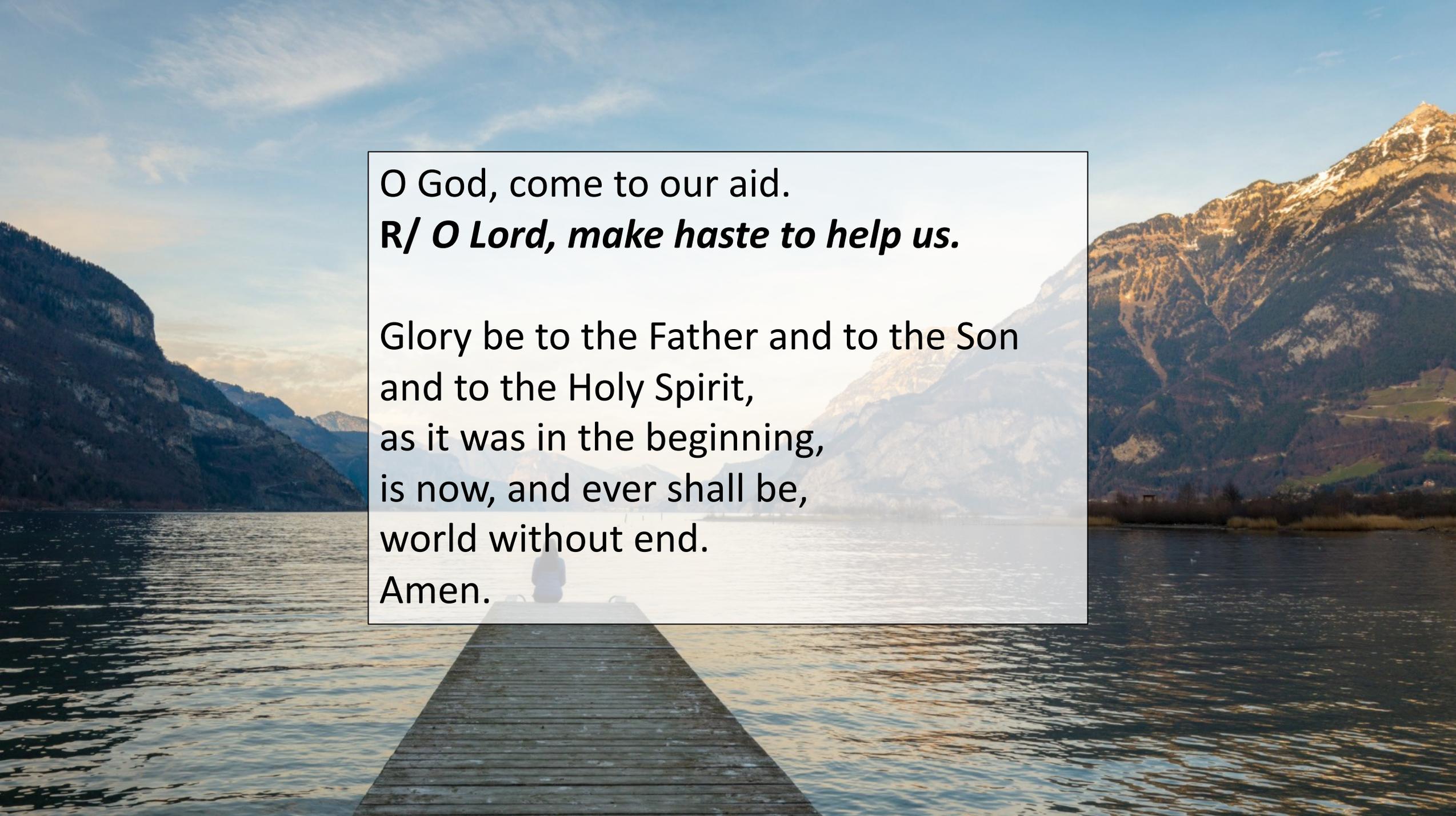
Begin with the
Sign of the Cross



Morning Prayer

Wednesday 11th January



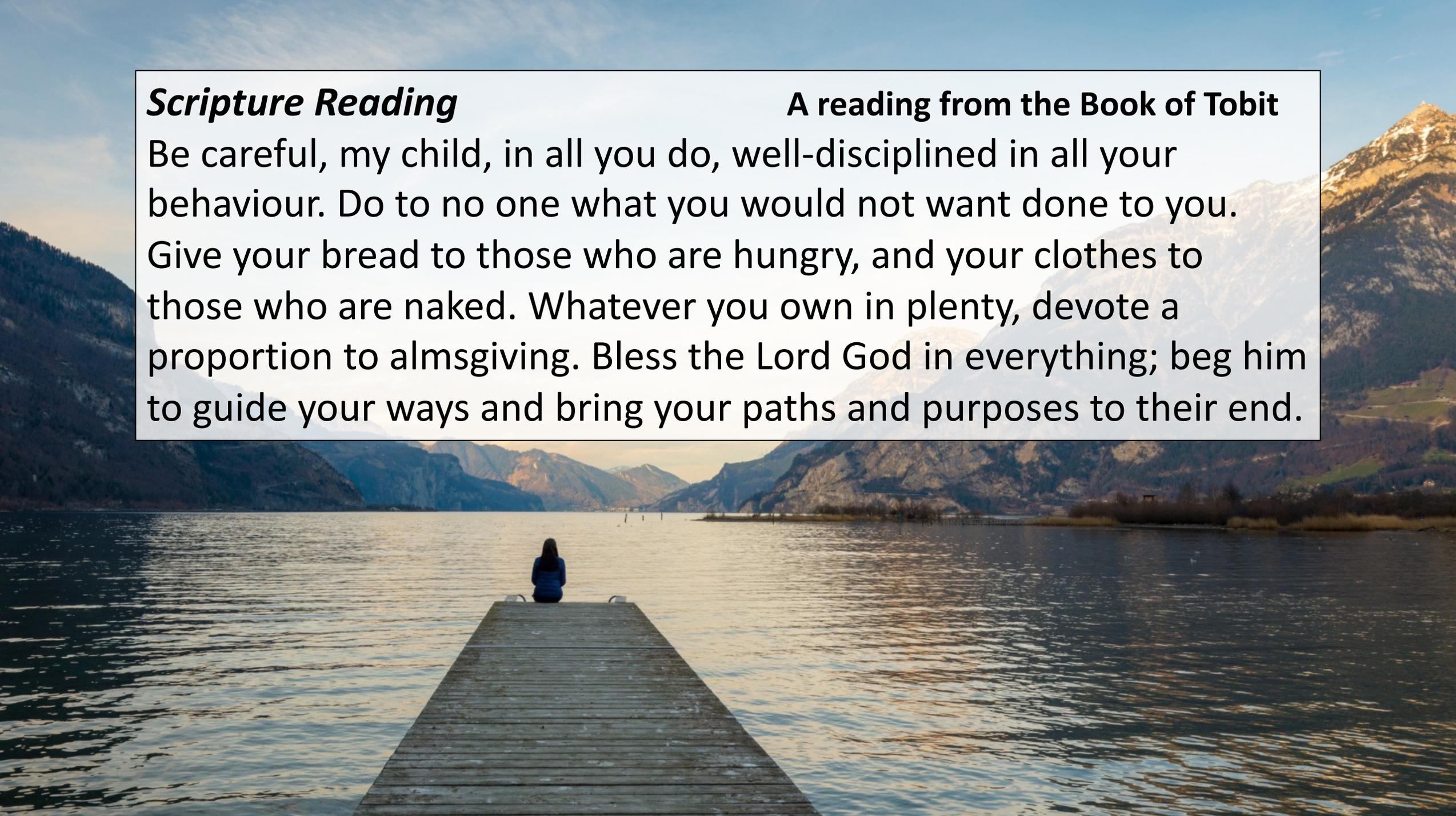
A scenic landscape featuring a wooden pier extending into a calm lake. The background is dominated by majestic mountains, some with patches of snow, under a clear blue sky with light, wispy clouds. The water reflects the sky and the surrounding terrain.

O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

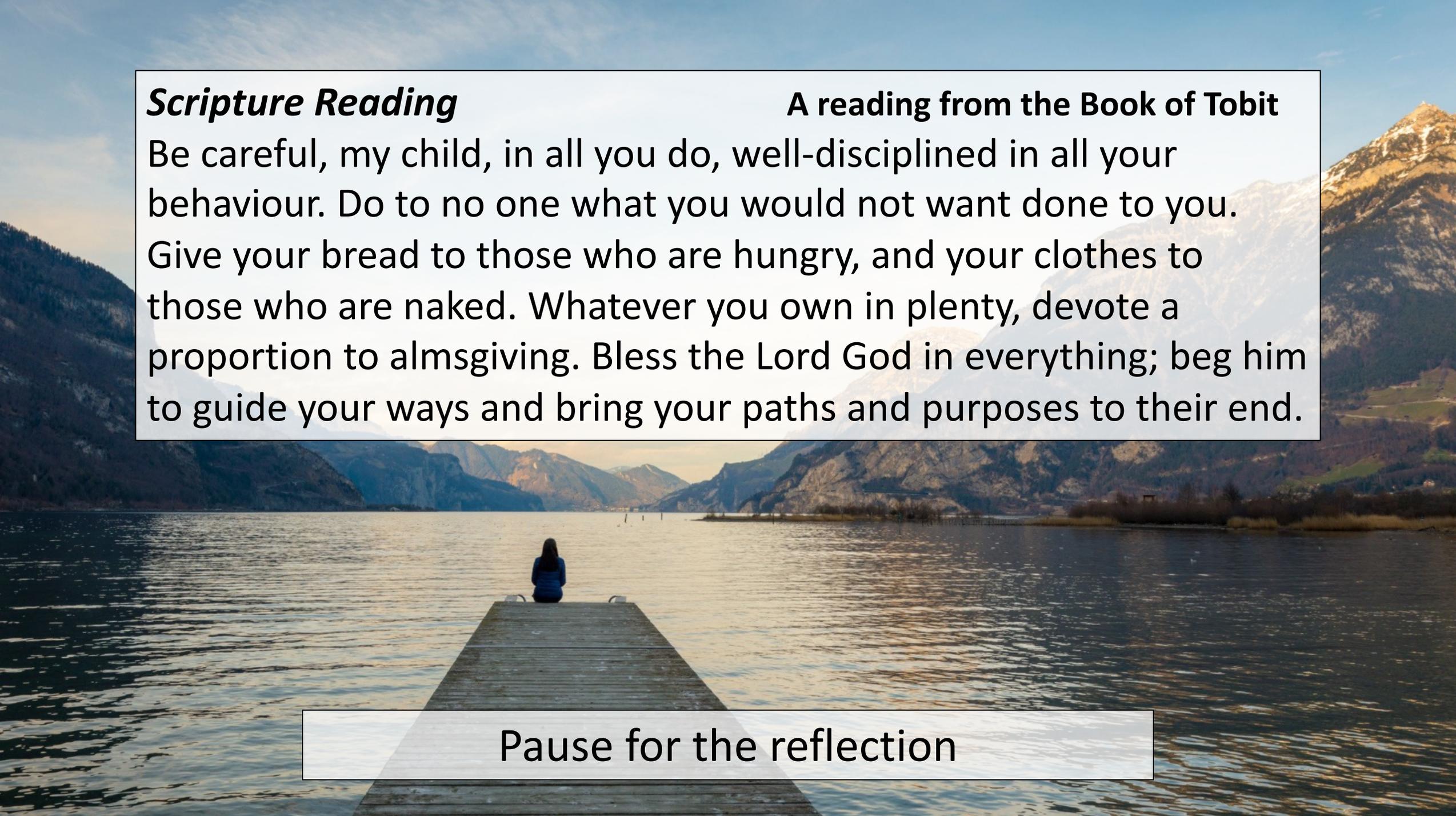
Amen.

A person with long dark hair, wearing a blue jacket, is sitting on the end of a long wooden pier that extends into a large body of water. The water is calm and reflects the sky. In the background, there are large, rugged mountains with some snow on their peaks. The sky is a clear, pale blue. The overall scene is peaceful and scenic.

Scripture Reading

A reading from the Book of Tobit

Be careful, my child, in all you do, well-disciplined in all your behaviour. Do to no one what you would not want done to you. Give your bread to those who are hungry, and your clothes to those who are naked. Whatever you own in plenty, devote a proportion to almsgiving. Bless the Lord God in everything; beg him to guide your ways and bring your paths and purposes to their end.

A person with long dark hair, wearing a blue jacket, is sitting on the end of a long wooden pier that extends into a large body of water. The water is calm and reflects the sky. In the background, there are large, rugged mountains with some snow on their peaks under a clear blue sky. The overall scene is peaceful and contemplative.

Scripture Reading

A reading from the Book of Tobit

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A reading from the Book of Tobit

Think and reflect...

***What am I grateful for?
(health, possessions, family, friends, education, talents...)***

Do I show others (including God) my gratitude?

Do I find ways to share with others who have less than I do?

Justice

Always tell the truth.

Love

Fairness

Charity

Gratitude

Truth

Forgiveness

"Love one another."

Allow a time of silence to reflect on these questions

Intercessions

Every day is a proof of your love:
as you bring us to this new day, make us new in mind and in heart.

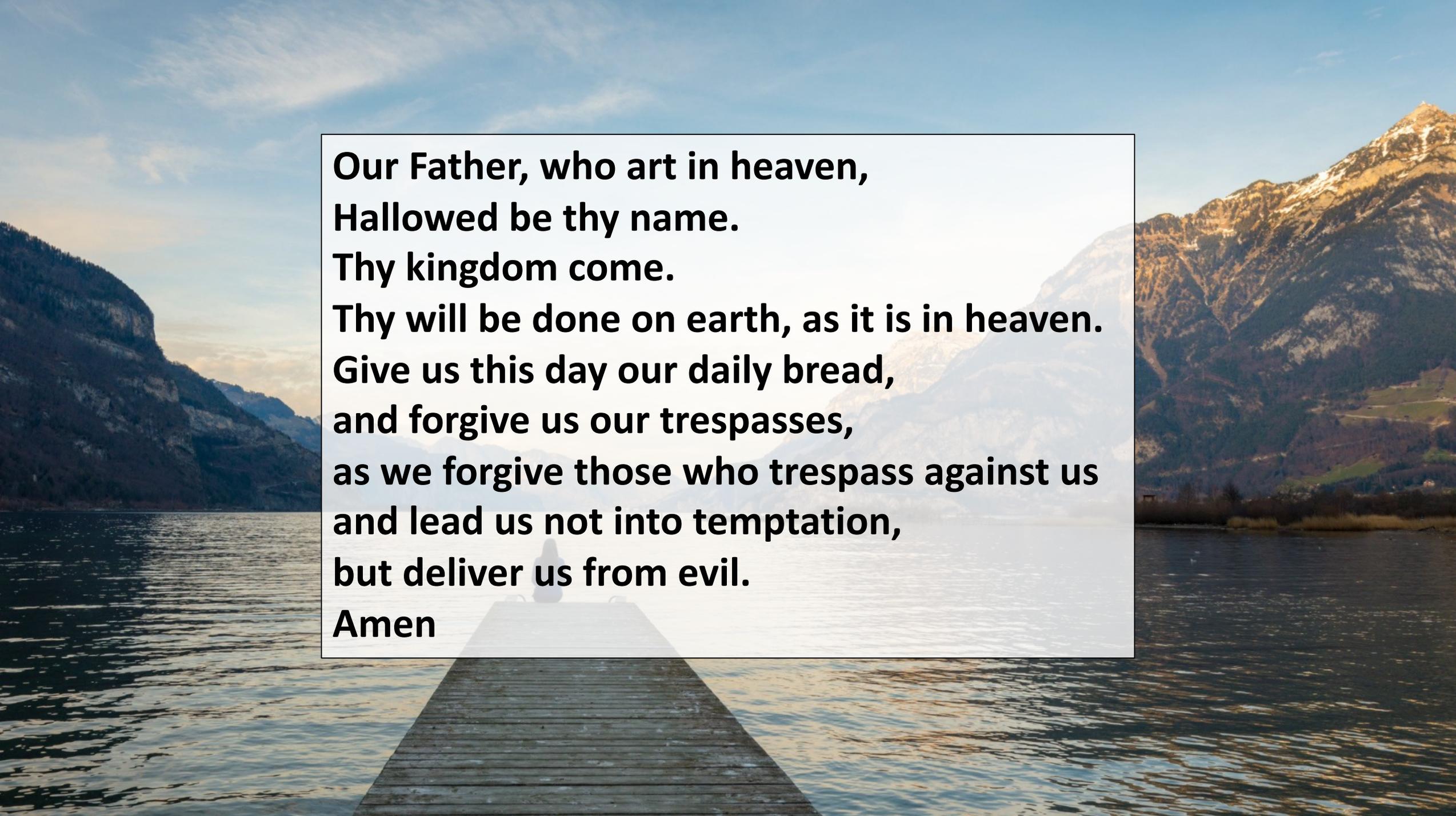
– *Lord hear us, **Lord graciously hear us.***

Teach us to see you present in all men;
help us to recognize you most of all in those who suffer.

– *Lord hear us, **Lord graciously hear us.***

May our lives today be filled with your compassion;
give us the spirit of forgiveness and a generous heart.

– *Lord hear us, **Lord graciously hear us.***

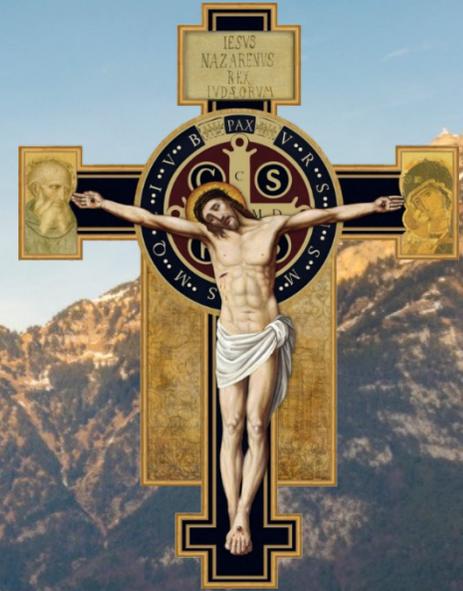
A scenic landscape featuring a wooden pier extending into a calm lake. The background is dominated by majestic mountains, some with patches of snow, under a clear blue sky. The water reflects the surrounding environment, creating a serene and peaceful atmosphere.

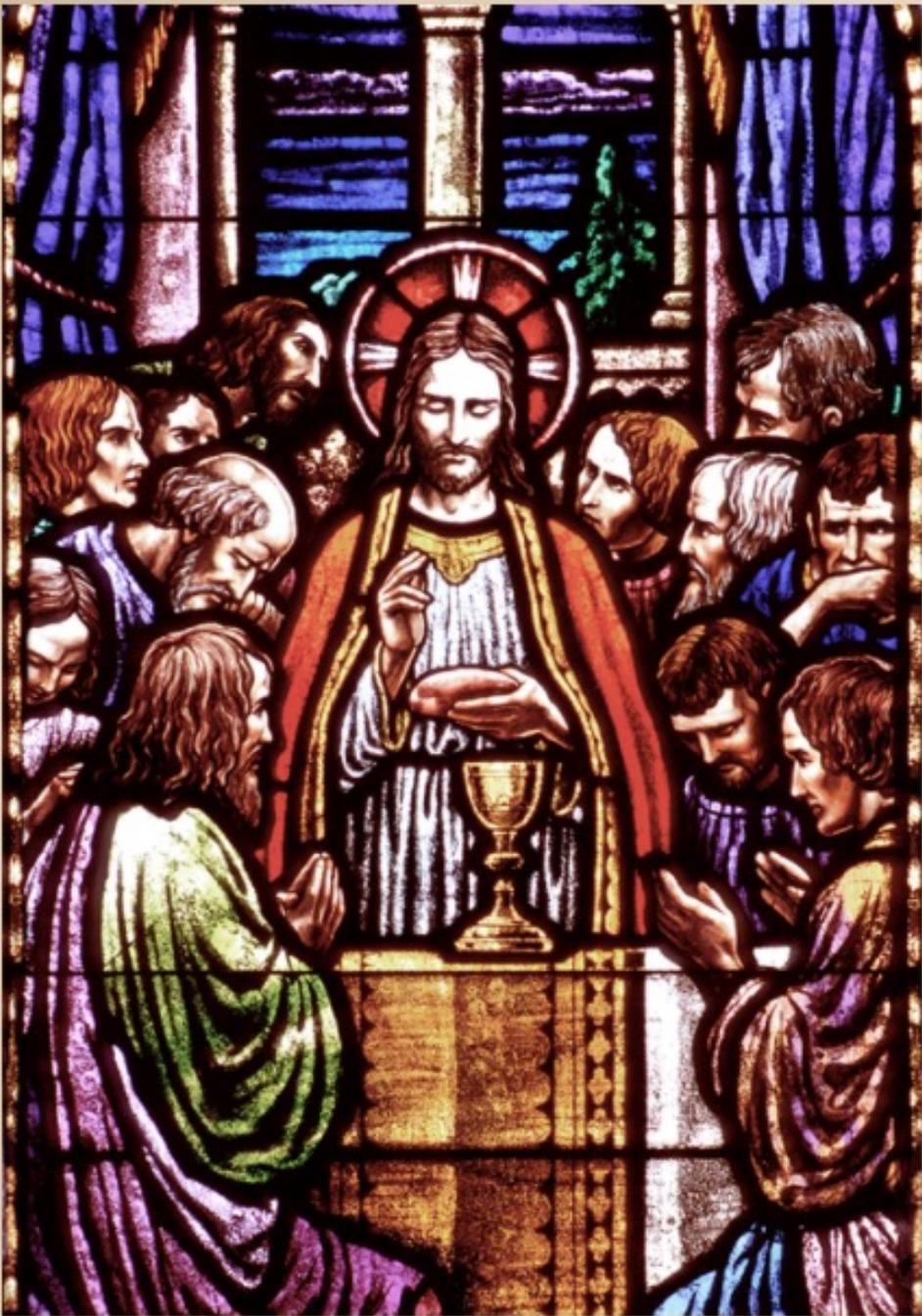
**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding Prayer

Lord God, may we serve you with a pure love. Then our joy will be full as we receive from your loving hand all that we desire and ask.

Amen





GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Wednesday 11th January



Ant. The angel of the Lord is encamped around those who revere him, to rescue them.

*I will bless the Lord at all times, his praise always on my lips.
The humble shall hear and be glad.*

Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free.

Look towards him and be radiant; let your faces not be ashamed. This poor man called, the Lord heard him and rescued him from all his distress.

Ant. The angel of the Lord is encamped around those who revere him, to rescue them.

**Pause for the
reflection.**

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English

[Saint Francis de Sales](#)
[Saint Thomas More](#)
[Saint Cardinal Newman](#)
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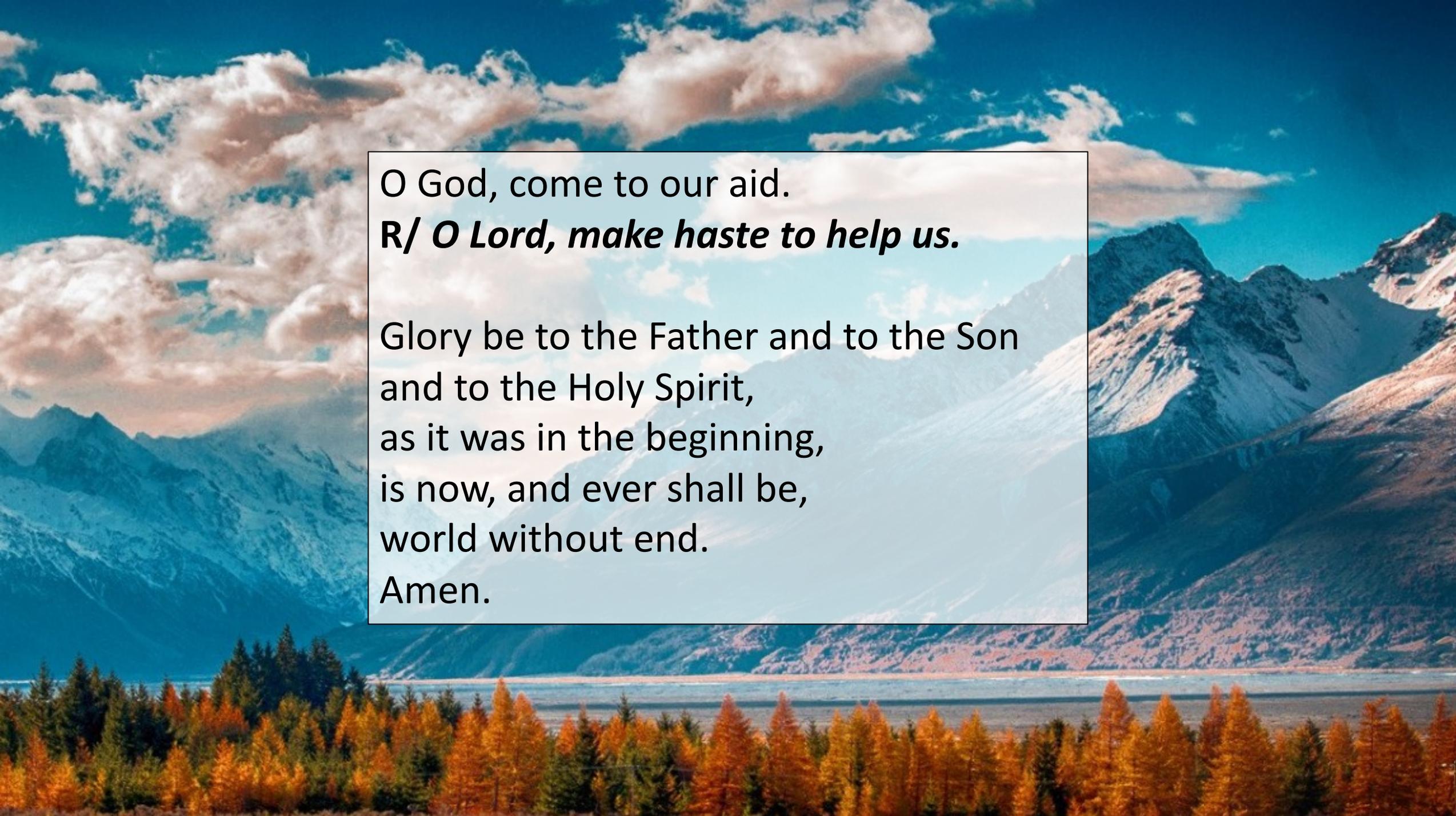
Begin with the
Sign of the Cross



Morning Prayer

Thursday 12th January





O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

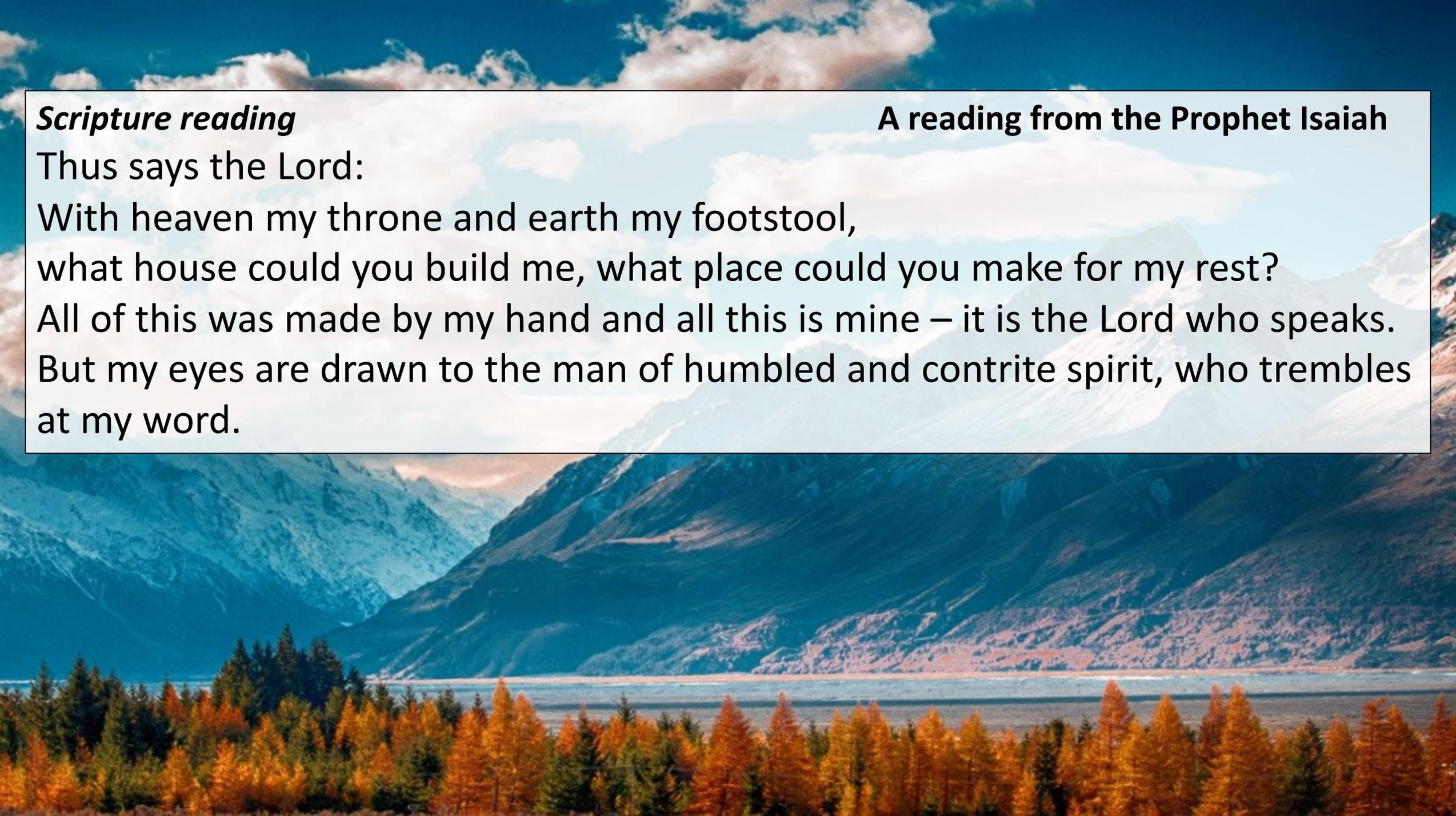
Scripture reading

A reading from the Prophet Isaiah

Thus says the Lord:

With heaven my throne and earth my footstool,
what house could you build me, what place could you make for my rest?

All of this was made by my hand and all this is mine – it is the Lord who speaks.
But my eyes are drawn to the man of humbled and contrite spirit, who trembles
at my word.



Scripture reading

A reading from the Prophet Isaiah

Thus says the Lord:

With heaven my throne and earth my footstool,
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Pause for the reflection

Scripture reading

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With heaven my throne and earth my footstool,

what house could you build me, what place could you make for my rest?

All of this was made by my hand and all this is mine – it is the Lord who speaks.

But my eyes are drawn to the man of humbled and contrite spirit, who trembles at my word.

Think and reflect...

Do I ever take time to marvel at the wonder of creation?

***Do I ever try to understand how everything came to be and
for what purpose?***

***Will I take up that invitation to allow God to care for me
and call me His child?***

Justice

Always tell the truth.

Love

Fairness

Charity

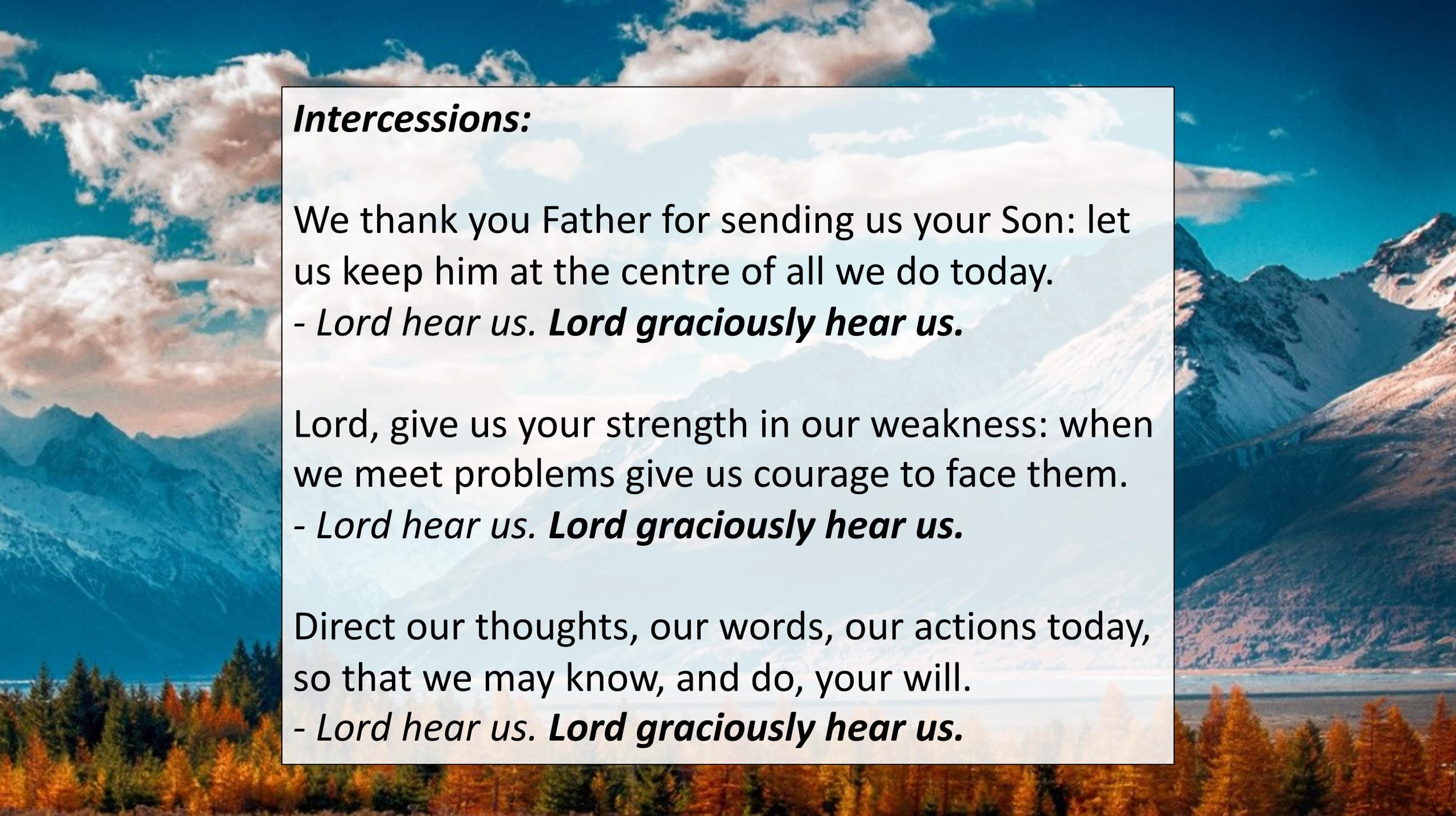
Gratitude

Truth

Forgiveness

“Love one another.”

Allow a time of silence to reflect on these questions



Intercessions:

We thank you Father for sending us your Son: let us keep him at the centre of all we do today.

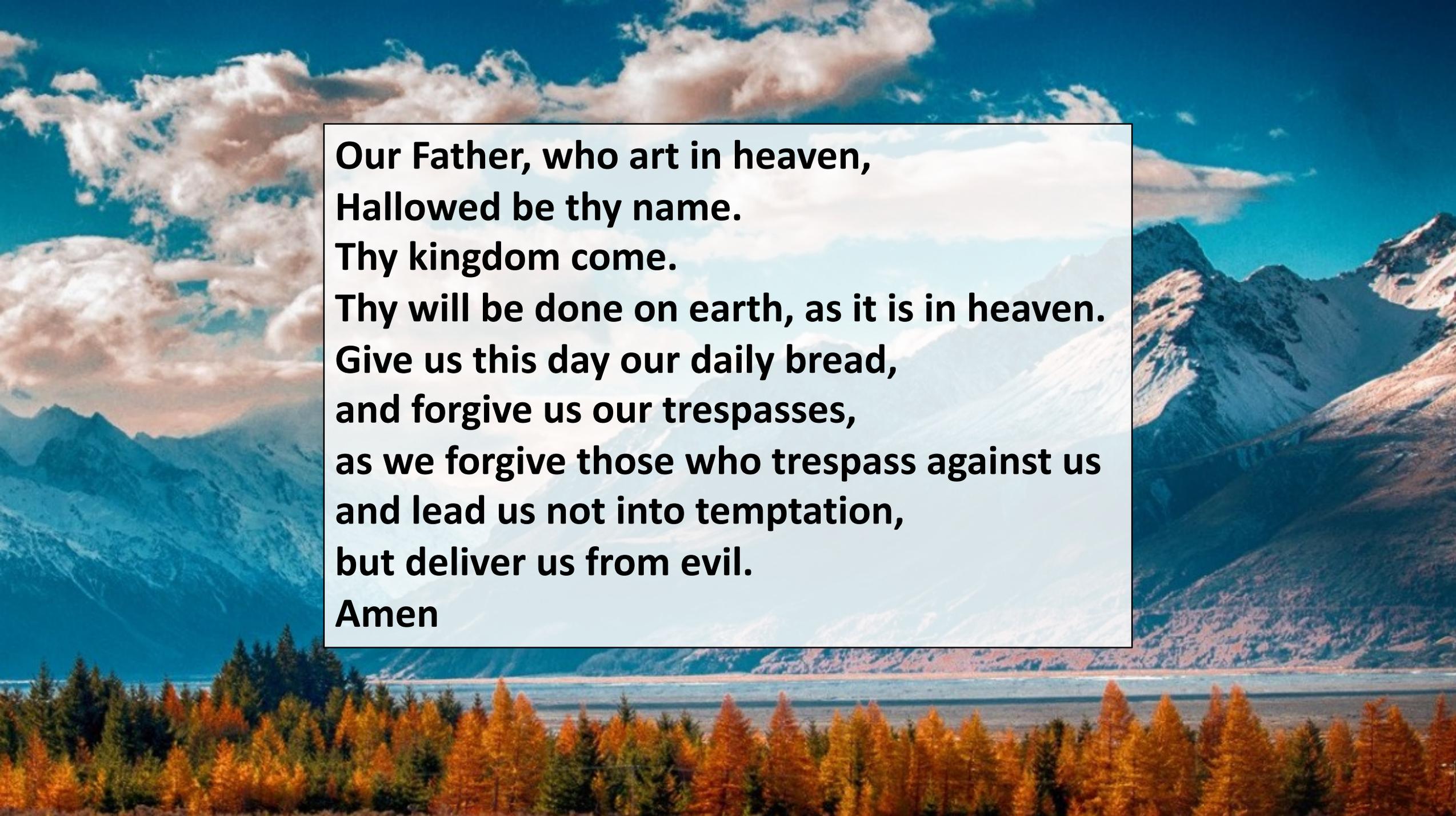
- *Lord hear us. **Lord graciously hear us.***

Lord, give us your strength in our weakness: when we meet problems give us courage to face them.

- *Lord hear us. **Lord graciously hear us.***

Direct our thoughts, our words, our actions today, so that we may know, and do, your will.

- *Lord hear us. **Lord graciously hear us.***



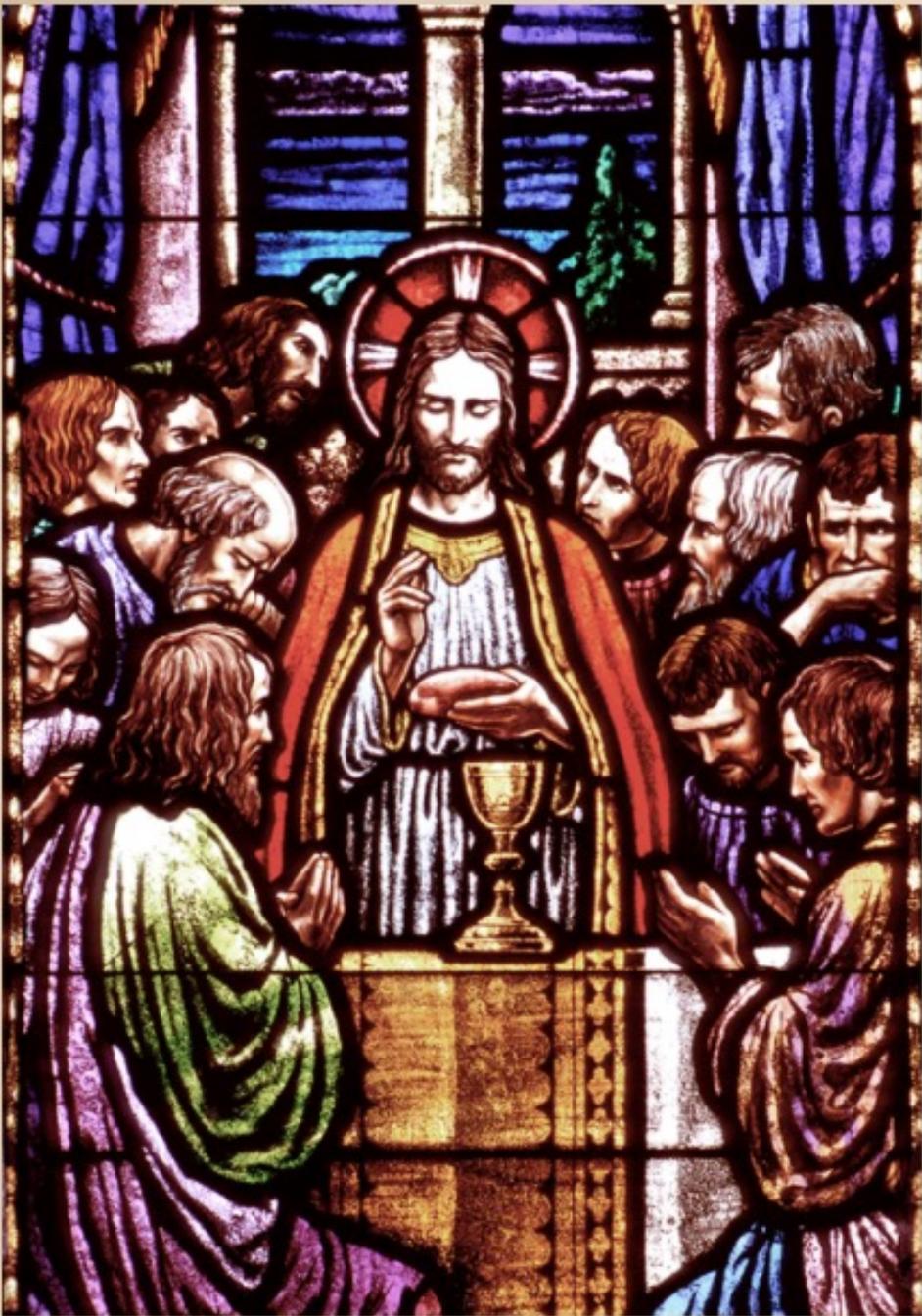
**Our Father, who art in heaven,
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Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding prayer

Lord, may the radiance of your glory light up our hearts and bring us through the shadows of this world until we reach our homeland of everlasting light.

Amen.





GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Thursday 12th January



Ant. The Lord will save the poor; from oppression he will rescue their lives.

For he shall save the poor when they cry and the needy who are helpless.

He will have pity on the weak and save the lives of the poor. From oppression he will rescue their lives, to him their blood is dear.

May his name be blessed for ever and endure like the sun. Blessed be the Lord, God of Israel, who alone works wonders, ever blessed his glorious name.

Ant. The Lord will save the poor; from oppression he will rescue their lives.

Pause for the reflection.

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Music

[Saint Hildegard](#)

Food & Nutrition

[Saint Lawrence](#)

Physical

Education

[Saint Sebastian](#)

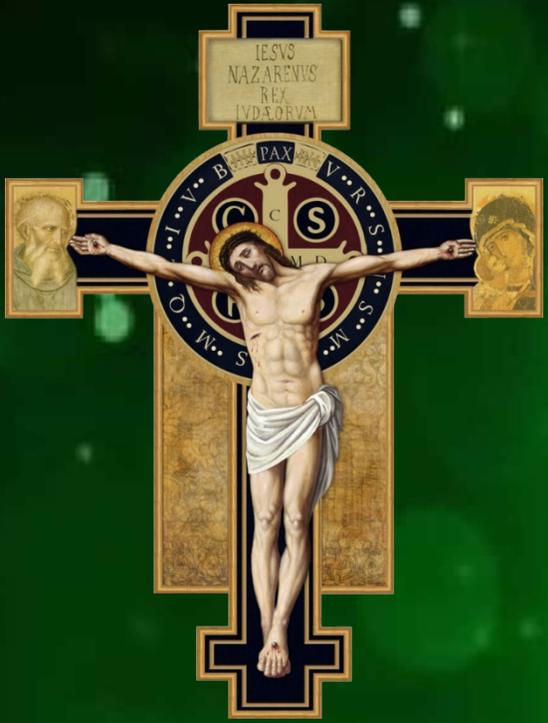
Exclusion/Behaviour

[Saint John Bosco](#)

Learning Support

[Saint Margaret of Castello](#)

[Saint John Vianney](#)



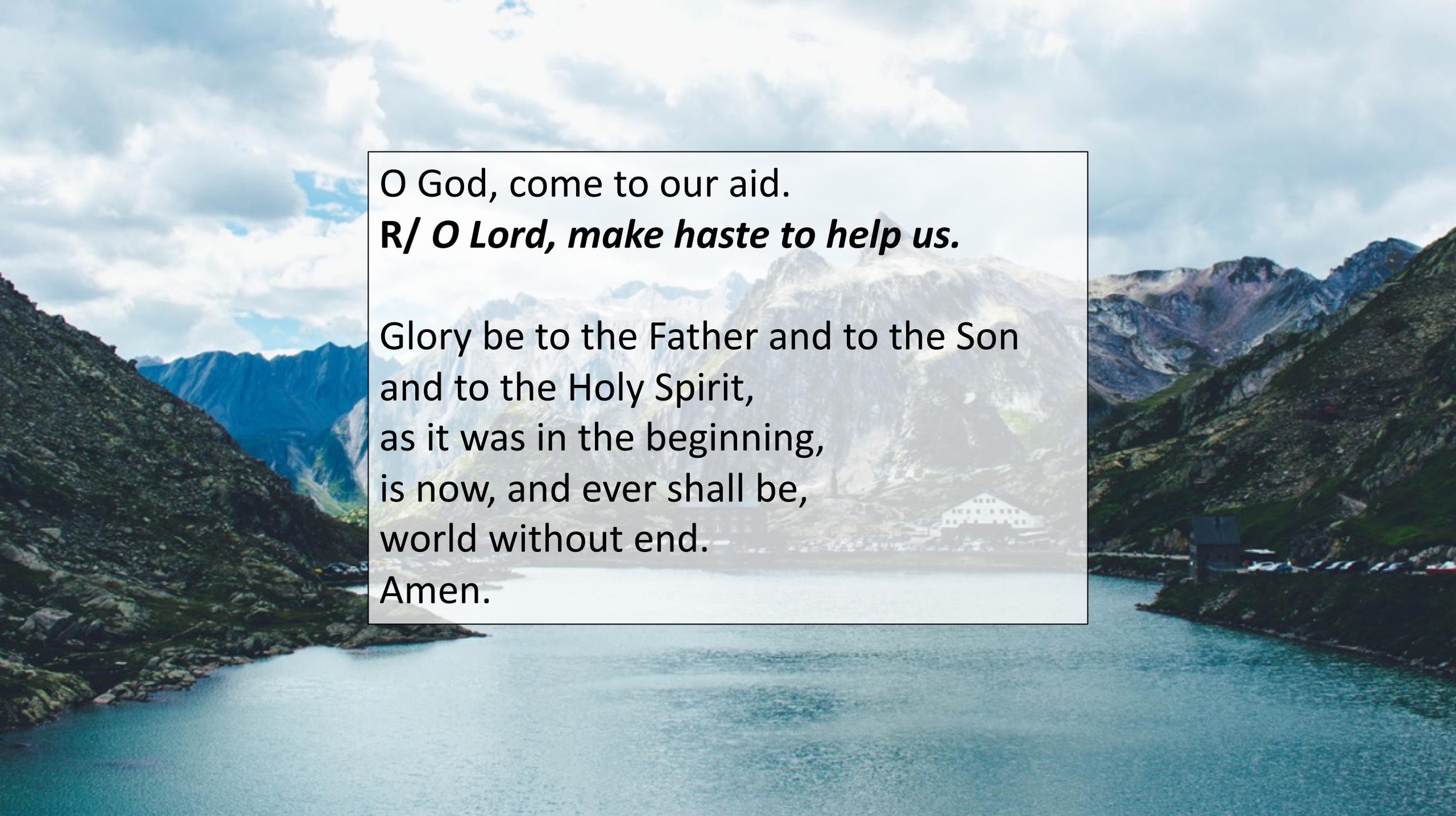
Begin with the
Sign of the Cross



Morning Prayer

Friday 13th January



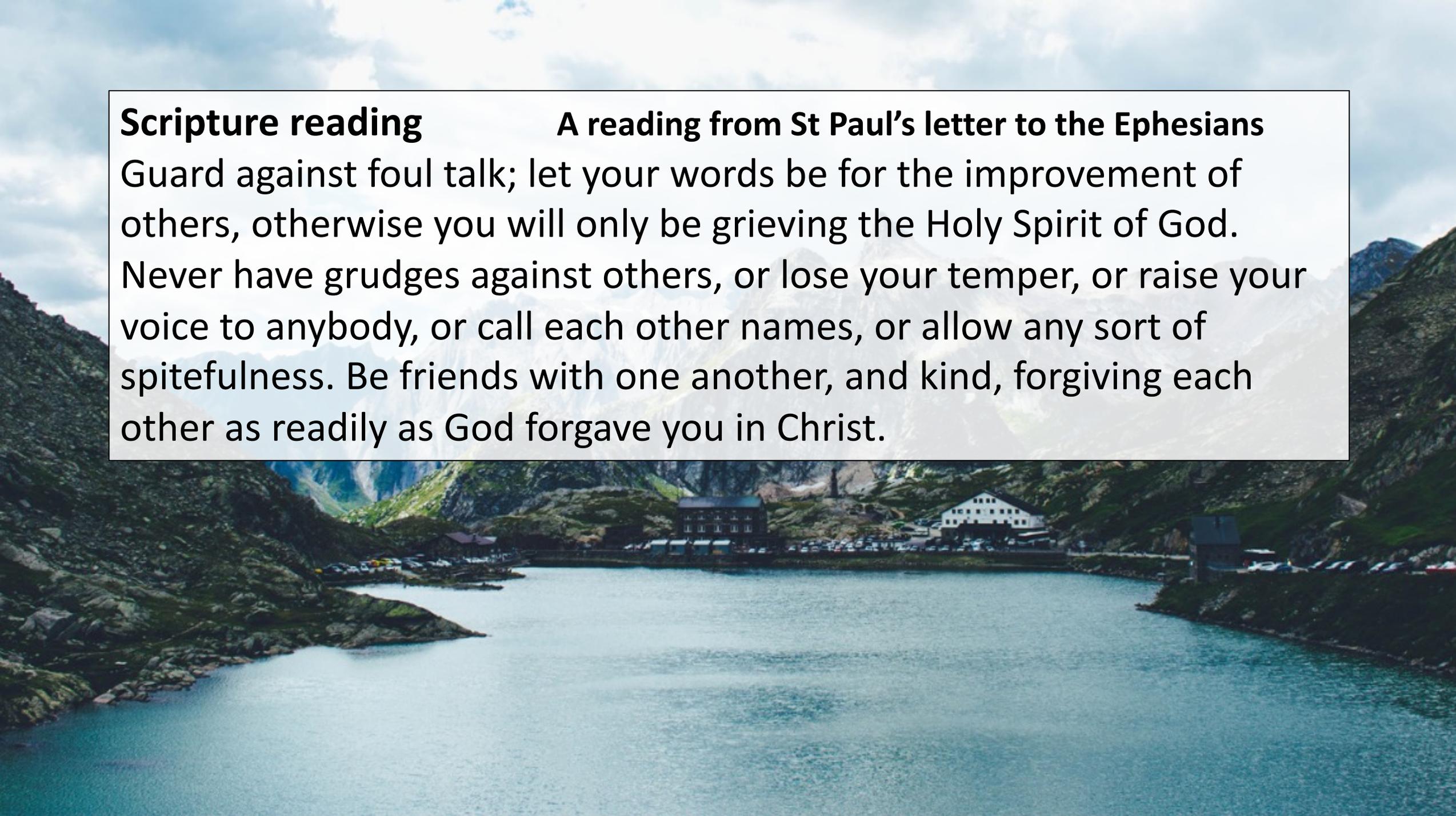
A scenic view of a mountain valley. In the foreground, a turquoise lake flows through a valley. In the middle ground, a white building with a dark roof is visible, surrounded by a parking lot with several cars. The background features rugged, rocky mountains under a cloudy sky.

O God, come to our aid.

R/ O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

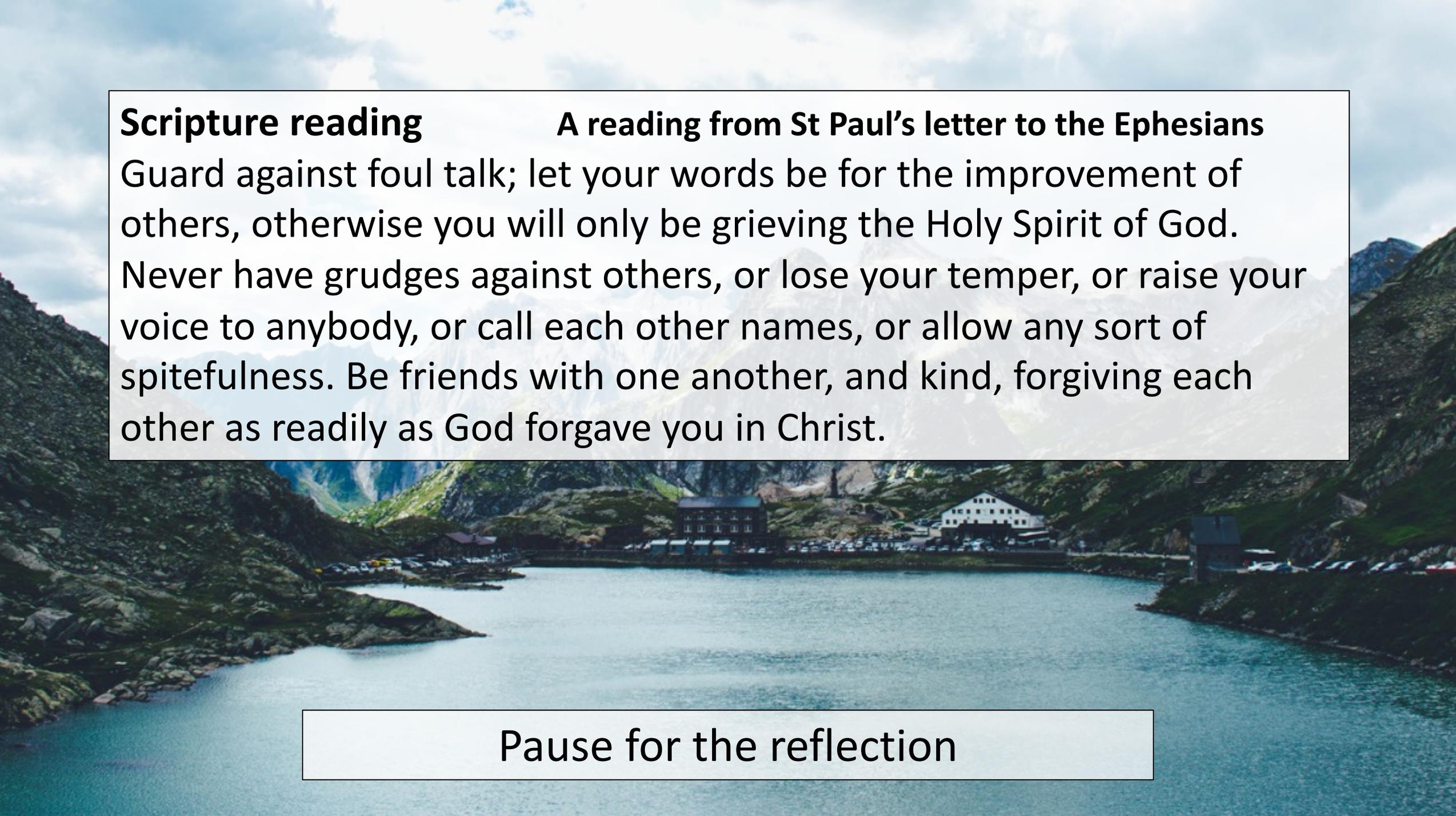
Amen.

A scenic view of a turquoise lake in a mountain valley. In the background, there are several buildings, including a large white one and a smaller dark one, and a parking lot filled with cars. The mountains are steep and rocky, with some green patches. The sky is overcast with grey clouds.

Scripture reading

A reading from St Paul's letter to the Ephesians

Guard against foul talk; let your words be for the improvement of others, otherwise you will only be grieving the Holy Spirit of God. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

A scenic view of a turquoise lake in a mountain valley. In the background, there are several buildings and a parking lot filled with cars. The mountains are steep and rocky, with some green patches. The sky is overcast with grey clouds.

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Pause for the reflection

Scripture reading

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Think and reflect...

Do I hold grudges or am I spiteful to people I don't like?

How easily do I forgive others?

Do I turn to God and accept His forgiveness?

Justice

Always tell the truth.

Love

Fairness

Charity

Gratitude

Truth

Forgiveness

"Love one another."

Allow a time of silence to reflect on these questions

Intercessions

We accept this new day as your gift, Lord; help us to accept the gift of your forgiveness too.

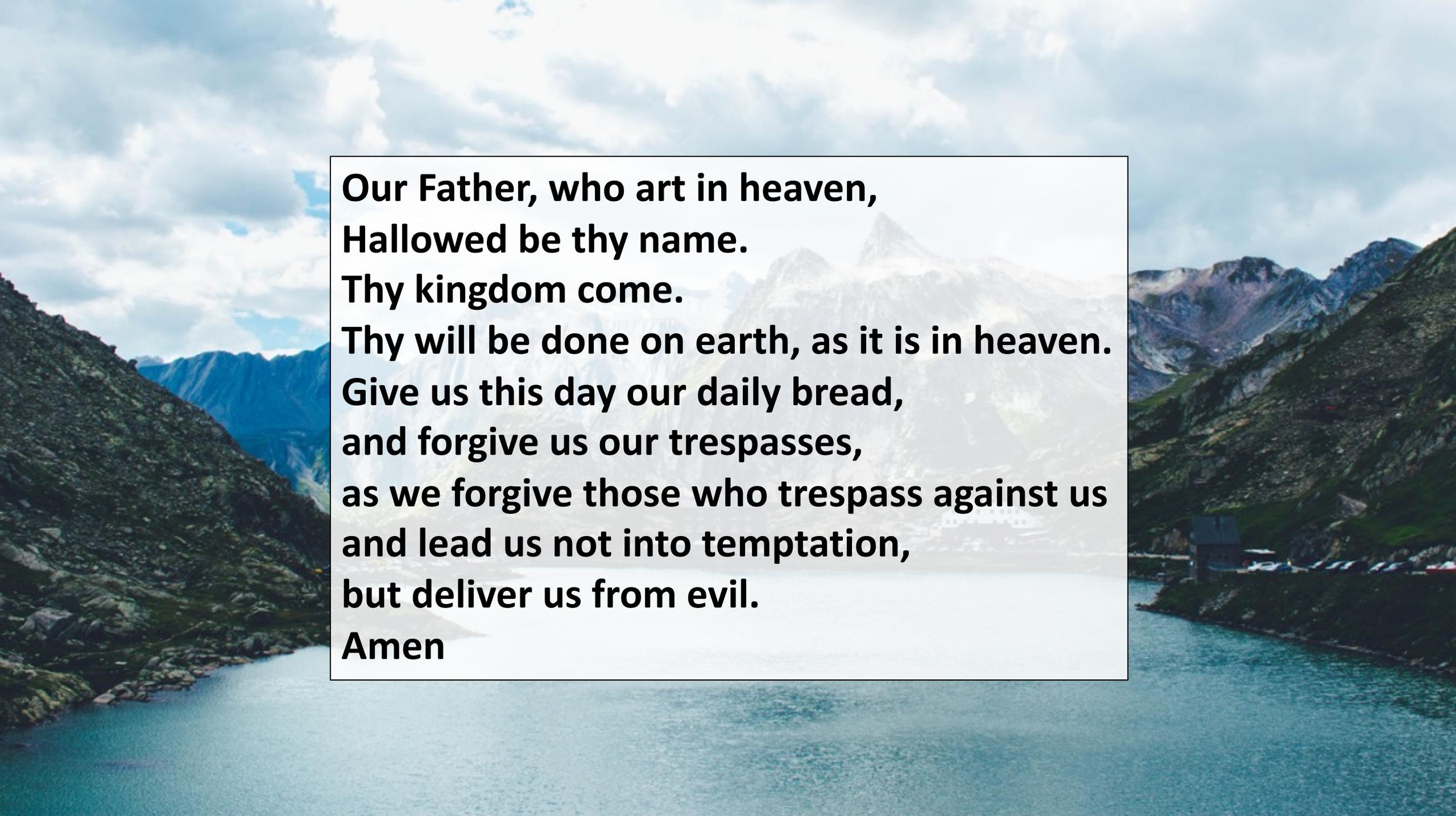
*Lord hear us. **Lord graciously hear us.***

You made all things, and love all you have created; give us the wisdom to see every person as you see them.

*Lord hear us. **Lord graciously hear us.***

Lord, give us your strength in our weakness: when we meet problems give us courage to face them with love.

*-Lord hear us. **Lord graciously hear us.***



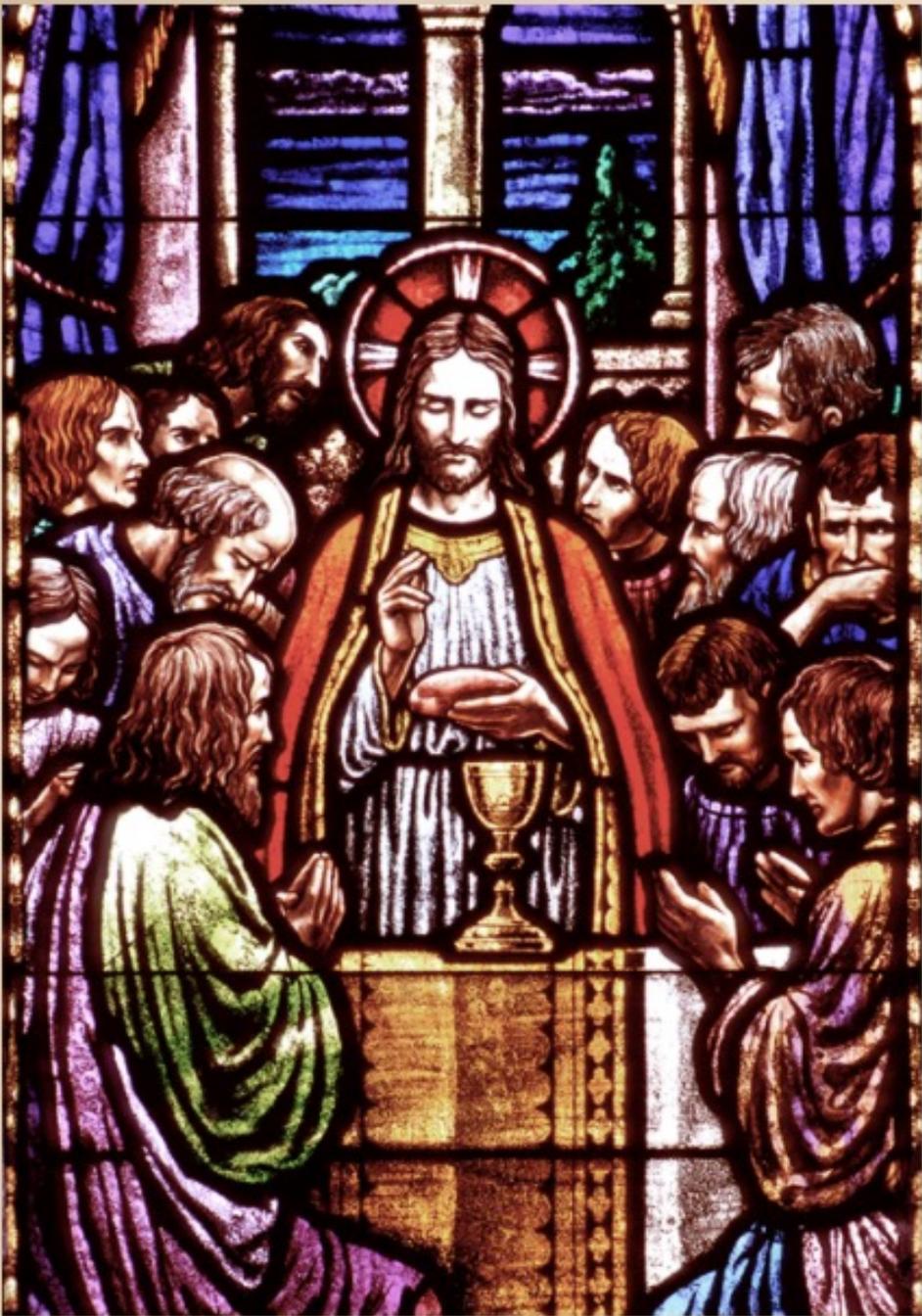
**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil.
Amen**

Concluding prayer

Lord God, you hold out the light of your Word to those who do not know you. Strengthen in our hearts the faith you have given us, so that no trials may quench the fire your Spirit has started within us.

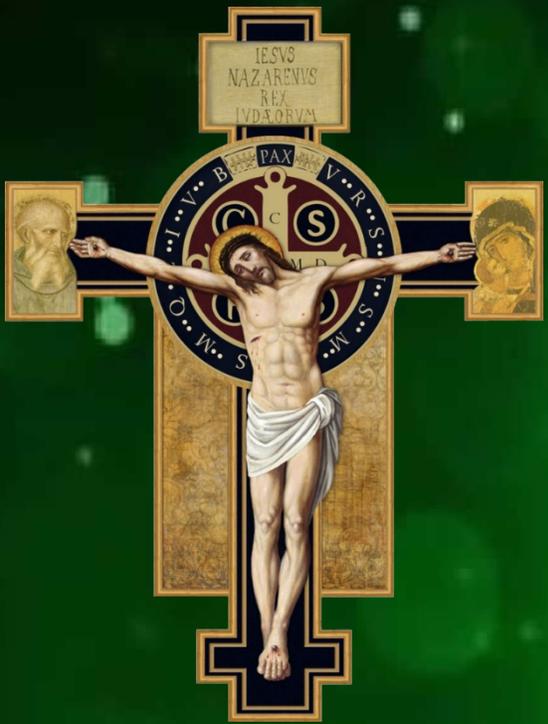
Amen.





GRACE BEFORE MEALS

BLESS US, OH LORD,
AND THESE THY GIFTS
WHICH WE ARE ABOUT TO
RECEIVE FROM THY
BOUNTY, THROUGH
CHRIST, OUR LORD.
AMEN.



Begin with the
Sign of the Cross



Afternoon Prayer

Friday 13th January



Ant. My help shall come from the Lord, who made heaven and earth.

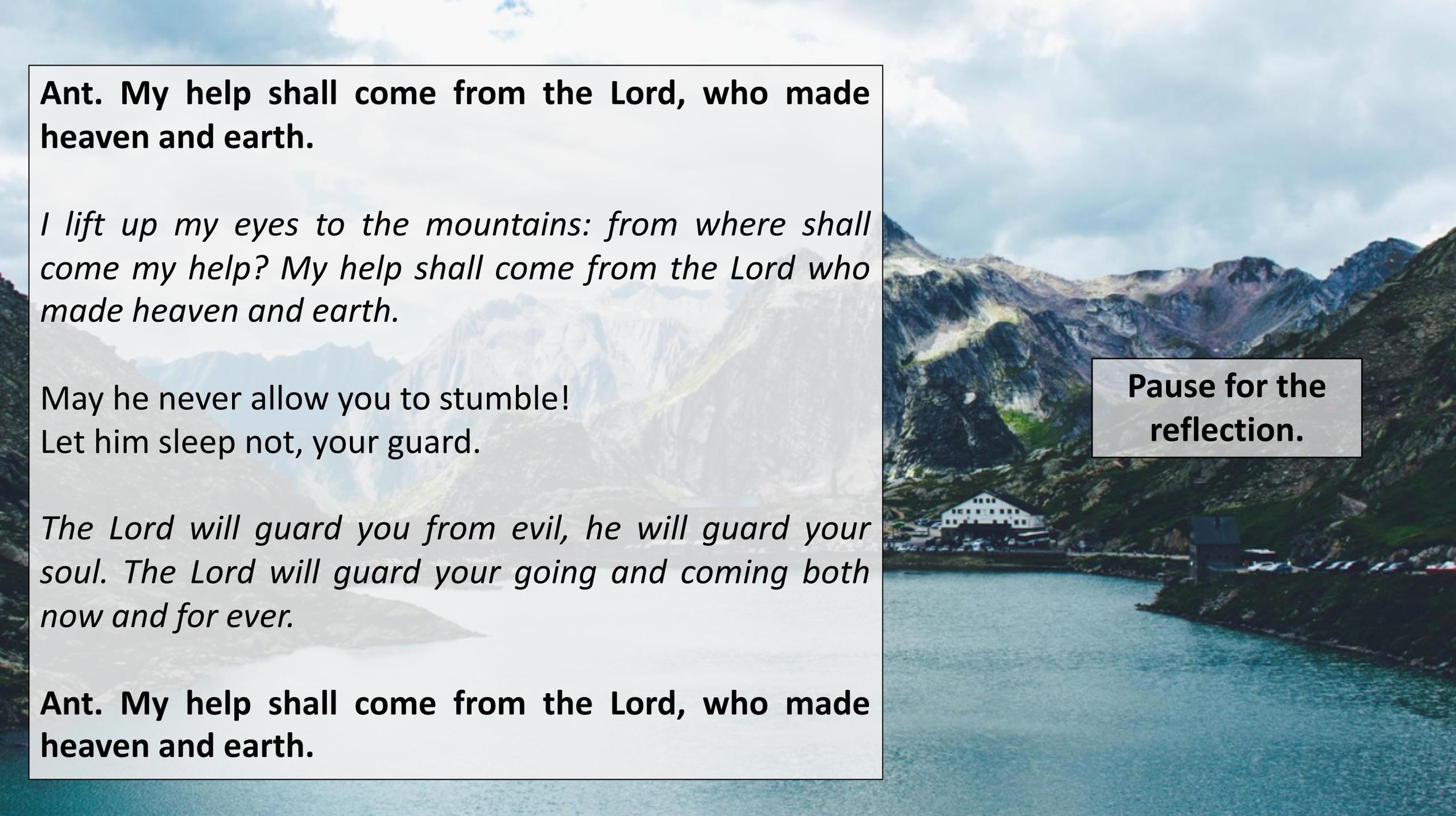
I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord who made heaven and earth.

May he never allow you to stumble!
Let him sleep not, your guard.

The Lord will guard you from evil, he will guard your soul. The Lord will guard your going and coming both now and for ever.

Ant. My help shall come from the Lord, who made heaven and earth.

Pause for the reflection.



Subject Prayers

English

[Saint Francis de Sales](#)
[Saint Thomas More](#)
[Saint Cardinal Newman](#)
[Saint John the Evangelist](#)

Mathematics

[Saint Hubert](#)

Computing

[Blessed Carlo Acutis](#)
[Saint Isidore](#)

Business Studies

[Saint Peter Faber](#)

Childcare

[Saint Gianna Molla](#)

Science

[Saint Albert the Great](#)
[Blessed Nicolas Steno](#)
[Saint Joseph Moscati](#)
[Blessed Guadalupe Ortiz](#)

Geography

[Saint Kateri Tekawitha](#)
[Saint Francis of Assisi](#)

History

[Saint Bede](#)
[Saint Maximilian Kolbe](#)

Drama

[Saint Pope John Paul II](#)
[Saint Genesius](#)
[Saint Pelagia](#)

Religious Education

[Saint Thomas Aquinas](#)
[Saint Augustine](#)
[Saint Catherine of Siena](#)

[Saint Peter](#)

MFL

[Saint Edith Stein](#)
[Saint Christopher](#)
[Saint Cyril](#)

[Our Lady of Lourdes](#)

Art

[Saint Luke](#)

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Textiles

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[Saint Margaret of Castello](#)
[Saint John Vianney](#)



Saint Francis de Sales - English

Saint Francis de Sales, you said 'Have patience with all things, but first of all with yourself.' I ask for your intercession and pray that God inspires my creativity and success. You understand that this requires dedication, and that progress takes time. Help me to practise patience.

Saint Francis de Sales, pray for us. Amen





Saint Thomas More - English

Saint Thomas More, I pray that my family may find in me what yours found in you: friendship and courage, cheerfulness and charity, diligence in duties, counsel in adversity, patience in pain.

Lord, give me the grace to love others and serve You.

Saint Thomas More, pray for us. Amen





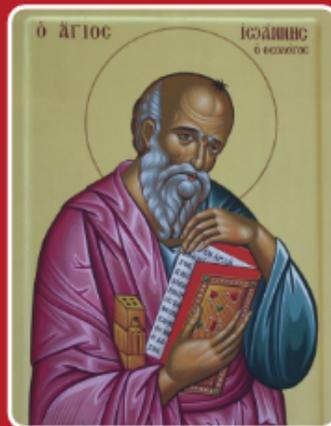
Saint Cardinal Newman - English

Saint Cardinal Newman, your words have inspired many people.

Help us to find peace in our daily lives and to find joy in the tasks we have to do. When the busy world is hushed, and the fever of life is over, and our work is done, let us find the calm and peace you found.

Saint Cardinal Newman, pray for us. Amen





Saint John the Evangelist - English

Saint John, you wrote down the words of Jesus and your gospel has inspired many.

Help us to live a life of love and virtue, and to bring Mary into our homes as you did at Jesus' request.

Saint John the Evangelist, *pray for us. Amen*





Saint Hubert - Maths

Saint Hubert, we are mathematicians.

Help all who gathered here to follow your example of skill and accuracy.
Grant us confidence, perseverance, patience and the desire to make progress
and to serve God in all we do.

Saint Hubert, pray for us. Amen





Blessed Carlo Acutis - Computing

Blessed Carlo, you used your skills in coding to build a website in order to spread the miracle of the Eucharist to all.

Pray for us to practice the virtues that you lived out in your short life.

Help us to be saints.

Blessed Carlo Acutis, pray for us. Amen





Saint Isidore - Computing

Saint Isidore, we ask you to pray for us during our journeys through the internet and in our use of computers and phones.

Lord, direct our hands and eyes only to that which is pleasing to You and treat with charity and patience all those souls whom we encounter.

Saint Isidore, pray for us. Amen





Saint Peter Faber - Business

Father, Lord of heaven and earth, You revealed Yourself to Your humble servant, Peter Faber, in prayer and in the service of his neighbour.

Grant that we may find You and love You in every thing
and in every person.

Saint Peter Faber, pray for us. Amen





Saint Gianna Molla - Childcare

Saint Gianna, you said 'yes' to the new life of your baby,
generously sacrificing your own life for hers.

Show us how to say 'yes' as you did to God's will
and show how precious all human life is.

Saint Gianna Molla, pray for us. Amen





Saint Albert the Great - Science

Saint Albert the Great, natural science always led you to the higher science of God. Your encyclopaedic knowledge was a gift from God, and you acted with humility. Inspire us as scientists to use our gifts well in studying the wonders of creation and giving greater glory to God.

Saint Albert the Great, *pray for us. Amen*





Blessed Nicolas Steno - Science

Blessed Nicolas Steno, you were a genius who didn't want praise or awards for your discoveries in the lab and in the field, you were only interested in truth and justice. Pray for those who struggle with doubts, may they be granted faith, shored up by reason.

Blessed Nicolas Steno, pray for us. Amen





Saint Joseph Moscati - Science

Saint Joseph Moscati, you were a doctor with a great love of others, you cured the body and spirit of your patients.

Guide us to practice the gifts of generosity and charity towards others.

Help us to love others selflessly as you did.

Saint Joseph Moscati, *pray for us. Amen*





Blessed Guadalupe Ortiz - Science

Blessed Guadalupe, help us to learn to carry out our work with love, as you did with your research and experiments.

Support us to spread faith and joy to everyone around us,
so that many more may come to know you and love you.

Blessed Guadalupe, pray for us. Amen





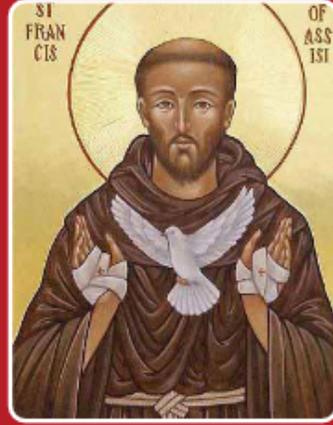
Saint Kateri Tekawitha - Geography

Saint Kateri, you knew how precious our world was and believed that the world is a gift to humanity.

Help us to care for the Earth and all people, so that we may live in the right relationship with You, with ourselves, with one another and with creation.

Saint Kateri, pray for us. Amen





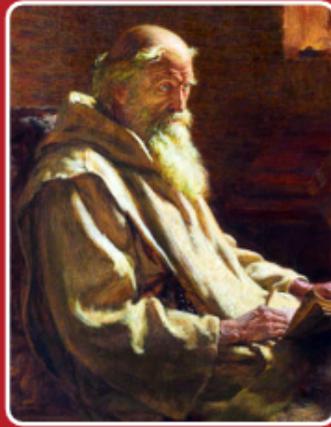
Saint Francis of Assisi - Geography

Saint Francis, you gave up your wealth to live in poverty, preaching to all the glory of God and the beauty of all creation.

Help us to follow your example of love, gentleness and virtue.

Saint Francis of Assisi, pray for us. Amen





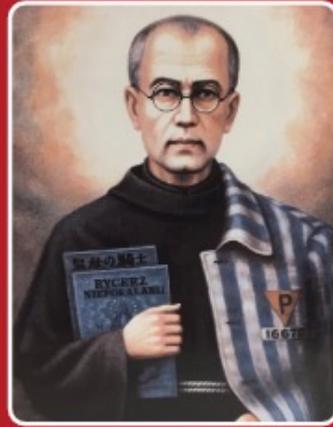
Saint Bede - History

Saint Bede, Patron of Historians, thank you for being an example of holiness, goodness and wisdom.

Inspire us to love God with all our hearts and to love others, practising our virtues.

Saint Bede, pray for us. Amen





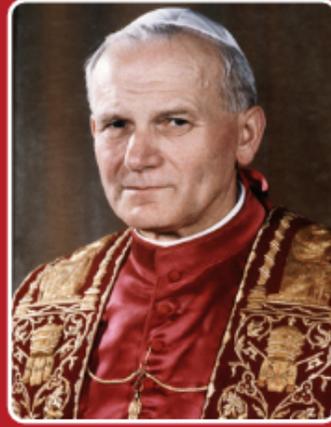
Saint Maximilian Kolbe - History

Saint Maximilian, you followed Jesus' example of love and sacrifice, protecting those who were persecuted and giving your life willingly for another.

Your life shows us such love, grace and forgiveness, help us to love and serve others as you did.

Saint Maximilian Kolbe, pray for us. Amen





Saint Pope John Paul II - Drama

Saint John Paul II, bless the young, who were your great passion.
Help them dream again, help them look up to the heavens again to find the
light that illuminates the paths of life here on Earth. May our art and skill
help to affirm that true beauty of the human person which reflects God.

Saint John Paul II, pray for us. Amen





Saint Genesius - Drama

Saint Genesius, through your acting you came to discover the truth of the Christian faith. Pray for those who dedicate their lives to the theatrical and cinematic arts. Like you, may they find the presence of the Lord in their work and generously open their hearts to His teaching.

Saint Genesius, pray for us. Amen





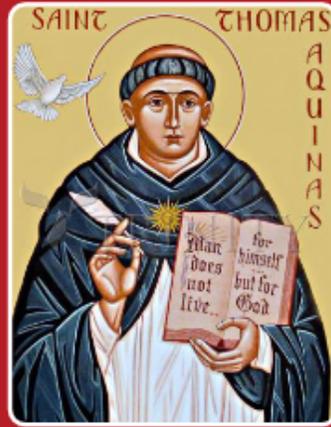
Saint Pelagia - Drama

Saint Pelagia, inspire us to entertain with sincere gratitude to God for the immense talents we have been blessed with, and to lead lives of holiness and dignity.

Help us to become good role models for others.

Saint Pelagia, pray for us. Amen





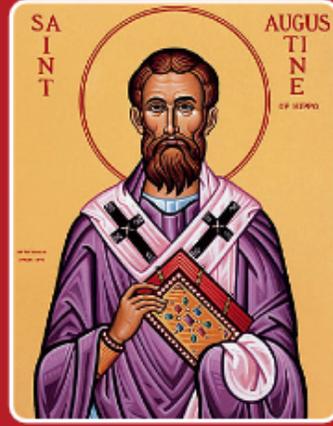
Saint Thomas Aquinas - RE

Saint Thomas, we pray your prayer to God:

'Grant me a mind to know You, a heart to seek You, wisdom to find You, a manner pleasing to You, faithful perseverance in waiting for You, and a hope of finally embracing You.'

Saint Thomas Aquinas, pray for us. Amen





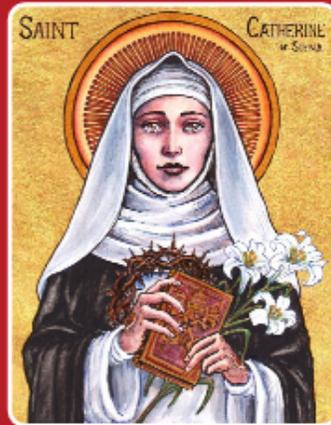
Saint Augustine - RE

Saint Augustine, guide us so our knowledge of Jesus increases here.

Pray that the love of God grows in us every day more and more,
as it did for you.

Saint Augustine, pray for us. Amen





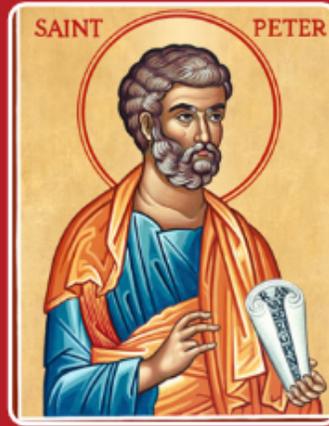
Saint Catherine of Siena - RE

Saint Catherine, you taught that we are all reflections of God, you went into the world to change it, with love and service.

Pray for us to have the gift of courage and the conviction to go out and 'set the world on fire'.

Saint Catherine, pray for us. Amen





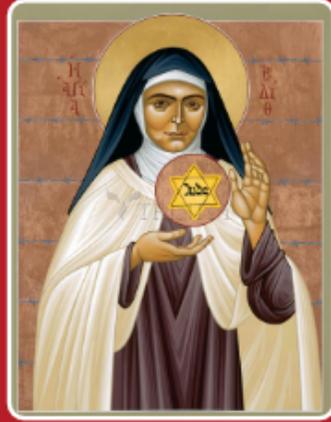
Saint Peter - RE

Saint Peter, Jesus trusted you with the keys to the kingdom of heaven
and to lead the Church.

Pray for us to act and speak with fortitude and prudence as you had to,
as the first Pope of the Church.

Saint Peter, pray for us. Amen





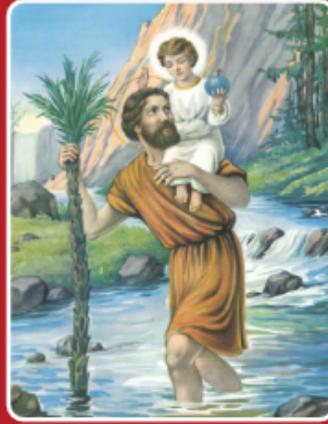
Saint Edith Stein - MFL

Saint Edith Stein, you knew the importance of knowledge; it was knowledge that convinced you to give faith another chance.

I ask you, St. Edith, to encourage me to use my mind to come to know God better. Inspire my mind on the journey towards truth.

Saint Edith Stein, pray for us. Amen





Saint Christopher - MFL

Saint Christopher, your name means 'Christ-bearer', as a result of the wonderful legend that, while carrying people across a raging stream, you also carried the Child Jesus. Help us to carry the message of Christ to all we meet. Protect all of us that travel both near and far and petition Jesus to be with us always.

Saint Christopher, pray for us. Amen





Saint Cyril - MFL

Saint Cyril, you were brave and generous, using your gifts with language to spread the word of God to others.

Give us the grace and courage to serve others with the words we use.

Saint Cyril, pray for us. Amen





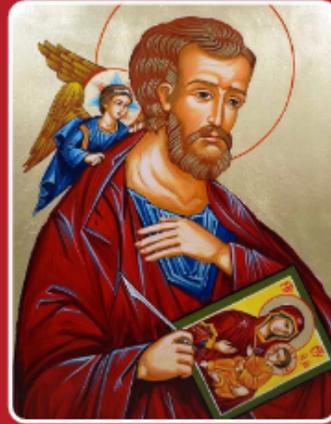
Our Lady of Lourdes - MFL

Our Lady, who appeared to St Bernadette, you have brought people from all over the world to Lourdes. Even though they all speak different languages, they are united in love of your son, Jesus.

Pray for us to grow in love and virtue.

Our Lady of Lourdes, pray for us. Amen





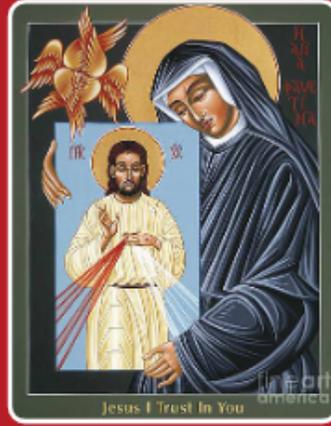
Saint Luke - Art

Saint Luke, you wrote in your gospel about the love and the healing power of Jesus. You spent time with Mary and used your gifts as an artist to paint her image, which is still treasured by the Church today.

Help us to use our gifts and talents to inspire others.

Saint Luke, Patron Saint of Artists, pray for us. Amen





Saint Faustina - Art

Saint Faustina, you needed to show your vision of Jesus to the world,
and you did not rest until your mission was completed.

You showed us how to have the courage to carry on with a task,
even when there are challenges. Help us to follow your example.

Saint Faustina, pray for us. Amen





Saint Anne - Textiles

Saint Anne, as mother of Mary and grandmother of Jesus you cared for them both, making sure they had clothes to wear and food to eat.

Pray that we may use our skills to serve others.

St Anne, Patron Saint of Seamstresses, pray for us. Amen





Saint Joseph - Design Technology

Saint Joseph, you worked hard to perfect your carpentry skills and to patiently teach Jesus your craft.

Help me to work as carefully as you did and to do it all for the greater glory of God.

Saint Joseph, pray for us. Amen





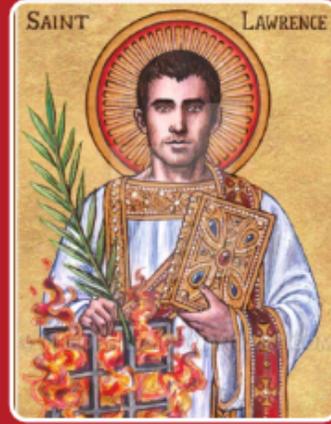
Saint Hildegard - Music

Saint Hildegard, patroness of Composers and Musicians, you used your gifts to inspire others and show God's love through music.

Help us to follow your example and to express goodness, truth and beauty through our work.

Saint Hildegard, pray for us. Amen





Saint Lawrence - Food and Nutrition

Saint Lawrence, you served the poor giving them food and clothing;
praying with them and for them.

You were martyred for your love of Jesus, showing great fortitude.

Guide us to seek to serve others with love and courage.

Saint Lawrence, pray for us. Amen





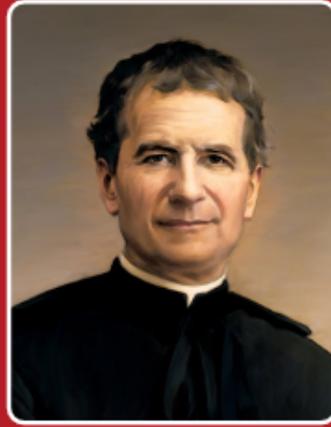
Saint Sebastian - PE

Saint Sebastian, you showed great strength and fortitude when you gave your life for the love of Jesus.

We ask you to help us to be true athletes, practising the virtues you showed us.

Saint Sebastian, pray for us. Amen





Saint John Bosco - Exclusion/Behaviour

Saint John Bosco, you were full of love for God, and you used this to serve the young people you met. We pray that you guide us to discover the goodness that is within us. May we learn from your example and practice the virtues which guide us to love our neighbours.

Saint John Bosco, pray for us. Amen





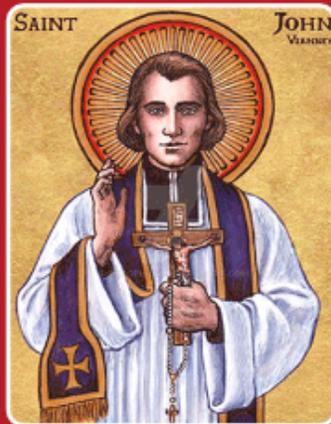
Saint Margaret of Castello - LS

Saint Margaret, you lived a life of hope and faith, practising heroic charity though little was shown to you in return.

Pray for us to have the grace and courage that we need to carry on, even when we are struggling.

Saint Margaret of Castello, pray for us. Amen





Saint John Vianney - LS

Saint John Vianney, you are the patron saint of all priests, even though you struggled with all your studies. You knew God was calling you to be a priest and to serve others with gentleness and love.

Help us to be like you and never give up, knowing God is with us.

Saint John Vianney, pray for us. Amen

